

**Are there deliveries  
on holidays?**

- √ There are **no deliveries on holidays.**
- √ Meals will not be delivered on the holidays below:

New Years Day	1/2/12
President's Day	2/20/12
Memorial Day	5/28/12
Independence Day	7/4/12
Labor Day	9/3/12
Thanksgiving Day	11/22/12
Day After Thanksgiving	11/23/12
Christmas Eve	12/24/12
Christmas Day	12/25/12
New Year's Eve	12/31/12
New Year's Day	1/1/13



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**North Olmsted Senior Center**  
28114 Lorain Road  
North Olmsted, Ohio 44070  
Main: (440) 777-8100  
Outreach: (440) 716-4264  
Email: [huntt@north-olmsted.com](mailto:huntt@north-olmsted.com)  
Web: [www.north-olmsted.com](http://www.north-olmsted.com)

***North Olmsted  
Senior Center***

***Meals on Wheels  
Program***



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***“More Than  
Just a Meal!”***

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*Meeting the  
Opportunities and  
Challenges of Aging  
Today and Toward the  
Future*

**Telephone: (440) 777-8100**

## *Welcome to Meals on Wheels!*

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The North Olmsted Senior Center is happy to have you as part of our family. We make every effort to assure that you receive a nutritious meal delivered by a friendly, caring, volunteer driver.



### **Eligibility for Service\***

- √ Residents of the City of North Olmsted, over the age of 55
  - √ Living alone
  - √ Homebound
  - √ Unable to transport self to grocery store
  - √ Unable to prepare own food
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### **Nutrition**

- √ All meals are nutritionally balanced, with each consumer receiving one hot and one frozen meal
  - √ The program is able to cater to diabetic, renal, low cholesterol, low sodium, and low fat diets.
  - √ A prescription is required for special diets.
  - √ The program does *not* cater to individual tastes
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### **Delivery of Meals**

- √ Consumers may receive meals Monday, Wednesday, and Friday or Monday through Friday
- √ Consumers will receive their meals between 11:00AM - 12:30pm from North Olmsted Senior Center Volunteers
- √ If you are unable to answer the door, please let the senior center or the volunteer drivers know
- √ The North Olmsted Senior Center and the North Olmsted Police Department will start emergency procedures if there is any suspicion of injury or harm

\* The North Olmsted Division of Aging reserves the right to change the eligibility requirements on an "as needed", individual basis

### **Cost of Meals**

- √ The Meals on Wheels program costs \$7.10 per day for each consumer
  - √ The consumer will receive a bill from the North Olmsted Senior Center at the end of each month
  - √ If you need to cancel your meals for any specific date, please notify the Senior Center no later than 10:00 a.m. two business days prior. If a meal is cancelled past this time the consumer will be charged for the meal
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### **Weather Conditions**

- √ The North Olmsted Senior Center is closed due to weather when the city schools are closed
  - √ The Meals on Wheels program will do everything possible to deliver meals on these days
  - √ Staff from the senior center will contact you in the event of a delivery not being made
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### **Enrollment**

- √ Contact Tiffany Hunt, Outreach Coordinator at the North Olmsted Senior Center at (440) 716-4264 to discuss options
- √ An in-home assessment *may* be needed to determine eligibility
- √ The North Olmsted Senior Center Meals on Wheels program only serves residents of North Olmsted