

Frozen Meals Menu

There are twenty frozen meals that will be integrated into the menu throughout the month.

These meals will need to be heated in the microwave or oven according to the instructions on the label. Frozen meals come in a microwaveable container.

- Oven Broiled Beef Patty in Brown Gravy and Diced Tomato Bits
Whipped Potatoes
Italian Flat Beans
- BBQ Meatballs
Green Peas
Whole Kernal Corn
- Swedish Meatballs
Seasonal Carrot Cuts
Broccoli Cuts
- Chop Steak in a Ranch Style Gravy
Steakhouse Potatoes, Sour Cream, Onions & Chives
Seasoned Peas
- Chargrilled Salisbury Steak in a Brown Gravy
Seasoned Carrots
Seasoned Broccoli Cuts
- Swiss Steak with Mushroom Tomato Gravy
Whipped Garlic Mashed Potatoes
Summer Garden Medley
- Meatloaf with Country Style Gravy
Green Beans
Stewed Tomatoes
- Chicken Parmesan in Italian Tomato Sauce
Mashed Potatoes
Broccoli and Carrot Medley
- Southwestern Chicken Breast Patty with Mixed Vegetables in a Garden Tomato Sauce
Cut Green Beans
Strawberry Peaches
- Sliced Turkey with Cornbread Dressing
Whipped Sweet Potato
Green Peas with Onions
- Pork Cutlet with Brown Gravy
Whipped Potatoes
Garden Peas and Carrots
- Pork Riblet in BBQ Sauce
Old Fashioned Baked Beans with Tomato Bits
Whole Kernal Yellow Corn with Assorted Diced Peppers

- Italian Spaghetti with Meat Sauce
Broccoli Cuts
Mixed Vegetables
- Macaroni and Beef Casserole
Garden Green Peas
California Vegetable Blend
- All American Frankfurter and Oven Baked Beans
Parsley Corn
Cut Green Beans
- Oven Baked Breaded Fish Filet
Mixed Garden Vegetables
Cheesy Mashed Potatoes
- Macaroni and Cheese
Seasoned Carrot Cuts
Green Peas
- Breakfast Egg Omelet with Cheese
Potatoes O'Brien
Strawberry Applesauce
Crisp