

# Plymouth Township Parks & Recreation

*Spring/Summer 2017*

**Movie & Concerts begins 6/21**



*see page 18*

**Plymouth Township Day-June 3**



*see page 18*

**Summer Camps begin 6/19**



*see page 14*

**NEW: 1-on-1 Swim Instruction Session!**



*see page 26*

<b>Aquatics</b>	<b><i>page 20</i></b>
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**Leisure Visions**

# 2017 GPCC PASS PRICING

## Fitness Center

Fitness center w/over 60 pieces of equipment.  
Qualified college educated staff in the fitness center.  
Personalized one-on-one orientation to all equipment.  
Free program updates.

## Aquatics Center

25-yard lap pool w/10 lanes. Leisure pool w/ zero-depth entry. Water slide and spray features.  
Warm-water whirlpool & Dry Sauna.  
American Red Cross certified lifeguards on duty at all times.

## Gymnasiums/Indoor Track

Hardwood floor with two divider curtains, which allows for simultaneous play by different groups and various types of play.  
Two-lane walking track surrounding the outside of the court area.

## Locker Rooms

Men's, Women's locker room, large individual private showers, small and large lockers for storage, and large vanity area.  
Special changing rooms for families & those needing assistance.

## Plymouth Township Resident Rates

	Annual Pass		One-Month	Daily Pass
	paid in full	EFT monthly deduction		
Primary Adult (18-61 years)	\$442	\$36.83	\$43	\$10
Primary Youth (3-17 years)	\$346	\$28.83	\$35	\$8
Primary Senior (62 + years)				
Additional Adult /Senior w/purchase of primary pass	\$160	\$13.33	\$24	n/a
Additional Youth w/purchase of primary pass	\$80	\$6.67	\$14	n/a

## Greater Plymouth Non Resident Rates

	Annual Pass		One Month	Daily Pass
	paid in full	EFT monthly deduction		
Primary Adult (18-61 years)	\$566	\$47.17	\$57	\$14
Primary Youth (3-17 years)	\$443	\$36.92	\$46	\$11
Primary Senior (62 + years)				
Additional Adult /Senior w/purchase of primary pass	\$186	\$15.50	\$30	n/a
Additional Youth w/purchase of primary pass	\$93	\$7.75	\$16	n/a

## Daily use of the pool only

Same price for residents & non-residents

Monday-Thursday	\$9
Friday-Sunday	\$10
<b>See the aquatic schedule for leisure pool hours. Lap pool is open the following:</b> Monday-Friday, 6:00 a.m.-9:30 p.m. Saturday, 7:00 a.m.-5:30 p.m. & Sunday, 8:00 a.m.-5:30 p.m.	

The Greater Plymouth Community Center is a participating location for





# GPCC SERVICES

## Birthday Party Packages

The GPCC is the place to be for Birthday Parties! Our parties are totally customizable with lots of a la carte items to make your party special. Our 'theme' parties include: Sports, Swimming or Preschool (Princess, Superhero or Music/Dance). Reservations are made on a first come, first served basis online and in person at the GPCC. NO reservations will be taken over the phone. It is recommended that all parties are booked at least 30 days in advance.

**If reserving in person:** A \$50 non-refundable deposit is required with the application and the balance of the party and any level changes are due 7 days in advance.

**If reserving online:** A 50% non-refundable deposit is required with the application and the balance of the party and any level changes are due 7 days in advance.

## Room Rentals

Rent a space for any type of event. Food and refreshments are permitted. Alcoholic beverages are prohibited.

- Gymnasium\* (Food is not permitted)
- Aquatics Center (Food is not permitted)
- Classrooms
- Multi-Purpose Rooms
- Pavilions

\*Courts in the gymnasium are available to rent for basketball or volleyball only. Rental reservations can be online or in person at the GPCC and a \$50 non-refundable deposit is required.

## Verifying Residency

As a general guideline (not 100% accurate), the Township's borders are Butler Pike, Township Line Road, Arch Road/New Hope Street, and 12th Avenue in Conshohocken. Please refer to a map with Township boundaries or call our front desk staff to check your address. Inability to provide proof of Plymouth Township residency will automatically qualify you as a non-resident. In the event an individual is unable to produce an accepted form of identification (listed below), other forms of verification may be approved by management. Acceptable Forms of Identification for Verifying Residency:

### Adults:

- Valid PA driver's license
- PA Non-driver ID Card
- Military ID
- Renter's Lease Agreement
- Voter's Registration Card

### Children:

- School ID Card with Photo
- Most Recent Report Card

## Babysitting

Babysitting is open to Daily, 1-month Pass, Annual Pass Holders and those participating in programs. Babysitting rules are posted on our website. Parents must remain on site. Two hour maximum. Ages 6 weeks to 10 years and reservations are required.

### Hours:

Monday-Friday: 9:00 a.m. - 12:00 p.m.

Monday-Thursday: 4:30 p.m. - 8:00 p.m.

Saturday: 8:00 a.m. - 12:00 p.m.

### Price:

\$15 per month for unlimited or \$3 per hour.

## Gift Cards

**Gift Cards:** The GPCC offers gift cards in any dollar amount and can be used for anything from preschool classes to personal training. See the front desk for details.

## Hours

### Building Hours

Monday-Friday, 5:30 a.m.-10:00 p.m.

Saturday, 7:00 a.m.-6:00 p.m.

Sunday, 8:00 a.m.-6:00 p.m.

### Fitness Center

Monday-Thursday, 5:30 a.m.-10:00 p.m.

Friday, 5:30 a.m.-9:00 p.m.

Saturday, 7:00 a.m.-6:00 p.m.

Sunday, 8:00 a.m.-6:00 p.m.

### Aquatics Center

Monday-Friday, 6:00 a.m.-9:30 p.m.

Saturday, 7:00 a.m.-5:30 p.m.

Sunday, 8:00 a.m.-5:30 p.m.

### The GPCC is closed on the following days

New Years Day

Easter Sunday

Memorial Day

Independence Day

Labor Day

Thanksgiving Day

Christmas Day

### Close at 12:30 p.m.

Christmas Eve & New Years Eve

# LAND AEROBICS

All land classes are free to annual and monthly pass holders.

**HardCORE** Want to take your workout to the next level? This class is a fusion of high intensity strength, cardiovascular conditioning and core training. A variety of exercises in short intervals will be used to increase your resting metabolic rate. In simple terms, you will burn a ton of calories, get stronger, and leaner. This is a High Intensity Class!

**GRIT (NEW)** An ultimate workout for building strength, stamina, and endurance in order to keep your heart rate up, keep it up, and burn fat! There will be high energy intervals combining athletic aerobic movements with strength and stabilization.

**Body Attack (NEW)** Get your day started off right by strengthening and attacking your entire body. This 55 minute class will work all your major muscle groups by using exercises like squats, presses, curls, and more! Get the energy you need to begin your day.

**DEFINE (NEW)** Bodyweight and dumbbell exercises will be incorporated to target overall strength, balance, flexibility, and core strength. Combining weight training, core strength of Pilates, and discipline of yoga for an aligned and DEFINED you!

**Ripped Kickboxing** Learn proper techniques for punches and kicks while ramping up your fitness level to increase cardiovascular endurance, muscular strength, core integration and flexibility. No experience necessary!

**Total Body Fitness** Strengthen tone and sculpt your entire body! Weights, bands and balls will be used for the interval training with a mix of cardio intervals. This is a High Intensity Program!

**Pilates/Yoga Combo** A fusion of powerful Pilates and Yoga inspired moves. This class will take you through stretching, strengthening, and bodyweight resistance-based exercises at a fast flowing pace to sculpt and define every muscle while you burn calories.

**Gentle Yoga** Escape from your day and enjoy the tranquility of Gentle Yoga. Classes blend stretching, gentle movement and restorative poses with a focus on relaxing into the deepest layers of the body. All levels welcome. No experience needed. Just come wearing something comfortable and enjoy the benefits of letting go.

**Yoga Flow** This class is designed to flow through the foundations of yoga postures, alignment, breathing, and technique. Classes build heat, endurance, flexibility, and strength in a supportive environment, encouraging the link between mindful body movement and breath. All levels welcome. Modifications are available for both beginners and more advanced participants.

## Senior Classes

**Senior Aerobics** A fun mix of choreographed, non-impact aerobics, and toning exercises geared for the more mobile, active, older adult. Intermediate fitness level or higher.

**Chair Yoga** A unique yoga style that adapts yoga positions and poses through creative use of a chair. Some areas to be covered include: breathing exercises, basic poses, use of supports, meditation, and relaxation. This class is suitable for all ages, fitness levels and physical conditions.

**SilverSneakers – Classic** Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a ball are offered for resistance, and a chair is used for seated and/or standing support.

**SilverSneakers – Circuit** Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand weights, elastic tubing with handles and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, head to toe stretching, and complete relaxation in a comfortable position.

There will be no classes on the following dates:  
 April 15, May 26 - 29, July 1 - 4, and Aug. 28 - Sept. 4

Walk-in prices	
Residents	\$9
Non-Residents	\$11

## Spring/Summer 2017 Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 am-7:25 am		Body Attack (Megan)		Body Attack (Teri)		
9:00 am-9:55 am		SilverSneakers Circuit (Meg)		Chair Yoga (Louise)		Total Body Fitness (Eileen)
10:00 am-10:45 am		Total Body Fitness (Eileen)		Total Body Fitness (Eileen)		
10:15 am-11:10 am	Senior Aerobics (Dorothy)		Senior Aerobics		Senior Aerobics (Meg)	
11:15 am-12:10 pm	SilverSneakers Classic (Dorothy)		SilverSneakers Classic			
5:45 pm-6:25 pm	HardCORE (Roseann)		Ripped Kickboxing (Roseann)			
6:00 pm-6:55 pm		GRIT (Marla)		Pilates/Yoga Combo (Dorothy)		
6:30 pm-7:25 pm	Yoga Flow (Roseann)		Gentle Yoga (Roseann)			
7:00 pm-7:55 pm				DEFINE (Marla)		

# Personal Training

## Our training program fits for every level of fitness:

**Beginner:** Those just getting started and wants additional guidance in developing a regular, safe, and effective workout routine.

**Regular Exercisers:** Those looking to re-evaluate their current program in order to produce more effective results.

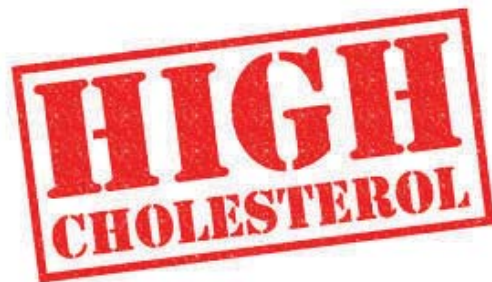
**Athletes:** Those that want a specialized sport-specific training and/or cross training preparation for an upcoming competition

30 and 60 minute sessions; individual, partner, sport teams and aquatic sessions are available. Please see the fitness or aquatic staff for prices & details. Aquatic personal training are 60-minutes in duration. .

30-minute sessions for land only		
	Pass holders	Non Pass holders
1 session	\$31	\$37
5 sessions	\$145	\$170
10 sessions	\$270	\$330
30 + sessions	\$24/ session	\$29/ session

60-minute sessions for land and aquatics		
	Pass holders	Non Pass holders
1 session	\$47	\$55
5 session	\$215	\$250
10 session	\$410	\$470
30+ sessions	\$35/session	\$41/session

## WELLNESS



**Healthy Alternative to Lowering Cholesterol** Join Dr. Mike Coppola to discuss healthy alternatives through natural supplements and nutrients you can do to lower cholesterol. You will go over why statins Do Not promote good health, different treatments and tests, HDL and LDL, is it possible to reverse High Cholesterol, and tips for optimizing your cholesterol without drugs.

**Thursday, 4/6**      **7:00 PM -8:00 PM**  
 Program#: 203716.05  
 Price: \$10 Pass Holder/ \$15 Non-Pass Holder



**Ayurvedic Lifestyle for Health and Happiness** Ayurvedic is a 5,000 year old science of life and a sister science of yoga. It helps to keep us healthy, manage weight, increase energy, reduce stress, and live a balanced and blissful life. The class will touch upon the meaning of an Ayurvedic lifestyle, body types, meditation, healthy food choices, and keys to good health.

**Wednesday, 4/19**      **7:35 PM -8:35 PM**  
 Program#: 203716.04  
 Price: \$15 Pass Holder/ \$20 Non-Pass Holder



**Tai Chi & Qigong** Ages: 16+ years Tai Chi & Qigong is the Ancient Chinese meditative practice which cultivates the life force (Qi or Chi) through harmonized breathing and movement sequences. Each movement uses fluid movement guiding qi energy and increasing blood circulation to produce a healthy connected human organism, and a relaxed, calm and focused state of mind. Please wear comfortable clothes and flat soled, flexible athletic shoes.

### Intermediate Level

**Tuesday, 4/18-6/6**      **6:00 PM – 7:00 PM**  
 Program # 201104.01      Price: \$85 RES / \$107 NR

### Beginner Level

**Tuesday, 4/18-6/6**      **7:00 PM – 8:00 PM**  
 Program # 201104.02      Price: \$85 RES / \$107 NR



# SMALL GROUP TRAINING

**Cycle & Core** *Age: 18+ years.* Burn calories and strengthen your core in the same class. This fusion class combines 40 minutes of cycling with 15 minutes of abdominal work.  
**Walk in: \$10 Pass Holders/ \$15 Non Pass Holders**

**Monday 7:15 PM – 8:15 PM**  
 4/17 – 5/8 Program #: 225404.07 Marla  
*Price: \$28 Pass Holders; \$40 Non-Pass Holders*  
 5/15 – 6/5 *no class 5/29* Program #: 225404.08 Marla  
*Price: \$21 Pass Holders; \$30 Non-Pass Holders*

**Tuesday 7:15 PM – 8:15 PM**  
 4/18 – 5/9 Program #: 225404.01 Roseann  
 5/16 – 6/6 Program #: 225404.02 Roseann  
*Price: \$28 Pass Holders; \$40 Non-Pass Holders*  
 6/13-6/27 Program #: 225404.03 Roseann  
*Price: \$21 Pass Holders; \$30 Non-Pass Holders*  
 7/11-8/1 Program #: 325404.01 Roseann  
*Price: \$28 Pass Holders; \$40 Non-Pass Holders*

**Thursday 7:15 PM – 8:15 PM**  
 4/20 – 5/11 Program #: 225404.04 Roseann  
 5/18 – 6/8 Program #: 225404.05 Roseann  
*Price: \$28 Pass Holders; \$40 Non-Pass Holders*  
 6/15-6/29 Program #: 225404.06 Roseann  
*Price: \$21 Pass Holders; \$30 Non-Pass Holders*  
 7/13-8/3 Program #: 325404.03 Roseann  
*Price: \$28 Pass Holders; \$40 Non-Pass Holders*

**Weekend Warrior: Age: 18+ years** A 90-minute crazy mix of spin, suspension, and core work!

**Saturday 7:05 AM – 8:35AM**  
 4/8 - 4/29 Program #: 295404.01 Sarah  
*Price: \$45 Pass Holders/ \$60 Non-Pass Holders*

**Sunday 1:15 PM – 2:45 PM**  
 4/23 – 5/14 Program #: 295404.02 Marla  
 6/4-6/25 Program #: 295404.03 Marla  
 7/9-7/30 Program #: 395404.01 Marla  
*Price: \$45 Pass Holders/ \$60 Non-Pass Holders*

**Suspension Training** *Ages: 18+ years.* A total body resistance training program that utilizes a specialized strap system to place your body in various positions and by leveraging gravity to complete hundreds of exercises. Resistance is increased or decreased by simply adjusting your body position. Using your own body weight to develop strength, increase flexibility, balance and core stability.  
**Walk in: \$10 Pass Holders/ \$15 Non Pass Holders**

**Wednesday 10:00 AM – 10:45 AM**  
 4/19 – 5/10 Program #: 205403.03 Eileen  
 5/17 – 6/7 Program #: 205403.04 Eileen  
*Price: \$36 Pass Holders; \$44 Non-Pass Holders*

**Thursday 6:00 PM – 6:45 PM**  
 4/20 – 5/11 Program #: 205403.06 Marla  
 5/18 – 6/8 Program #: 205403.07 Marla  
*Price: \$36 Pass Holders; \$44 Non-Pass Holders*

**Small Group Training: Boot Camp** *Ages: 18+ years*  
 Want to spice up your exercise routine or try something different, or just start your weekend off right with a great workout? This class can be a great supplement to your normal weekly exercise routine; it will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit! This is a high intensity class held outside by the band shell, behind the Community Center. **Trainer: Ed**  
**Walk in: \$10 Pass Holders/ \$15 Non Pass Holders**

## Nights:

**Tues, 6/6 – 6/27 6:30 PM–7:25 PM**  
 Program #: 215402.01  
*Price: \$32 Pass Holders / \$40 Non-Pass Holders*

**Thurs, 6/8 – 6/29 6:30 PM–7:25 PM**  
 Program #: 215402.02  
*Price: \$32 Pass Holders/ \$40 Non-Pass Holders*

**Tues/Thurs, 6/6-6/29 6:30 PM–7:25 PM**  
 Program #: 215402.03  
*Price: \$58 Pass Holders/ \$75 Non-Pass Holders*

**Tues, 7/18 – 8/22\* 6:30 PM–7:25 PM**  
 Program #: 315402.01  
 \*no class 8/8  
*Price: \$41 Pass Holders / \$50 Non-Pass Holders*

**Thurs, 7/20- 8/24\* 6:30 PM–7:25 PM**  
 \*no class 8/10  
 Program #: 315402.02  
*Price: \$41 Pass Holders / \$50 Non-Pass Holders*

**Tues/Thurs, 7/18–8/24\* 6:30 PM–7:25 PM**  
 \*no class 8/8 & 8/10  
 Program #: 315402.03  
*Price: \$75 Pass Holders/ \$94 Non-Pass Holders*

## Mornings:

**Fri, 4/ 7 – 6/2\* 6:30 AM–7:25 AM**  
 \*no class 4/14  
 Program #: 215402.04  
*Price: \$65 Pass Holders/ \$80 Non-Pass Holders*

**Fri, 6/9 -6/30 6:30 AM–7:25 AM**  
 Program #: 215402.05  
*Price: \$32 Pass Holders/ \$40 Non-Pass Holders*

**Fri, 7/21 -8/18 6:30 AM–7:25 AM**  
 Program #: 315402.04  
*Price: \$41 Pass Holders/ \$50 Non-Pass Holders*



# TRY SMALL GROUP TRAINING



**Fit to Run** *Ages: 16+years* Ever think about running a 5k or just even losing weight, gaining muscle, and building endurance? Now is your chance to enjoy the fresh outside air, make new friends, and scratch running a 5k race off of your bucket list! This 8 week program will not only help you build enough endurance to run 3.1 miles (or 30 min straight) but also will help you look and feel better! This class is held outside rain or shine and will meet at the Band shell behind the Community Center. This is a beginner class, no previous running experience needed! (Must be in good health and slightly active). **Trainer: Ed**

**M/Tu/Th, 4/10-6/5 6:40 PM-7:30 PM**

No class 5/29

Program #: 205402.01

**Price: \$120 Pass Holders/ \$135 Non-Pass Holders**

**Body Weight Burn** *Ages: Adults* This interval training class combines our suspension training with multiple variations of boot camp style exercises using only your body weight and minimal equipment. We will work the whole body in various angles and positions while constantly engaging the core for a great overall workout. **Walk-in's only available the first week of class. Walk in: \$10 Pass Holders \$15/ Non Pass Holders**

**Wednesday 6:15 PM – 7:00 PM**

4/12 – 5/10 Program #: 225402.01 Trainer: Ed

5/17 – 6/14 Program #: 225402.02 Trainer: Ed

**Price: \$41 Pass Holders / \$50 Non-Pass Holders.**

**War of the Core** *Age: 16+ years* An intense 35-40 minute muscular workout for the core followed by stretching. Equipment will include the most effective ways to build strength in the core region including the Bender Ball, weights, and your very own body weight.

**Walk in: \$10 Pass Holders/ \$15 Non Pass Holders**

**Friday 9:30 AM – 10:15 AM**

3/24 – 4/14 Program #: 275402.01 Eileen

4/21 – 5/12 Program #: 275402.02 Eileen

**Price: \$32 Pass Holders/ \$40 Non-Pass Holders.**

## SENIOR

**Core Balance for Active Older Adults** This class is designed for active older adults who would like to improve their balance, stability, and posture. Stretch and release techniques, standing balance exercises, and mat work will be used to strengthen the core and leg muscles. You will find yourself enjoying improved stamina for activities of daily life such as walking, getting in and out of chairs, and climbing stairs. **YOU MUST BE ABLE TO GET DOWN ON THE FLOOR AND GET BACK UP ON YOUR OWN.**

**Tues/Thurs 10:05 AM – 11:00 AM**

4/18– 5/11 Program #: 285402.01 Dorothy

5/16 – 6/8 Program #: 285402.02 Dorothy

**Price: \$64 Pass Holders/\$80 Non-Pass Holders**

“SWEAT,  
SMILE  
AND  
REPEAT.”

## YOUTH

**F.I.T. Kids (Fun in Training!)** *Ages: 9-12 years* This 4 week fitness class for kids is all about having fun and getting fit at the same time! Its small group setting allows for individualized attention and supervision. This class will focus on weight training and cardiovascular training through games, drills, machines, and team building exercises. If your child is new to fitness, this is the class for them! **Trainer: Gina**

Session 1

**Wed/Fri 4/19 – 5/12 5:00 PM-5:55 PM**

Program #: 205401.01

**Price: \$65 Pass Holders/\$80 Non-Pass Holders**

Session 2

**Wed/Fri 5/17 – 6/14 5:00 PM-5:55 PM**

No class 5/26

Program #: 205401.02

**Price: \$65 Pass Holders/\$80 Non-Pass Holders**

# Friday Night Fun

## April

### Friday Night Kids Night Out-Sports Night *Ages: 6-11 years*

Drop your child off for a fun, filled night of sports! Come play basketball and dodgeball with friends! We will provide a snack and a drink.

**Friday, 4/7** **6:30 PM - 9:00 PM**  
Program #: 202106.01 Price: \$12 RES / \$15 NR

**Paint Night *Ages: 6-11 years*** This paint party's primary goal is to have fun and inspire children to paint. We will provide all the materials & supplies. An instructor from Busy Bees Pottery will help you complete your beautiful piece of artwork to take home. We will provide a snack and a drink.



**Friday, 4/21** **6:30 PM-8:00 PM**  
Program #: 201102.01 Price: \$35 RES / \$43 NR

**Flick & Float Fridays** Swim, float, & splash in the leisure pool while watching a great movie on a huge screen. Bring your favorite float. But for safety, no 'water wings' please. All movies will begin at dusk. Movie titles will be announced as we approach each date to ensure that we are showing the best new releases. Each movie will be revealed first on our Facebook page, so be sure to give us a like! All children must be accompanied by a paying adult.

**Friday, 4/21** **7:00 PM**  
\$10 Per Person Program #: 207804.03  
\$30 for a Family of 4 Program #: 207804.04

**Cooking With Kitchen Wizards *Ages: 6-11 years*** Does your child love to cook or want to learn how to make their own meals? Then these classes are perfect for them! Breakfast for Dinner: chocolate chip Danish, scrambled eggs, bacon and yogurt granola parfaits.

**Friday, 4/28** **6:30 PM-9:00 PM**  
Program #: 201203.01 Price: \$30 RES / \$38 NR

## MAY

### Friday Night Kids Night Out Sports Night *Ages: 6-11 years*

Drop your child off for a fun, filled night of sports! Come play soccer and softie hockey with friends! We will provide a snack and a drink.

**Friday, 5/5** **6:30 PM - 9:00 PM**  
Program #: 202106.02 Price: \$12 RES / \$15 NR

**Ceramic Night *Ages: 6-11 years*** Paint your own \*\*\*\*\*!  
An instructor from Busy Bees Pottery will help you complete your beautiful piece of artwork to take home. Painted pieces will need to be fired in a kiln and you will receive a phone call when your piece is finished. We will provide a snack and a drink.

**Friday, 5/12** **6:30 PM-8:00 PM**  
Program #: 201102.02 Price: \$25 RES / \$32 NR

**Flick & Float Fridays** Swim, float, & splash in the leisure pool while watching a great movie on a huge screen. Bring your favorite float. But for safety, no 'water wings' please. All movies will begin at dusk. Movie titles will be announced as we approach each date to ensure that we are showing the best new releases. Each movie will be revealed first on our Facebook page, so be sure to give us a like! All children must be accompanied by a paying adult.

**Friday, 5/19** **7:30 PM**  
\$10 Per Person Program #: 207804.05  
\$30 for a Family of 4 Program #: 207804.06

**Cooking With Kitchen Wizards *Ages: 6-11 years*** Does your child love to cook or want to learn how to make their own meals? Then these classes are perfect for them! Restaurant Kids' Menu: oven baked fries, chicken fingers, homemade applesauce and ice cream sundaes with hot fudge and whipped cream.

**Friday, 5/26** **6:30 PM-9:00 PM**  
Program #: 201203.02 Price: \$30 RES / \$38 NR

## June

### Friday Night Kids Night Out Sports Night *Ages: 6-11 years*

Drop your child off for a fun, filled night of sports! Come join our video game tournament with friends! We will also be playing handball as our sport of the night. We will provide a snack and a drink.

**Friday, 6/2** **6:30 PM - 9:00 PM**  
Program #: 202106.03 Price: \$12 RES / \$15 NR

**Cooking With Kitchen Wizards *Ages: 6-11 years*** Does your child love to cook or want to learn how to make their own meals? Then these classes are perfect for them! Tex Mex: tacos, salsa and chips and Mexican chocolate chip cookies.

**Friday, 6/9** **6:30 PM-9:00 PM**  
Program #: 201203.03 Price: \$30 RES / \$38 NR

### Download our new GPCC App!



Greater Plymouth Community  
Center

OPEN



# Special Events

## April

### Brunch with the Bunny & Egg Scramble *Ages: All Ages*

Come to family time with the Easter Bunny! Shake his hand and bring your own camera to take pictures. A light Continental brunch will be served. All children must be accompanied by a paying adult. Ages 2 years and under are free with paying adult. We will have an egg scramble at 10:30am so bring your baskets! Register in advance

**Saturday, 4/1** **9:00 AM-10:30 AM**  
Price: \$9 person Program #: 102802.03  
Price: \$28 family of 4 Program #: 102802.04  
Children 2 & under Program #: 102802.05

### Officer Brad Fox Memorial Fishing Derby *Ages: 4-15 years*

Attention all kids who love to fish! Grab your fishing gear and get ready for Plymouth Township's fishing derby. This will be a free children's event sponsored by the Norristown Elks Lodge and the Stony Creek Anglers. Anglers must provide their own fishing equipment. Bait will be available for purchase.

**Saturday, 4/22** **8:00 AM-12:00 PM**  
Price: FREE

### "Moana" Princess Party *Ages: 2-6 years with adult*

Put on your most beautiful Princess dress and step out for an afternoon of make-believe fun and sing-a-longs with Moana! We will listen to princess stories, play games and activities and enjoy a snack fit for a future queen. We will also decorate our own crown and wand!

**Sunday, 4/23** **3:00 PM - 4:30 PM**  
Program #: 202802.01 Price: \$30 RES / \$38 NR

## MAY

**Home Alone Seminar *Ages: 9 - 12 years*** Have you ever been home alone after school or on a Saturday afternoon? Can you safely make a tasty snack in the kitchen? Do you know how to play it safe when answering the telephone or when someone is at the door? This class will provide you with home safety tips and more.

**Saturday, 5/6** **1:00 PM - 3:00 PM**  
Program #: 201304.01 Price: \$15 NR / \$12 RES

**Mother's Day Tea *Ages: 2-10 years with adult*** Come celebrate Mother's Day with an afternoon of fun with just you and Mom! We'll spend time decorating cookies and making candies. We will also enjoy snacks we make and even make enough to take home! It will be a great day for everyone! All children must be accompanied with an adult.

**Sunday, 5/7** **3:00 PM - 4:30 PM**  
Program #: 202704.01 Price: \$18 RES / \$23 NR

# Scout Programs

**Boy Scout Day *Ages: 10-12 (Webelos Group)*** Have your boy scout come to the Community Center and earn his Aquanaut badge. This program is for the Webelos division of the Boy Scouts. We will provide all the information, equipment and facilities that are required to earn this badge. **Participants must be good swimmers.**

**Friday, 4/28** **6:00 PM - 7:30 PM**  
Program #:201808.01 Price: \$5

**Girl Scout Day *Ages: 10-12 (Junior Girls Group)*** Have your girl scout come to the community center and earn her swimming badge. This program is for the junior girls division of the Girl Scouts. We will provide all the information, equipment and facilities that are required to earn this badge. **Participants must be good swimmers.**

**Friday, 4/28** **7:30 PM - 9:00 PM**  
Program #:201808.02 Price: \$5

# Art Programs

### Young Rembrandts Early Elementary Drawing Class

***Ages: 4-6 years*** April showers bring May flowers and spring-time is the right time for signing up your preschooler for a Young Rembrandts class! The month of April will roar with excitement as we draw a wonderful dinosaur. But it's not all about lizards; your student will take flight as they draw an adorable birds nest and colorful butterfly. Later, students will explore more color with our flower and kite lessons.

**Saturday, 4/22-6/10** **9:00 AM - 9:45 AM**  
Program #: 201103.01 Price: \$100 RES/\$125 NR

### Young Rembrandts Elementary Drawing Class

***Ages: 7-14 years*** If you think your student is a budding architectural genius, he or she will love our city skyline lesson. Learning to develop and apply patterns is the focus as our artists venture out into the wild as they create an intricate zebra drawing. Later, our students will learn about cool and warm colors with the patterned flowers lesson and realism with the London bridge and our art history lesson focusing on Gustav Klimt.

**Saturday, 4/22-6/10** **10:00 AM - 11:00 AM**  
Program #: 201103.02 Price: \$100 RES/\$125 NR

### Young Rembrandts Cartoon Drawing Class *Ages: 8-14 years*

Hop into the month of April with our funny frogs drawings. These drawing will delight our students as they learn how to tell jokes through drawing. Your heart will smile when you see the cute and cuddly creatures your student will draw in our baby animals and vintage phone lessons. And it doesn't stop there; our lively cartoon class is packed with hilarious and silly characters and scenes - all new this season, sign up today!

**Saturday, 4/22-6/10** **11:15 AM- 12:15 PM**  
Program #: 201103.03 Price: \$100 RES/\$125 NR

# Youth Classes begin the week of April 17th

## Important notes for preschool classes:

- Bring a sippy cup & wear sneakers.
- We do not provide diaper changing.
- Siblings or children not signed up for the program are not permitted to participate.

**Preschool Combo Class** *Ages: 2-4 years* Your little one will be able to enjoy the best of both worlds! The first hour will be spent getting the wiggles out by participating in activities such as dance, small games and other activities. The last hour will be spent doing activities such as crafts, games and music. Please bring a sippy cup.

**Monday, 4/17-6/12** **9:00 AM-11:00 AM**  
No Class 5/29  
Program #: 201901.01 Price: \$85 RES/\$106 NR

**Just For Me** *Ages: 2-4 years* A special time set aside for your child to begin socializing with other children and participating in activities on their own. Activities such as crafts, games and music are included. Please bring a sippy cup.

**Tuesday, 4/18-6/6** **9:30 AM-11:30 AM**  
Program #: 201801.01 Price: \$85 RES / \$106 NR  
**Friday, 4/21-6/9** **9:30 AM-11:30 AM**  
Program #: 201801.03 Price: \$85 RES/\$106 NR

**Nut Bunch** *Ages: 2-4 years* Take a trip on the wild side! Learn about animals, plants, the earth and other fun things associated with nature. Please bring a sippy cup.

**Tuesday, 4/18-6/6** **12:00 PM-1:00 PM**  
Program #: 201805.01 Price: \$64 RES / \$81 NR

**Jumpin' Jack and Jills** *Ages: 2-4 years* Come and get the wiggles out! Participate in activities such as dance, small games, and other activities. Please bring a sippy cup.

**Wednesday, 4/19-6/7** **9:00 AM-10:00 AM**  
Program #: 201901.03 Price: \$46 RES / \$58 NR

**Music for Me** *Ages: 2-4 years* Sing, dance and get your first taste of the wonderful world of music. We will make musical instruments to take home every week. Please bring a sippy cup.

**Thursday, 4/20-6/8** **9:30 AM-10:45 AM**  
Program #: 201802.01 Price: \$64 RES / \$81 NR

**Little Chefs** *Ages: 3-5 years* Kids will enjoy making, and eating, their own creations. Delicious and simple projects will be the focus of each class. They'll love sharing what they've made "all by themselves."

**Wednesday, 4/19-6/7** **12:00 PM-1:00 PM**  
Program #: 201807.01 Price: \$64 RES / \$81 NR

**Weird Science** *Ages: 3-5 years* Get ready to get messy as our "Mad Scientists" will explore things like fat fireworks, slime making techniques, painting with ice, and many more! If your little one loves to explore how things grow and explode, this is the class for them!

**Monday, 4/17-6/12** **11:30 AM-12:30 PM**  
No class 5/29  
Program #: 201809.02 Price: \$64 RES / \$81 NR

**Jump Start Sports Hummingbirds Soccer** *Ages: 3-4 years* The basics of soccer will be taught during this program, such as dribbling, passing, trapping, shooting and positioning. Each class consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills, and a low-key, non-competitive game. Jump Start soccer t-shirt and award are included. Please bring a water bottle.

**Thursday** **5:30PM-6:30PM**  
4/20-5/25 Program #: 209107.01  
6/22-7/27 Program #: 309107.01  
Price: \$75 RES / \$94 NR

**Thursday** **6:30PM-7:30PM**  
4/20-5/25 Program #: 209107.02  
6/22-7/27 Program #: 309107.02  
Price: \$75 RES / \$94 NR

**Kids Karate** *Ages: 5-9 years* This class is a basic introduction to Karate. Certified Karate instructors will cover introductory topics of karate and martial arts. Coordination and flexibility are emphasized.

**Tuesday, 4/18 - 6/6** **6:30 PM-7:30 PM**  
Program #: 201701.01 Price: \$75 RES/\$94 NR

**Mini Sports Stars** *Ages: 4-6 years* This class is a fun introduction to sports, such as Softee hockey, soccer and basketball through creative exercises, team play and group interaction.

**Saturday, 4/22-6/10** **10:00 PM - 10:45 AM**  
Program #: 201408.01 Price: \$51 RES/\$63 NR

**Sunday, 4/23-6/11** **1:00 PM - 1:45 AM**  
Program #: 201408.02 Price: \$51 RES/\$63 NR

**New Mom's Support Group** *Ages: 16+ years* This group is recommended for new moms and their babies (18 months old and younger). It is an opportunity for group members to meet and share with one another all of the joys and challenges of their new role as mothers. This semi-structured group will explore topics such as self-care, changes in relationships, balancing motherhood with other responsibilities (work, family, etc.), body image, anxiety and/or depression and coping techniques for stress. We will also leave space for mothers to share topics important to them and give/receive support from other mothers.

**Wednesday, 4/19-6/7** **10:30 AM-11:30 AM**  
Program #: 202701.01 Price: \$20 RES / \$25 NR

# Youth Classes begin the week of April 17th

**Twinkle Toes** *Ages: 3-5 years* Children can develop their love of dance through this program. Ballet is the main focus for this introduction to dance. It is recommended that children wear leotards and ballet slippers for the younger class. Parents are invited to a performance during the last class.

**Saturday, 4/22-6/10** **12:00 PM - 12:45 PM**  
Program #: 201201.01 Price: \$60 RES/\$75 NR

**Saturday, 4/22-6/10** **1:00 PM - 1:45 PM**  
Program #: 201201.02 Price: \$60 RES/\$75 NR

**Super Soccer Stars** *Ages: 4-6 years* Children will learn basic soccer skills during this fun time. They can practice these skills during weekly games. Shin guards and water bottles suggested for all players.

**Saturday, 4/22-6/10** **11:00 AM - 11:45 AM**  
Program# 201411.01 Price: \$51 RES/\$63 NR

**Sunday, 4/23-6/11** **2:00 PM - 2:45 PM**  
Program# 201411.02 Price: \$51 RES/\$63 NR



**GPCC Youth Summer Basketball League** Get ready for fun summer nights with Plymouth Township Youth Summer Basketball League! Fun and learning are the most important points of these co-ed programs. The first week we will evaluate all kids and create teams, the second will be a team practice. The next 6 weeks will be games. Every player will enjoy equal playing time and will receive a TEAM T-SHIRT. Parents are encouraged to volunteer! \*Depending on enrollment, the games and dates are subject to change.

**NEW this year PIAA certified referees.**

**Location: East Plymouth Valley Park**

**Ages: 5-7 years**

**Tues, 5/30-7/25** **6:00 PM or 7:15 PM**  
No class 7/4  
Program #: 308701.01 \$55 RES/\$69 NR

**Ages: 8-10 years**

**Wed, 5/31-7/26** **6:00 PM or 7:15 PM**  
No class 7/5  
Program #: 308701.02 Price: \$55 RES/\$69 NR

**Registration deadline 5/23. Registration after deadline subject to team availability. Price after 5/23 \$75 RES/\$93 NR**

**Civic Green Special Athletes** *Ages: 4+ years* This program is for youth with special needs who enjoy sports and socializing. We will be offering different sports seasonally. The emphasis of this program is on having fun while learning sportsmanship, physical activity, social interaction and fun. Some fundamentals of the sports will be taught. This is a volunteer driven program. Parents may be asked to help and participate.

**Sunday, 4/23-6/25** **3:00 PM**

No class 5/14 & 5/28

Program #: 201110.01 Price: \$35

## Tennis

### 10 & Under Tennis

**Tuesday** **4/18-5/16**

Ages: 5-6 years 4:30 PM-5:20 PM

Program #: 201504.01

Ages: 7-8 years 5:30 PM-6:20 PM

Program #: 201504.02

Ages: 9-10 years 6:30 PM-7:20 PM

Program #: 201504.03

**Price: \$65 RES/\$81 NR**

**Tuesday** **5/30-6/27**

Ages: 5-6 years 4:30 PM-5:20 PM

Program #: 201504.04

Ages: 7-8 years 5:30 PM-6:20 PM

Program #: 201504.05

Ages: 9-10 years 6:30 PM-7:20 PM

Program #: 201504.06

**Price: \$65 RES/\$81 NR**

### Junior and Adult Tennis

Purchase a 5-class package, once a package is used an additional package of five may be purchased. Attend any 5 classes between 4/19-6/28. Classes do not need to be consecutive.

Questions please contact

**Shawn Mazei, 610-277-6122 or [smazei@plymouthtownship.org](mailto:smazei@plymouthtownship.org)**

**Price per 5 class package: \$65 RES/\$81 NR**

### Junior Tennis

**Wednesday, 4/19-6/28**

Ages 11-14 years **5:15 PM-6:10 PM**

First 5 classes Program #: 201504.07

Second 5 classes Program #: 201504.08

### Adult Tennis

**Wednesday 4/19-6/28**

**TENNIS FOR FITNESS™ 8:00 AM-8:50 AM**

First 5 classes Program #: 203501.03

Second 5 classes Program #: 203501.04

**Stroke Mechanics 9:00 AM-9:50 AM**

First 5 classes Program #: 203501.05

Second 5 classes Program #: 203501.06



# Adult Art Classes

## Thursday night adult art series Each art class is a separate registration.

**Hummingbird** This delicate bird is enjoying the bevy of flowers. Create a colorful spring masterpiece while learning to draw a hummingbird and assortment of flowers. You'll impress yourself by adding detail and dimension to bring your composition to life. *Media - color pencil.*



**Thursday, 5/4** 6:30 PM- 8:30 PM  
Program # 201113.01 Price: \$35 RES / \$44 NR

**Patterned Chickadees** In this class you'll learn to draw stylized chickadees surrounded by a bounty of leaves. Artists will create a border around their piece and design areas for color. We'll show you how to use line to create unique patterns in your leaves. *Media - markers*



**Thursday, 5/18** 6:30 PM- 8:30 PM  
Program # 201113.03 Price: \$35 RES / \$44 NR

**Monet- Boating at Argenteuil** This dramatic piece of art is a Monet masterpiece. Participants will learn to draw sailboats, reflections in the water and building on the shore. Pastels are the perfect media to create Monet's rich colors and the movement in the water. This is a strikingly beautiful piece and you'll want to frame it as your own museum masterpiece. *Media - pastels*



**Thursday, 5/11** 6:30 PM- 8:30 PM  
Program # 201113.02 Price: \$35 RES / \$44 NR

**Shells On The Beach** Remind yourself of a relaxing day at the beach by creating a pastel masterpiece of sea shells washed up on the shore. Our composition is full with different shells, sand dollars and seaweed all gathered in the sand. You'll create a soft color palette with pastels, and contrast the shells against the textured sand. Just as the tide washes up on shore, a light wash of pastel will wash across the shells to complete our delicate masterpiece. *Media - pastels*



**Thursday, 5/25** 6:30 PM- 8:30 PM  
Program # 201113.04 Price: \$35 RES / \$44 NR

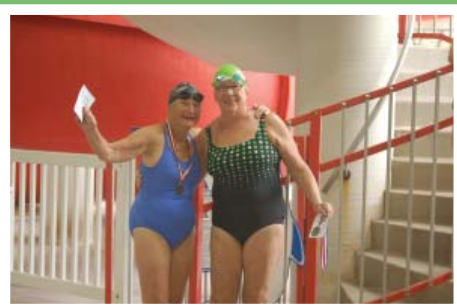
## Montgomery County Senior Games May 8-12th

Montgomery County Senior Games combine sports and recreation with fellowship among everyone involved.

Events include basketball, golf, swimming, bocce, bowling, horseshoes, pickleball, shuffleboard, billiards, table tennis and so much more!

Montgomery County residents (and non-residents) over age 50 may participate in events running from May 8-12th.

For more information please call Upper Dublin Township at 215-643-1600 [montcoseniorgames@gmail.com](mailto:montcoseniorgames@gmail.com) or check out the website [www.MontcoSeniorGames.com](http://www.MontcoSeniorGames.com)



# Adult Events

**Spring Brunch: Breakfast Pastries & Spreads** Ages: 18+ years This adult cooking class comes just in time for brunch season (baby & bridal showers and Mother's Day and Easter brunch). Learn how to make dried cherry buttermilk scones, lemon curd, clotted cream and chocolate chip Danish. Bring a drink (non-alcoholic) to enjoy with your creations. All supplies provided.

**Sunday, 4/9 1:00 PM – 3:00 PM**  
Program #: 201108.01 Price: \$36 RES/\$45 NR



**Drivers Safety Class** 4 hour re-certification classes (must have completed full certification class in the past 30 to 36 months to be eligible for this class. Certifications accepted from AARP, AAA, NSC, and Seniors for Safe Driving). Please bring your lunch; we will be taking a half hour break.

**Tuesday, 4/25 10:00 AM - 2:30 PM**  
Program #: 203302.02 Non AARP members: \$14  
AARP members: \$12



**Download our new GPCC App!**



Greater Plymouth Community  
Center

[OPEN](#)



## Silver Health Fair Social

**FRIDAY, APRIL 21ST**

**9:00 AM-12:00 PM**

- Blood Pressure Screenings
- Cardiac Education
- Wellness/ Stress Management
- Stroke Prevention/Education
- Safety Tips
- Vaccine/ Drug Education
- Support Services/ Community Resources
- Give Aways and Refreshments

**Sponsored by:**

**Roxborough Memorial Hospital School  
of Nursing  
Suburban Community Hospital**



**June 22nd 11:00 a.m.-1:00 p.m.**

It's time for some Grillin' and Chillin'! Silver Sneakers and Silver & Fit members join us at the 3rd annual Silver Social Bingo BBQ! Spend part of the afternoon at the GPCC pavilion for some Fun, Food and Prizes! It's a great opportunity to catch up with some friends and make some new ones. For more information please contact

Kim Mooney at [kmooney@plymouthtownship.org](mailto:kmooney@plymouthtownship.org)

*"Planning to attend, Sign up at the front desk  
CALL or STOP IN!"*



# Summercamps

## Camp GPCC (Ages: 6-12 years)

This traditional day camp has a wide variety of activities including arts and crafts, sports, trips and swimming. Campers are separated into three age groups; 6-7 year olds, 8-9 years olds and 10-12 year olds. If your child does not go on the trip, there is no camp. Children must bring a lunch, snack and bathing suit daily. **Location: GPCC**

- All release forms must be signed by a parent or legal guardian.
- A weekly trip is planned for an additional fee.
- A 5 year old may only attend if they have completed Kindergarten.
- A parent meeting will be held Thursday, June 1 from 7:00 p.m.-8:00 p.m. to go over important camp information.
- There is no camp July 3rd & 4th.
- Monthly billing is available.
- The first (6/19-6/23) and last (8/21-8/25) weeks not include trips.
- Contact person: Barb Griffis, [bgriffis@plymouthtownship.org](mailto:bgriffis@plymouthtownship.org) or 610-313-4062.

Program Numbers:

Ages: 6-7 years	Program #: 309501
Ages: 8-9 years	Program #: 309505
Ages: 10-12 years	Program #: 309509

Dates	Time	Price per week
6/19-6/23	9:00 am-4:00 pm	\$140 RES/\$175 NR
6/26-6/30	9:00 am-4:00 pm	\$120 RES/\$150 NR
7/5-7/7 (no camp 7/3 & 7/4)	9:00 am-4:00 pm	\$72 RES/\$90 NR
7/10-7/14	9:00 am-4:00 pm	\$120 RES/\$150 NR
7/17-7/21	9:00 am-4:00 pm	\$120 RES/\$150 NR
7/24-7/28	9:00 am-4:00 pm	\$120 RES/\$150 NR
7/31-8/4	9:00 am-4:00 pm	\$120 RES/\$150 NR
8/7-8/11	9:00 am-4:00 pm	\$120 RES/\$150 NR
8/14-8/18	9:00 am-4:00 pm	\$120 RES/\$150 NR
8/21-8/25	9:00 am-4:00 pm	\$140 RES/\$175 NR

## Extended Care for Camp GPCC

Weekly before care	7:50 am-9:00 am	\$37 RES/\$44 NR
Daily before care	7:50 am-9:00 am	\$10 RES/\$13 NR
Weekly after care	4:00 pm-6:00 pm	\$47 RES/\$58 NR
Daily after care	4:00 pm-6:00 pm	\$13 RES/\$16 NR



# Summercamps

## Playground Camp (Ages 6-12 years)

Come and enjoy traditional playground activities including arts and crafts, sports and day trips. The Playground program is informal with minimal structure and the age groups will overlap for many of the activities.

**Location: Plymouth Elementary**

- This program will be held outdoors unless it is raining.
- A weekly trip is planned for an additional fee.
- Children must bring a lunch and snack daily.
- A parent or legal guardian must sign all release forms.
- A 5 year old may only attend if they have completed Kindergarten.
- There is no camp July 3rd & 4th.
- Contact: Dana Clewell, [dclewell@plymouthtownship.org](mailto:dclewell@plymouthtownship.org) or 610-277-6127.

Program Numbers:

Ages: 6-8 years	Program #: 309701.00
Ages: 9-12 years	Program #: 309701.01

Playground Camp		
6/26-8/4	9:00 a.m.-3:00 p.m.	\$270 RES /\$338 NR
After Care		
6/26-8/4	3:00 p.m.-4:00 p.m.	\$105 RES /\$131 NR

## Teen Camp (Ages 12-15years)

This camp offers exciting adventures including trips, swimming and activities. Daily activities will include athletic competitions, challenging projects, and other awesome games. **Location: GPCC**

- Two day trips are planned weekly for an additional fee.
- **There is NO extended care for Teen Camp**
- Campers must bring a lunch and snack daily.
- There is no camp held at the community center on trip days.
- A parent or legal guardian must sign all release forms.
- There is no camp July 3rd & 4th.
- Contact: Shawn Mazei, [smazei@plymouthtownship.org](mailto:smazei@plymouthtownship.org) or 610-277-6122.

Dates	Time	Price per week
6/20-6/24	9:00 am-4:00 pm	\$110 RES/\$138 NR
6/27-7/1	9:00 am-4:00 pm	\$110 RES/\$138 NR
7/5-7/8	9:00 am-4:00 pm	\$88 RES/\$110 NR
7/11-7/15	9:00 am-4:00 pm	\$110 RES/\$138 NR
7/18-7/22	9:00 am-4:00 pm	\$110 RES/\$138 NR
7/25-7/29	9:00 am-4:00 pm	\$110 RES/\$138 NR
8/1-8/5	9:00 am-4:00 pm	\$110 RES/\$138 NR
8/8-8/12	9:00 am-4:00 pm	\$110 RES/\$138 NR





## One-Week Camps

# June

**Superhero Adventure** *Ages: 4-7 years* Calling all Superheroes! It's time to take a break from saving the world and make superhero crafts and play games. So put on your costume and cape, and join us for a week long Superhero Adventure! Please bring a snack and drink daily. **Location: GPCC**

6/19-6/23 9:30 AM-11:30 AM  
Program #: 309105.01 Price: \$54 RES / \$68 NR

**Crafty Creations** *Ages: 4-7 years* Your kids will love creating different arts and crafts projects. We will be using a different medium each day. Please bring a snack and drink daily. **Location: GPCC**

6/19-6/23 9:30 AM-11:30 AM  
Program #: 309101.01 Price: \$54 RES / \$68 NR

**Princess Extravaganza** *Ages: 4-7 years* Put on your most beautiful Princess dress and step out for a week of make-believe fun. We will listen to our favorite fairy tale princess stories, decorate our own crown and wand, play games and enjoy lots of other fun princess things. Please bring a snack and drink daily. **Location: GPCC**

6/19-6/23 1:30 PM-3:30 PM  
Program #: 309105.03 Price: \$54 RES / \$68 NR

**Mini Sport Stars** *Ages: 4-7 years* Your child will be introduced to softee hockey, soccer and basketball and participate in exercises to encourage team play and group interaction. Please bring a water bottle daily. **Location: EPV**

6/19-6/23 9:30 AM-11:30 AM  
Program #: 309402.01 Price: \$54 RES / \$68 NR

**Obvious Choice Sports Basketball** *Ages: 5-10 years* Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like week-long league and receive prizes and awards for individual efforts and completion of the camp. Games are set up so that each camper gets a maximum amount of playing time. Campers can also look forward to mini contests, skill development drills, and watching game tape. Please pack a lunch daily. **Location: GPCC**

6/19-6/23 9:00 AM-3:00 PM  
Program #: 309715.01 Price: \$140 RES / \$175 NR

**Wildcat Baseball** *Ages: 7-13 years* Villanova Wildcat Baseball Camp will cover hitting, throwing fundamentals, defensive drills, primary & secondary position, base running & sliding and pitching instructions. Plymouth Township Residents register at the GPCC. Please bring a water bottle. Non-residents register by calling Lyn Roebuck, 610-519-4130. **Location: GPCC Baseball Field**

6/26-6/29 8:30 AM-12:30 PM  
Program #: 309707.01 Price: \$180 RES

Non-residents register by calling Lyn Roebuck, 610-519-4130

# July

**Junior Under the Sea Workshop** *Ages: 4-7 years* Mermaids, fish, shipwrecks and even sharks will inspire our work as we draw many animal and human characters found under the sea. Our last day will be exciting, as we combine the subject matter we have learned into one larger drawing with a story of its own. Media used will include pencils, color pencils and markers. **Location: HWP Butler Pike entrance**

7/10-7/14 9:00 AM-11:00 AM  
Program #: 309102.01 Price: \$125 RES / \$156 NR

**Animal Drawing Workshop** *Ages: 8-14 years* Kids LOVE to draw animals like giraffes, lions, tigers, birds and more! Our final day will result in one large scene of the zoo, divided into several habitats and incorporating the many animal friends we have learned to draw. Markers or color pencils will complete both our realistic and graphic style drawings. **HWP Butler Pike entrance**

7/10-7/14 11:30 AM-1:30 PM  
Program #: 309102.02 Price: \$125 RES / \$156 NR

**SuperStar Jump Rope** *Ages: 5-13 years* Jumpers will learn numerous jump rope tricks and design a personal jump rope routine. The sport of jump rope, single rope, single long rope, double dutch and more will be the focus of this camp. There will be a camper performance on Friday at 11:30am, where campers will show their self-designed routine. A complimentary jump rope and camp T-shirt are included. **Location: CMS**

7/17-7/21 9:00 AM-12:00 PM  
Program #: 309703.01 Price: \$165 CSDRD/\$206 NR

**Theater Camp by Theatre Horizon** *Ages: 7-12 years* Young actors spend the week working as a team to create a play full of drama, comedy, suspense, mystery and action! The last day of camp there will be a performance for family. Bring a lunch, drink and snack, and only wear comfortable clothing and shoes, no skirts or flip-flops please! **Location: CMS** (Contact Malcolm for multiple week discount.)

7/17-7/21 9:00 AM-3:00 PM  
Program #: 309103.01 Price: \$175 CSDRD/\$213 NR

7/24-7/28 9:00 AM-3:00 PM  
Program #: 309103.02 Price: \$175 CSDRD/\$213 NR

7/31-8/4 9:00 AM-3:00 PM  
Program #: 309103.03 Price: \$175 CSDRD/\$213 NR



# July

## Nature Explorers Camp by GeoVentures\*\* *Ages: 7-12 years*

It's a jungle out there and Nature Explorers are heading out on an adventure to explore the outdoors and the thrilling plants and animals that dwell there. Armed with your binoculars and magnifying glasses, campers will work to answer some of the world's biggest and smallest questions. Campers will learn what to do when encountering wild animals, identify prints and tracks, go on exploratory hikes and a nature scavenger hunt, and investigate how animals camouflage themselves plus much more. Bring a water bottle and healthy snack; wear comfortable shoes and dress for activity and the weather. ***Location: HWP Butler Pike entrance***

7/17-7/21      9:00 AM-12:00 PM  
Program #: 309705.03      Price: \$130 RES / \$163 NR

## Wilderness Survival Camp by GeoVentures\*\* *Ages: 7-12 years*

This camp introduces the world of wilderness survival using ancient skills and modern tools. Campers are challenged to build natural shelters, are introduced to outdoor navigation and signaling, learn how to pack for adventures with their families, and practice the secrets of invisibility and stealth. Skills are woven into each day camps storytelling, discussions, and team challenges. Bring a water bottle and healthy snack; wear comfortable shoes and dress for activity and the weather. ***Location: HWP Butler Pike entrance***

7/17-7/21      1:00 PM-4:00 PM  
Program #: 309705.04      Price: \$130 RES / \$163 NR

**\*\*Sign Up for both Explorers and Survival camps –**  
**Price: \$250 RES/ \$316 NR.**  
**Program #: 309705.05**

**Track and Field by i9 Sports *Ages: 4-12 years*** Participants will be introduced to a variety of track and field events. Participants will learn the fundamentals of each event, practice each event and work their way up to a mini track meet at the end of camp. Each runner will be provided with an official i9 Sports shirt, participation trophy, track meet ribbons and an end of camp celebration. Participants should wear "gym" clothes and sneakers. Please bring a water bottle. All sports equipment will be provided. ***Location: CMS Track***

7/24-7/28      9:00 AM-12:00 PM  
Program #: 309201.01      Price: \$135 CSDRD/\$169 NR

**Total Play Multi Sports by USSI *Ages: 6-14 years*** This camp is an all-out sporting experience featuring four of the most popular children's sports available: soccer, lacrosse, flag football and basketball. All activities are designed to promote learning, sportsmanship and teamwork in a positive, fun environment where all ages and abilities are sure to experience success. Please bring a water bottle daily. ***Location: CMS***

7/24-7/28      9:00 AM-12:30 PM  
Program #: 309706.10      Price: \$169 CSDRD/\$211 NR  
7/24-7/28      1:00 PM-4:00 PM  
Program #: 309706.11      Price: \$139 CSDRD/\$174 NR  
7/24-7/28      9:00 AM-4:00 PM  
Program #: 309706.12      Price: \$199 CSDRD/\$246 NR

**Chess by Chess Wizards *Ages: 6-12 years*** Join us for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time, snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. ***Location: HWP Butler Pike entrance***

7/24-7/28      9:00 AM-12:00 PM  
Program #: 309403.01      Price: \$165 RES/\$206 NR  
7/24-7/28      12:00 PM-3:00 PM  
Program #: 309403.02      Price: \$165 RES/\$206 NR  
7/24-7/28      9:00 AM-3:00 PM  
Program #: 309403.03      Price: \$260 RES/\$325 NR

**Soccer Squiggles by Impact Sports *Ages: 3-5 years*** This program provides the opportunity for both new and experienced soccer players to continue their love of the game. Squiggles provides fun based activities and themed stories to reach basic soccer skills. These are provided by caring and supportive instructors! ***Location: CMS***

7/31-8/4      9:00 AM-10:15 AM  
Program #: 309706.01      Price: \$100 CSDRD/\$125 NR

**Cheerleading by i9 sports *Ages: 4-12 years*** i9 Sports Cheerleading Camp teaches young athletes all the essential skills to guide the crowd to root on the home team with cheers, chants and non-dangerous stunts. Important life skills such as team building and leadership, and how much fun it is to be a cheerleader!!! The week concludes with a performance demonstrating what they learned for their parents/guardians. ***Location: CMS***

7/31-8/4      9:00 AM-12:00 PM  
Program #: 309201.02      Price: \$135 CSDRD/\$169 NR

**Tri-Golf by Impact Sports *Ages: 5-11 years*** This camp provides an opportunity for children to develop skills and knowledge in an individual and creative sport. Game knowledge, target practice, putting perfection and chipping will be taught each day. Players will also participate in the Impact Sports Masters! ***Location: CMS***

7/31-8/4      2:30 PM-4:00 PM  
Program #: 309710.01      Price: \$100 CSDRD/\$125 NR

**All-Star Soccer by Impact Sports *Ages: 6-12 years*** All-star players will learn the key technical skills, including passing, shooting, dribbling and defending, whilst being provided with the opportunity to perform the skills in fun, small sided games. ***Location: CMS***

7/31-8/4      9:00 AM-12:00 PM  
Program #: 309706.02      Price: \$159 CSDRD/\$199 NR

## Richie Ashburn Camp

Each summer, the Richie Ashburn-Harry Kalas Foundation offers free baseball camps throughout the Philadelphia area. This camp, open to children ages 6-12, stress the fundamentals of the game while incorporating important life lessons.

Camp will be held July 5-July 7. Visit our website [www.ashburnkalasfoundation.org](http://www.ashburnkalasfoundation.org) for more information.

# August

## Junior Discoverers by Science Explorers *Ages: 4-6 years*

Come join us for a week of fabulous hands-on fun and get elbow deep in botany, oceanography, astronomy and entomology! We'll dissect a plant and learn what each part does, plant seeds in your own terrarium, investigate a real octopus, learn about animals that live in shells, make a constellation viewer, and explore space in our homemade planetarium. We'll also "bug out" as we make insect habitats so we can investigate our 6 legged friends. **Location: GPCC**

\*Non-residents must register online at [www.ScienceExplorers.com](http://www.ScienceExplorers.com) or contact Science Explorers directly at 1-877-870-6517.

8/7-8/11 9:00 AM-12:00 PM  
Program #: 309303.01 Price: \$225 Residents

**Take A Dive by Science Explorers *Ages: 7-11 years*** Dive into the world of marine biology and oceanography! You'll dissect a real shark, participate in a fisherman's challenge. You will examine the anatomy of a fish and learn the ancient technique of gyotaku or "fish rubbing", learn to survive at sea with a homemade solar still, create a kelp forest and make your own submarine. Stay for the full day camp and come face-to-face with some unique sea creatures! You'll complete a squid dissection, bring to life genuine Triassic Triops, conduct a whale adaptations lab, and examine many weird wonders that live under the sea! **Location: GPCC**

\*Non-residents must register online at [www.ScienceExplorers.com](http://www.ScienceExplorers.com) or contact Science Explorers directly at 1-877-870-6517.

8/7-8/11 9:00 AM-12:00 PM  
Program #: 309303.02 Price: \$225 Residents  
8/7-8/11 12:30 PM-3:30 PM  
Program #: 309303.03 Price: \$225 Residents  
8/7-8/11 9:00 AM-3:30 PM  
Program #: 309303.04 Price: \$395 Residents

## Magical Wizarding by Brandywine Learning Center *Ages: 7-12 years*

Join us at the enchanted Plymouth Castle for an exciting week of wizarding camp, based on the widely popular Harry Potter series by J.K. Rowling! Tune up your brooms and prepare for some competitive Quidditch matches! Each day of camp will include new activities, adventure, and surprises! Everything kicks off with Owlers flown to each student's muggle home. Make sure to bring bottled water and a healthy snack and a lunch for full day campers. Note: Please alert us of any food allergies prior to the beginning of camp. **Location: HWP Butler Pike entrance**

8/7-8/11 9:00 AM-12:00 PM  
Program #: 309301.01 Price: \$195 RES / \$244 NR  
8/7-8/11 9:00 AM-3:00 PM  
Program #: 309301.02 Price: \$375 RES/\$469 NR

**Superhero Adventure *Ages: 4-7 years*** Calling all Superheroes! It's time to take a break from saving the world and make superhero crafts and play games. So put on your costume and cape, and join us for a week long Superhero Adventure! Please bring a snack and drink daily. **Location: GPCC**

8/14-8/18 1:30 PM-3:30 PM  
Program #: 309105.02 Price: \$54 RES/\$68 NR

**Princess Extravaganza *Ages: 4-7 years*** Put on your most beautiful Princess dress and step out for a week of make-believe fun. We will listen to our favorite fairy tale princess stories, decorate our own crown and wand, play games and enjoy lots of other fun princess things. Please bring a snack and drink daily. **Location: GPCC**

8/14-8/18 9:30 AM-11:30 AM  
Program #: 309105.04 Price: \$54 RES/\$68 NR

**First Play Lacrosse by USSI *Ages: 6-14 years*** This is a wonderful introduction to the sport of lacrosse, designed for beginner players who have little or no experience in the sport. This camp is taught in a relaxed atmosphere with the emphasis on fundamental skills and technique; helping all children to progress and succeed. Children will learn how to play lacrosse through a series of fun activities, and then take part in small scrimmages to put into practice what they have learned. All equipment is provided. This is non-contact so no protective clothing is required. **Location: CMS**

8/14-8/18 9:00 AM-12:30 PM  
Program #: 309706.13 Price: \$179 CSDRD/\$224 NR

**Cooking with the Playful Chef *Ages: 6-12 years*** Kids will have hands on experience creating both savory and sweet recipes, while learning about the foods they are using in the recipes. In addition, campers will make a craft or do food experiments as well. There will also be the option to take dishes home. Please let us know about any allergies that your child may have, as we can adjust the recipes as needed. All recipes are peanut free. **Location: GPCC**

8/14-8/18 10:00 AM-12:00 PM  
Program #: 309104.01 Price: \$85 RES/\$106 NR

**Just for Me *Ages: 3-5 years*** Your child will begin to socialize with others while participating in many different activities including arts and crafts, music and games. Children must be fully potty trained. Please bring a snack and drink daily. **Location: GPCC**

8/21-8/25 9:30 AM-11:30 AM  
Program #: 309101.04 Price: \$54 RES/\$68 NR

**Obvious Choice Sports Basketball *Ages: 11-14 years*** Campers will experience hands on instruction by collegiate and varsity level basketball players, play in an NBA like week-long league and receive prizes and awards for individual efforts and completion of the camp. Games are set up so that each camper gets a maximum amount of playing time. Campers can also look forward to mini contests, skill development drills, and watching game tape. Daily themes like hustle and defense make the Obvious Choice Basketball Camp the place to be! **Location: GPCC**

8/21-8/25 9:00 AM-3:00 PM  
Program #: 309715.02 Price: \$140 RES/\$175 NR

**Pottery Design by PotteryWorks *Ages: 5-15 years*** Kids will have the opportunity to build and create works of art that interest them! The first half of the day they will be exploring with terracotta and the second half of the day with modeling clay. Everyday they will be learning about hand building and glazing techniques that apply to their age group. Please bring a light snack and drink. For more information, please contact [potteryworksmobile.com](http://potteryworksmobile.com). **Location: GPCC**

8/21-8/25 9:00 AM-12:00 PM  
Program #: 309704.01 Price: \$165 RES/\$206 NR



# Special Events



**26th Annual**  
**Plymouth Township Day**  
**Saturday, June 3rd**  
**11:00 a.m.-3:00 p.m.**

*This year marks the 26th anniversary of Plymouth Township Day.  
 Join us for this family friendly event close to home.*

**Inflatable attractions:**

*Trackless Train, Carousel Bouncer, Meltdown,*

*Candyland Playland and Hungry Hippo Chow Down*

**Slot car racing**

**Entertainment:** Balloon Artists, Face Painting & DJ Rich Kash

**Carnival games**

**Video game truck**

**Food Trucks**

**Craft Fair**

**Community Groups**

**Adult tailgate games with cash prizes**

**DJ and much more!**

**900 Germantown Pike, Plymouth Meeting, 19462**

**[www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org)**



*If you are interested in getting involved in Plymouth Township Day as a sponsor or community group, please contact Susan Vacchiano at 610-313-8683 or [svacchiano@plymouthtownship.org](mailto:svacchiano@plymouthtownship.org).*

## Spend your sunsets with us!

### 2017 Performances in the Park Schedule

Date	Performance	Time
June 21	<b>Movie:</b> Trolls	DJ entertainment begins at 7:30 and movies at dusk
June 28	<b>Concert:</b> Wildflower (High energy funk, R&B and Soul)	7:00 p.m.-9:00 p.m.
July 5	<b>Movie:</b> Finding Dory	DJ entertainment begins at 7:30 and movies at dusk
July 12	<b>Concert:</b> Class Reunion (Oldies from the 50's-70's)	7:00 p.m.-9:00 p.m.
July 19	<b>Movie:</b> Jumanji (Rated PG)	DJ entertainment begins at 7:30 and movies at dusk
July 26	<b>Concert:</b> Coast 2 Coast (Motown, Top 40, classic rock, pop & funk favorites)	7:00 p.m.-9:00 p.m.
August 2	<b>Movie:</b> The Secret Life of Pets	DJ entertainment begins at 7:30 and movies at dusk
August 9	<b>Concert:</b> Andorra (Alternative Rock: covers and original music)	7:00 p.m.-9:00 p.m.

# Water Exercise Schedule

**Attention Water Exercise Patrons:** We value your loyal participation in our water exercise program. After your 45 minute class, we invite you to enjoy the Aquatics Center for the remainder of the hour. Take a dip in the whirlpool, sit a spell in the sauna, or swim a couple of laps to top off your workout. Adult Swim Training enthusiasts are likewise welcome to a spot of relaxation in the spa or sauna after practice.



**Deep Water Exercise:** This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate.

**SilverSneaker Splash:** Activate your aqua urge for variety! SilverSneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required, and a special SilverSneakers kick board is used to develop strength, balance and coordination.

**Adult Swim Training:** Great for swimmers who wish to improve technique, increase speed, and build endurance. Swimming ability required but all levels welcome.

**Deep Water Run Conditioning:** This class is similar to an interval track workout in the pool. It is excellent no impact cross training for runners, triathletes and team sports competitors. A great way for injured athletes to maintain fitness. The GPCC will provide flotation belts.

**Water Boot Camp** – This high energy class combines shallow water movements for an intense full body workout in 30 minutes! It is intended for more advanced fitness levels.

## Payment Options:

**Premium Annual Card:** Allows you to attend any water exercise class you wish. The card expires one year from the date of purchase. Electronic Funds Transfer (EFT) monthly payment options are available.

### Non-residents

\$68.08/month

\$817 in full

### Residents

\$58.33/month

\$700 in full

**10-class punch pass:** This punch pass can be used for any water exercise class. Punch passes expire one year from the date of purchase.

Non-residents

\$112

Residents

\$90

**Walk-in price:** This payment option is best for those who cannot commit to multiple classes or would like to try a class for the first time.

Non-residents

\$13

Residents

\$11

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 am-9:45 am		Deep Water (Rose)	Deep Water (Mary Ann)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (TBD)	
10:00 am-10:45 am	SilverSneaker Splash(Meg)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Mary Ann)	SilverSneaker Splash (Rose)	SilverSneaker Splash(Rose)		
6:00 pm-6:45 pm		Deep Water (Kathy)	Deep Water Run Conditioning (Kathy)	Deep Water (Kathy)			
7:00 pm-7:45 pm	Deep Water (Adel)		Deep Water (Kathy)				
7:00 pm-7:30 pm		Water Boot Camp (Kathy)					

**Small Group Training** *All Ages Welcome* Small Group Training is a one and a half hour coached swim workout for individuals who wish to improve technique, increase speed, and build endurance. This program is ideal for competitive, triathlon or fitness swimmers looking to upgrade their usual workout routine. Swim Requirements: Participants should be familiar with all four competitive strokes and well versed with interval training - participation will be at the discretion of the coach.

**Instructor: Dick Shoulberg**

*Monday, Wednesday, & Friday, 1/4-5/26*

*6:00 AM – 7:30 AM*

*Price: \$10/Walk-in*

Maximum: Space is limited to the first 16 participants

[www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org)

# Aquatics Center

## Swim Lesson Information

### Class information

*Please continue to let us know how we are doing so we can better serve you.*

- Small class size for beginner level lessons, 4 to 1 ratio.
- Instructors go through in-depth swim lesson training.
- Swim evaluations available prior to every session to help place your child. Evaluation times are listed on page 17.
- FREE Coupon for family swim or practice.
- Weekend private swim lesson sign ups.

### Policies and Procedures

- Female swim students use the women's locker room, male students use the men's locker room, regardless of age. Children accompanied by a parent/guardian of the opposite gender may use the assisted/family locker room.
- **WE DO NOT OFFER MAKE-UP CLASSES**, unless the lesson is canceled by GPCC.
- Swim students should go to the bathroom before each lesson. Children who need to use the bathroom during a lesson will be directed to the bleachers to find you for assistance.

Should a child throw-up we are required to shut down the pool for an extended period and possibly cancel classes.

- Please do not feed children right before class.
- Please do not send a sick child to class. We do not want to place others at risk.

### Leisure Pool Classes

- Parents are invited to the Leisure Pool deck to watch the last class of each session. **FOR ALL OTHER CLASSES PARENTS ARE REQUIRED TO WAIT IN THE BLEACHER AREA.** *Having parents at poolside distracts students.*
- If your child has a fear of the water or will not get in without you, an aquatics manager can place your child in an Aqua Explorers class so you can accompany your child in the pool.
- Your child will learn to swim at his or her own pace. Repeating a level is not a cause for concern.



### What to Wear, What to Bring

All Swimmers must wear appropriate swimming attire. Only white T-shirts allowed in the water. All children who are not potty-trained are required to wear swim diapers under their bathing suits. Please do not bring any flotation devices, rings, arm swimmies, or toys from home. If your child has long hair, please tie it back or use a swim cap for lessons.

If your child has goggles, please bring them, especially for the school aged levels.

For safety, your child should wear flip flops or water shoes on deck.



# Where should I place my child?

Follow these guidelines when registering for swim lessons

Each student progresses at a different speed in learning aquatic skills which is dependent on a number of factors including class attendance, coordination development, water familiarity and outside practice. In addition, a child's stage of development may influence his or her ability to learn aquatic skills. Students often repeat a level several times before mastering skills required for advancement. It is important to understand that repeating a level does not constitute failure. Mastering skills takes time, practice and patience.

<b>Enroll in:</b>	<b>If participants can:</b>	<b>Course Objective</b>
<b>Parent- Child Class ----- ages 6 months to 5 years</b> This classes are NOT designed to teach children to become good swimmers or even to survive in the water on their own. The goal is merely to orient children with the water and to educate parents or guardians about safe water activities		
<b>Aqua Explorers</b>	This is a parent-child class, no previous swimming ability required for the child.	Comfort, water acclimation skills and water safety skills
<b>Preschool Swim Lessons ----- ages 3 years to 5 years</b> These classes are NOT designed to teach children to become good swimmers or even to survive in the water on their own. The goal is merely to orient children with the water and to educate parents or guardians about safe water activities.		
<b>Tugboats</b>	<i>leave parent willingly</i> ; are comfortable in water and can follow directions in a small group setting	Comfort and safety in water; Elementary swim skills and respect for and adjustment to water
<b>Speedboats</b>	front float with face in the water for 3; seconds and back float with support for 3 seconds	Independent swimming skills are taught and improved upon
<b>Submarine</b>	fully submerge head and can swim 5 yards on back and front without support	Master ability to jump into the water and swim 15 yards with face in the water and swim 15 yards on back
<b>School Age Swim Lessons ----- ages 6 years to 13 years</b> The objective is to teach students to be safe in, on, and around the water. Progression through the levels will teach and review; water adjustment, buoyancy, water entry and exits, skill development, turns, personal safety, and rescue techniques. Not every level includes teaching skills in all of the above categories.		
<b>Tadpole</b>	leave parent willingly; is comfortable in the water & can follow directions in a small group setting	Comfort and safety in the water; Elementary swim skills and Respect for and adjustment to water
<b>Goldfish</b>	front float with face in the water for 3 seconds and back float with support for 3 seconds	Beginner swimming skills; front and back floating without support and comfort with alternating leg and arm motion
<b>Seahorse</b>	swim 5 yards on back and front without support and is able to use alternating leg and arm motions	Learn rotary breathing, diving from the side of the pool and treading water and deep water safety skills
<b>Seal</b>	swim freestyle and backstroke one full length of the pool	Development of swimming endurance; Learn a variety of strokes and kicks and feet first surface dives
<b>Stingray</b>	swim multiple lengths of all strokes with proper breathing techniques	Coordination and endurance of learned strokes and learn flip turns and diving techniques

## Still not sure where to place your child?

**Swim Lesson Evaluations** Combination swim skills evaluation and open recreation swim. An experienced GPCC Water Safety Instructor will be available to evaluate participants' swim ability and recommend the appropriate class. After evaluation participants are encouraged to stick around for an open swim in our fantastic Leisure Pool.

**Wednesday, 4/13**

Swim Skill Evaluation - 7:00 PM - 8:00 PM

**Program #: 207408.01**

Price: \$5/person and FREE to Annual Pass Holders  
Open Recreation Swim - 7:00 PM - 8:30 PM

**Wednesday, 6/14**

**Wednesday, 8/23**

Swim Skill Evaluation - 6:00 PM - 8:00 PM

**Program #: 207408.02**

**Program #: 307408.01**

Price: \$5/person and FREE to Annual Pass Holders  
Price: \$5/person and FREE to Annual Pass Holders  
Open Recreation Swim - 6:00 PM - 8:30 PM

# Spring swim classes begin the weeks of April 17

## Preschool Swim Lessons: Ages 6 months-5 years

Age	Price	Can your child...	Class Objective
<b>Aqua Explorers: Parent/Child Class</b>			
<b>6mo-5 years</b>	<b>\$66 RES \$83 NR</b>	This is a parent-child class, no previous swimming ability required for the child.	Comfort, water acclimation skills and water safety skills

Tuesday, 4/18-5/23	6:15 PM-6:45 PM	207101.01
Thursday, 4/20-5/25	6:15 PM-6:45 PM	207101.02
Saturday, 4/22-5/27	8:30 AM-9:00 AM	207101.03
Saturday, 4/22-5/27	9:15 AM-9:45 AM	207101.04

## Tugboats: Water Exploration

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	<i>leave parent willingly</i> ; are comfortable in water and can follow directions in a small group setting	Comfort and safety in water; Elementary swim skills and respect for and adjustment to water
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Monday, 4/17-5/22	6:15 PM-6:45 PM	207301.01
Tuesday, 4/18-5/23	7:00 PM-7:30 PM	207301.02
Thursday, 4/20-5/25	7:00 PM-7:30 PM	207301.03
Saturday, 4/22-5/27	8:30 AM-9:00 AM	207301.04
Saturday, 4/22-5/27	11:00 AM-11:30 AM	207301.05

## Speedboats: Primary Skills

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	front float with face in the water for 3; seconds and back float with support for 3 seconds	Independent swimming skills are taught and improved upon
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Monday, 4/17-5/22	7:00 PM-7:30 PM	207302.01
Tuesday, 4/18-5/23	6:15 PM-6:45 PM	207302.02
Wednesday, 4/19-5/24	6:00 PM-6:30 PM	207302.03
Thursday, 4/20-5/25	6:15 PM-6:45 PM	207302.04
Saturday, 4/22-5/27	9:15 AM-9:45 AM	207302.05

## Submarine: Stroke Readiness

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	fully submerge head and can swim 5 yards on back and front without support	Master ability to jump into the water and swim 15 yards with face in the water and swim 15 yards on back
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Monday, 4/17-5/22	7:00 PM-7:30 PM	207303.01
Tuesday, 4/18-5/23	7:00 PM-7:30 PM	207303.02
Thursday, 4/20-5/25	7:00 PM-7:30 PM	207303.03
Saturday, 4/22-5/27	11:00 AM-11:30 AM	207303.04

## Private Swim Lessons 3+ years

*All Private Swim Lessons will be one-on-one with an experienced GPCC swim instructor.*

- Registration will begin at 7:30 am on the registration start date and will be conducted on a first come first served basis. Note: On the first day of registration please check-in at the front desk.
- After the first day of registration you are able to register over the phone.

**\$157 RES  
\$196 NR**

*Spring Session: Saturday, 4/15, 7:30 AM*

Six-30 minute classes

# Spring swim classes begin the weeks of April 17

## School Age: Swim Lessons: Ages 6-13 years

### Tadpole: Water Exploration

6-13 years	\$77 RES \$96 NR	leave parent willingly; is comfortable in the water & can follow directions in a small group setting	Comfort and safety in the water; Elementary swim skills and Respect for and adjustment to water
Wednesday, 4/19-5/24	6:00 PM-6:45 PM	207401.01	Location: Leisure Pool
Thursday, 4/20-5/25	6:00 PM-6:45 PM	207401.02	
Saturday, 4/22-5/27	10:00 AM-10:45 AM	207401.03	Location: Leisure Pool

### Goldfish: Primary Skills

6-13 years	\$77 RES \$96 NR	front float with face in the water for 3 seconds and back float with support for 3 seconds	Beginner swimming skills; front and back floating without support and comfort with alternating leg and arm motion
Monday, 4/17-5/22	6:00 PM-6:45 PM	207402.01	
Tuesday, 4/18-5/23	6:00 PM-6:45 PM	207402.02	
Thursday, 4/20-5/25	6:00 PM-6:45 PM	207402.03	
Saturday, 4/22-5/27	10:00 AM-10:45 AM	207402.04	Location: Leisure Pool

### Seahorse: Stroke Readiness

6-13 years	\$77 RES \$96 NR	swim 5 yards on back and front without support and is able to use alternating leg and arm motions	Learn rotary breathing, diving from the side of the pool and treading water and deep water safety skills
Monday, 4/17-5/22	6:00 PM-6:45 PM	207403.01	
Tuesday, 4/18-5/23	7:00 PM-7:45 PM	207403.02	
Thursday, 4/20-5/25	7:00 PM-7:45 PM	207403.03	
Saturday, 4/22-5/27	10:00 AM-10:45 AM	207403.04	

### Seal: Stroke Development

6-13 years	\$77 RES \$96 NR	swim freestyle and backstroke one full length of the pool	Development of swimming endurance; Learn a variety of strokes and kicks and feet first surface dives
Monday, 4/17-5/22	6:00 PM-6:45 PM	207404.01	
Tuesday, 4/18-5/23	7:00 PM-7:45 PM	207404.02	
Thursday, 4/20-5/25	7:00 PM-7:45 PM	207404.03	
Saturday, 4/22-5/27	11:00 AM-11:45 AM	207404.04	

### Stingray: Stroke Refinement & Proficiency

6-13 years	\$77 RES \$96 NR	swim multiple lengths of all strokes with proper breathing techniques	Coordination and endurance of learned strokes and learn flip turns and diving techniques
Monday, 4/17-5/22	7:00 PM-7:45 PM	207405.01	
Thursday, 4/20-5/25	8:00 PM-8:45 PM	207405.02	

### Adult Swim Lessons

13+ years	\$77 RES/\$96 NR		
Tuesday, 4/18-5/23	8:00 PM-8:45 PM	207601.01	
Wednesday, 4/19-5/24	6:00 PM-6:45 PM	207601.02	



# Summer Swim Lessons begin the week of June 26th No class July 4

## Preschool Swim Lessons: Ages 6 months-5 years

Age	Price	Can your child...	Class Objective
<b>Aqua Explorers: Parent/Child Class</b>			
<b>6mo-5 years</b>	<b>\$66 RES \$83 NR</b>	This is a parent-child class, no previous swimming ability required for the child.	Comfort, water acclimation skills and water safety skills

Monday, 6/26-8/7	9:15 AM-9:45 AM	307101.01	Location: Lap Pool
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	6:15 PM-6:45 PM	307101.02	
Wednesday, 6/28-8/9	5:15 PM-5:45 PM	307101.03	
Thursday, 6/29-8/10	9:15 AM-9:45 AM	307101.04	Location: Lap Pool
Thursday, 6/29-8/10	6:15 PM-6:45 PM	307101.05	
Saturday, 7/1-8/12	8:30 AM-9:00 AM	307101.06	
Saturday, 7/1-8/12	9:15 AM-9:45 AM	307101.07	

## Tugboats: Water Exploration

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	<i>leave parent willingly</i> ; are comfortable in water and can follow directions in a small group setting	Comfort and safety in water; Elementary swim skills and respect for and adjustment to water
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Monday, 6/26-8/7	6:15 PM-6:45 PM	307301.01	
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	9:15 AM-9:45 AM	307301.02	Location: Lap Pool
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	7:00 PM-7:30 PM	307301.03	
Wednesday, 6/28-8/9	9:15 AM-9:45 AM	307301.04	Location: Lap Pool
Wednesday, 6/28-8/9	5:15 PM-5:45 PM	307301.05	
Thursday, 6/29-8/10	9:15 AM-9:45 AM	307301.06	Location: Lap Pool
Thursday, 6/29-8/10	7:00 PM-7:30 PM	307301.07	
Saturday, 7/1-8/12	8:30 AM-9:00 AM	307301.08	
Saturday, 7/1-8/12	11:00 AM-11:30 AM	307301.09	

## Speedboats: Primary Skills

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	front float with face in the water for 3; seconds and back float with support for 3 seconds	Independent swimming skills are taught and improved upon
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Monday, 6/26-8/7	9:15 AM-9:45 AM	307302.01	Location: Lap Pool
Monday, 6/26-8/7	7:00 PM-7:30 PM	307302.02	
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	9:15 AM-9:45 AM	307302.03	Location: Lap Pool
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	6:15 PM-6:45 PM	307302.04	
Wednesday, 6/28-8/9	9:15 AM-9:45 AM	307302.05	Location: Lap Pool
Wednesday, 6/28-8/9	4:15 PM-4:45 PM	307302.06	
Thursday, 6/29-8/10	6:15 PM-6:45 PM	307302.07	
Saturday, 7/1-8/12	9:15 AM-9:45 AM	307302.08	

## Submarine: Stroke Readiness

<b>3-5 years</b>	<b>\$66 RES \$83 NR</b>	fully submerge head and can swim 5 yards on back and front without support	Master ability to jump into the water and swim 15 yards with face in the water and swim 15 yards on back
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Monday, 6/26-8/7	7:00 PM-7:30 PM	307303.01	
Tuesday, 6/27-8/15 <i>No Class: 7/4</i>	7:00 PM-7:30 PM	307303.02	
Wednesday, 6/28-8/9	4:15 PM-4:45 PM	307303.03	
Thursday, 6/29-8/10	7:00 PM-7:30 PM	307303.04	
Saturday, 7/1-8/12	11:00 AM-11:30 AM	307303.05	

# Summer Swim Lessons begin the week of June 26th No class July 4

## School Age: Swim Lessons: Ages 6-13 years

### Tadpole: Water Exploration

6-13 years	\$77 RES \$96 NR	leave parent willingly; is comfortable in the water & can follow directions in a small group setting	Comfort and safety in the water; Elementary swim skills and Respect for and adjustment to water
Wednesday, 6/28-8/9		5:15 PM-6:00 PM	307401.01
Thursday, 6/29-8/10		6:00 PM-6:45 PM	307401.02
Saturday, 7/1-8/12		10:00 AM-10:45 AM	307401.03
Location: Leisure Pool			

### Goldfish: Primary Skills

6-13 years	\$77 RES \$96 NR	front float with face in the water for 3 seconds and back float with support for 3 seconds	Beginner swimming skills; front and back floating without support and comfort with alternating leg and arm motion
Monday, 6/26-8/7		6:00 PM-6:45 PM	307402.01
Tuesday, 6/27-8/15 No Class: 7/4		6:00 PM-6:45 PM	307402.02
Thursday, 6/29-8/10		6:00 PM-6:45 PM	307402.03
Saturday, 7/1-8/12		10:00 AM-10:45 AM	307402.04
Location: Leisure Pool			

### Seahorse: Stroke Readiness

6-13 years	\$77 RES \$96 NR	swim 5 yards on back and front without support and is able to use alternating leg and arm motions	Learn rotary breathing, diving from the side of the pool and treading water and deep water safety skills
Monday, 6/26-8/7		6:00 PM-6:45 PM	307403.01
Tuesday, 6/27-8/15 No Class: 7/4		7:00 PM-7:45 PM	307403.02
Wednesday, 6/28-8/9		4:15 PM-5:00 PM	307403.03
Thursday, 6/29-8/10		7:00 PM-7:45 PM	307403.04
Saturday, 7/1-8/12		10:00 AM-10:45 AM	307403.05

### Seal: Stroke Development

6-13 years	\$77 RES \$96 NR	swim freestyle and backstroke one full length of the pool	Development of swimming endurance; Learn a variety of strokes and kicks and feet first surface dives
Monday, 6/26-8/7		6:00 PM-6:45 PM	307404.01
Tuesday, 6/27-8/15 No Class: 7/4		7:00 PM-7:45 PM	307404.02
Thursday, 6/29-8/10		7:00 PM-7:45 PM	307404.03
Saturday, 7/1-8/12		11:00 AM-11:45 AM	307404.04

### Stingray: Stroke Refinement & Proficiency

6-13 years	\$77 RES \$96 NR	swim multiple lengths of all strokes with proper breathing techniques	Coordination and endurance of learned strokes and learn flip turns and diving techniques
Monday, 6/26-8/7		7:00 PM-7:45 PM	307405.01
Thursday, 6/29-8/10		8:00 PM-8:45 PM	307405.02

### Adult Swim Lessons

13+ years	\$77 RES/\$96 NR		
		Tuesday, 6/27-8/15 No Class: 7/4	8:00 PM-8:45 PM
			307601.01

### Private Swim Lessons 3+ years

*All Private Swim Lessons will be one-on-one with an experienced GPCC swim instructor.*

- Registration will begin at 7:30 am on the registration start date and will be conducted on a first come first served basis. Note: On the first day of registration please check-in at the front desk.
- After the first day of registration you are able to register over the phone.

**\$157 RES  
\$196 NR**

*Summer Session: Sat, 6/24, 7:30 AM*

Seven-30 minute classes

## NEW: 1-on-1 Swim Instruction Session!

Need extra help on rotary breathing? Want an extra swim lesson before summer pool parties? Just want to practice more before the next full session of swim lessons start?

Sign up for our one time swim instruction sessions available June 5-18th. Each session is one-on-one with an instructor and 30 minutes long. Choose to sign up for just one or as many as you like! Perfect for any skill level.

**Registration will begin via phone with the Aquatics Department on Tuesday May 23rd.  
June 5-18, Price per session: \$30 RES/\$40 NR**



**Join the GPCC Aquatics Team!  
We are looking for:**

- Water Exercise Instructors
- Lifeguards
- Swim Instructors



**Contact the Aquatics Department at 610-313-4060**

**Youth Swim Training** *Ages: 10-18 years. This program will sell out fast - sign up for all sessions NOW!* Youth Swim Training provides coached swim workouts for children who wish to improve technique, increase speed, and build endurance. This program is specifically designed for experienced team swimmers who have the dedication and commitment to participate in an advanced practice. For best results our coaches recommend signing up for all sessions.

**Swim Requirements:** Participants must know all 4 competitive strokes and be well versed with interval training - Swimmers must be able to meet these requirements to participate

**Equipment Requirements:** Participants must have cap, goggles, snorkel, paddles, fins, band, & pull buoy

**Coaches:** Dick Shoulberg & Caroline Boland

**Mon-Thurs, 4/24-5/21**

**Sunday**

Program #: 207803.01

**3:45 PM – 5:45 PM**

**8:15 AM – 10:15 AM**

Price: \$235

## Certification Programs

**Lifeguard Training** This course will provide lifeguard candidates with the skills and knowledge to prevent, recognize, and respond to emergencies and to provide care for injuries and sudden illnesses. Interested candidates must be 15 years of age on or before the final scheduled class session. Attendance is mandatory at all classes. CPR for the Professional Rescuer, and Community First Aid and Safety are also included in this course. **Candidate Prerequisites: Candidates will be required to pass a swim test on the first day of class to continue course training. Test includes: 300 yard swim, 2 minute treading water without use of arms, and timed 20 yard swim and brick retrieval at 13 feet depth without goggles. Price: \$300 (includes books, mask, and certificates)**

**Sat/Sun, 4/1 - 4/9 8:30 AM-4:30 PM**  
Program #: 207801.01 Price: \$300

**Sat/Sun, 5/13 - 5/21 8:30 AM-4:30 PM**  
Program #: 207801.02 Price: \$300

**Sat/Sun, 6/3 - 6/11 8:30 AM-4:30 PM**  
Program #: 207801.04 Price: \$300

**WSI- Water Safety Instructor** *Ages: 15+ years* To train instructor candidates to teach water safety, including the Basic Water Rescue and Personal Water Safety courses, six levels of Learn-to-Swim, three levels of Preschool Aquatics and two levels of Parent and Child Aquatics. Interested participants should be at least 16 years of age on or before the last day of the instructor course and show proficient ability in the following strokes: Front Crawl, Back Crawl, Breast Stroke, Side Stroke, & Elementary Back Stroke. **Price \$450**

**Tues/Thurs**  
5/2 – 5/30  
**Mon-Fri**  
6/5 – 6/9

**6:00 PM – 9:30 PM**  
Program #: 207801.03  
**9:00 AM – 3:00 PM**  
Program #: 207801.05



# Basketball & Volleyball Leagues

## Registration Information

- Ten (10) games guaranteed
- League and forfeit fees are due at registration.
- Referees are paid directly before the start of each game.
- Teams currently enrolled will have priority registration.
- Basketball team must have the same color jersey with numbers.
- If your team is interested in playing and the registration deadline passed, please call to check availability.
- NO REFUNDS

### Men's 18 & Over Basketball-Tuesday and Wednesday 6:30 p.m.-10:30 p.m.

	League Fees	Forfeit Fees	Total	Weekly ref fees
Residents	\$350	\$140	\$490	\$35
Non Residents	\$430	\$140	\$570	\$35

### Competitive Quads Volleyball - Monday 7:00 p.m.-10:00 p.m.

	League Fees
Residents	\$ 300
Non Residents	\$ 375

### Corporate Co-ed Softball - Tuesday & Thursday 5:30 p.m.-8:00 p.m.

#### Recreation and Competitive leagues available

	League Fees
Residents	\$ 675
Non Residents	\$ 675

### 4 on 4 Co-ed Sand Volleyball Recreation League

	League Fees
Residents	\$160
Non Residents	\$200

## Registration Dates:

Returning teams: NOW!  
 New teams: April 3  
 Deadline: April 24  
 Games begin: May 8

If you would like to play in one of our leagues but don't have a team, please contact Malcolm msmith@plymouthtownship.org or 610-313-8680.

## Pickle-ball® at the GPCC...

The Pickleball craze is sweeping the nation! Pickleball is a racquet sport which combines elements of badminton, tennis, and table tennis and was invented in the mid 1960s as a children's backyard pastime but quickly became popular among adults as a fun game for players of all skill levels.

Pick Up times are:

**Monday/Wednesday/Friday, 9:00 AM-1:00 PM**

**\$6 RES/\$8 NR**

**Punch pass 5 visits for \$25**



# After School Rendezvous after school care for school age children 2017-2018 School Year

It's not too early to think about the 2017-2018 school year...  
here are the After School Rendezvous dates

Need a fun place for your child to go after school? Send them to the Greater Plymouth Community Center's After School Program! Snack is provided for the after school children. Customize your schedule. Sign up for only the days of the week you need, or all 5 days at a discounted rate. For your convenience, we will meet on Colonial School District half days. Free bus transportation from Colonial Elementary, Colonial Middle School, Plymouth Elementary, & Ridge Park Elementary is available. We offer flexible payment options if you spend over \$450. For more information, please contact Barb Griffis at 610-313-4062 or at [Bgriffis@plymouthtownship.org](mailto:Bgriffis@plymouthtownship.org).

After School Rendezvous runs from after school to 6:00pm. In case of inclement weather and Colonial School District closes early, there will be NO after school program. All children will be sent home on the bus.

Children will be broken up into 2 age groups. Room one will be K- 3rd graders and room two will be 4th – 8th graders. The After School Rendezvous program will participate in activities such as swimming (based on availability), sports, games, the playground and the Active Zone. In the Active Zone, children will participate in activities such as the Wii, XBOX Kinect & Play Station 3 Move.

All transportation arrangements must be made no later than August 21st. Arrangements made after August 21st may not go into place until Mid-September!

2017 Fall Session (First day of School-Winter Break)			
Day, Dates	K-2nd grade	3rd-8th grade	Price
Monday, 9/11-12/18	401902.01	401902.07	\$160 R-Pass/\$184 RES/\$196 NR-Pass/\$230 NR
Tuesday, 9/5-12/19	401902.02	401902.08	\$160 R-Pass/\$184 RES/\$196 NR-Pass/\$230 NR
Wednesday, 9/6-12/20	401902.03	401902.09	\$160 R-Pass/\$184 RES/\$196 NR-Pass/\$230 NR
Thursday, 9/7-12/21	401902.04	401902.10	\$160 R-Pass/\$184 RES/\$196 NR-Pass/\$230 NR
Friday, 9/8-12/22	401902.05	401902.11	\$160 R-Pass/\$184 RES/\$196 NR-Pass/\$230 NR
All 5 Days	401902.06	401902.12	\$720 R-Pass/\$828 RES/\$880 NR-Pass/\$1035 NR
No class September 21, November 7, 23 & 24			

2018 Winter Session (Winter Break-Spring Break)			
Day, Dates	K-2nd grade	3rd-8th grade	Price
Monday, 1/8-3/19	101902.01	101902.07	\$120 R-Pass/\$138 RES/\$147 NR-Pass/\$173 NR
Tuesday, 1/9-3/20	101902.02	101902.08	\$120 R-Pass/\$138 RES/\$147 NR-Pass/\$173 NR
Wednesday, 1/10-3/21	101902.03	101902.09	\$120 R-Pass/\$138 RES/\$147 NR-Pass/\$173 NR
Thursday, 1/11-3/22	101902.04	101902.10	\$120 R-Pass/\$138 RES/\$147 NR-Pass/\$173 NR
Friday, 1/12-3/23	101902.05	101902.11	\$120 R-Pass/\$138 RES/\$147 NR-Pass/\$173 NR
All 5 Days	101902.06	101902.12	\$540 R-Pass/\$621 RES/\$660 NR-Pass/\$776 NR
No Class January 15, February 16 & 19			

2018 Spring Session (Spring Break - Last Day of School)			
Day, Dates	K-2nd grade	3rd-8th grade	Price
Monday, 4/2-6/11	201902.13	201902.19	\$110 R-Pass/\$127 RES/\$134 NR-Pass/\$158 NR
Tuesday, 4/3-6/12	201902.14	201902.20	\$110 R-Pass/\$127 RES/\$134 NR-Pass/\$158 NR
Wednesday, 4/4-6/13	201902.15	201902.21	\$110 R-Pass/\$127 RES/\$134 NR-Pass/\$158 NR
Thursday, 4/5-6/14	201902.16	201902.22	\$110 R-Pass/\$127 RES/\$134 NR-Pass/\$158 NR
Friday, 4/6-6/8	201902.17	201902.23	\$110 R-Pass/\$127 RES/\$134 NR-Pass/\$158 NR
All 5 Days	201902.18	201902.24	\$495 R-Pass/\$569 RES/\$605 NR-Pass/\$712 NR
No class May 28			

# Leave your mark in the park

*A great way to remember a loved one, celebrate a joyous occasion or leave a permanent impression in one of our parks is to purchase a bench, tree or brick as a tribute. Benches and trees come with a personalized plaque. New bench and tree locations available with the enhancement at Harriet Wetherill Park. For order forms please visit our website, [www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org), for call Susan Vacchiano at 610-313-8683 at [svacchiano@plymouthtownship.org](mailto:svacchiano@plymouthtownship.org)*

**Benches**



**Trees**



**Bricks at HWP**



**Pavers at the SDM**



## Grant Updates

### Germantown Pike Sidewalk Grant

The new sidewalk on Germantown Pike connecting Jolly Road to Walton Road is now completed. Funding for this project was awarded by the Pennsylvania Department of Transportation and provides a safe access to local businesses and Community Center Park.



### Harriet Wetherill Park



#### Harriet Wetherill Park Playground and initial classroom

Construction at Harriet Wetherill Park to install a playground, pavilion and initial renovations to the barn to include a classroom and restrooms is now completed thanks to a grant from DCNR. Be sure to check out the new playground this spring at the 2642 Butler Pike entrance. The barn will be the home of our future Nature Center.



### Open Space Plan

DCNR has awarded Plymouth Township Parks and Recreation a \$50,000 grant towards an updated Parks, Recreation and Open Space Plan that will include a bikeway and walking connectivity plan. The Plan will be prepared in conjunction with the overall Township Comprehensive Plan. The study will begin later this year and should be completed in approximately two years.



**Please continue to look in our future publications to read about updates on these projects.**



### Harriet Wetherill Park Nature Center

DCED has recently awarded a grant to continue work on the HWP barn. Our plans are to make repairs to various outside wall sections and to the roof. We are currently working on bid specs and hope to bid the project this summer with construction commencing in the fall.



# Park Information

Park	Address	Description
Alan Wood Park	642 Fulton Street .8 acre	Play apparatus, basketball court, small volleyball area, two picnic tables and grills. Limited parking.
Bicentennial Park	700 Belvoir Road 2.0 acres	Natural area for passive recreation. Picnic and park benches, tree-lined walkway and numerous hand-carved woodland animals. Parking available at the Township Building.
Black Horse Park	436 School Lane 2.0 acres	Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.
Colwell Park	1340 Hillcrest Road 5.0 acres	Youth playground and tot-lot, in-line/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.
Community Center Park	2910 Jolly Rd & 2903 Walton Rd 30.0 acres	The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.
East Plymouth Valley Park	900 Germantown Pike 22.2 acres	Youth playground and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot
Harriet Wetherill Park	2639 Narcissa Road & 2642 Butler Pike 67 acres	Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, picnic pavilions, playground and bird blinds. Parking lots on both Narcissa Road and Butler Pike.
John F. Kennedy Park	220 Fairfield Road 11.2 acres	Youth playground and tot lot, multi-purpose field, two tennis courts, two bocce courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.
Plymouth Hills	Camelot Drive 2.7 acres	Undeveloped open space within walking distance of neighbors. Pedestrian easement, no vehicular access or parking.
Plymouth Meeting	Sierra Road 2.9 acres	Undeveloped open space offering passive recreation to its neighbors. Adjoins the Plymouth Meeting Friends School. Paved pedestrian walkway, no vehicular access or parking.
Sandwood	1419 Sandwood Road 3.4 acres	Undeveloped open space: half grass, trees and shrubs and the rest uncleared ground. No vehicular access or parking.

## Parks, Recreation and Shade Tree Advisory Board

The Parks, Recreation and Shade Tree Advisory Board meets the fourth Tuesday of each month at 7:00 p.m. at the Greater Plymouth Community Center. The board was established to advise on issues such as maintenance of parks, trees, playgrounds and recreation areas, creation of recreation programs, establishing rules and regulations and making recommendations for future progress. 2017 Board members are: Jason Sugalski, Jennifer Dow, Neil Clark, Barb Thompson, Patty Trask, Kimberly Pennington and Bryan Renneisen.

# 3 Ways to Register

For more information visit our website

[www.plymouthtownship.org](http://www.plymouthtownship.org)

## Online Registration

To get started you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at [info@plymouthtownship.org](mailto:info@plymouthtownship.org) for your User ID. Use this as your password also. If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

## Phone-In

610-277-4312: Visa, MasterCard and Discover are accepted at the Community Center.

## Walk-in

Registration is held at the Greater Plymouth Community Center, 2910 Jolly Road, Payment by check (payable to "Plymouth Township") cash or credit card.

## When and how to register

- The Leisure Visions is always available on-line before you receive the brochure.
- Look for our Sign Up NOW emails.
- Classes are filled on a first come first served basis and fill quickly...Register early.
- If your desired program is full, ask to be placed on a waiting list. Additional programs may be opened.
- Preregistration is required for all programs unless otherwise noted.
- Attend the first class as scheduled; confirmation is not mailed.
- Make checks payable to: Plymouth Township

## Safety/Waiver of Liability

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Department-sponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip. A signed waiver is required for participation in all programs.

## Special Needs

Persons with disabilities or special needs who wish to participate in or have questions about our recreation programs or Park facilities, should contact the Assistant Director or Director of Parks and Recreation at (610) 277-4312.

## Refunds

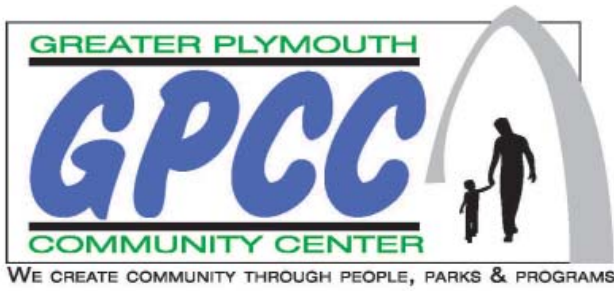
- The decision to hold classes is based on enrollment, refunds for recreation programs will be processed upon request in accordance with the following guidelines:
- Full refunds/credits will be issued if the GPCC cancels a program
- All refund requests must be submitted in writing.
- An \$8.00 service charge will be assessed for all refunds.
- Please allow 6 to 8 weeks to process
- No refunds will be issued after the program begins
- Participants assume the risk of changes in personal affairs or health
- Refunds will not be issued for trips.

## Photo Information

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, in Leisure Visions, in the Township Newsletter, on the Township's cable channel (22), or submitted to newspapers. Please let us know if this presents a problem.

## Class Cancellation/Weather Policy

Plymouth Township Parks and Recreation Department reserves the right to cancel any activity due to lack of enrollment, inclement weather, or cause beyond our control. In the event of inclement weather please check our website at [www.plymouthtownship.org](http://www.plymouthtownship.org) for cancellations or early closing of the facility. If Colonial School District is closed or will be closing early, all recreation programs held at Colonial School District facilities will be canceled. All canceled recreation programs will be made up at the next available date.



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PRESORTED  
US POSTAGE  
**PAID**  
PHILA., PA  
PERMIT NO 7483

Greater Plymouth Community Center  
2910 Jolly Road  
Plymouth Meeting, Pa 19462  
610-277-4312  
[www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org)

### Download our new GPCC App!



Greater Plymouth Community  
Center

OPEN

- Search and register for classes
- Check the pool schedule
- See gym availability
- Pass information
- Aerobic Schedules
- Special notifications!



## College Pass 3 month for \$75

Enjoy full access to the community center, fitness center, gymnasium, pool and all land aerobic classes. Must show a valid college ID.

### Splash & Slide Special

Unlimited swimming for a month. Summer Pool schedule begins  
June 18-August 27

**\$75 for unlimited swim for a family of 4**  
**\$10 for each additional family member**

Children under 3 are free. Individuals must be in the same household.  
This package is for 4 people \$10 each additional person  
(must be in the household).

