

MAPLE CITY SIREN RUN 5K



RUN, WALK, OR JOG
to show your support for those serving
you and your community.

All net proceeds benefit

Norwalk Police and Fire and North Central Emergency Services

Event

Friday, September 23rd, 2016
Suhr Park, 37 West Main Street,
Norwalk, OH 44857
Race Day Registration @ 5:00 P.M.
Race Begins @ 6:00 P.M.

Post-race Party in the Park including activities for the kids!

Course

The course will begin in Suhr Park located on West Main Street. The course will wind through quaint neighborhoods and return you to Uptown Norwalk via Historic West Main Street.

Awards

Men's and Women's First, Second, and Third Place awards will be presented in the following age groups: 11-13; 14-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; and 65+.

Kids 10 & under are free (doesn't include chip timing or T-Shirt).

Fee

\$30 Registration Fee Includes: Age group awards, Norwalk Bucks, and a commemorative T-shirt for participants registering by **Thursday, September 15th, 2016.**

Show Your Support! TO REGISTER

Online:

Visit www.hermescleveland.com/roadracing/events/maplecitysiren to register online by Thursday, September 22nd, 2016 at 9:00 A.M.

Mail:

All mailed entries must be received by **Wednesday, September 21st, 2016.**

Return completed registration form (below) and payment to:

Hermes Sports & Events
2425 West 11th St, Suite #2
Cleveland, OH 44113

Make checks payable to HERMES.

For more information, contact Hermes Sports & Events at (216) 623-9933.

Name _____ Gender _____ Age on Race Day _____
Address _____
City _____ State _____ Zip _____
Phone _____ Email _____



Huron County



Public Health



FISHER | TITUS
MEDICAL CENTER

Simply Smarter Care

Couch to 5K participant (please check):

T-shirt Size: (Please Circle) S M L XL XXL Mens Womens

I agree that I will not hold Fisher-Titus Medical Center, Norwalk Park and Rec, Huron County Public Health, Hermes Sports & Events, or any other organizing parties liable for any injuries incurred during the Maple City Siren Run 5K. I assume all responsibility as a result of being permitted to participate in this event.

Registration and attendance at, or participation in, the Maple City Siren Run 5K constitutes an agreement by the registrant to the organizing parties' use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions and audiotapes of such events and activities to illustrate and promote the Maple City Siren Run 5K -including but not limited to : internet websites, social media, and other publications.

Signature _____ Date _____

(parent/legal guardian if under the age of 18)