

Colerain Township

COMMUNITY CENTER

July / August



4300 SPRINGDALE RD
COLERAIN TOWNSHIP, OH 45251
513.741.8802
www.coleraintwp.org



Colerain Township

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COMMUNITY CENTER

Marie Sprenger
Director
msprenger@coleraintwp.org

Andrea Wade
Administrative Assistant
awade@coleraintwp.org

Stephanie Wright
Program Coordinator
swright@coleraintwp.org

HOURS

Monday-Friday 8 am-4:30 pm, 6-9 pm

Saturday/Sunday open only for select classes, events and private rentals

513.741.8802

Welcome to the Community Center!

The Community Center serves many functions for the community. The Center is comprised of two halls, patio balcony, atrium, kitchens, arts room, game room, computer center, music room and fountain area.

During the day, 50 + active lifestyle opportunities for those recently retired or those who have a little more leisure time seeking to experience new things at this point in their lives, will find active and engaging choices. From arts to Zumba, massage to travel, the Center offers fulfilling opportunities. Membership is available to those 50+ at a cost of \$10 resident and \$20 non-resident for the year.

Center evening programming caters to all ages with many programs offered on a drop-in fee basis.

On the weekends, the Center is available for private rentals and selected classes and events.

Center Yourself Here!
Marie Sprenger, Director

The Community Center will be closed on Wednesday, July 4, 2012

15th ANNUAL NORTHGATE MALL/ COLERAIN TOWNSHIP

4TH OF JULY
SPECTACULAR
Colerain Township
Government
Complex
4200 Springdale Rd



SATURDAY, JULY 7, 2012
8 pm Parking Shuttles
10 pm Fireworks

TASTE OF COLERAIN

Colerain Township
Government Complex
4200 Springdale Rd

FRIDAY, AUGUST 10
SATURDAY, AUGUST 11
SUNDAY, AUGUST 12



Your Event Starts Here



Planning a Wedding or other Special Event? Colerain Township's newly renovated Fort Coleraine Hall in the Community Center features beautiful hardwood flooring, elegant chivari ballroom chairs and an inviting patio balcony to accommodate your guests. The hall seats up to 280 and you may even use your own caterer. The Hall is the perfect place for weddings, showers, reunions, retirements, fundraisers, business meetings and more! Smaller event? Our Bevis Hall seats up to 120 guests.

Contact Andrea Wade to make an appointment to view the hall at 741-8802 or awade@coleraintwp.org. Rates can be found at www.coleraintwp.org under the rental link. Reservations for 2013 begin July 1.



FORT COLERAINE HALL & PATIO BALCONY

BEVIS HALL

A dults

18 YEARS AND UP

AT THE COMMUNITY
CENTER



NEW! ART ACCESS

WITH LINDA
SCHNEIDER-HOUGHTON
TUESDAYS 6-8 PM
\$7 AT THE DOOR

Artists and students may use the Center's Arts Room to work on smaller pieces of glass fusing, stained glass, mosaic, pottery, clay, porcelain, jewelry and enameling. Student brings or purchases own supplies for their pieces. Drop in fee includes use of kilns, pottery wheel, glass cutters, solders, tools and art instructor supervision.

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New! Cardio/Kickboxing

Mix up and Max your workout! Cardio and kickboxing moves incorporating strength and core work.

Mondays/Wednesdays/Fridays 9 am Karen Harsh

\$5 at the Door Bring a mat and water

Zumba

Join the Latin-inspired fitness party! Feel the music and party yourself into shape!

Tuesdays 7 pm Trina Massey

Thursdays 7:15 pm Yvette "Diva" Williams \$5 at the Door

Zumba Gold

Get groovin' at your own pace and keep moving to the beat!

Tuesdays 9 am Mary Beth Nishime

Thursdays 9 am Barb Donellon \$5 at the Door

Fit Bodz

Get personal training and motivation with Gary Terry, West Point Graduate, Army Master Fitness Trainer and Certified Personal Trainer.

Mondays and Wednesdays 6:30 pm

New! Saturdays 9 am

\$8 at the Door Bring towel, water bottle and 3 or 5 lb. dumbbells

Yoga

Join us for Hatha yoga with stretching, breathing and relaxing techniques.

Mondays 6:30 pm Lynne Carroll

Thursdays 9:15 am \$5 at the Door Bring mat or purchase one for \$10 at class

Pilates

Change your body! These exercises promote elongated and toned muscle, strong core and abdomen and back strength.

Thursdays 6:30 pm (except 1st Thursday at 6 pm) Celine Kirby

\$5 at the Door Bring a mat

Tai Chi

Establish balance and clear energy pathways in this slow moving martial art.

Wednesdays 2 pm Jen Brashear \$5 at the Door

New! Evening Massages

July 12 and 24 6-9 pm Robert Repasky, LMT

August 9 and 28 6-9 pm

Call 741-8802 to make an appointment! These massages are done fully clothed.

\$12 Chair Massage (15 min) \$25 Table Massage (30 min)

New! Low Impact Fitness

Low impact workout with weights, bands and balls!

Fridays 10 am Karen Harsh \$5 at the Door Bring 1-3 lb. weights

Computer Help

Update your technology skills! We do it in 2 days— 2 hours each! \$40 a class
Call for current class schedule.

50 +

AT THE COMMUNITY CENTER

A NATIONALLY ACREDITED CENTER

MEMBERSHIP

\$10 Colerain Township Residents

\$20 Non-Residents

Yearly

**NEW!
LOW IMPACT
FITNESS CLASS**

**WITH KAREN HARSH
FRIDAYS AT 10 AM
\$5 AT THE DOOR**

This new class features a great workout mix of low impact, cardio and strength. Bring 1-3 lb weights and water. We provide resistance bands and small balls to use!

**COLERAIN TOWNSHIP
FARMERS' MARKET
FRIDAYS, 10 AM-1 PM
THROUGH OCTOBER**

Pick up your farm fresh produce from local farms and other fresh market items on Fridays. There will not be a Market on August 10 due to Taste of Colerain.

Zumba Gold	Tuesdays	9 am	Mary Beth Nishime	\$5 at the Door
Zumba Gold	Thursdays	9 am	Barb Donellon	\$5 at the Door
Low Impact Fitness	Fridays	10 am	Karen Harsh	\$5 at the Door
Yoga	Thursdays	9:15 am	Lynne Carroll	\$5 at the Door
Pilates	Mondays	11 am	Celine Kirby	\$5 at the Door
Tai Chi	Wednesdays	2 pm	Jen Brashear	\$5 at the Door
Massages	Thursdays	10 am-noon By Appt	Robert Repasky, LMT	\$12 Chair \$25 Table
Computer Level I	Wednesdays	7/11 and 7/18 11 am-1 pm 8/1 and 8/8 11 am-1 pm 8/15 and 8/22 11 am-1 pm		\$20 Pre-Register \$20 Pre-Register \$20 Pre-Register
Computer Level II	Wednesdays	7/11 and 7/18 9-11 am 8/1 and 8/8 9-11 am 8/15 and 8/22 1-3 pm		\$20 Pre-Register \$20 Pre-Register \$20 Pre-Register
Computer Level III	Wednesdays	7/11 and 7/18 1-3 pm 8/1 and 8/8 1-3 pm 8/15 and 8/22 9-11 am		\$20 Pre-Register \$20 Pre-Register \$20 Pre-Register
Digital Downloading	Fridays	7/20 and 7/27 8/17 and 8/24 10 am-noon		\$20 Pre-Register \$20 Pre-Register
Excel	Fridays	7/20 and 7/27 8/17 and 8/24 8-10 am		\$20 Pre-Register \$20 Pre-Register
Private Computer	Wednesdays	By Appt		\$15/hr Pre-Register
Computer Center	Mondays Tuesdays Thursdays	9 am-4 pm Noon-4 pm 9 am-4 pm		

CHRISTMAS IN JULY

**WEDNESDAY
JULY 18**

**11 AM-1 PM
\$5 TICKET**

Wear your favorite Christmas sweater and bring a white elephant -something you've received or bought that has never been used! Christmas foods and fun! Register by July 13.

**MIND.BODY.SPIRIT.
ALTERNATIVE/HOLISTIC
WELLNESS MINI FAIR**

**WEDNESDAY
AUGUST 15
11 AM-1 PM
\$5 TICKET**

Explore wellness paths of meditation, herbs, natural foods, juicing, acupuncture, massage, homeopathy, reiki, tai chi, yoga, pilates, hypnosis, reflexology, naturopathy, chiropractic, hypnosis and more. Interface with area practitioners. Register by August 10. Includes lunch.

50 +

**AT THE COMMUNITY
CENTER**

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Monroe Premium Outlets	Tuesday 7/31	10 am-2 pm		Pre-Register
Genealogy	Tuesdays	10-10:30 10:30-Noon	Gail Keaney	Pre-Register
Jewelry Design	Wednesdays	9-11:30 am	Linda Schneider-Houghton	Provide Supplies
Stained Glass and Mosaic	Tuesdays	9:30 am-Noon	Linda Schneider-Houghton	Provide Supplies
Clay Throwing/Pottery Wheel	Thursdays	By Appt	Linda Schneider-Houghton	Provide Supplies
Hand Building Clay/Ceramics	Thursdays	9 am-Noon 12:30-3:30 pm	Linda Schneider-Houghton	Provide Supplies
Porcelain Painting	Tuesdays	1-1:30 pm	Linda-Schneider-Houghton	Provide Supplies
Watercolor Painting	Tuesdays	9 am-Noon	Y.G. Tseui	Provide Supplies
Oil and Acrylic Painting	Fridays	9:30 am-Noon 12:30-3 pm	Independent Group	Provide Supplies
One Stroke Painting	Mondays	1-3 pm	Independent Group	Provide Supplies
Woodcarving	Mondays 7/23 and 7/30 8/13 and 8/20	10 am-Noon	Independent Group	Provide Supplies
Sewing Arts	Resumes in Sept 9/5 and 9/12	1-3 pm	Nancy Reardon	Provide Supplies
Digital Piano New Student Placement	Wednesdays	12-1 pm	Dr. Andrew Peter Millar	
Digital Piano Beginners	Wednesdays	10-11 am	Facilitators	
Digital Piano Experienced	Wednesdays	11 am-Noon 12-1 pm	Dr. Andrew Peter Millar	
Open Digital Piano Room	Mon/Fri Thursdays	Noon-4 pm 9 am- Noon		
Hall Art Gallery	Monthly Artist Showing	Inquire on availability		Provide ready to hang art
Chair Volleyball	Fridays	1-2:30 pm	Lou Kroeger	
Resistance to Muscle Loss	Tuesdays and Thursdays	1-1:45 pm		
Silver Foxes	Tuesdays and Thursdays	10:30-11:15 am		

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**TRAVEL
WITH JOY TOUR AND
TRAVEL**

Browse through the Center's
Travel opportunities and plan
your next getaway today!

Brown County
July 24

**Kentucky -Derby Museum-
Caverns**
July 25

Signs of the Times
August 8

**Twist of Mackinac Island
Michigan**
August 13-17

Horses, Chicken & Sheep
August 22

**Mansions & Gardens of
Newport Rhode Island**
August 27-30

**Nantucket, Martha's Vineyard,
Cape Cod in the Fall**
September 10-14

Red Cliffs Experience by Rail
September 24-30

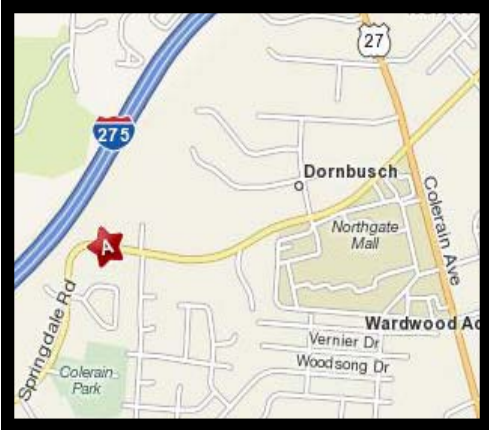
**USO Spectacular
Virginia Beach**
October 14-19

Book Club	4th Fridays	10 am	Shannon Dirr	Pre-Register
Bunco	1st and 4th Tuesdays	1-3 pm	Lou Kroeger	\$1
Poker Tourney	7/19 and 8/16	11am-1 pm		\$5 Pre-Register
Billiards Tourney	7/26 and 8/23	9:30 am-Noon		\$5 Pre-Register
Billiards Tables	Daily 8:30 am-4 pm			
Wii Play	1st and 2nd Mondays	1-2 pm		
Mah Jong	2nd and 3rd Thursdays	1-3 pm	Carolyn Russo	
Poker	Tuesdays Thursdays	Noon-4 pm	Harold Humphries	
Bridge	2nd and 3rd Tuesdays	1-3 pm	Harold Humphries	
Euchre	Fridays	10:15 am-2 pm	Harold Humphries	
500	Mondays	10:15-2 pm	Harold Humphries	
All Day Bingo	Mondays 7/16 and 7/23 8/20 and 8/27	10:30 am-3 pm		.50 a card
All Day Bingo	Wednesdays 7/11 8/1 and 8/8	10:30 am-3 pm		.50 a card
Lunch Bunch	7/6 and 7/20 8/3 and 8/17	11 am-1:30 pm 11 am-1:30 pm	Otto's Lucy & Georges	Register on 15th of month prior
Movie	7/25 8/22	1 pm 1 pm	Act of Valor Sherlock Holmes	
Blood Pressure/ Glucose Checks	Wednesdays 7/11 and 8/8	11:30-Noon	Burlington House Nursing	
Blood Pressure	Wednesdays 7/18 and 8/15	10:30-11 am	Colerain Twp Fire Dept EMT	
Lunch	Daily Request or pick up a Menu	Noon	Council on Aging	Register by 11 am day prior
Transportation	Daily		Council on Aging	Register by 11 am day prior
Shopping	Tuesdays			Register by 11 am day prior

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PRSRST STD
U.S. POSTAGE PAID
Cincinnati, OH
Permit #2684



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FARMERS' MARKET
FRIDAYS, 10 AM-1 PM
THROUGH OCTOBER**

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VISIT COLERAIN TOWNSHIP'S NEW USER FRIENDLY WEBSITE

www.coleraintwp.org

EMAIL US YOUR EMAIL AND GET THE LATEST PROGRAM/EVENT INFORMATION

awade@coleraintwp.org

LIKE US ON FACEBOOK TO GET OUR UP TO DATE POSTS



SPONSOR OR DONATE TO A PROGRAM OR EVENT