

DIRECTOR'S CORNER



Fall leaves are changing. Cool, crisp mornings are here - and so is the flu season! Hamilton County Public Health officials are urging everyone to be prepared for the flu season by getting vaccinated. Our flu shot clinic will be held on Wednesday, October 28, from 12:00 to 2:30 p.m. At this time, we are not scheduled to receive the H1N1 vaccination. To receive a flu shot, you must call the Center at (513) 741-8802 and give your name and phone number.

While appointments are not given, the number system goes quickly. If you are Medicare or Medicaid eligible, bring your card with you so that you may fill out the necessary paperwork. At this time, Medicare Part B will have no co-pay. Humana Goldchoice and Aetna members will be reimbursed. If you are unsure of your eligibility for reimbursement, check your individual policy. For non-Medicare participants and those not covered, the charge is \$30 for the flu shot and \$45 for the pneumonia shot.

The Senior and Community Center is taking the necessary steps to maintain your good health and safety. Hand sanitizers are located at each entrance and in the main gathering areas. All areas are sanitized daily. We are working hard to prevent the spread of H1N1 and other flu-related viruses and you can help by following these tips:

- Wash your hands often and thoroughly
- Cover coughs and sneezes with a tissue or sleeve – not in your hands
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Stay home if you are sick (coughing, chills, fever, etc.)

Public health agencies are closely monitoring the H1N1 flu situation. This is a rapidly evolving situation and guidance could change. To find up-to-date information on the virus, contact Hamilton County Public Health at (513) 946-7882 or visit their website at [www.hamiltoncountyhealth.org](http://www.hamiltoncountyhealth.org). You can also find information on the Center for Disease Control website: [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

Best wishes for a healthy fall season!

Kay



The Spotlight's On: **Oktoberfest**

Guten tag! Join us for an oompa-loompa good time as the Participants' Council presents *Oktoberfest* on Wednesday, October 21! The festivities begin at 10:30 a.m. with the Participants' Council Meeting. This is your opportunity to find out what's happening at the Center and become informed on topics that range from nutrition to computer technology.

You won't want to miss the Cincinnati Museum Center's presentation of "Wooden Shoe Hollow". Enjoy the story of German immigrants who settled near Mill Creek, in a fertile hollow north of Spring Grove Avenue and Winton Place in the mid-1850's, and the wooden shoes they wore. A traditional German lunch will be provided by our friends at Atria Northgate Park. Bring your bingo covers and lucky charms; we'll play bingo following lunch. Receive a FREE bingo card – bring in a canned good and receive a free card (limit 2 canned goods). The canned goods will go towards the needy baskets for less fortunate families for the upcoming holiday season.

Remember to wear your lederhosen and enjoy a frosty mug . . . of root beer! Tickets are only \$2.00 and can be purchased at the reception desk. See you at the Center.



Colerain Township Board of Trustees:  
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## Marlene's Chatter:

Hello to everybody!

Fall is finally here – the crisp air, color and wonderful smells of the season all make me love this time of the year. I hope you are enjoying the season also.

Lots of fun things are happening here at the Center. Be sure to check out our programs and see if anything appeals to you. A lot of time and energy is put into our programming for your enjoyment, so take advantage of the fun to be had!

Please don't forget our food drive for the Holiday Baskets. As always, I appreciate your generosity in this annual project.

ALERT . . . . You might want to look up at the sky some evening. I'll be buzzing around on my new broom which has attitude-injected power. Soooooo look out, I might just be in your neighborhood soon!

“An ideal day is watching the autumn leaves flutter in the air”

Until next month, take care and be safe!

Love,  
Marlene

## Upcoming Events for October:

Date	Event
3	Colerain Township Recycle Day (8:000 a.m. to 2:00 p.m.)
5	Stampin' With Nina – 9:30 a.m.
7	All Day Bingo – 10:30 a.m.
9	Breakfast With The Arts – 10:30 a.m.
12	Center Closed Today – Columbus Day
14	STAY Volunteers – 10:00 a.m.
19	Stampin' With Nina – 9:30 a.m.
21	Participants' Council Meeting – 10:30 a.m.
21	Oktoberfest – 10:30 a.m.
22	Matinee Movie – 1:00 p.m.
23	Beans & Books – 10:00 a.m.
26	Children's Cut-Outs – 10:00 a.m.
27	Breakfast With The Arts Museum Tour – 10:00 a.m.
28	Flu Shots – 12:00 – 2:30 p.m.



Check the Activities Calendar for a full listing of events  
All Activities are subject to change and/or cancellation.

## Special Program Notes:

Happy Halloween Everyone! My gosh – the holidays are right around the corner.

You hear so much about consumer fraud; nearly 25 million Americans are victims annually. Seniors continue to be a rapidly increasing segment of the population, and that makes them a prime target for con artists and thieves. The National Crime Prevention Council (NCPC) offers tips to help seniors be shrewd and savvy citizens:

- Offers too good to be true usually are! Ask to receive the “unbelievable deal” or the “amazing prize offer” in writing so you can read it carefully before making a commitment.
- Never give out personal information over the phone or internet.
- If a caller asks you to pay for an offer in advance or asks for your credit card number or social security number, simply refuse.
- If the caller gets frustrated or rude at your unwillingness to provide information, take this as a warning sign and hang up the phone.

The NCPC wants everyone to be on their guard.

Have a safe Halloween and watch out or all those little ghosts and goblins.

Kandy



# Participants' Council News & Notes:

- ☛ A reminder that the Center will be closed on Monday, October 12 for Columbus Day.
- ☛ Attention all volleyball players: please note there will be no practice on Friday, October 2.
- ☛ Colerain Township Recycle Day for Colerain Township residents will be held on Saturday, October 3, from 8:00 a.m. to 2:00 p.m. Please see the enclosed insert for the materials that will be accepted. For additional information regarding the disposal of household hazardous materials, please call the Hamilton County Household Hazardous Waste Program at (513) 946-7700 or call the Hamilton County Environmental Services at (513) 946-7777. They can provide you with information regarding the disposal of smoke alarms, explosives, and various other household hazardous materials.
- ☛ Join us on Wednesday, October 14, at 10:00 a.m. for the STAY Program STAY (Services to Area Youth) makes toys out of household items which are used to stimulate children from birth to 3 years of age. We are still accepting medicine bottles, but remember PLEASE TAKE OFF THE LABELS OF THE MEDICINE BOTTLES before you bring them in. Supplies we could use this month are flannel shirts or any flannel material. We are making bears for the Colerain Township Fire Department to give to children in the Colerain area. Thank you for donating items to support a great program. June Bader, STAY Coordinator.
- ☛ Start your day with coffee and the arts! Breakfast with the Arts has returned! Discover the Cincinnati Art Museum's permanent collection through interactive lectures, discussions, and hands-on workshops led by local artists. All programs are free and take place from 10:30 to 11:45 a.m. Explore how the floral motif has been depicted in art through the ages and cultures from around the globe during the *Flowers: A Preview To Art in Bloom* lecture on Friday, October 9. Then, on Tuesday, October 27, travel to the Art Museum to discover the hidden symbols of flowers in art from the Western world, Middle East, and Asia. Please register at the reception desk or by calling the Center at (513) 741-8802 to reserve your space for both the lecture and the visit to the Art Museum.
- ☛ Attention all travelers!! Join us on Tuesday, October 20, at 2:00 p.m. for the Fall Travel Show. Trips to be previewed include: Keeneland, Christmas Comedy Spectacular, American Passion Play and more! Refreshments and prizes will be provided. Please call (513) 777-8221 for reservations.
- ☛ This month's matinee movie will have you seeing ghosts. Matthew McConaughey stars in *Ghosts of Girlfriends Past*. McConaughey plays a famous photographer and confirmed womanizer. While attending his brother's wedding, he becomes reacquainted with the only girl who ever captured his heart, however, love is never that easy. Over the course of the evening, he'll be visited by three ghosts who will lead him through his romantic past, present and future. Will Connor learn to get over himself and love the right woman? Or will he remain an emotional scrooge? Show-time is Thursday, October 22. Bring a friend!
- ☛ Join us for Beans & Books on Friday, October 23, at 10:00 a.m. The first of this month's selection is from the 2006 New York Times' Best Seller list, *Mayflower*, by Nathaniel Philbrick. Philbrick provides you with the true story of the Pilgrims, which is dramatically different than the well-known tale of piety and sacrifice. The second choice is *Murder with Peacocks*, by Donna Andrews. Winner of the 1998 St. Martin's Press/Malice Domestic Best First Traditional Mystery Contest, Ms. Andrews introduces a cast of quirky characters who pulls her heroine in different directions as she plans three successive summer weddings. Books are provided by the Groesbeck Library. See you here!

Recorder  
Roster Chairpersons/Newsletter  
Newsletter Chairperson

Betty Meyer  
Bobbie McIntyre  
Ginny Wood



The Colerain Township Senior and Community Center is supported by Colerain Township, contributions, program fees, and grants. It receives funding from the Council on Aging of Southwestern Ohio, PSA I. The Colerain Township Senior and Community Center offers services and activities to persons over 55 years of age.

Mandatory program fees (as passed by March 9, 1993 resolution by the Board of Trustees, Colerain Township) are \$5.00 for Colerain Township residents and \$10.00 for others. You may renew your membership in person at the Center, or mail a check made payable to Colerain Township. Please enclose a self-addressed, stamped envelope to return your card to you.

Your yearly fees help to offset program costs. Fees are payable annually in January of each new year. Your fees must be paid in order to receive your monthly newsletter, participate in activities, events, and trips.

Please inform the Center of any name or address changes. The Post Office will not forward your newsletter.

### **Senior Center Program**

The purpose of the Colerain Township Senior and Community Center is to serve the Senior adults of Colerain Township and surrounding communities. The Colerain Township Senior and Community Center will further serve as a focal point of the community as it provides the link between needs and necessary services and delivery of those services.

### **Senior Center's Mission Statement**

The mission of the Colerain Township Senior and Community Center is to provide quality programs, services, and volunteer opportunities in a caring and supportive atmosphere for individuals 55 and over.

### **Council on Aging Meals Program**

The Colerain Township Senior and Community Center offers a daily noon meal from the Council on Aging. This complete, nutritious and delicious meal is available for a \$1.50 donation for those 60 and over. Please call your meal reservation in by 12:00 noon the day before. Join us soon for good food and good company!!

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#### **Center Staff:**

**Kay Klosterman, Director**

**Marlene Smith-Hall, Activities Director**

**Andrea Wade, Secretary**

**Kandy Marshall, Special Programs Coordinator**

**Ray Richburg, Transportation Driver**

**Special Events Attendants:**

**James Blackmon, Ron Haggard, Pat Koester,**

**Bud Rader**

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**Colerain Township Senior & Community Center**  
**4300 Springdale Rd**  
**Colerain Township, OH 45251**  
**513-741-8802**