

Employee Assistance Program (EAP)

Benefits Overview



Free, confidential support.

Any time, day or night.

Call toll-free or visit us online.

1-800-955-6422

www.MyLifeValues.com

Login: townofmooreville

Password: eap

Employee Assistance Program

Employees and household members can confidentially address and resolve personal and workplace challenges through the Aetna Employee Assistance Program (EAP). You can use up to 6 face-to-face sessions per employee and household member per issue per year at no charge to you. The EAP offers short-term counseling on all aspects of life, including:

- Relationship difficulties
- Emotional/psychological concerns
- Work or family stress and anxiety
- Alcohol and drug abuse
- Personal and life improvement
- Legal or financial topics
- Depression
- Childcare
- Eldercare issues
- Grief issues

Legal / Financial Services

Your EAP benefit offers legal and financial guidance from qualified professionals, including an initial 30-minute consultation for each issue. Typical financial matters include credit counseling, debt and budgeting assistance, tax planning, and retirement and college planning.

- Initial 30-minute consultation
- Free online will valid in 49 states
- Telephonic tax consultation
- 25% discount when retaining attorney services
- Detailed wills and trust preparation
- 60-minute identity theft consult
- Mediation services
- Website forms and information
- Legal and financial library

Telephonic and Online Worklife Resources

Through the Worklife program, employees and their households can receive assistance for a variety of concerns including childcare, eldercare, adoption, daily living issues and other issues they may encounter.

- Monthly webinars on various topics
- Childcare and eldercare searches
- Public and private school searches
- Adoption resources
- Health assessments and tools
- Health and wellness resources
- Household services
- College search and financing tools
- Veterinarian and pet care searches
- Over one million Worklife providers

Aetna is the brand name used for products and services offered through the Aetna group of subsidiary companies. The EAP is administered by Aetna Behavioral Health, LLC and Aetna Life Insurance Company (Aetna).

All EAP calls are confidential, except as required by law (i.e., when a person's emotional condition is a threat to himself/herself or others, or there is suspected abuse of a minor child, and in some areas, spousal or elder abuse).

Information is believed to be accurate as of the production date; however, it is subject to change.