

City of North Olmsted – Division of Aging Meals on Wheels FAQ's (frequently asked questions)

Who is eligible for Meals on Wheels (MOW)? *

- ✓ Residents of the City of North Olmsted over the age of 55
- ✓ Living alone
- ✓ Homebound
- ✓ Unable to transport self to grocery store
- ✓ Unable to prepare own food

Can I request certain meals?

- ✓ The MOW program is able to cater to diabetic diets. However, the MOW program does *not* cater to individual tastes.

When do I receive the meals?

- ✓ MOW consumers may receive meals Monday, Wednesday, and Friday or Monday through Friday
- ✓ MOW consumers will receive their meals between 11:00am – 12:30pm delivered by North Olmsted Senior Center volunteers

How much does it cost and how do I pay for the meals?

- ✓ The MOW program costs \$7.10 per day for each consumer. Each day, the MOW consumer will receive one hot and one frozen meal. Consumers may also choose to receive only a hot meal for \$4.10 per day or only a frozen for \$3.00 per day.
- ✓ The North Olmsted Senior bills each MOW consumer at the end of each month. Please make checks payable to “The City of North Olmsted”.

Who cooks the food and where is it prepared?

- ✓ The North Olmsted Senior Center MOW program currently receives its meals from Mobile Meals, Inc. It is prepared and packaged at St. Paul's Lutheran Church in Berea and volunteers deliver the meals to the senior center. Another set of volunteers then pick up the meals at the senior center and deliver them to the MOW consumers.

How does one enroll in the program?

- ✓ Contact the North Olmsted Senior Center (440) 777-8100 to discuss options
 - ✓ An in-home assessment may be needed to determine eligibility
- ✓ The North Olmsted Senior Center Meals on Wheels Program only serves residents of North Olmsted.



* - The North Olmsted Division of Aging reserves the right to change the eligibility requirements on an “as needed”, individual basis.