

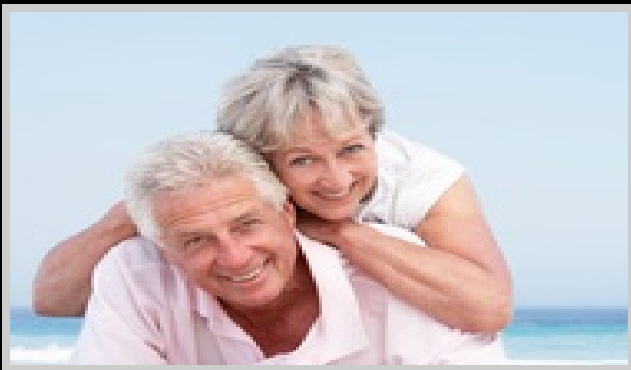
Colerain Township

May / June

50+

50+

*Engaging life through
social, aesthetic and
intellectual pursuits*



COMMUNITY CENTER

Colerain Township

COMMUNITY CENTER EVENT HALL



4300 SPRINGDALE RD COLERAIN TOWNSHIP, OH 45251

Colerain Township

BOARD OF TRUSTEES

Dennis Deters
President

Melinda Rinehart
Vice President

Jeffrey Ritter
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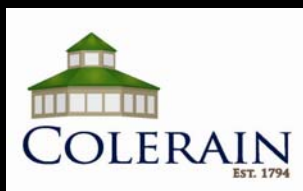
ADMINISTRATION

Jim Rowan
Township
Administrator

Marie Sprenger
Director
msprenger@colerain.org

Andrea Wade
Administrative Assistant
awade@colerain.org

Joni Mottola
Program Coordinator
jmottola@colerain.org



www.colerain.org



The 50+ Center and Community Center will be closed on Monday, May 27, in observance of Memorial Day

50+

HOURS BEGINNING MAY 1

Monday-Thursday 9 am-3 pm
Friday 9 am-1 pm

PHONE

513.923.5050

FAX

513.741.9048

Joni Mottola

Program Coordinator
jmottola@colerain.org

YEARLY MEMBERSHIP

Single \$20 R/\$30 NR
Married Couple \$30 R/\$50 NR

Potential members may request to try the Center at no cost for a day. Please see the desk for a pass.

COMMUNITY CENTER

HOURS BEGINNING MAY 1

Monday-Thursday 8 am-9 pm
Friday 8 am-6 pm

Friday evening/Saturday/Sunday open for select classes, events and private rentals

PHONE

513.741.8802

FAX

513.741.9048

For your convenience, the Center is now able to accept credit cards for payments! There will be a 3% processing fee per transaction.

Beginning May 1

The 50+ Center will be separate from the Community Center. All 50+ programs will take place on the original side of the building, while all ages will be able to utilize the Community Center. Due to budget cuts, the following changes will be in effect:

New 50+ Center Hours

Monday through Thursday, 9 am-3 pm, Friday 9 am-1 pm

New Phone

923-5050

Council on Aging Services

Transportation services will not be available beginning May 1 as they have been put on HOLD due to the uncertainty of state funding for Council on Aging.

Newsletter

In order to save costs, this newsletter will be the LAST to be printed and mailed to all members. Future newsletters will be available on our new website at www.colerain.org, or you may provide an email address to receive one. We will continue to have program and meal schedule flyers available at the 50+ Center.

Custodial/Staff

Part-time custodians have been laid off. We will share a custodian with the Admin building. Independent Contractor hours have been reduced. Members whom would like to volunteer to teach a class or share a talent, may see Joni.

Programming

Some programs and classes have been effected by the move to one side of the building. Please be sure to note new times and availability. The Program Coordinator will move to the former volunteer desk area. Volunteers/Custodian will use the side door desk. The computer scanning registration system will no longer be in use, and members will be asked to sign in each day. You will no longer need a card.

Use Policy/Code of Conduct

The Colerain Township Board of Trustees have adopted a new policy for the 50+ Center. All members will be asked to sign and it will be posted.

New! FLEX Exercise Program

Members ages 65 and up, will be able to take part in a new exercise program by Silver Sneakers beginning May 2. FLEX will be offered on Mondays and Thursdays, 9:30-10 am. Core, strength and cardio exercises will be led by an Instructor with adaptations to size and ability of each class. This class will be FREE to those with certain insurance providers. Please check with Joni, or see the back of a flyer to determine if you will be covered. If not covered, the class fee will be \$3 at the door. Bands and balls will be provided.

Drop In Fee Classes

All pay as you go classes will be offered on the Community Center side. Please consult the schedule (page 6) for times and cost, and enter through the Community Center doors.

50+

ENGAGING LIFE THROUGH
SOCIAL, AESTHETIC AND
INTELLECTUAL PURSUITS

A NATIONALLY
ACREDITED CENTER

YEARLY MEMBERSHIP
SINGLE \$20 R/\$30 NR
COUPLE \$30 R/\$50 NR

NEW!
513.923.5050

New! FLEX Silver Sneakers	<i>Mondays Thursdays</i>	<i>9:30-10 am</i>	<i>Instructor Lead</i>	<i>FREE with Sponsored Insurance Providers or \$3 at the Door</i>
Silver Foxes	<i>Thursdays</i>	<i>10:30-11:15 am</i>	<i>DVD</i>	
Resistance to Muscle Loss	<i>Thursdays</i>	<i>1-1:45 pm</i>	<i>DVD</i>	
Blood Pressure Checks	<i>5/8 6/10</i>	<i>10:30 am</i>	<i>Burlington</i>	
	<i>5/15 6/17</i>	<i>10:30 am</i>	<i>CTFD</i>	
Glucose Check	<i>5/8 6/10</i>	<i>10:30 am</i>	<i>Burlington House Nursing</i>	
STAY Volunteers	<i>4th Wednesdays</i>	<i>10-12:30</i>	<i>June Bader</i>	<i>Art Room</i>
Breakfast with The Arts	<i>5/28 Favorite Cincinnati Memories Scrapbook</i>	<i>10:30 am</i>	<i>Cincinnati Art Museum</i>	<i>Register by 5/21 All supplies provided</i>
Genealogy	<i>Tuesdays</i>	<i>10:30 am (New Students 10-10:30 am)</i>	<i>Gayle Keaney</i>	<i>Pre-Register Computer Room</i>
Book Club	<i>4th Friday</i>	<i>10 am-Noon</i>	<i>Shannon Dirr</i>	<i>Pre-Register</i>
Hall Art Gallery	<i>May</i>		<i>Charlotte James</i>	
	<i>June</i>		<i>Mary Alice Funke</i>	
Movie	<i>5/15</i>	<i>1-2:30 pm</i>	<i>Good Night and Good Luck</i>	
	<i>6/19</i>	<i>1-2:30 pm</i>	<i>Intouchables</i>	
Bingo	<i>1st, 2nd, 4th Wednesdays</i>	<i>10:30 am-2:30 pm</i>	<i>Joni Mottola</i>	<i>.50 card</i>
Member Cookouts	<i>3rd Wednesdays</i>	<i>11 am- 1 pm</i>		<i>Pre-Register by 5/10 and 6/14 \$5 Ticket</i>
Lunch	<i>Daily</i>	<i>Noon</i>	<i>Council on Aging</i>	<i>Register by 11 am day prior See Menu Ages 60+ Donation \$3.50 Others \$4.00</i>
Eat Right, Be Active, Have Fun	<i>6/12</i>	<i>11:30 am</i>	<i>Paula Martinez, RD, LD, COA</i>	

**TRAVEL WITH JOY
TOUR AND TRAVEL**

*Browse through the Center's
Travel opportunities and plan
your next getaway today!*

Day Trips

**6/18 Queen City Sights
(N. KY Nuggets)**

7/23 Boggstown Caberet

**7/31 A Summer Day in
Licking Co (Ohio)**

**8/9 Antiques & Ambiance
(KY)**

**8/28 A Day in the Country
(Starlight, IN)**

Multi-Day Trips

**6/24-28 Best of New York
City**

**6/17-27 Canadian Rockies/
British Columbia**

7/13-18 Napa Valley Escape

**8/5-7 Nemaocolin
Woodlands Resort**

50+

**ENGAGING LIFE THROUGH
SOCIAL, AESTHETIC AND
INTELLECTUAL PURSUITS**

NEW!

513.923.5050

Jewelry Design	Wednesdays	9-11:30 am	Linda Schneider -Houghton	Provide Supplies
Clay, Ceramics, Porcelain, Pottery Wheel	Thursdays	9 am-2:30 pm	Linda Schneider -Houghton	Provide Supplies
Stained Glass, Mosaic	Tuesdays	9 am-Noon	Independent	Provide Supplies
Porcelain Painting	Tuesdays	Noon-2:30 pm	Independent (No Firing)	Provide Supplies
Watercolor Painting	Tuesdays	9 am-Noon	Y.G. Tseui	Provide Supplies
Open Painting	Mondays Fridays	Noon-3 pm 9 am- 1 pm	Independent	Provide Supplies
Woodcarving	2nd, 3rd Mondays	10 am-Noon	Independent	Provide Supplies
Sewing Arts	2nd and 4th Wednesdays	1-3 pm	Nancy Reardon	Provide Supplies
Crochet Circle	3rd Wednesdays	1-3 pm	Mildred Heeg	Provide Supplies
Scrabble	2nd, 3rd Mondays	12:30-3 pm		
Mah Jong	1st, 4th Mondays	12:30 -3 pm		
Bridge	Tuesdays	12-3 pm	Harold Humphrey	
Euchre	1st, 2nd, 3rd Fridays	10 am-1 pm	Harold Humphrey	
500 Cards	Mondays	10:15 am-2 pm	Harold Humphrey	
Poker	Tuesdays Thursdays	12-3 pm		
Poker Tourney	4th Thursday	11 am-1 pm		Pre-Register \$5
Wii Play	1st, 2nd Mondays	1-2 pm		
Open Billiards	Mon-Thurs Friday	9 am-3 pm 9 am-1 pm		
Billiards Tourney	3rd Thursday	9:30 am-Noon		Pre-Register \$5
Open Computer Center	Mon/Wed/Thur Tuesday Friday	9 am-3 pm Noon-3 pm 9 am-1 pm		

Colerain Township

COMMUNITY CENTER AND EVENT HALL

EVENING

NEW! TEAM JEFF LINE DANCING	TUESDAYS 6 PM	JEFF ANDERSON	\$5 AT THE DOOR	EXPERIENCE FUN LINE DANCING TO A VARIETY OF MUSIC (NOT JUST COUNTRY). MODERATE EXERCISE LEVEL BLENDING FUN AND FITNESS. WEAR GYM SHOES.
ZUMBA	TUESDAYS THURSDAYS 7 PM	GREG INSCO	\$5 AT THE DOOR	ALL THE FUN OF A FITNESS DANCE PARTY. BRING IT ON!
ZUMBA TONING	WEDNESDAYS 7:15 PM	LEAH SCOTT NATOMBI SIMPSON	\$5 AT THE DOOR	TARGETED BODY SCULPTING EXERCISES AND HIGH ENERGY CARDIO WORK. BRING A MAT OR TOWEL AND WATER BOTTLE.
YOGA	NEW TIME! MONDAYS 7:15 PM	LYNNE CARROLL	\$5 AT THE DOOR	JOIN US FOR HATHA YOGA WITH STRETCHING, BREATHING AND RELAXING TECHNIQUES. BRING MAT OR PURCHASE ONE AT CLASS FOR \$10.
FIT BODZ PERSONAL TRAINING	MONDAYS WEDNESDAYS 6:15 PM	GARY TERRY	\$8 AT THE DOOR	GET PERSONAL TRAINING AND MOTIVATION WITH GARY TERRY, WEST POINT GRAD, ARMY MASTER FITNESS TRAINER AND CERTIFIED PERSONAL TRAINER.

DAY

NEW! AFTER SCHOOL KARATE AGES 4-6	THURSDAYS 4:15 PM	NISHIME FAMILY KARATE	\$45 5/2-6/6 SIX WEEKS	LEARN RESPECT, IMPROVE FOCUS AND LEARN SELF-DEFENSE. CALL 741.8802 TO REGISTER. PAY ON MAY 2 AT CLASS.
NEW! AFTER SCHOOL KARATE AGES 7 AND UP	THURSDAYS 4:50 PM	NISHIME FAMILY KARATE	\$45 5/2-6/6 SIX WEEKS	LEARN RESPECT, IMPROVE FOCUS AND LEARN SELF-DEFENSE. CALL 741.8802 TO REGISTER. PAY AT MAY 2 AT CLASS.
ZUMBA GOLD	TUESDAYS THURSDAYS 9 AM	MARY BETH NISHIME BARB DONELLON	\$5 AT THE DOOR	GET MOVING AT YOUR OWN PACE AND KEEP MOVING! A GREAT START FOR A MODIFIED ZUMBA WORKOUT.
YOGA	NEW TIME! THURSDAYS 10 AM	LYNNE CARROLL	\$5 AT THE DOOR	HATHA YOGA WITH STRETCHING, BREATHING AND RELAXING TECHNIQUES. BRING A MAT OR PURCHASE ONE AT CLASS FOR \$10.
MASSAGES	10 AM-NOON	ROBERT REPASKY, MS, LMT	\$25/30 MIN TABLE \$12/ 15 MIN	FULLY-CLOTHED TABLE AND CHAIR MASSAGES TO RENEW THE BODY IN THE ATRIUM. CALL AHEAD TO BOOK AN APPOINTMENT 741.8802
PILATES	MONDAYS 11 AM	CELINE KIRBY	\$5 AT THE DOOR	CHANGE YOUR BODY! EXERCISES PROMOTE ELONGATED AND TONED MUSCLE, STRONG CORE, ABDOMEN AND BACK STRENGTH.
TAI CHI	WEDNESDAYS 2 PM	JEN BRASHEAR	\$5 AT THE DOOR	ESTABLISH BALANCE AND CLEAR ENERGY PATHWAYS IN THIS SLOW MOVING MARTIAL ART.

THE PERFECT SETTING TO HOST A SPECIAL EVENT

CHOOSE ONE OF OUR HALLS FOR:

- ◆ PROMS AND DANCES
- ◆ SHOWERS
- ◆ BIRTHDAYS
- ◆ FAMILY REUNIONS
- ◆ ANNIVERSARIES
- ◆ CHURCH PROGRAMS
- ◆ FUNDRAISERS
- ◆ SPORTS BANQUETS
- ◆ CONCERTS
- ◆ AUCTIONS
- ◆ BUSINESS MEETINGS, CLASSES AND SEMINARS



EVENT HALL A

\$1000 FRIDAY OR SATURDAY 45 DAYS OUT
\$800 SUNDAY
\$100 PER HOUR ADDITIONAL

4 HOUR EVENT
2 HOURS DECORATING/DELIVERIES
SEATING FOR UP TO 274 GUESTS

\$75 HOUR MONDAY THROUGH THURSDAY
8 AM-9 PM

- ◆ THE LISTED EVENT AND MEETING RATES ARE FOR NON-WEDDING EVENTS ONLY. RENTALS ARE PERMITTED NON-CATERED OR MUST USE ONE OF OUR APPROVED CATERERS. ALL RENTALS MUST USE OUR BEVERAGE PACKAGE IF SERVING ALCOHOL . ADDITIONAL SERVICES/EQUIPMENT IS AVAILABLE SUCH AS A/V, LINENS AND LED LIGHTING.

EVENT HALL B

\$500 FRIDAY OR SATURDAY
\$400 SUNDAY
\$100 PER HOUR ADDITIONAL

4 HOUR EVENT
2 HOURS DECORATING/DELIVERIES
SEATING FOR UP TO 120 GUESTS BANQUET TABLES

\$25 HOUR MONDAY THROUGH THURSDAY
3:30-8:30 PM

GOT A RING?...GET A HALL

SAVE YOUR DATE WITH US

OUR TRADITIONAL HALL SETTING IS SIMPLE ELEGANCE AND CLASS. SEAT YOUR GUESTS IN OUR SILVER CHIAVARI BALLROOM CHAIRS, SERVE COCKTAILS ON OUR BALCONY PATIO AND ENJOY YOUR FIRST DANCE AS MR. AND MRS. ON OUR BEAUTIFUL HARDWOOD FLOOR.

FROM THIS MOMENT...
WE CELEBRATE THE TWO OF YOU

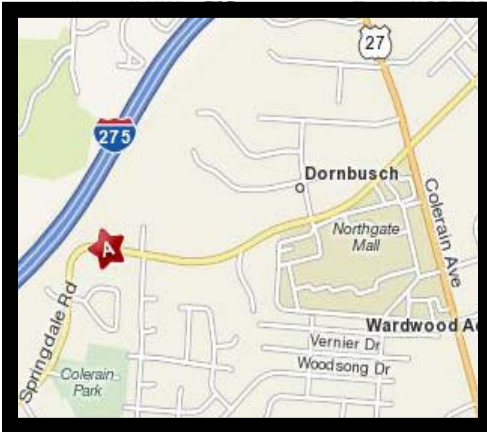
VISIT COLERAINWEDDINGS.COM
CALL 513.741.8802 AWADE@COLERAIN.ORG
CONTACT AWADE@COLERAIN.ORG



Colerain Township

4300 SPRINGDALE RD
COLERAIN TOWNSHIP, OH 45251

PRSRST STD
U.S. POSTAGE PAID
Cincinnati, OH
Permit #2684



VISIT COLERAIN TOWNSHIP'S NEW USER FRIENDLY WEBSITE

www.colerain.org

EMAIL US YOUR EMAIL AND GET THE LATEST PROGRAM/EVENT INFORMATION

awade@colerain.org

LIKE US ON FACEBOOK TO GET OUR UP TO DATE POSTS



SPONSOR OR DONATE TO A PROGRAM OR EVENT