



Norwalk Kids Triathlon

**Deadline to Register:
July 6th, 2014
*No Race Day Registration***

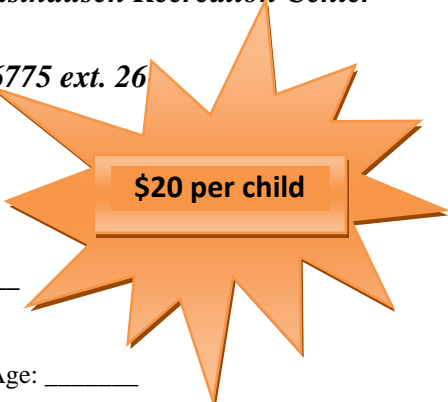
Saturday, July 12th, 2014 @ 9am

Presented By: Norwalk Parks & Recreation & Fisher-Titus Medical Center

HERE WE GO AGAIN!! We are gearing up for our 4th Annual Norwalk Kid's Triathlon. We will be holding our 8th Annual Adult Triathlon this year and would like to invite our Jr. triathletes, ages 7-14 back out for a challenging activity that will encourage exercise and fitness in a fun environment. Fisher-Titus has teamed up with us yet again to bring this exciting event to Norwalk. The course will be set up at the Ernsthausen Recreation Center, to help us create a safe environment for our participants to compete. Triathletes will start their swim in the Competition Pool, will then make their way to the transition area outside the facility where they will pick up their bike and ride their designated route down Industrial Parkway (low traffic). The event will finish with a designated length run through Bishman Park. Special awards will be given to the top Boy/Girl overall and the top 3 finishers in the following age categories: Boys & Girls age 7-8, 9-10, 11-12, 13-14. All participants will receive a ribbon for participating. **Registration forms can be picked up from the Ernsthausen Recreation Center or printed off at www.norwalkrec.com. Contact Niki Cross, Recreation Director for questions: ncross@norwalkrec.com or by calling (419) 663-6775 ext. 26**

Distance is determined by age:

7-10 year olds	100 yard swim	3.1 mile bike	1/2 mile run
11-14 year olds	200 yard swim	6.2 mile bike	1 mile run



Name: _____ Gender: _____
 Address: _____ Age: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Email: _____

Shirt Size: YS YM YL AS AM AL (please circle)

I agree that I will not hold The City of Norwalk, Norwalk Parks & Recreation or any other organizing parties liable for any injuries incurred during the Norwalk Kid's Triathlon. I assume all responsibility for my child as a result of him/her being permitted to participate in this event.

Signature _____ Date _____
(parent/legal guardian signature)

Make checks payable to: **The City of Norwalk**
Return registration forms to: **The Ernsthausen Recreation Center**
Attn: Niki Cross, Recreation Director * 100 Republic Street *Norwalk, OH 44857



Front Desk Use ONLY

Date: _____ Receipt #: _____ Pay Type: _____ Bib #: _____

