

**DIRECTOR'S**

**CORNER**

Ready for a great new year?! Hope your holidays were all you wished for and that you're now looking forward to the New Year 2008!



Exciting changes are here at your Center. By now, you've received your Colerain Township Center key-tag. Enclosed with the key-tag was a letter of explanation about the new system we'll be using beginning January 1, 2008. The tag works just like the ones you've received from the grocery and the pharmacy. Each time you enter the building, you'll go first to one of the two swiping stations. One is located at the main reception desk on the Ft. Coleraine side of the building, and the other is placed in a kiosk by the second set of entrance doors.

Your name will appear on the screen and a menu will guide you through the next step, which is choosing what you'll be attending for that day! For example, you might touch LUNCH if you've signed up for the congregate meal, and then touch STAINED GLASS CLASS in the morning, and then choose RESIST MUSCLE LOSS and YOGA that afternoon. Obviously, the more consistent you are in using your key-tag, the more accurate will be the information gathered. You are encouraged to use the key-tag every day, each time you are here. There will be a special page for volunteers as well.

By checking in each time you visit your Center, you are providing valuable, statistical information; some of which will be used to write (and hopefully) receive grants. If you are interested in volunteering to input data for this new system, please give us a call and we'll see that you receive training.

Here's to a Happy New Year full of new and fulfilling days!

Kay

**The Spotlight's On: Blizzard Picnic**

**Brrrrrrrrr!!!** It's cold outside and inside too!

Join us on Wednesday, January 16, at 10:30 a.m. for our Blizzard Picnic. Don't miss the first Participants' Council Meeting of the year. Feeling stiff? Oh, my aching joints! Paula Martinez, a registered dietitian from the Council on Aging of Southwestern Ohio, will present "Living with Arthritis". Learn how food affects arthritis in this informative session.

Enjoy "snowfall snacks" all afternoon while playing blizzard bingo and a few word searches. You'll even receive a goody bag! Purchase your \$2.00 ticket at the reception desk prior to Noon on Tuesday, January 15.

Enjoy the "blizzard" of fun with us! See you here!



Colerain Township Board of Trustees:  
Bernard A. Fiedeldej, Jr.  
Jeff Ritter, President  
Joseph R. Wolterman  
Heather Harlow, Township Fiscal Officer

David L. Foglesong, Administrator  
Frank Birkenhauer, Asst. Administrator

## Marlene's Chatter:

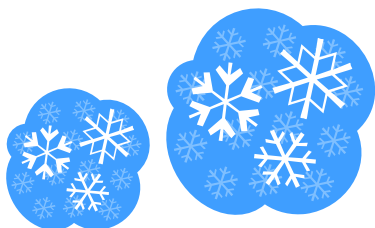
Hi! Happy New Year!

I'm writing this article before Christmas, to beat the deadline to go to the printers. However, I sure hope all of you have had a very Happy Christmas. I know I'll have one, because anytime I can be with my Beloved Family for any occasion is wonderful – let alone Christmas time.

This season causes me to be thankful for having so many friends, staff, and all of you. Thank You for all that you have done.

Until next month, take care. Hope you had a blessed Christmas and a Happy New Year!

Love,  
Marlene



## Upcoming Events for January:

Date	Event
1	Center Closed–New Year's Day
2	All Day Bingo – 10:30 a.m.
9	STAY Volunteers – 10:00 a.m.
11	Breakfast with the Arts – 10:30 a.m.
16	Participants' Council Meeting – 10:30 a.m.
17	Introduction to Internet – 11:00 a.m.
21	Center Closed–Martin Luther King Jr. Day
22	Breakfast with the Arts – 10:30 a.m.
24	Matinee Movie – 1:00 p.m.
25	Beans and Books – 10:00 a.m.
28	Children's Cut-Outs – 10:00 a.m.

Check the Activities Calendar for a full listing of events.  
All Activities are subject to change and/or cancellation.

## Special Program Notes:

Happy New Year Everyone!

Wow – the beginning of another new year! With the holidays over and things beginning to settle down a bit, I hope some of you might think about becoming a home-delivered meal volunteer. We deliver meals to home-bound seniors. It is a very rewarding opportunity, and to be able to go into homes and deliver a meal knowing that besides the mailman you might be the only other person this senior sees all day is an awesome experience.

They look forward to a smiling face and a friendly hello. Believe it or not, these seniors know who comes on which day! If that volunteer doesn't show up when they are suppose to, the senior is calling to make sure they are OK. Sometimes they are waiting at the door for that simple hello.

We have 4 routes a day and a different volunteer for each route on different days of the week. To deliver a route takes about 1-1.5 hours. We deliver from 10:30 a.m. until Noon. I will go with you until you feel comfortable doing it by yourself. We have maps of each street for you as well.

We are not only a Senior Community Center – we go outside the boundaries to help the seniors that can't shop or cook to be able to say in their own homes. You can volunteer once a week or once a month – however many times you would like.

So . . . if you have a few hours to spare, please think about becoming a volunteer.  
If you have any questions, please feel free to call me at 741-8802.

Take care - Kandy



# Participants' Council News & Notes:

- 🔊 A reminder that the Center will be closed the following dates in January:
  - ✘ Tuesday, January 1 – New Year's Day
  - ✘ Monday, January 21 – Martin Luther King, Jr. Day
  
- 🔊 Clavinova Connection Classes: please call Andrea at 741-8802 to verify your continued interest in the upcoming January session.
  
- 🔊 The first All Day Bingo for 2008 is here! Bring your bingo covers and a buddy on Wednesday, January 2. We'll begin at 10:30 a.m., stop for lunch at Noon, and end at 3:00 p.m. Sign up for lunch the day before prior to Noon. See everyone here!
  
- 🔊 Are you internet savvy? Here's your chance to learn how to navigate the wonderful world of the internet. Learn basic search engine use and become familiar with the toolbar and menu bar to send commands and fine-tune your searches. We are providing transportation to the Hamilton County Public Library in Colerain Township for a one-hour class. Classes will be on Thursdays – January 3 and 17 – from 11:00 a.m. – 12:00 p.m. Only one class per person is needed to learn the basics of using the internet. For more information and to register, please call Andrea at 741-8802.
  
- 🔊 Line Dance participants: A reminder that you will not have class on Tuesday, January 8, but will resume classes on the following Tuesday – January 15.
  
- 🔊 Travel to the Cincinnati Art Museum for the first session of Breakfast with the Arts on January 11, for the History of Watercolor. You will tour exhibits with a Cincinnati Art Museum docent as you explore the wonders of watercolor. We'll meet at the Center at 10:15 a.m., and lunch will be on your own at the Art Museum Café. Please sign up by January 9 at the reception desk. Now that you've witnessed watercolors by the masters at the Cincinnati Art Museum, you're ready to delve into the watercolor art form under the guidance of local artist and employee of the Cincinnati Art Museum, Everage King. Sign up by January 16 for the Everage class taking place on Tuesday, January 22, here at the Center. Please call 741-8802 for more details.
  
- 🔊 John Travolta stars in this month's Matinee Movie, *Hairspray*. Can you guess which character he portrays? Young Tracy Turnblad's dream is to be on a local Baltimore teen dance program and win the heart of the lead dancer played by Zac Efron. Also starring Michelle Pfeifer, this movie will have you dancing in your seats! Showtime is Thursday, January 24, at 1:00 p.m.
  
- 🔊 Worried about how you're going to afford to fix your home repairs before the winter season hits? Did you know that the Council on Aging offers free home repairs and safety modifications for low-income homeowners and renters age 60 and older? The HOME Program has helped thousands of elderly people who are living in unsafe conditions but want to remain in their own homes. It is made possible through a grant from the Ohio Housing Trust Fund. Safety modifications are for renters and homeowners. A few examples are wheelchair ramps, grab bars and handrails. Repairs are for homeowners only on things that would pose a safety threat such as: faulty, hazardous wiring, broken furnace or hot water heater, broken locks, doors or steps, broken plumbing or fixtures, and leaking, collapsing roofs. Help is available on a first-come, first-served basis, until the grant funding runs out. To be eligible, you must submit an application and live in one of the following counties: Butler, Clermont, Clinton, Hamilton, or Warren; be age 60 or older; and have a gross annual income of no more than \$15,867 per year (1 person household), \$18,083 per year (2 person household), or \$20,256 per year (3 person household). For more information, contact Greg Frank at the Community Resources and Information Department at the Council on Aging of Southwestern Ohio at 513-345-8643 or 513-345-5890.

Recorder  
Roster Chairpersons/Newsletter  
Newsletter Chairperson

Betty Meyer  
Bobbie McIntyre  
Ginny Wood

The Colerain Township Senior and Community Center is supported by Colerain Township, contributions, program fees, and grants. It receives funding from the Council on Aging of Southwestern Ohio, PSA I. The Colerain Township Senior and Community Center offers services and activities to persons over 55 years of age.

Mandatory program fees (as passed by March 9, 1993 resolution by the Board of Trustees, Colerain Township) are \$5.00 for Colerain Township residents and \$10.00 for others. You may renew your membership in person at the Center, or mail a check made payable to Colerain Township. Please enclose a self-addressed, stamped envelope to return your card to you.

Your yearly fees help to offset program costs. Fees are payable annually in January of each new year. Your fees must be paid in order to receive your monthly newsletter, participate in activities, events, and trips.

Please inform the Center of any name or address changes. The Post Office will not forward your newsletter.

#### **Senior Center Program**

The purpose of the Colerain Township Senior and Community Center is to serve the Senior adults of Colerain Township and surrounding communities. The Colerain Township Senior and Community Center will further serve as a focal point of the community as it provides the link between needs and necessary services and delivery of those services.

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#### **Senior Center's Mission Statement**

The mission of the Colerain Township Senior and Community Center is to provide quality programs, services, and volunteer opportunities in a caring and supportive atmosphere for individuals 55 and over.

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#### **Council on Aging Meals Program**

The Colerain Township Senior and Community Center offers a daily noon meal from the Council on Aging. This complete, nutritious and delicious meal is available for a \$1.50 donation for those 60 and over. Please call your meal reservation in by 12:00 noon the day before. Join us soon for good food and good company!!

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#### **Center Staff:**

**Kay Klosterman, Director**

**Marlene Smith-Hall, Activities Director**

**Andrea Wade, Secretary**

**Kandy Marshall, Special Programs Coordinator**

**Ray Richburg, Transportation Driver**

**Special Events Attendants:**

**James Blackmon, Ron Haggard, Pat Koester,**

**Bud Rader**

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**Colerain Township Senior & Community Center**

**4300 Springdale Rd**

**Colerain Township, OH 45251**

**513-741-8802**