



“We’re having fun...come join us!”

ADVISORY COMMISSION MEETING

January 24, 2018

5:30 PM

(* The January 17 meeting was rescheduled to January 24 due to inclement weather)

MINUTES

The meeting was called to order at 5:34 pm.

In attendance were: Dan Schultz, Mackie McKay, Kenny Mull, Kim Gardner, Sarah Massie, Don Frady, and Wallace Messer, Tim Plowman and Rhett Langston. Michelle Claytor and Lee Starnes were unable to attend.

Sarah Massie made a motion to accept the December 20 minutes as presented by Kenny Mull. Don Frady seconded the motion. All voted and the motion was carried.

New Business:

- The monthly report for December was reviewed.
- Ms. Lauren LaRocca gave a presentation regarding using the aerobics room for restorative stretching. She gave three suggestions:
 1. Allow access to the aerobics room outside of scheduled classes
 - A. 14+ years of age restriction
 - B. Keep entry key at front desk; sign out sheet
 - C. Post updated program guide on door / window of room
 2. Remove 4+ underutilized treadmills to create larger space in upstairs area and add additional mats
 3. Revamp the stretch room by re-arranging / removing isolated machines and replace with mats and full body resources (resistance bands, foam rollers, etc.)

Waynesville Parks and Recreation Department Fitness Supervisor Tim Plowman addressed the above suggestions and gave a history of requests relating to this one.

The Advisory Commission discussed Ms. LaRocca’s suggestions and made the following motion: **Your concerns will be considered but at this time we cannot meet your individual needs without a further study.** All voted and motion carried.

- We have hired someone to pour the concrete and someone to frame it at the All Abilities Playground. We can complete the project when it gets warmer.

There being no further business, the meeting was adjourned at 6:45 pm.

Respectfully Submitted,

Rhett Langston

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