

4TH ANNUAL

Pray~Hope~Believe Foundation Fourth of July 5K

Saturday, July 4, 2015

Colerain Township Municipal Complex

4200 Springdale Road

Cincinnati, OH 45251

EVENTS

8:15 AM - Flag Ceremony

8:30 AM - 5K Run/Walk

9:30 AM - Free Superhero Sprint

PARTICIPANTS CAN FORM TEAMS!!!

A team award will be given for largest team!

For Run or Walk Divisions, Awards, Food, Parking: see website

Race will be Chip-Timed

Results: Complete results will be posted online later in the day.

All pre-registered entries with valid email addresses will be sent their results.



Funds from this event benefit:

The Pray~Hope~Believe Foundation

PHBF is an IRS approved 501(c)(3) nonprofit



Basket Raffle!

**CHILDREN'S
GAMES!**



Please support our Presenting Sponsor:

RUMPKE

REGISTRATION OPTIONS

Pre-Registration:

Age 13 & under \$15 – Age 14 & older \$20

Register online through Wednesday, 07/01/15.

Postmark mailed entries by Friday, 06/26/15.

Late/Race Day Registration:

Age 13 & under \$20 – Age 14 & up \$25

Late Registration/Number Pickup:

Friday, 07/03/15 from 4-7

Colerain Municipal Bldg.

Race Day Registration/Package Pick-Up:

Starts at 7:00 AM

Includes Free T-Shirt

Upgrade to a Tech shirt \$10 extra.

www.PrayHopeBelieve.org or <http://events.thecurestartsnow.org/pray,-hope,-believe>

2015 Pray ~ Hope ~ Believe 5K - Please submit one entry form per person

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ @ _____ Phone: _____

Team Name (if applicable): _____ Team Captain (if applicable): _____

Age (as of 7/4/15): _____ Sex: (Circle one) **M** **F** Event: (circle one) **5K RUN** **5K WALK** (walkers must not run at all)

Do you want to be timed during the race? **Y** **N** Clydesdale and Athena Divisions (Optional – Runners only): **Men 200+lbs.** **Women 160 + lbs.**

T-Shirt: (circle one) **YS YM YL S M L XL XXL** (Tech Shirt - Add \$10—Adult sizes only). Pre-register to be guaranteed a shirt

Waiver: I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I hereby certify that I am in good health and I have trained to run the distance of the race, which I am entering. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running race, I, for myself and anyone entitled to act on my behalf, waive and release The Cure Starts Now (collectively "The Sponsors"), their officers, directors, agents, volunteers and employees, all states, cities, countries or other governmental bodies or locations in which events or segments of events are held, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or inline skates and animals are not allowed in the event and I will abide by this guideline. I am aware that the Sponsors strongly discourage the use of personal audio devices (iPods and MP3 headsets). I authorize any healthcare provider to release any and all information pertaining to my healthcare, medical condition and medical treatment as a result of my participation in this event to the Sponsors and their respective staffs.

Signature _____ Date _____

Parent's signature (for entrants under age 18) _____ Date _____

Make Checks Payable To: PHBF

Mail to: c/o Rick Merk, PO Box 53236, Cincinnati, OH 45253