

NewSkokie



June/July 2008


The award-winning municipal information source

July 4th Celebration

Celebrate the birthday of the United States of America with the 25th annual Skokie 4th of July Parade beginning at noon on Friday, July 4th on Oakton Street in Downtown Skokie. The parade takes place rain or shine.

The 4th of July Parade Committee, led by Fern Katz, has worked for months to bring top-rated bands to march in the community. Bring a lawn chair and a picnic lunch and join the crowds lining Oakton Street and Lincoln Avenue to view the parade.

The parade is followed by an evening of family festivities beginning at 5 p.m. on the grounds of Niles West High School, 5701 Oakton Street. Musical entertainment begins at 6 p.m. End the evening with a spectacular, 3-D 4th of July fireworks celebration (scheduled for dusk).

Parade sponsors include the Village of Skokie, Skokie Park District and Niles Township Government. The fireworks are sponsored by the Village of Skokie and the Skokie Park District. 

Yard Waste Collection to Change Beginning June 4, 2008

Beginning June 4, 2008, Village of Skokie Public Works crews will begin collecting residential yard waste. The collections will take place each Wednesday in all areas of the community. Residents are asked to place their yard waste materials in 30-gallon kraft paper bags. Brush should be tied up into small and manageable bundles four feet in length or less. Yard waste materials should be placed either at the curb or in the alley where refuse and recycling collections occur.

Yard waste collections will continue to be collected by the current contractor, Groot Industries, through May 30, 2008. Village crews will begin collection on June 4, 2008 and continue through October 15, 2008 when the Village's fall leaf collection program begins.

In previous years, the Village contracted with a private solid waste hauler to provide yard waste collection service. With Public Works crews providing

the service this year, the Village will save approximately \$100,000 over private-sector proposals that were received this year. Due to Public Works crews providing the 2008 yard waste collection, residents will not be required to purchase pre-paid stickers as would likely have been required if the Village had continued with a private contractor.

For more information about yard waste collection, guidelines and restrictions please visit the Public Works webpage at www.skokie.org or call 847/933-8427. 

Weekly Recycling Collection Begins on June 2, 2008. Turn to pages 4 and 5 for details.

Vehicle Stickers

All vehicles registered with the State of Illinois to a Village of Skokie address must display a valid Village vehicle sticker. Even if the vehicle is not physically in Skokie it must display a Village sticker. The address appearing in the Illinois Secretary of State's records for the vehicle is the criterion. Households with vehicles that are currently registered with the Village will begin receiving renewal notices in June.

Beginning June 1, passenger vehicle stickers will be on sale at Village Hall. The Collections Division is open from 8:30 a.m. to 5 p.m., Monday through Friday, and from 8:30 a.m. to 12 p.m. on Saturdays from May 1 through October 31.

Vehicle stickers must be displayed on automobile windshields by August 31. Passenger vehicle stickers purchased prior to August 31 of each year cost \$20. After that date, the cost increases to \$30 per sticker.

For more information please visit www.skokie.org or call the Finance Department at 847/933-8423. 

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First Time Home Buyers

The Village of Skokie, in conjunction with the Illinois Housing Development Authority (IHDA), encourages low- and moderate-income, first-time home buyers to apply for participation in a housing assistance program. The program is operated by IHDA and offers special financial incentives to make purchasing a home in Skokie more affordable. Three options address the individual needs of first time home buyers.

The first option is the H.E.L.P. Program that provides qualified home buyers with a 4.25 percent grant of the purchase price. Three percent of the home's purchase price can be applied to reduce the buyer's down payment amount and 1.25 percent can be used to reduce mortgage closing costs.

The second option is the IHDA mortgage program that provides 30-year, fixed-rate financing through approved local lenders at rates typically .25 to .50 percent below conventional interest rates.

The third option is the I-Loan certificate program. This option provides a dollar-for-dollar tax credit on the buyer's income tax return of 20 percent of the annual interest paid on the life of the mortgage. This credit results in greater mortgage capacity because the homebuyer effectively has more income to put toward the purchase. The balance of the interest paid on the mortgage is still tax deductible.

All of these programs have income limits and maximum purchase price restrictions. The household income limits for first-time buyers in Skokie are \$71,600 for a household of one or two persons, or \$82,340 for a household of three or more persons. The maximum purchase price for a single unit residence is \$325,890. Buildings of two, three and four units can be purchased with maximum prices of \$367,060, \$445,960 and \$514,570, re-

spectively. Home buyers must reside in the building that is purchased.

Interested first-time home buyers seeking a Skokie home may contact Tom Thompson, Economic Development Coordinator, at 847/933-8446 for more information.

Application information is available by calling IHDA at 312/836-5200 or on the web at www.ihda.org. ∞

Leaf Blowers, Lawn Mowers

Occasionally, the Village receives complaints about loud lawn care equipment. Residents are reminded that the Village Code addresses these concerns, limiting use of this type of equipment as follows:

- Lawn care equipment, except for gas-powered leaf blowers, may be operated only between the hours of 8 a.m. and 9 p.m., Monday through Friday; 9 a.m. and 9 p.m. on Saturdays and 10 a.m. and 9 p.m. on Sundays and holidays.
- Gas-powered leaf blowers may only be operated between the hours of 9 a.m. and 8 p.m. Monday through Sunday, including holidays.
- Throwing grass clippings in a sewer, ditch or open pit area, or upon vacant lots or public rights-of-ways is prohibited.

Homeowners are responsible for making certain that the use of lawn equipment occurs within permitted hours of operation. Residents who use the services of a landscaping contractor should advise them of the hours of operation for lawn care equipment.

Please visit www.skokie.org for more information about leaf blower and lawn mower usage information. ∞



Did you know you have free access to the Internet in Downtown Skokie? The four public spaces that have free Wi-Fi Internet access are:

- Memorial Park at Krier Plaza (Lincoln Avenue at Oakton Street)
- Veteran's Park (Cleveland Street and Lincoln Avenue)
- Village Green (Between Village Hall and the Skokie Public Library)
- Oakton Community Center (Oakton Street at Skokie Boulevard)

For more information, please visit www.skokielinek.org or call 847/933-8210. ∞

Home Improvements Program

If you are a Skokie homeowner you may be eligible to receive financial assistance to improve your home. The goal of this program is to assist low-and moderate-income households to maintain the quality of their homes and reduce home energy consumption. Added program benefits include increased year-round comfort, lower utility bills and increased property value.

Qualified, low-income households are eligible to receive grants from the Village of up to \$8,000 for eligible housing improvements. Qualified moderate-income households are eligible to receive no-interest loans from participating banks with the entire interest subsidized by the Village. The maximum loan amount for which the Village will provide an interest subsidy is \$8,000. The Village of Skokie makes the grants and interest subsidies to homeowners using Community Development Block Grant funds.

To become eligible for this program, you must own and reside in a single-family house, townhouse, two-flat, condominium or co-operative and meet income limits set by the federal government.

Home improvements eligible under the program include most weatherization work, roof repairs or replacement, tuck pointing, exterior painting, window replacement, furnace repair or replacement and major structural repairs.

As part of the program's requirements, participating households receive a free inspection by the Village Property Standards Division.

Normal home maintenance or decorating procedures such as interior painting, carpeting, and kitchen remodeling or decorating are ineligible under the program.

Local banks participating in the loan portion of this program include Cole-Taylor Bank, First American Bank and North Shore Community Bank. These institutions make loans to qualified homeowners and the Village pays the interest.

For more information on how to apply for this program, please call the Village Property Standards Division at 847/933-8224. ∞

Skokie Communicates

Visit the Village online at www.skokie.org

Subscribe to **SkokieNews** newsletter

Call **847/675-INFO**

Read **NewSkokie**

Watch **SkokieVision** Cable

Annual Property Owners' Award

The Village of Skokie Beautification and Improvement Commission invites all property* owners to participate in the annual Property Owners' Certificate of Appreciation Award. Please return signed ballots by **August 1, 2008**. *Property may include a home, business, condominium, school, church or synagogue.

Rules

- Please submit photograph(s) of the front of the property. If the property is on a corner lot, the side landscape may also be included.
- Process all photographs as duplicates and place inside a mailing envelope.
- On the face of the envelope, print or type the following: name, address of property owner (renter if applicable) and phone number.
- Inside the envelope, write the property owner's name(s) as it should appear on the certificate. (For example: Mr. and Mrs. Joseph Smith.) Please also include the property owner(s) address, phone number and the authorization form found below.
- Ballots must be received by **August 1, 2008**.

AUTHORIZATION TO USE PHOTOGRAPHS FOR PUBLICITY AND PROMOTION: I grant permission to the Beautification and Improvement Commission of the Village of Skokie to use the enclosed photograph(s) or to re-photograph my property for the purpose of entering the property in the Annual Property Owners' Award Program. All photographs submitted become the property of the Village of Skokie whether or not the subject is determined to be a winner. I also release these photographs to be used for promotion and publicity in the Village of Skokie and/or in other newsletter and media outlets.

Signature of
Property Owner(s):

Print Name(s):

Address:

Phone Number:

Return ballots to:

**Chairman: Beautification and
Improvement Commission**

**Village of Skokie Public Works Department
9050 Gross Point Road
Skokie, Illinois 60077**

Weekly Recycling Collection Begins June 2

Weekly Single-Family Residential Recycling

Beginning June 2, 2008, single family homes in Skokie will receive weekly recycling collection. The Village Board recently approved this service increase, the costs for which will be partially offset by a new recycling incentive credit from the Solid Waste Agency of Northern Cook County (SWANCC). When the new weekly service begins, residents will no longer need to refer to the 'green' and 'gold' recycling collection routes. Please see the map below for more information.

Condominium Refuse Collection Vendor Change

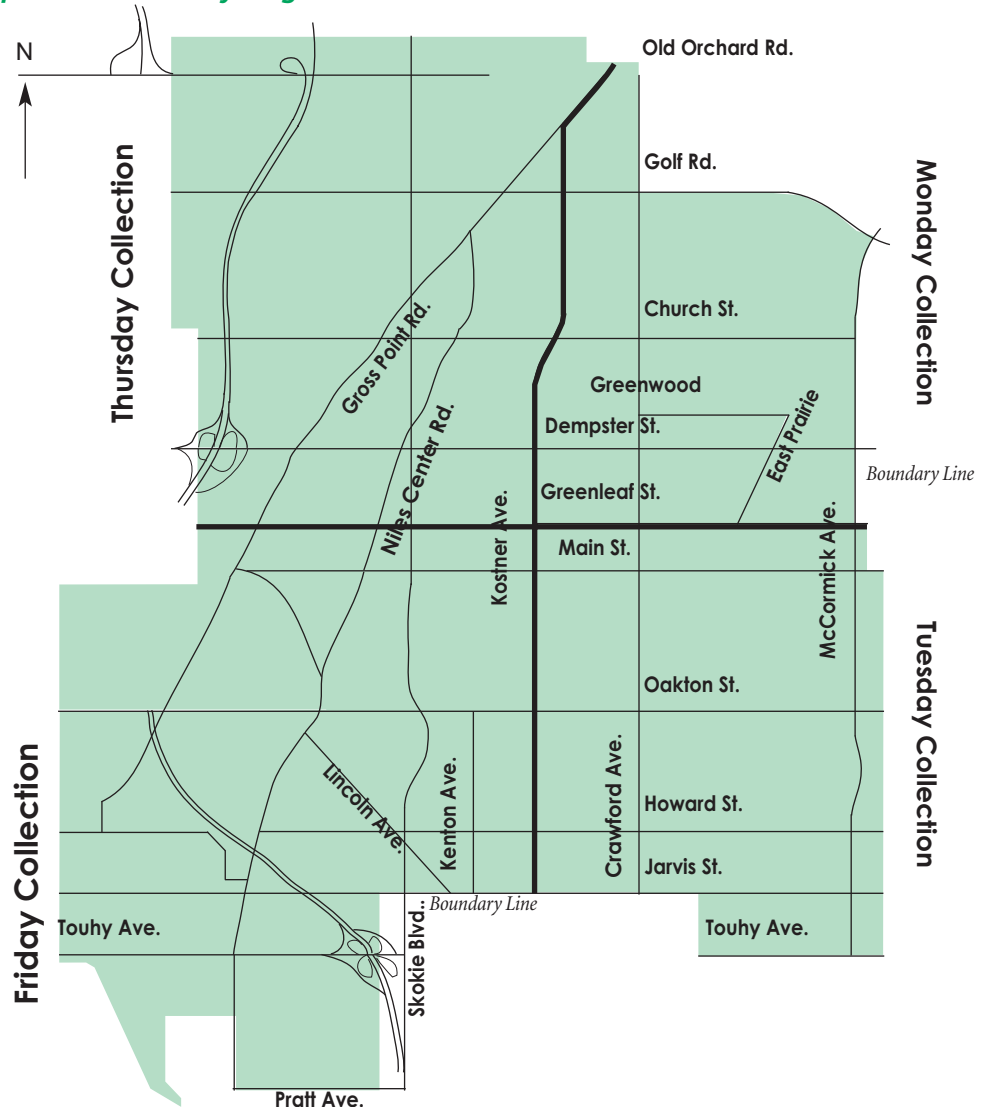
In June 2008, the Village enters into a new contract for collection of refuse and recycling from condominiums in Skokie. The new contract is with Veolia Environmental Services, which submitted the lowest cost proposal for the service. The Village expects to keep program changes to a minimum, and any necessary changes will be coordinated with individual building or condominium associations. For more information on condominium refuse and recycling collection programs please contact Public Works at 847/933-8271.

Single-Family Residential Recycling Collection Dates

Please see map to the right for specific weekly recycling collection days.

- **MONDAY:** Residents living east of Kostner Avenue and north of Greenleaf Street will have recycling collection every Monday.
- **TUESDAY:** Residents living east of Kostner Avenue and south of Greenleaf Street will have their recycling collection every Tuesday.
- **THURSDAY:** Residents living west of Kostner Avenue and north of Greenleaf Street will have their recycling collected on Thursdays.
- **FRIDAY:** Residents living west of Kostner Avenue and south of Greenleaf Street will have their recycling collected every Friday. ♻️

Map of Skokie - Recycling Collection Dates



Recycling Collection Guidelines

Please do not mix garbage or yard waste material in the recycling cart. In curbside collection areas, set out recycling containers by 7 a.m. on collection day, but not before 6 p.m. the night before. The total weight of the filled recycling cart should not exceed 150 pounds. Please flatten large boxes and place next to the cart. For more information on acceptable recyclable materials, please visit www.skokie.org.

Accepted Materials in the Recycling Program

Non-Paper Materials:

- Aluminum cans, foil and tins
- Beverage six-pack rings
- Empty aerosol cans
- Empty/dry steel paint cans
- Foam egg cartons
- Glass containers – all colors
- Plastic containers marked 1 through 7
- Plastic grocery bags
- Plastic newspaper bags
- Small plastic foam trays
- Steel, tin and bi-metal cans



Paper Materials:

- Catalogs
- Chipboard (cereal boxes, etc.)
- Colored paper
- Corrugated cardboard
- Gable-top cartons
- Gift wrap
- Juice drink boxes
- Junk mail
- Magazines
- Newspaper
- Phone books
- Paper egg cartons
- Paper grocery bags
- White paper



Materials Not Accepted in the Recycling Program

The Village cannot accept any food scraps, clothing, coat hangers, cookware, light bulbs, mirrors, motor oil containers, paper plates, paper towels, plastic toys, soiled pizza boxes or window glass.

Compact Fluorescent Lightbulb Recycling

Residents may bring spent Compact Fluorescent Lightbulbs (CFLs) to the Skokie Health Department for proper disposal. Please be sure to put the spent CFLs in zip-lock-type baggies for extra protection. Please note that for safety reasons, four-foot bulbs will not be accepted. The Skokie Health Department is located on the lower level of Village Hall, 5127 Oakton Street and open from 8:30 a.m. to 5 p.m., Monday through Friday.




Hazardous Waste Disposal

For hazardous waste disposal information and collection sites please call the Solid Waste Agency of Northern Cook County (SWANCC) at 847/724-9205 or visit them online at www.swancc.org.

Remember, recycling benefits the entire community, so do your part to help minimize the amount of waste sent to landfills each year.

For more information on recycling collection please contact the Public Works Department at 847/933-8427 or visit www.skokie.org.





For additional information on refuse and recycling collection please call the Skokie Public Works Department at 847/933-8427 or visit www.skokie.org.



The Skokie Village Board meets the first and third Mondays of each month, except in the case of a holiday. Meetings begin at 8 p.m. in the Council Chambers of Skokie Village Hall, 5127 Oakton Street.

Watch Village Board Meetings on SkokieVision Cable Television (Channel 25 on RCN systems, Channel 17 on Comcast systems). The Board Meetings are broadcast at noon and 8 p.m. on the Thursday, Saturday and Tuesday following a Board Meeting.

Upcoming Public Meetings

All meetings are held at Village Hall (5127 Oakton Street).

Board of Trustees:

June 2 and 16

July 7 and 21

Plan Commission:

June 5 and 19

July 3 and 17

Appearance Commission:

June 11 and 25

July 9 and 23

Zoning Board of Appeals:

June 4 and 18

July 2 and 16



Recent Village Board Action

The Village Board approved the appointments of five Skokie residents to the Public Arts Commission. The appointments include Honorable Barbara M Meyer as Chair, Donald J. Bulucos, Michael C. Dorf, Joseph J. Folise and Pam Garbarini. The Public Arts Commission will purchase outdoor art pieces, primarily sculpture, to place in Downtown Skokie commercial areas. The art will be purchased using money generated by a small fee that is collected with every building permit issued by the Village of Skokie.

The Village Board approved a resolution authorizing the preparation of a Phase I Engineering Services Agreement for a Gross Point Road improvement project. Gross Point Road between Golf Road and Old Orchard Road is scheduled for pavement, intersection, storm water, sidewalk and bike lane improvements. Federal funds will cover 70% of the costs and the State of Illinois will pay the remaining 30% of costs. Construction on this project is scheduled to begin in 2011.

The Village Board approved a Local Agency Agreement for Federal Participation – Right-of-Way and authorization for the Village Manager to sign the Quick Take Use Request letter as they relate to the Golf Road/Skokie Boulevard Intersection improvement project. The Village currently is in Phase II of the project and construction is slated to begin in late 2008 or early 2009. All but \$382,000 of this \$4.9 million project will be funded through federal and State of Illinois funds.

The Village Board approved a taxicab rate of fare increase in the flat rate to O'Hare International Airport as well as a meter increase and rate for each additional passenger over the age of 12. The new current rate will be \$26 plus a \$1 fuel surcharge. The rate increase was requested due to cost increases in fuel and other operating expenses. The last flat rate increase to O'Hare was in 2005 and the meter rates were adjusted in 2001. The meter increase of \$0.20 per mile will change the current rate of \$1.80 to \$2.00 per mile. The rate for each additional passenger over the age of 12 is increased from \$1.00 to \$2.00.

Skokie Fine Arts Commission

The Skokie Fine Arts Commission is now accepting applications for the 2008-2009 granting year. To be eligible for a grant, all projects and programs must take place between May 1, 2008 and April 30, 2009.

Schools and arts organizations are invited to submit arts-related project and programs for grants of either \$250 for Skokie schools or varying amounts for arts organizations.

If you are a first time grant applicant, please consider attending the Fine Arts Commission Grant Workshop on Wednesday, November 12 at 7:30 p.m. at Village Hall, 5127 Oakton Street.

For more information or to download a copy of the grant application, please visit www.skokie.org.



NIPSTA Public Safety Awareness Day

The Northeastern Illinois Public Safety Training Academy (NIPSTA) Foundation hosts its first-ever public awareness event on Sunday, June 8, 2008 from 11 a.m. to 3 p.m. The NIPSTA Campus, located at 2300 Patriot Boulevard in Glenview, is home to a 20-acre training facility for police, fire, public works and other emergency response personnel. Dozens of Chicagoland communities, including the Village of Skokie, benefit from the one-of-a-kind training opportunities that are delivered to local first responders.

To showcase its specialized programs and facilities, NIPSTA is open to the public for this one day of live demonstrations and hands-on activities. Participants of all ages are invited to join in the fun. Scheduled activities include a fire hose spray, squad car rides, search dog demonstrations, horse-mounted police, backhoe equipment operations, high-rise fire rescues, driver training simulators, crime scene evidence collection, touch-a-truck displays and more! Food and beverage service is available on-site. Free parking is across the street from the NIPSTA Campus entrance.

Admission is \$5 per person and children under three years of age will be admitted free. Ticket sales are available at the door – cash only. All proceeds benefit the public safety training mission of the NIPSTA Foundation.

For more information on Public Safety Awareness Day please visit www.NIPSTA.org or call 847/998-8090. ∞

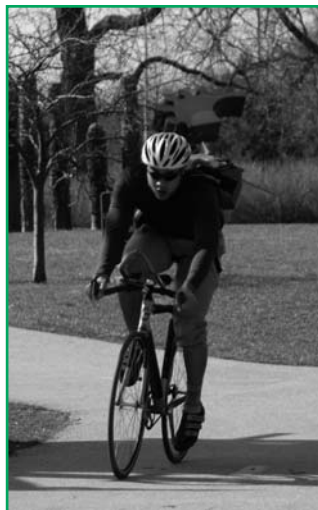
The Village of Skokie Encourages Bicycle Safety

As a reminder to residents, the State of Illinois and the Village of Skokie have specific laws to protect pedestrians, motorists and cyclists.

- By Village Ordinance, riders under the age of 16 must wear a helmet.
- Obey all traffic signs and markings.
- No more than two cyclists may ride side by side.
- Cyclists can ride on Skokie sidewalks, minding pedestrians, except for in the B5 Downtown Business District which includes the area from: Oakton Street from Skokie Boulevard to Lockwood Avenue, extending north and south on Lincoln Avenue between Cleveland Street and Babb Avenue.

Other Village of Skokie bicycle safety suggestions include:

- Plan your route.
- Always ride with the flow of traffic.
- Yield to others including animals.



- Wear bright or reflective clothing.
- Do not wear headphones, listen to I-Pods, or distract yourself with wireless communication devices.

Following the laws and suggested safety procedures ensure a protected and proactive way to get around town. Learn more about bicycle safety at the Skokie Traffic Safety Commission's Traffic Safety Week, May 26 to June 1, 2008. Please see the article on this page for details about events planned during this week.

For more information contact the Skokie Police Crime Prevention Division at 847/982-5922, or visit www.skokie.org. ∞

Skokie Bicycle Safety Day

The Skokie Traffic Safety Commission is sponsoring Traffic Safety Week, held May 26 to June 1, 2008. Traffic Safety Week is designed to increase public awareness of traffic and pedestrian safety 52 weeks a year.

Join your friends and neighbors at the annual Village of Skokie Bicycle Safety Day, Sunday, June 1, 2008, from 10 a.m. to 2 p.m. at Oakton Park, 4701 Oakton Street. Children through age 14 can participate in games and win prizes. A bicycle safety course will be provided to test their knowledge of the law and their ability to properly handle a bicycle. Bicyclists can register their bicycles with the Skokie Police Department this day as well.

Members of the Skokie Park District, Skokie Police Department and the Skokie Fire Department will be on hand to promote pedestrian and traffic safety.

The rain date is June 8, 2008.

For more information, contact the Traffic Engineering Division at 847/933-8231.



Monday Senior Group

All programs take place at the Smith Activities Center located at 5120 Galitz Street. Programs begin at 1:30 p.m. unless otherwise noted. For more information on a Monday Senior Group Program please call 847/933-8208.

June 2 - TABLE GAMES

Reserve your table to play a game of your choice. Bring treats for your table and enjoy a fun afternoon with your friends.

June 9 - LET THERE BE MUSIC

(Note program time: 12:45-1:30 pm) Fairview School music teacher, Karyn Israel, will bring her students to perform musical spring selections. Treats will be served after the performance.

June 16 - OLD TIME RADIO RECORDINGS

Join us to listen to a 1946 radio recording of "Baby Snooks & Daddy."

June 23 - VIDEO—STORMY WEATHER

We'll show a video, "Stormy Weather" (1943), starring Lena Horne. Popcorn will be served.

June 30 - NO PROGRAM

July 7 - TABLE GAMES

Reserve your table to play a game of your choice. Bring treats for your table and enjoy a fun afternoon with your friends.

July 14 - BINGO

Join us for an afternoon of Bingo. There is no charge and small prizes will give given out.

July 21 - OLD TIME RADIO RECORDINGS

Join us to listen to a 1947 radio recording of "The Milton Beryl Show."

July 28 - VIDEO: STAIRWAY TO HEAVEN AND VIDEO: PREVENTING STROKES

A short informational video on identifying strokes will play first then the feature presentation "Stairway to Heaven" (1946), starring David Niven and Kim Hunter, will be shown. Popcorn will be served.

Skokie Northshore Sculpture Park Adds New Sculpture

The Skokie Northshore Sculpture Park will dedicate a unique new sculpture that local artist, Joe Folise, hopes will breathe new life into what has been a key attraction for Skokie residents and visitors for almost 20 years. The event will take place in Section I of the two-mile-long outdoor sculpture exhibit on June 28, beginning at 1:00 p.m. Section I is located between Dempster and Main Streets, he said.

The new sculpture has multiple purposes, according to President Sculpture Park Board of Directors, Lewis Weinberg. He said that not only is the sculpture an attractive piece of art, it will also provide an ongoing legacy for supporters of the park and a source of income for the park itself. Residents, organizations and businesses will be able to purchase donor plaques in increments of \$125, \$500 and \$1,000 that will be placed on the branches of the tree. The plaques can be used to memorialize a loved one or to recognize the donors as individuals, families, organizations or businesses.



The Skokie Northshore Sculpture Park is a three-way partnership between the Village of Skokie, the Metropolitan Water Reclamation District of Greater Chicago and the Skokie Northshore Sculpture Park Board. Of the over 60 sculptures currently on display 19 sculptures, including Folise's new sculpture shown above, have been donated by the artists or owners.

More information about the Sculpture Park and how to donate can be found on the park's website, www.sculpturepark.org. ☞

Beware of Summer Air Pollution

Ozone is an odorless, colorless gas that has health implications. Though it occurs naturally in the stratosphere to provide a protective layer high above the earth, at ground-level it is a respiratory tract irritant.

When inhaled, even at very low levels, ozone can:

- Cause acute respiratory problems;
- Aggravate asthma;
- Cause significant temporary decreases in lung capacity of 15 to over 20 percent in some healthy adults;
- Cause inflammation of lung tissue;
- Lead to hospital admissions and emergency room visits [10 to 20 percent of all summertime respiratory-related hospital visits in the north-eastern U.S. are associated with ozone pollution]; and
- Impair the body's immune system defenses, making people more susceptible to respiratory illnesses, including bronchitis and pneumonia.

What causes Ozone?

Ozone is not emitted directly into the air, but is formed by gases called nitrogen oxides (NOx) and volatile organic compounds (VOCs) that in the presence of heat and sunlight react to form ozone. Ground-level ozone forms readily in the atmosphere, usually during hot weather. NOx is emitted from motor vehicles, power plants and other

sources of combustion. VOCs are emitted from a variety of sources, including motor vehicles, chemical plants, refineries, factories, consumer and commercial products, and other industrial sources. Changing weather patterns contribute to yearly differences in ozone concentrations from city to city. Also, ozone and the pollutants that cause ozone can be carried to an area from pollution sources located hundreds of miles up-wind.

Who is most at risk from exposure to Ground-Level Ozone?

Because children's respiratory systems are still developing, they are more susceptible than adults to environmental threats. The average adult breathes 13,000 liters of air per day. Children breathe even more air per pound of body weight than adults.

What measures can be taken to reduce the amount of Ozone in the air?

To avoid unnecessarily contributing to ozone pollution, the following steps may be taken to reduce emissions of smog-forming compounds.

- Limit driving. Share rides, carpool. Combine errands.
- Take public transportation.
- Avoid excessive idling of your automobile.
- Keep your car well-tuned.
- Refuel your car carefully and in the evening when it's cooler.

- Defer lawn and gardening chores that use gasoline-powered equipment.
- Postpone using oil-based paints and solvents.
- Defer use of household consumer products that release fumes or evaporate easily.
- Conserve energy, at home, at work and everywhere.

For more information on air pollution and steps you can take to reduce emissions please contact the Skokie Health Department at 847/933-8252.



Men: Taking Care of Yourself

No matter how much you know about men's health, it can't hurt to know more about ways to a better lifestyle, the top men's health concerns, and the importance of getting medical care and regular screening tests. After all, men not only have unique health concerns, but they also suffer more from certain diseases. And worldwide, women outlive men. Why? Some reasons include:

- Men tend to smoke and drink more than women and generally have less healthy lifestyles.
- Men do not seek medical help as often as women.
- Men tend to join in fearless, risky, dangerous behaviors more than women.

Men also largely define themselves by their work, which adds to stress, and they tend to "disconnect" from their emotional side. This can add to problems in relationships, as well as in jobs and careers.

The good news is that many of the major health risks that men face can be prevented and treated if they are diagnosed early. So, you deserve to pay more attention to yourself! Take better care of yourself physically, mentally, and emotionally. Or if you are a woman searching for ways to help the men in your life, tell them the same.

In conjunction with National Men's Health Week, men can contact the Skokie Health Department to schedule an appointment for a special screening clinic to be held on June 9 and 10. The screening tests include blood pressure, total cholesterol, diabetes, colorectal cancer, and hearing. These screenings are available free of charge to Skokie residents up to the capacity of the clinic. Proof of residency is required.

For more information or to schedule an appointment, contact the Skokie Health Department at (847) 933-8252.



The Village of Skokie will be closed on Friday, July 4, 2008 in observance of the Fourth of July Holiday.

June/July 2008

Refuse, Recycling and Yard Waste Collection



Recycling

Remember that weekly recycling collection begins the week of June 2, 2008. For more information, please see pages four and five or visit www.skokie.org.

Yard Waste

Beginning June 4, 2008, yard waste will be collected every Wednesday. For details on the change in this program, please see page one or visit www.skokie.org.

Holiday Collection Schedule for: Friday, July 4 - Independence Day

All Monday and Tuesday refuse and recycling are unchanged. Refuse and recycling collections scheduled for Thursday, July 3 will be made on Wednesday, July 2. Refuse and recycling collections normally scheduled for Friday will be made on Thursday, July 3. All yard waste during this week will be made on Saturday, July 5.

Health Happenings

Unless otherwise noted, all clinics are held at the Health Department, 5127 Oakton Street. Clinics marked with an (*) require advance registration. For more information or to register for a clinic, call 847/933-8252.

Blood Drive

Wednesday, June 11, 2-7:30 p.m. at Skokie Village Hall, 5127 Oakton Street.

Stop Smoking Clinic*

Tuesdays, June 3-6, 9 and 17 at 7 p.m. See page the green box to the right for details.

Men's Health Screening Clinic*

Monday, June 9 and Tuesday, June 10 from 9 a.m.- 1p.m.

Blood Pressure Screening

Tuesdays and Thursdays, 3-4:45 p.m., Wednesdays, 9-10:30 a.m. and 5-8 p.m.

Diabetes Screening*

Tuesday, June 24 and Thursday, July 17, 9 a.m.-12 p.m.

Nutrition Clinic*

Thursdays, June 26 and July 24, 9 a.m.-1 p.m.

Hearing Screening*

Fridays, June 13 and July 11, 9 a.m.-12 p.m.

Body Composition Analysis*

Mondays, 2-4:30 p.m., Wednesdays, 5-8 p.m., Thursdays, 9 a.m.-12 p.m. \$4 fee.

Lead Screening*

Wednesdays, 5-8 p.m. and Wednesdays June 4 and July 2 from 2-4 p.m. \$18 fee.

Nicotine Addiction Seminar

Wednesdays, June 25 and July 23, 7-9 p.m.

Lipid Profile Screening*

(Total Cholesterol, HDL, Triglycerides, LDL, Cholesterol/HDL Ratio) Mondays and Thursdays, 9 a.m.-12 p.m. \$12 fee.

Simple Cholesterol Screening

(Total cholesterol screening only) Mondays, 9 a.m.-1 p.m., Wednesdays, 5-8 p.m., Thursdays, 1-4 p.m., \$5 fee.

Immunization Clinics*

Tuesdays and Thursdays, 9 a.m.-12 p.m., Wednesdays, 5-8 p.m. and Wednesdays, June 11, 25 and July 9, 23, 1:30-4 p.m.

Nutrition Lecture

Thursday, June 26, 2 p.m. Topic: "Herbs You Can Use and Grow" and Thursday, July 24, 2 p.m. Topic: "Fiber: The Main Attraction".

TB Skin Testing*

Mondays and Fridays, 9 a.m.-1 p.m., Tuesdays, 1-4:45 p.m.

Well Child Clinic*

Tuesdays, June 17 and July 15, 8:30 a.m.-3 p.m.

Smith Center Activities

Located at 5120 Galitz Street. Please call 847/933-8208 for more information or to register.

Rules of the Road

Review for driver's exam. Mondays, June 2 and July 7, 9:15 a.m.-12 p.m.

Needlework

Socialization and needlework. Mondays, 10 a.m.

Chess

Wednesdays and Fridays, 12-4:30 p.m.

Woodcarving

Fee required. Tuesdays, 9-11:30 a.m. Instructor: Irv Marion

Chair Exercises

Registration required. Fridays, 11:00-11:30 a.m.

Monday Group

See page eight for details. Mondays, 1:30 p.m.

Low Vision Support Group

Everyone is welcome. Tuesday, June 10, 1:30-3 p.m. No July meeting.

Womens' Discussion Group

Wednesdays, June 11, 25 and July 9, 23, 1:30-3 p.m.

Stamp Club

Wednesdays, June 4, 18 and July 2, 16, 1:30 p.m.

Illinois Cares RX and RX Plus

(Formerly known as Circuit Breaker) Appointments are necessary. Monday mornings.

Conversational Yiddish

No fee or registration required. Everyone is welcome. Tuesdays, June 17, 24 and July 15, 22 and 29, 1:30 p.m.

Medicare Supplement Claims Assistance/Senior Health Insurance Program

Appointments are necessary. Wednesdays, June 11 and July 9, 9 a.m.- 12 p.m.

Stop Smoking Clinic

The Skokie Health Department, in conjunction with the Evanston Health Department, is offering a stop smoking clinic. Conducted by Mr. Jerry Zabin, the clinic is free of charge for anyone who lives or works in Skokie or Evanston.

The clinic will meet on June 3, 4, 5, 6, 9 and 17 at 7 p.m. at Skokie Village Hall, 5127 Oakton Street.

Advance registration is required for the Stop Smoking Clinic. For more information or to register please contact the Skokie Health Department at 847/933-8252.

Simple Will/Durable Power of Attorney/Living Will Program
Program for low-income seniors who meet requirements. Fee charged by attorney. Call for program details. Must have at least 7-8 people registered for meeting in order for program to occur.

Skokie Senior Mens Group Discussion
 Wednesdays, 9:30 a.m., Weber Park, 9300 Weber Park Place.

Conversational German
 Thursdays, June 5, 19 and July 3, 17, 1:30 p.m.

News and Views Discussion
 Fridays, 10 a.m.

Mens' Discussion Group
 Fridays, 1:30 p.m.

Hearing Loss Support Group
 Thursdays, June 12 and July 10, 1:30-3 p.m.

Silver Singers
 Mondays, June 2 and July 7, 3 p.m.

Readers Circle
 Thursdays, June 5 and July 3, 1:30-2:30 p.m.

Bright Ideas ESL Class
 Mondays and Thursdays, 9:15-11:15 a.m. Registration required.

U.S. Citizenship Class
 Meets Thursdays at 1:30 p.m. at the Smith Activities Center. Please call 847/933-8208 to register for the class.

CPR Schedule
 Please call the Skokie Fire Department at 847/982-5340 for June 17 and July 15, 2008 program information.

Residents:
 \$15 refundable fee.
Non-residents:
 \$20 non-refundable fee.

Skokie Park District
For more information on Park District programs, call 847/674-1500 or visit www.SkokieParkDistrict.org.

Woofstock 2008
 Celebrate Skokie's canine counterculture at the district's only dog recreation area! Features an afternoon of dog acts, food, music and family fun. June 1, 11 a.m. to 3 p.m. Channelse Park, 3220 Oakton Street.

Pancake Breakfast in the Woods
 Visit Emily Oaks Nature Center for a sun-rise breakfast in the woods! Sunday, July 13, 8:30 a.m. to 12 p.m. \$4.50-\$6.50 admission. Emily Oaks Nature Center, 4650 Brummel Street.

Fourth of July Parade & 3-D Fireworks Festival
 Featuring a parade, picnic, live music and incredible 3-D fireworks show! Wednesday, July 4, 12 p.m. to dusk. Downtown & Niles West High School (Oakton Street and Edens Expressway).

Sunday Night Concerts in the Park
 Free world-class entertainment sure to please the entire community! Sundays, July 13 - August 17, at 7 p.m. Devonshire Park, 4400 Greenwood Street.

Wednesday Magical Merry-Go-Round Children's Concerts
 These free family-oriented performances feature singers, storytellers, magicians and more. Arrive a half-hour early and participate in the pre-concert games and contests. Wednesdays, July 9-August 13 at 7 p.m. Various parks; call for information.

Save the Date! Skokie's Backlot Bash
 Bring the whole family to Skokie's summer downtown street fest! Featuring national music acts, including The Romantics, Lonnie Brooks, Eddy 'The Chief' Clearwater, The Shadows of Knight, and Tributosaurus as CSN&Y. Also featuring a carnival, auto show, business expo, 5K, and more. Friday-Sunday, August 22-24. See www.Backlot-Bash.com for acts and times.

Skokie Public Library
For more details on library activities and events, please visit www.skokieliibrary.info or call 847/673-7774.

Skokie Nights on the Village Green
 The High Strung, Friday, June 20, 7-8:30 p.m. at Village Green, located between the Library and Skokie Village Hall.

Preschool Concerts
FluteSweets & Tickletoons, Friday, June 20, 10:30-11:30 a.m.

Bike Stunts
 Performed by X Games Medalist Matt Wilhelm, Wednesday, July 9 from 7-8 p.m.

Rockin' and Rollin' to the Oldies
 DJ Scott McKay and the Empty Pockets, Thursday, July 31, 7-8:30 p.m.

Dancin' Under the Stars
 Wednesday, August 13, 6:30-8:30 p.m.

Preschool Concerts
Feeling Good, Singing Good with Allan Lieberman, Friday, July 25, 10:30-11:30 a.m.

North Shore Center for the Performing Arts in Skokie
Located at 9501 Skokie Blvd. For more information, call 847/673-6300 or visit www.northshorecenter.org

The Lady With All The Answers
Northlight Theatre
 June 1, 3-8, 11-15, 17-22, 25, 27-28. Call for showtimes.

Skokie Art Guild
Programs are held from 7-9 p.m. on the fourth Tuesday of the month in the Mary Radmacher Room at the Skokie Public Library, 5265 Oakton Street.

47th Annual Skokie Art Guild Art Fair
 July 12-13, 2008 at the Village Green, 5211 Oakton Street in Downtown Skokie. For information please call 847/677-8163.

Immigrant Information Series

The Village of Skokie offers a monthly Immigrant Information Series focusing on issues that are important to new and immigrant residents. All workshops are held at the Skokie Public Library, 5215 Oakton Street from 7 to 8:30 p.m. The workshops are free of charge and will be conducted in the English language. Children's activities will be available for children ages five and up.

The workshop series, which began in April, cover Immigrant Resources available to Skokie residents with topics ranging from emergency services to finding employment and enhancing job skills. Upcoming workshops include:

- June 2, 2008: Village of Skokie Services
- July 7, 2008: Adult Education and Language Skills

For a complete description of each workshop or to register for a workshop, please e-mail info@skokie.org.

This Immigrant Integration Series is sponsored by the Village of Skokie and funded by a grant from The Chicago Community Trust/Immigrant Integration Initiative.

