

## North Olmsted Skating Academy

The City of North Olmsted has teamed up with the U S Figure Skating and created a new and improved Learn to Skate program. This program is used nationally as the best beginning ice skating program that is fun, challenging and rewarding. This program serves the needs of both the recreational and the competitive skater, and is also the official Learn to Skate program of USA Hockey.

This is the only Learn to Skate program of its kind in the Greater Cleveland Area. We not only offer innovative instruction that is both informative and motivational. We also include many extras, such as practice passes to 6 free public skates, extended lesson time, achievement patches to mark a student's progress, an end of session party where skaters will be presented with their achievement patches, and a Basic Skills record book for students to use to monitor their individual progress.

### Fast Track

As a special offer to help with the learning process, we are offering the "Fast Track Skating Program". This program is designed to offer more instruction to each skater at a reduced cost, thus helping the skater advance at a faster rate. When you sign-up for a skating class, you can purchase a second weekly class for half price.

### Free Rental Skates

Skates are the most important piece of equipment for skating. Poor quality skates will make it difficult for a student to be able to skate. Skaters usually progress very quickly with top quality skates. The North Olmsted Recreation Complex is proud to have the highest quality rental skates in the Cleveland area and offer these skates to our students free for every class.

## Free Introductory Skating Class

Free Introductory Skating Classes will be held February 13, 15 & 17, 2012. This is a great class to test the ice and meet the instructors. Class times are as follows:

### **Monday February 13, 2012**

9:30 AM Free Parent & Tot  
9:30 AM Beginner Tot  
5:45 PM Beginner Tot  
6:30 PM Basic 1

### **Wednesday February 15, 2012**

5:45 PM Free Parent & Tot  
6:15 PM Free Beginner Tot  
7:00 PM Basic 1

### **Friday February 17, 2012**

12:30 PM Free Parent & Tot  
12:30 PM Beginner Tot

To register for this free program, please call the Recreation Complex at 440-734-8200

## Class Descriptions

### Parent & Tot

**Ages 2 1/2 to 4.** This is a great family program where skaters and parents learn together the basics of skating. Skaters advance from Parent & Tot to the Snowplow Sam.

### Snowplow Sam 1- 3

**Ages 3 to 6.** This tot beginner program is designed to make the skaters more comfortable and in control when they are on the ice. The Snowplow program is built on 3 levels. Snowplow Sam 1 introduces skills such as: marching across the ice (both forward and backward), gliding, and the proper falling and standing techniques. Snowplow Sam 2 introduces skills such as: swizzles, slaloms in and out of obstacles, and stronger forward and backward skating. Snowplow Sam 3 introduces skills such as: backward swizzles, forward-to-back turns, snowplow stops, one-foot gliding, along with other intermediate skating skills.

## Basic 1

This class has been designed for the beginner skater **ages 6 and over.** Students learn proper falling and standing skills, forward and backward skating, two-foot glides, hopping, and beginning stops. Children learn to be comfortable on skates and really enjoy the ice. Recommended for figure skating and hockey.

## Basic 2-5

Recommended for both hockey and figure skaters, these classes teach the fundamentals of all skating. A few of the many elements taught include forward & backward skating, stops, cross-overs, turns, balance and edges.

## Basic 6 – Freestyle

For those interested in figure skating. Learn advanced skating skills, including basic jumps and spins.

## Adult

Designed for the beginning adult who has never skated, or has yet to achieve a smooth stroke and gliding motion. Making adult feel comfortable on the ice is our number one goal.

## Registration Information

**Residents February 11, 2012**  
**Snow Plow Sam, Basic 1 - 8 \$55.00\***  
**Jr. Club \$65.00\***

**All Others February 15, 2012**  
**Snow Plow Sam, Basic 1 - 8 \$65.00\***  
**Jr. Club \$75.00\***

\* All first time skaters for the season must pay a US Figure Skating fee

### **\*US FIGURE SKATING FEE**

The US Figure Skating requires that each Learn to Skate student pay an annual membership fee of \$12.00. This covers Basic Skills materials, badges, books and **insurance.** This one time fee is effective from July 1, 2011 - June 30, 2012. For more information on this fee, please see the Rink Supervisor or the Learn to Skate Director.

## Skating Schedule for Winter II

(February 20 - March 31, 2012)

### **Parent & Tot**

Monday 9:30- 10:15 AM  
Tuesday 5:45 - 6:30 PM  
Saturday 9:00 - 9:45 AM

### **Snowplow Sam 1**

Monday 9:30 - 10:15 AM  
Tuesday 5:45 - 6:30 PM  
Friday 12:30 - 1:15 PM  
Saturday 9:00 - 9:45 AM

### **Snowplow Sam 2**

Tuesday 6:30 - 7:15 PM  
Wednesday 9:30- 10:15 AM  
Thursday 12:30 - 1:15 PM  
Saturday 9:45 - 10:30 AM

### **Snowplow Sam 3**

Tuesday 6:30 - 7:15 PM  
Wednesday 10:15 - 11:00 AM  
Thursday 1:15 - 2:00 PM  
Saturday 10:30 - 11:15 AM

### **Tot Basic 2**

Tuesday 6:30 - 7:15 PM

### **Basic 1**

Tuesday 6:30 - 7:15 PM  
Wednesday 5:30 - 6:15 PM  
Friday 7:00 - 7:45 PM  
Saturday 11:15 - 12:00 noon

### **Basic 2**

Tuesday 6:30 - 7:15 PM  
Wednesday 6:15 - 7:00 PM  
Friday 6:15 - 7:00 PM  
Saturday 12:00 - 12:45 PM

### **Basic 3**

Tuesday 6:30 - 7:15 PM  
Wednesday 7:00 - 7:45 PM  
Thursday 6:45 - 7:30 PM  
Friday 5:30 - 6:15 PM

### **Basic 4**

Tuesday 6:30 - 7:15 PM  
Thursday 6:00 - 6:45 PM  
Friday 4:45 - 5:30 PM

### **Basic 5**

Thursday 5:15 - 6:00 PM

### **Basic 6**

Monday 4:45 - 5:30 PM

### **Basic 7**

Monday 5:30 - 6:15 PM

### **Basic 8**

Monday 6:15 - 7:00 PM

### **Freestyle 1**

Monday 7:00 - 7:45 PM

### **Jr. Club / Main Rink**

Tuesday 5:45 - 6:30 PM

### **Adult Beginner**

Tuesday 7:30 - 8:15 PM

### **Adult Advanced**

Tuesday 8:15 - 9:00 PM

Additional information available at:  
[www.getontheice.com](http://www.getontheice.com)

**North Olmsted Recreation Complex**  
**26000 Lorain Rd.**  
**North Olmsted, Ohio 44070**  
**(440) 734-8200**

North Olmsted Skating Academy's

# Learn to Skate



## Winter II

February 20 - March 31, 2012

The Official  
Learn-To-Skate Program for  
US Figure Skating And  
USA Hockey

**Free Classes**  
**Feb. 13, 15 & 17, 2011**