

Sage-ing Classes: 2018

Sage-ing.blogspot.com

A donation of \$5.00 per class is recommended, but not required



Write Like a Pro

This practical class emphasizes strategies that real-world writers use. We'll work with writing by class members on the skills members want to learn.

The facilitator, Jean Reynolds, has a Ph.D. in English and is an experienced editor who has published ten books.

Time and dates: 3:15 pm to 4:45 pm on (Thursdays) January 4 thru February 1; March 22 thru April 19; June 7 thru June 21; July 12 thru August 9; September 13 thru October 11; November 1 thru November 15.

Winter Haven Public Library, 325 Ave. A NW, Winter Haven, FL

To register: Jean at ballroom16@aol.com or 863 299-9070

Intro to Sage-ing: Finding Joy in the Second Half of Life

Discussions filled with richness and joy, exploring ideas for personal fulfillment in the second half of life. Realize your potential and affirm your elder years as a time of continued growth.

The facilitator, Andy Belkin, has a Masters Degree in Clinical Social Work and has taught personal development courses at Lansing Community College.

Time and date: 10:00 am to 12:00 pm on (Thursdays) Jan. 25 thru March 15, 2018.

The Self Center, 2750 Highway 17 N, Winter Haven, FL

To register: Andy at 863 293-9414 or The Self Center 863 875-5635



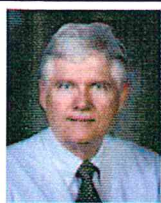
Sage-ing Wisdom Circle

A continuation of Intro to Sage-ing that includes community projects, field trips to community events and projects and discussions enhancing personal growth.

Time and dates: 10:00 am to 12:00 pm on Mondays. No class if library is closed.

Winter Haven Public Library, 325 Ave. A NW, Winter Haven, FL

To register: Chuck Warren at 863 533-4253 or charles.warren13@verizon.net



Writing Your Memoir

An inspirational and motivational class for those who want to write their life story. If you can't seem to get started, this is the class for you.

The facilitator, DJ Osborne, has a background in mental health. She has been teaching this class since 2004.

Time and dates: 1:00 pm to 2:30 pm on (Wednesdays) February 7 thru March 14; April 25 thru May 30; August 15 thru September 5; October 17 thru October 31.

Winter Haven Public Library, 325 Ave. A NW, Winter Haven, FL

To register: DJ at 863 293-3594



Dreamwork

Explore the ways dreams communicate and how all dreams come in the interest of health and wholeness of dreamers, their communities, and our global society.

Facilitator, Shirley Curtis-Ference, is a retired professor of English from PSC and studied with Rev. Dr. Jeremy Taylor, world-renowned author and dream worker.

Time and dates: 2:30 pm to 4:00 pm on (Wednesdays) February 7 thru March 14; April 25 thru May 30; August 15 thru September 5; October 17 thru October 31.

Winter Haven Public Library, 325 Ave. A NW, Winter Haven, FL 33880

To register: Shirley at 863 949-4048 or sacf55@aol.com.

