

# C Bethel Park CHRONICLES

The Official Bethel Park Municipal & School District Newsletter

Get Involved with YOUR Bethel Park Public Library!



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[www.bethelpark.net](http://www.bethelpark.net)



[www.bpsd.org](http://www.bpsd.org)

The Library offers programs and activities year round for individuals of all ages.  
See pg. 5 for their newest program listing!





# Personal.

# Best.

### What are you striving for today?

At St. Clair Health, our care teams are driven by a passion to provide world-class, patient-focused care to our neighbors in and around the Pittsburgh Region. That's why we've recruited even more nationally recognized doctors and invested in state-of-the-art diagnostic and surgical technology to support them. So no matter how far you push yourself to achieve, you never have to go far to receive the personalized health care you deserve.



Mary J. Sims, M.D.



Expert care from people who care.

# Bethel Park Mayor Jack Allen Receives "Borough Official of the Year"



Bethel Park Mayor Jack Allen received the Allegheny County Borough Association's "Borough Official of the Year" award on Saturday, Feb. 4 at the Rivers Club in Pittsburgh.

"To be given this award is an accomplishment that I never imagined receiving," said Mayor Allen. "But it's definitely a group effort. We work together as a team in Bethel Park and this award is a reflection of that."

The award is given to an official who makes an extraordinary contribution to local government.

"It's an honor to serve with Mayor Allen

as he always puts Bethel Park first," said Municipal Council President Tim Moury. "He's willing to help in times of need for our community. And, he's a calming force when we're faced with challenges."

Known as the "Voice of Bethel Park," Mayor Allen is the main voice residents hear on phone messages and BPTV announcements for information and community updates. They also see him regularly at Municipal Council meetings highlighting resident and local business accomplishments, awards and achievements.

"I truly enjoy showcasing our incredible community members at Council Meetings," said Mayor Allen. "This is one of the main highlights of my job as Mayor!"

Recognitions that he announces include anniversaries, birthdays, Gold Star and Eagle Scout Awards through both his office and the American Legion, and proclamations recognizing service of organizations such as Kids to Parks, EMS Week, Pancreatic Cancer Awareness, School Choice Week, Extra Mile Day, National Library Week, Bells across Pennsylvania, Helper Recognition Week, Veterans Day, Motorcycle Awareness, Police Department Week, Fire Department Week, and MS Awareness Week.

*"To be given this award is an accomplishment that I never imagined receiving," said Mayor Allen. "But it's definitely a group effort. We work together as a team in Bethel Park and this award is a reflection of that."*

Mayor Allen also hosts a local business show, "Jack of All Trades," and recently won a Greater Pittsburgh Community Media Award for an episode featuring one of our adjacent communities, Castle Shannon Borough.

Along with these duties, Mayor Allen also hosts the annual 90+ Club Luncheon for Bethel Park residents age 90 and over. He organizes volunteers for beautification efforts across the Municipality and visits elementary schools to read books to students and answer questions related to government and Bethel

*"It's an honor to serve with Mayor Allen as he always puts Bethel Park first," said Municipal Council President Tim Moury. "He's willing to help in times of need for our community. And, he's a calming force when we're faced with challenges."*

*("Mayor Allen" cont. pg. 4)*



*Mayor Allen serving the community.*

**LIVE WELL BETHEL PARK**

Join us for our 'Live Well Bethel Park' Series!

**REMAINING 2023 PROGRAMS INCLUDE:**

- Feb. 8 - Help for Seasonal Affective Disorder
- March 15 - Supporting Mental Health in Youth Athletes
- April 12 - Pet Care, Health & Training Tips

All programs will air at 7 p.m. on the 'Municipality of Bethel Park' Facebook page on the date noted.

**FOR FULL PROGRAM DETAILS, VISIT [WWW.BETHELPAK.NET/LIVWELL](http://WWW.BETHELPAK.NET/LIVWELL)**



## A Message from Municipal Council President...Tim Moury



I hope 2023 is starting off on a good note for you! While we're in the process of searching for a new Municipal Manager, I wanted to provide you with updates on some exciting projects and events on the horizon here in Bethel Park.



### Splash Pad

We expect to hold a grand opening celebration for the new Splash Pad at Park Avenue (*next to the Community Center*) either this coming fall or next spring! We know how excited many of you are for it to open, and we truly appreciate all of your support with our fundraising efforts. The Splash Pad will be a 2,500 sq. ft. inclusive and accessible feature within the community designed for all ages and abilities. Watch for updates as we come closer to an opening date.

### Arbor Day

This spring, we'll be celebrating Arbor Day (*April 28*) with a Tree Planting at Pine Tree Park. We'll also be partnering with Tree Pittsburgh to give away 150 saplings to volunteers and others who'd like to plant trees in their yards, neighborhoods and/or businesses. These events will be hosted by the Bethel Park Shade Tree commission and watch for additional details on our website and social media as we get closer to the events.

### Park and Play

Last spring through fall, thousands of you enjoyed our first "Park & Play" program series where we held monthly free community events showcasing our beautiful parks from May - September! And, because of the program's success, we'll be launching it again this year bringing back Touch-A-Truck, National Night Out and more! Stay tuned for more information.

### Veterans Memorial

To better accommodate visitors to our Veterans Memorial, we'll be adding tables and chairs to the space this spring. The Memorial is located outside of the Municipal Building (*5100 W. Library Ave.*).

To stay updated on the above events and more, be sure to 'Like' our Facebook page (*Municipality of Bethel Park*) and periodically check our website ([www.bethelpark.net](http://www.bethelpark.net)).

### Home

The official homepage for Bethel Park, PA is [www.bethelpark.net](http://www.bethelpark.net). Visit for news for the community, recreation, events, and links to our community partners. A new website and web address will be coming this summer! Watch for details on this transition.

We look forward to providing you with top-rate services, programs and facilities this spring and summer!

*Tim Moury*

Council President

## MAYOR ALLEN

*(cont. from pg. 3)*

Park. His other annual events include the Halloween and Holiday Lighting Contests held in October and December.

"These programs have become iconic events and participation has substantially increased over the years," said Moury.

Mayor Allen also performs numerous weddings and ribbon-cutting ceremonies and attends many special events for Bethel Park businesses and residents.

As a veteran, he's a strong proponent of Bethel Park's veteran population personally assisting in the development and organization of annual Memorial Day activities including a parade, remembrance services and a veteran luncheon. In 2013, Mayor Allen also initiated the

Bethel Park Military Banner Tribute Program to honor Bethel Park veterans. He organizes the rotation of the National Colors on local veteran graves at the Bethel Park Cemetery and plans bus trips for American Legion Post 760 members to visit other American Legion posts.

"Mayor Allen is a remarkable leader and is truly deserving of this award," said Moury.

Mayor Allen was first a Bethel Park Council Member in 1997 representing Ward 2 and went on to become mayor 10 years ago.

*"I truly enjoy showcasing our incredible community members at Council Meetings," said Mayor Allen. "This is one of the main highlights of my job as Mayor!"*



*More highlights of Mayor Allen on the job!*

## We've Upped Our Social Media Presence!

There are now numerous ways to follow us on social media! Please 'like' and 'follow' us on the following platforms to stay in the 'know' on all Municipal news!

[www.bethelpark.net](http://www.bethelpark.net)  
 Facebook: Municipality of Bethel Park  
 Twitter: @Bethelpark\_PA  
 Instagram: @BethelParkPA  
[www.pinterest.com/BethelPark\\_PA/](http://www.pinterest.com/BethelPark_PA/)  
[www.tiktok.com/@bptv\\_bethel\\_park](https://www.tiktok.com/@bptv_bethel_park)



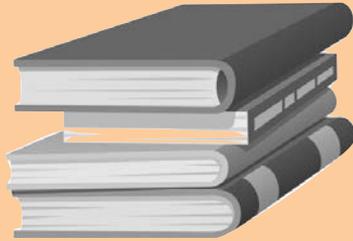
[www.bethelparklibrary.org](http://www.bethelparklibrary.org)  
412-835-2207

## ADULT PROGRAMS

### BOOK DONATION DAYS

March 4th  
April 1st

With the limited storage space that we have, we are now accepting donations **ONLY ON THE FIRST SATURDAY OF THE MONTH** from 10 a.m. – 5 p.m.



The Library is happy to accept both adult and children's fiction and non-fiction titles as well as CDs/DVDs, games and puzzles *in good condition*.

### TECHNOLOGY CLASSES

Make an appointment to learn more about your laptop, e-reader, smart phone, or common software programs. Appointments are 45-minutes long. Bring your charged device and all relevant cords/cables. Don't have a device? Learn on one of our computers! These free classes include (*but not limited to*): Basic Internet, Email, Microsoft Word, 3D Printing & Windows. Days and times vary. Call for more information or to schedule an appointment.

### MYSTERY BOOK CLUBS

2nd Wednesday of each month 10 a.m.  
3rd Wednesday of each month 7 p.m.

### MONDAY EVENING BOOK CLUB

Last Monday of each month 7 p.m.

### THURSDAY EVENING BOOK CLUB

3rd Thursday of each month 6:30 p.m.

### THURSDAY MORNING BOOK CLUB

Last Thursday of each month 10 a.m.

### CONVERSATION SALON: DISCUSSION GROUP

1st and 3rd Friday of each month at 10:30 a.m.

Those seeking a refreshing break from the daily grind, uninspired television shows and surfing the web will find like-minded individuals at the BP Library Conversation Salon. This group seeks the satisfaction and inspiration of face-to-face conversations about topics that are enlightening and relevant. The only requirement for attendance is an interest in expressing your views and insights while remaining appreciative of those of others.

### KNITTING AT THE LIBRARY

Every Wednesday! 6:30 - 8 p.m.

Knitters of all levels welcome! Bring your yarn and needles to knit and stitch. **THIS IS NOT A CLASS.**

### SCRABBLE CLUB

Every Tuesday at 1 p.m.

Fun, friendly games! New members welcome!

### PITTSBURGH SOUTH WRITERS GROUP

2nd Tuesday of the month at 7 p.m.

Attention Writers! Pittsburgh South Writers Group offers writers of all genres the inspiration and constructive criticism needed to improve their work.

### GENEALOGY GROUP

4th Monday of the month at 1 p.m.

Exchange information and research ideas.

Call or check the Library's Event Calendar webpage for next meeting's date.

### MEMORY CAFÉ

2nd Wednesday of every month from 10:30 a.m.

Are you caring for someone with dementia? If you are, who is caring for you? Join us for an informal Dementia support group especially designed for families and caregivers. This informational, supportive group will help you learn more about the disease and support your feelings. No registration needed.

### BETHEL PARK LIBRARY

#### BUTTON CLUB

4th Wednesday of each month at 11 a.m.

Are you looking for a new hobby?

Buttons are beautiful, historical, inexpensive, and fun to collect.

For more information, call the library at 412-835-2207.



### UNREAL ENGINE 4 MEET UP - PITTSBURGH

The Unreal Engine is now FREE. Meet-ups are also FREE. Join us to talk with others interested in creating and learning about the virtual realms that involve the engine locally. Join and RSVP at [communities.unrealengine.com](http://communities.unrealengine.com). Space is limited. Meetings at Bethel Park Library.

To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE



## NEW MOVIE RELEASE TUESDAYS

*Tuesdays at 10 a.m.*

We will be showing the new blockbuster DVD release of the week on Tuesday mornings at 10 a.m. in the Fireplace Room. Why wait to see what everyone is talking about now! Call for schedule.

## ARTICLES CLUB

*3rd Tuesday of the month at 7 p.m.*

We will share our thoughts and reactions about articles from local and national publications. Please read article before meeting. Check the Library's online event calendar for article access or see Reference Desk for a physical copy of article if needed.

## CLASSIC DUNGEONS & DRAGONS FOR ADULTS

*First Meeting Sunday, Feb. 5*

*1st & 3rd Sundays of the month from 1:30 - 4:30 p.m.*

Join us for old school Dungeons & Dragons for adult players! New or experienced players welcome!



## THE LAST KEEPER: AUTHOR / BOOK TALK

Presented by Author **J. V. Hilliard**

*Wednesday, March 1st at 6:30 p.m.*

Hilliard's training and education readied him to lift a quill that would scribe the tale of the realm of Warminster, filled with brave knights, harrowing adventure and legendary struggles.

## AUTHOR AND POET: ED BONNER

*Wednesday, March 8th at 6:30 p.m.*

Join us for an evening with **Ed Bonner**. Collected works include *Just One Kiss* and *Through the Eyes of a Lost Boy*. Ed writes a variety of poetry, fiction and non-fiction.

## ORCHIDS 101

Presented by **Tim Choltco** of the Orchid Society of Western Pennsylvania

*Saturday, March 11th at 11 a.m.*

We will discuss the natural history of the genus (70 - 75 species) and the over 100,000 hybrids. This talk will also cover light exposure, watering, fertilizing, pests, potting mixes, and repotting are covered.

## THE WORLD OF PYSANKY: AN INTRO TO UKRAINIAN EASTER EGGS

Presented by **Tracey Sally**

*Wednesday, March 15th at 6 p.m.*

Tracey will discuss the history, techniques and symbology of this artwork and will demonstrate the process of creating one of these works of art. Questions are welcome throughout the presentation.

## RAISING FUNDS WHILE RAISING SPIRITS WITH PSYCHIC MEDIUM DEBBIE PAKLER, PHD.

*Saturdays March 18th, April 29th & May 13th from 10:30 a.m. - 2:30 p.m.* Certified psychic medium, **Debbie Pakler**, will be at the library to give 20-minute readings for \$40 (**CASH ONLY**). Debbie is donating 20% of her fee from each session to help the library achieve its annual fundraising goal. Call the library to set up an appointment. This is a unique entertainment opportunity to receive personal messages while supporting the library!

## NECK AND BACK PAIN

Presented by **Martine Marino, MPT, COM**

*Wednesday, March 22nd at 2 p.m.*

A brief explanation of some common causes of back and neck pain and some tips to treat and prevent it.

## UKRAINE IS MY LOVE AND MY SORROW

Presented by **Lesya Jurgovsky**

*Wednesday, March 22nd at 6:30 p.m.*

Lesya Jurgovsky will discuss Ukraine then and now and what can be done to support orphans, refugees and kids with disabilities.

## CREDIT AND CREDIT SCORE

Presented by **PJ Jackson, Andrea Vasquez & Logan Schardt** of Dollar Bank

*Wednesday, March 29th at 6:30 p.m.*

Find out what tools are available to help increase your score and what is and is not true about credit scores. Loan literacy will also be discussed and a Q&A session is included.

## WAITING IN THE WINGS: PHOTOGRAPHY

Presented by **Anita Buzzy-Prentiss**

*Thursday, March 30th at 6:30 p.m.*

*Waiting in the Wings* is a book of photos by Anita Buzzy Prentiss and quotes of professional dancers from Pittsburgh during the COVID-19 pandemic.

## EASTER BONNET TEA

*Friday, March 31 at 11 a.m.*

\$10 donation

Wear your best Easter bonnet and join us for tea, scones and finger sandwiches as well as a game or two. Prizes will be awarded for the best Easter bonnet.

## ADULT GAME DAY!!

*Fireplace Room*

*10:30 a.m. - 12:30 p.m.*

**Friday, March 31:** Trivia

**Friday, April 28:** Board Games

Join us for fun and a little friendly competition!



## CAREER RESOURCES AT THE LIBRARY

*Tuesday, April 4th at 1 p.m.*

This free class will cover how to access free online courses in business, health, Microsoft Office, and many other subjects. Also, learn how to use the Library's resume builder and career advice eResource.

## DRESS FOR SUCCESS - MOBILE SERVICES EVENT

*Tuesday, April 4th at 4 p.m.*

Presented by Dress for Success Pittsburgh - Bringing clothing and employment readiness support to women on location across the region.

## TISSUE HEALING TIME

Presented by **Martine Marino, MPT, COM**

*Wednesday, April 5th at 2 p.m.*

This talk will discuss answering the Age-Old Question "Why is it taking me so long to heal?"

## 3D PRINTING

*Friday, April 14th at 10 a.m.*

Learn the basic parts & functions of 3D printer and its operation using FDM or Fused Deposition Modeling where filament is melted and laid down, building a model layer by layer.

## WORLD WAR II FOOTLOCKER

*Wednesday, April 19th at 6:30 p.m.*

The Soldiers & Sailors' Footlocker

Outreach Program is aimed at educating people of all ages. The presentation will focus on a soldier's life during World War II, including what they wore, the equipment they carried and the experiences they went through. Artifacts from the museum's collection will be highlighted.



To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE

**WISE WALK**

Thursdays, April 20th - June 22th at 9:30 a.m. (10 weeks)

Join us for a walk in South Park! Enjoy the company of new friends and old for ten weeks of walking and talking. This program is geared toward adults 50+. For more information contact the Library at 412-835-2207, x264. No registration needed.

**NATIONAL LIBRARY WEEK - "THERE'S MORE TO THE STORY"**

April 23rd - April 29th

Library infrastructure advances communities, providing Internet and technology access, literacy skills, and support for businesses, job seekers, and entrepreneurs. Stop in and ask your Librarian about free online courses, 3D printing, eResources and the many other services provided with your Library Card!

**IDENTITY THEFT: PROTECT YOURSELF**

Presented by **PJ Jackson, Andrea Vasquez & Logan Schardt** of Dollar Bank

Wednesday, April 26th at 6:30 p.m.

Learn how identity theft can happen, the warning signs and how to prevent it. Find out the most common ways identities are compromised and what steps to take if you've been compromised. Includes a Q&A section.

**PITTSBURGH TO THE MOON**

Presented by the Moonshot Museum

Thursday, May 4th at 6:30 p.m.

**Mike Hennessy**, Manager of Learning & Programs at the new Moonshot Museum, will discuss Pittsburgh's contributions to the future of space exploration. Using astronomy visualization software, explore lunar craters, mountains, and "seas."

**HOW TO PAY FOR COLLEGE**

Presented by PHEAA

Thursday, May 11th at 6:30 p.m.

Please join PHEAA's Higher Education Access Partner for Allegheny County, Amy Sawdey, as she presents information on the financial aid application process, what types of aid are available for students, and strategies to start thinking about affordability before getting ready to apply for post-secondary school admission.

**ISLAND CONNECTIONS**

Presented by **Thomasina Larson**

Wednesday, May 17th at 6:30 p.m.

Thomasina Larson, a Bethel Park resident, has published a second book about the Aeolian Islands and the early immigrants who came to American. Learn about these unique islands, their culture and more.

**STRESS OVERLOAD**

Presented by **Dr. Ben Fraudin**

Thursday, May 18th at 6:30 p.m.

Learn how to reduce stress, increase performance, and improve overall health.

**A NIGHT FULL OF GHOSTS**

Tuesday, May 23rd at 6:30 p.m.

Presented by Lead Investigator of Ghost Quests - **Bo Conrad**. Experience their 2022 documentary "Leviathan" like never before in the town where the demon resides. Will you dare to join us?

This documentary film is rated R.

**CRYPTOCURRENCY FUNDAMENTALS**

Presented by **Andrew Czyzewski**

Tuesday, May 30th at 6:30 p.m.

This session will consist of a general overview of the fundamental technologies and basic definitions used in cryptocurrency. This event will NOT focus on cryptocurrency investments and trading.



# PARTY IN THE PARK

FUNDRAISER

SATURDAY APRIL 29, 2023

SOUTH PARK THEATRE

Brownsville Rd. & Corrigan Drive

LIVE MUSIC,  
BEER, WINE &  
HORS D'OEUVRES

\$40 adult; \$5 kids ages 4-12

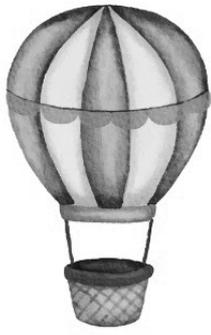
\*Children 3 & under are FREE

Tickets available at  
Evey True Value Hardware, Bethel Park  
Public Library, South Park Theatre or

at [www.bpcf.org](http://www.bpcf.org)

Info: 412-760-9614





# Soar into fun

## AT THE BETHEL PARK PUBLIC LIBRARY

Spring programs for children and teens include LEGOS for Little Hands, Craft Away Saturdays, an Oreo Taste-off, National Pretzel Day program, and more!

PLUS, don't miss our annual spring fundraisers. Plans are underway for an American Girl Tea Party and Art Gala!

Details for all programs and events available beginning March 1st. Stop in for a flyer or view it online at

[www.bethelparklibrary.org](http://www.bethelparklibrary.org)

412-835-2207 Ext.267



**District Court 05-2-20**

Hiras Professional Building  
2414 Lytle Road, Suite 200  
Bethel Park, PA 15102  
Office: 412-835-1661  
Fax: 412-835-4060

**A MESSAGE FROM JUDGE ARNONI...****Making a Difference**

We are fortunate to live in a wonderful community, but as individuals we can all make it better. There are too many instances nowadays of crime, neglect and tragedy. Doing little things such as being a good citizen, spouse, parent, employee, student, or even a mentor can make a lasting impact as a preventable solution.

“ *Write down the goals or objectives that you wish to complete and be productive with your time. It is easy to do the same things over and over. Be creative and think outside the box.* ”

**Let's look at how we, as individuals, can make our area the best place to live and work!**

Each new year, the usual resolutions and vows are made to exercise more, eat better, get organized, etc. Taking care of yourself is very important, and we need to take care of ourselves in order to take care of others. By adding goals such as practicing positive habits, being mindful of others, getting involved, or volunteering your time at a local organization may have more far-reaching effects.

Think about setting goals and objectives but be realistic. At first you may not succeed, however, you must keep trying. If you've had a bad day, just brush yourself off and go at it again. Remember that we all make mistakes, and mistakes are important in everyone's growth process. What you do today can certainly impact your tomorrow. If you do not have a positive impact today, tomorrow will not be any different. Challenging yourself to do better and set an example for others around you is really important.

Write down the goals or objectives that you wish to complete and be productive with your time. It is easy to do the same things over and over. Be creative and think outside the box. Don't be afraid to get involved, help others in your community, and watch out for your neighbors and neighborhood. Volunteer to clean up trash around the community, or seek a position on your local rotary, food pantry, church, or government. In helping others in your community, you are helping yourself as well, and the reward is plentiful.

I have always endeavored to give back. When I first got involved in public life, I made the statement to be a leader not a follower, to be proactive not reactive, and to publicly teach through presentations and outreach. I have had numerous conversations and community meetings, lectures and presentations to discuss the pressing issues I see in the courtroom and our region every day. I hope to genuinely have an impact and make a difference in people's lives.

Plan to share your talents, get involved, read to a child, teach a craft or hobby, or get involved in coaching. You will be surprised with the positive impact you will have on others. We can all make a difference if we give a little. We will get a lot in return, including a vibrant community. Let's all resolve to make our community the best it can be!

“ *Plan to share your talents, get involved, read to a child, teach a craft or hobby, or get involved in coaching. You will be surprised with the positive impact you will have on others.* ”





# BETHEL PARK POLICE DEPARTMENT

## BPPD Welcomes Two New Officers!

At the January Municipal Council Meeting, **Ross Small** and **Craig Szablewski** were sworn in by the Honorable District Judge **Ronald Arnoni**. Both Officers previously worked for the Pittsburgh Bureau of Police.

All new officers undergo an intensive Field Training Program before entering solo patrol.

*Please welcome them to Bethel Park!*



*l-r: Judge Arnoni, Police Chief Timothy O'Connor, and Officers Szablewski & Small.*



## BPPD Annual Awards

The Bethel Park Police Department recently honored numerous employees at our annual Award Ceremony. Their actions throughout the year are a credit to this Department and the community we serve.



**Timothy C. O'Connor,**  
*Chief of Police*  
**Sean Gorman,**  
*Crime Prevention Officer*

412-833-2000 OR 911  
ANONYMOUS TIP LINE  
412-851-BPPD (2773)

### CONTACT/SOCIAL MEDIA:

Anonymous Tips can be called into the hotline – 412-851-BPPD (or 2773) or emailed to [crimewatch@bethelpark.net](mailto:crimewatch@bethelpark.net).

You can follow us on Facebook, Twitter, and Instagram for updates:

**Facebook Page:**  
Bethel Park Police Department  
**Twitter:**  
[@bethelparkpd](https://twitter.com/bethelparkpd)  
**Instagram:**  
[bethelparkpolice](https://www.instagram.com/bethelparkpolice)



Recipients include:

- Lifetime Achievement Award: **Lieutenant Ron Dziezgowski** (*current Chief of Jefferson Hills PD*)
- Purple Heart: **Officer Scott Zinsmeister**
- Lifesaving Award: **Officer Craig Smeltz** and **Officer Jorge Zarate**
- Distinguished Service: **Sergeant Rob Stiglich, Sergeant Mike Dunn, Detective Lance Mattes, Detective Sean Gorman, Detective Giles Wright, Officer Andrew Volchko, Officer Andrew Jacobs, Officer Cristian Frost, Officer Joe Hummel, and Officer Michael Martin**
- Department Commendation: **Lieutenant Blake Babin, Sergeant Ian McGuire, Sergeant Mike Mincin, Detective Lance Mattes, Detective Giles Wright, Detective Justin Beer, Detective Matt Poling, Officer Andrew Volchko, Officer Eric Anibaldi, Officer Keith Jones, Officer Robert Meussner, Officer Ryan Weister, Officer Charles Thomas, Officer Andrew Jacobs, Officer Matthew Kearns, Officer Madison Foster-Alauzen, Officer Cristian Frost, Dispatcher Becky Jones, Dispatcher Warren Roberts, Dispatcher Samantha Coughlin, and Dispatcher Kim McLaughlin.**

## Toy Drive a Success!

The Bethel Park Police Department once again joined multiple police agencies around Western PA for "Presents From Police," a program that collects new toys for the young patients at Children's Hospital and The Children's Institute.

Hundreds of toys were collected; and on Dec. 20, a convoy of police vehicles brought the toys to the hospital and helped patients pick out gifts.

*Thank you to everyone who donated toys and helped bring joy to the kids this past Christmas!*



## Winter Safety Tips

To help you stay safe this winter, please think about following the tips below:

- Avoid driving on ice-covered roads if possible.
- Inform friends and family of your travel plans, and allow sufficient time to arrive safely.
- Dress warmly, even when driving, in the event of a vehicle breakdown.
- All sidewalks must be clear of snow and ice within 24 hours of accumulation and cannot be deposited on the roadway (*BP Ordinance 59.50*).
- Avoid parking on the street when snow is predicted to allow Municipal salt trucks to clear the roads completely.

We appreciate your efforts to keep our community safe for drivers and pedestrians!

## Update on the DEA Prescription Medication Disposal Program

There will no longer be designated drop off days for the disposal of prescription medication. Instead, there is now a box at the Bethel Park Police Department that is accessible 24/7 for the disposal of prescription medication (*no needles or liquids*).

Please place the medication into a ziplock bag without the prescription bottle. The Bethel Park Police Dispatcher will direct you to the disposal box secured inside the police station.

If you have any questions, contact Bethel Park Police at 412-833-2000.



Meetings 7 p.m.  
1st Monday of the month!

## Be Part of the Bethel Park Crime Watch Program!

The Bethel Park Crime Watch Program includes community meetings, communication via email alerts and special events.

**What can Crime Watch members do to help keep Bethel Park safe?**

- Be alert.
- Know your neighborhoods and watch out for one other.
- Report suspicious activities and crime to the police.
- Stay updated on crime and crime prevention strategies.

Monthly Crime Watch meetings are held at 7 p.m. the first Monday of each month at the Bethel Park Community Center. Meetings are hosted by the Chief of Police and Crime Prevention Officer to highlight current crime trends in Bethel Park and the surrounding communities. In addition, guest speakers are invited to provide information on crime prevention and community resources.

If you'd like to be added to the Crime Watch email list, please visit <http://bethelpark.net/police>.



# BP VOLUNTEER FIRE COMPANY

## Did You Know?

There's a crisis among Volunteer Fire Departments in Pennsylvania! In 2018, the State Senate produced a report about the status of volunteer emergency services in Pennsylvania. According to the Pennsylvania Fire and Emergency Services Institute, the number of volunteer firefighters has shrunk from 300,000 in the 1970's to about 60,000 in the early 2000's and to 38,000 in 2018. Of Pennsylvania's 2,462 fire companies, more than 90 percent are volunteer companies. According to a 2001 Pennsylvania Fire and Emergency Services Institute Study, the value of the service that our volunteers provide was estimated at \$6 billion. That figure may be higher than \$10 billion in today's dollars. If we lose our volunteer fire and EMS companies and volunteers, the taxpayers will face a very steep price tag.

Here in Bethel Park, we're getting close to a critical level when it comes to the lack of volunteers. We need more volunteers and soon! In 2011, we had a total of 371 calls. In 2022, we had over 600. The increasing number of calls continues to focus attention on the need for additional volunteers.

The BPVFC takes great pride in the fact that we remain 100 percent volunteer and we strive to remain that way in the future. If you or someone you know is interested or has questions about joining, please email us at [join@bethelparkvfc.com](mailto:join@bethelparkvfc.com) or submit an application on our website at [www.bethelparkvfc.com](http://www.bethelparkvfc.com)

To view the full report please visit [https://www.osfc.pa.gov/Documents/SR6\\_Report.pdf](https://www.osfc.pa.gov/Documents/SR6_Report.pdf).

“ According to a 2001 Pennsylvania Fire and Emergency Services Institute Study, the value of the service that our volunteers provide was estimated at \$6 billion. That figure may be higher than \$10 billion in today's dollars. ”

## Announcement!

Every December, we have yearly elections to elect our line officers, executive officers and board of directors. All line officer positions - president, vice president and secretary are one-year terms. Our financial positions and board of director positions have longer terms to help with continuity of business.

All line officer positions have some qualification requirements such as ensuring that these individuals attend a certain percentage of calls and drills. Members can self-nominate if eligible and all regular and life members are able to vote at the election. The Bethel Park Volunteer Fire Company is proud to announce the 2023 Line Officers, Executive Officers and Board of Directors:

### LINE OFFICERS

**Dave Gerber** Fire Chief  
**Russ Beeson** Deputy Chief  
**Rob Uselman** Assistant Chief  
**Tom Kelton** 1st Captain  
**Jon Mark** 2nd Captain  
**Mike Innocenti** 1st Lieutenant  
**Adam Betzler** 2nd Lieutenant  
**Steve McGough** 3rd Lieutenant

### EXECUTIVE OFFICERS

**Jim Thomas** President  
**Bob Clark** Vice President  
**Edward Schmidt** Recording Secretary  
**William Wiles** Treasurer  
**Jeff Ferencic** Financial Secretary

### BOARD OF DIRECTORS

**Brian Allsopp**  
**Henry Capozzi**  
**Joe Hartung**  
**David Henney**  
**Dean Huwe**  
**Mark Stabryla**

## A Message from the Fire Chief: Dave Gerber



*In the last few months, our area has had some very devastating fires in apartment buildings. It's no secret that our community has seen an increase in apartment buildings and senior living apartment complexes in the last few years. Many people may be new to living in these types of buildings and not realize what to do when the fire alarms go off.*

*You'll find some very important and useful information below to help you be prepared. This month, I've also included some new information about medical oxygen. I'm sure most of us probably know someone who has been or is currently on medical oxygen. You can find some information and facts on how to best prevent fires when it is used in the home. Clothes dryers are often a leading cause of fires in our area. We use these on a regular basis, but do you really take the time to properly maintain them to prevent fires?*

### Apartment Building Safety

People living in an apartment building need to think ahead and be prepared in the event of a fire. It's important to know the fire safety features in your building and work together with neighbors to help keep the building as fire safe as possible.

Know the locations of all available exit stairs from your floor in case the nearest one is blocked by fire or smoke. Make sure all exit stairwell doors are clearly marked and not locked or blocked by security bars and are clear of clutter. These doors should always remain in the closed position to limit the movement of smoke if there is a fire.

Remember that you won't be able to use an elevator to exit when there is a fire. If you have trouble using stairs, try to get an apartment on a lower floor if possible. If there is a fire, pull the fire alarm on your way out to notify the fire department and your neighbors. Remember to CLOSE THE DOOR to the area where the fire is located. This will prevent deadly smoke from filling the hallways and stairwells.

When the fire alarm sounds, feel the door before you open it and only open a cool door. Make sure to close all doors behind you as you leave to prevent the spread of smoke and fire. If a door is hot, use another way out.

If an announcement is made throughout the building, listen carefully and follow directions. Use the stairs to get out; NEVER use the elevator unless you are directed to do so by the fire department.

If you or someone else is trapped in the building, be sure to notify the fire department of that. If you can't get out of your apartment because of fire, smoke or a disability, stuff wet towels or sheets around the door and vents to keep smoke out. Call 911 and tell them where you are. Open a window slightly and wave a bright cloth to signal your location. Be prepared to close the window if it makes the smoke condition worse. Fire department evacuation of an apartment building can take a long time. Communicate with the fire department to monitor evacuation status.

Accidents do happen, so if you accidentally set the fire alarm off from something like burnt food, just call to let us know so that we won't have to make a loud entrance.

### How to Reach Us

None of our three fire stations are regularly staffed with members. If you need us to respond to your emergency, you must call Police Dispatch at **412-833-2000** or call **911**. If you have a non-emergency question or concern, the best and fastest way to reach us is through our "contact us" page on the website at [www.bethelparkvfc.com](http://www.bethelparkvfc.com).

If you are on Facebook, you can always send us a message there as well.

You can also call us at **412-835-1127** and leave a message on the answering machine.





## CHIEF MESSAGE

(cont. from pg. 12)

### Medical Oxygen

Use of portable medical oxygen in the home has grown over the past decade. Medical oxygen adds a higher percentage of oxygen to the air that a patient uses to breathe. Fire needs oxygen to burn. If a fire should start in an oxygen-enriched area, the material burning will burn more quickly. Homes where medical oxygen is used need specific fire safety rules to keep people safe from fire and burns.

**There is no safe way to smoke in the home when oxygen is in use.** A patient on oxygen should not smoke. Candles, matches, wood stoves, and even sparking toys, can be ignition sources and should not be used in the home. Keep oxygen cylinders at least 5 ft. from a heat source, open flames or electrical devices.

Body oil, hand lotion and items containing oil and grease can easily ignite. Keep oil and grease away from areas where oxygen is in use. Never use aerosol sprays containing combustible materials near the oxygen. Oxygen saturates fabric covered furniture, clothing, hair, and bedding, making it easier for a fire to start and spread.

Smoking materials are the leading heat source resulting in medical oxygen related fires, injuries and deaths.

### Clothes Dryer Safety



Do not use the dryer without a lint filter and make sure you **clean it before or after each load of laundry**. Also remove any lint that has collected around the drum. Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating.

At least once a year, you'll also need to clean the lint out of the vent pipe or have a dryer lint removal service do it for you.

Follow the manufacturer's operating instructions and don't overload your dryer. Another good practice is to turn off the dryer if you leave home or when you go to bed. The leading cause of home clothes dryer fires is failure to clean them.

Follow these tips and clean them on a regular basis to keep yourself and your family safe!

## How We're Staffed and How We Respond

**Bethel Park does not have any paid firefighters**, so our stations are never regularly staffed. We recently had someone ask how our response works since our stations are not staffed. Here is an explanation of how things work for the BPVFC response.

1. A call is placed to either **911** or **412-833-2000** which is the BP Police Emergency Dispatch Center. Even if you call 911, you will be transferred to the BP Police Dispatch, so it is much more efficient to call them directly at **412-833-2000** if you need emergency services in Bethel Park.
2. Once the BP Police Dispatcher determines that you need the fire company to respond, they activate our pagers and provide a voice message telling us the emergency and location. They also send out a notification to our phones via an application called Active 911. Active 911 allows responders to click into what station they are responding to, so our officers know if we have enough responders or if we need to call for more assistance. This program also provides us with a map of the address and the hydrants nearby.
3. After we receive notification, available volunteers will begin to respond. Our Chief Officers may respond to the scene while other Line Officers and firefighters will respond to the station. Depending on the severity of the emergency, some volunteers may use blue courtesy lights in their vehicles to ask other cars to move to the side so they can pass and get to the station quicker.
4. Once at the station, firefighters will put on their gear, get in the trucks, and respond to the scene. We won't always use the lights and sirens; it just depends on the severity of the emergency.

As you can see, we rely solely on volunteers being able to respond at a moment's notice. This is why we're always looking for more volunteers. The more volunteers we have, the more likely we are to have enough volunteers able to respond.

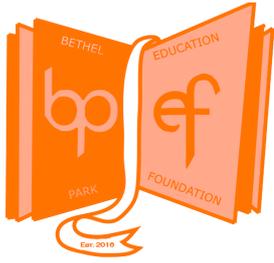
We're also extremely grateful to any employers who allow our volunteers to leave for emergencies!

### 2022 Year End Review

Our comprehensive year-end review will soon be on our website and social media. Check out our website at [www.bethelparkvfc.com](http://www.bethelparkvfc.com) or our Facebook page for access to the document. It will include a breakdown of the calls for 2022, a background on how our department operates and information on things to come in 2023.



“ As you can see, we rely solely on volunteers being able to respond at a moment's notice. This is why we're always looking for more volunteers. The more volunteers we have, the more likely we are to have enough volunteers able to respond. ”



# BETHEL PARK EDUCATION FOUNDATION

The Bethel Park Education Foundation (BPEF) is a community-based, non-profit organization whose goal is to support programs that promote quality education. The Foundation works to facilitate communication and involvement among students, parents, school staff, business leaders and community citizens.



Public schools face a variety of new challenges as state and federal funding sources have been reduced or eliminated. BPEF hopes to find alternate ways of funding important initiatives within our schools. The Foundation does not receive any public funding – our programs are supported by individual, community, corporate partners. Our partners donate knowing their gifts are creating opportunities for students to have exceptional educational opportunities. They know that providing a quality education favorably impacts the entire community.

The Bethel Park Education Foundation is independent of the school district but works closely with the school board, administration, teachers and students. All programs that benefit Bethel Park students are considered for financial support. The program list grows and evolves to reflect the needs of the student, teacher, school and district as they are identified.

## BOARD

- Andy Amrhein, President
- William Brucker, Vice President
- Tom Bailey, Treasurer
- Deb Luckasevic, Secretary
- Vic DiPrampiero
- Dr. Roger Zelt
- Caitlin Metzler
- Patty Campbell
- Lindsay Crowley
- Dr. James Walsh
- Marsha Slezak Burt
- Pam Dobus
- Gail Hoppe
- Courtney Williams

Please direct any questions to:  
[bpfoundation@gmail.com](mailto:bpfoundation@gmail.com)

### STEAM Grants

STEAM grants are awarded to students, teachers, and schools to foster creativity, innovation, and imagination. Grant initiatives will be evaluated for their ability to:

- engage collaborative interactions
- develop interdependence and independence skills
- encourage resiliency by being task focused & disciplined
- promote self-awareness and mindfulness
- develop critical and creative thinking skills

### Individual Teacher Grant

The Individual Teacher Grant funds initiatives that are innovative and stimulate student learning and creativity.

Teacher initiated projects that are funded will be evaluated to:

- encourage, uplift, edify, and challenge the student
- provide unique educational opportunities
- augment existing curriculum
- evaluate the successful achievement of the stated objectives
- consider the possibility of replication in other schools.

### Individual School Grants

The Individual School Grants program seeks to provide funding to an individual school. Grants may be awarded in three categories – elementary, middle school and high school.

The purpose of the Individual School Grant is to:

- provide financial assistance for schools to substantially improve student achievement.
- implement comprehensive school improvement programs that are based on reliable research and effective program practices.
- place emphasis on basic academics and parental/care-giver involvement.
- determine the successful achievement of the stated objectives.
- consider the possibility of replication for other schools.

### Individual Student Grants

Enhancing and encouraging excellence in education for the student is the absolute focal point of the BPEF. There is no ceiling to the creativity and innovation of the student mind. In that spirit, the grant program needs to remain flexible and adaptable to student proposals.. As such, grants may be awarded to any student at any grade level in any discipline of study. Additionally, grants will be considered for all physical activity endeavors and all forms of the arts.

No grant shall be administered as a direct monetary payment to the awardee. No grant will be awarded for food, beverages, parties, recreational activities nor field trips.

### Dear Fellow Bethel Park Alumnus/Alumna:

**We need your help! As a Bethel Park graduate, you know that providing quality education requires investment during and after school hours. Please consider making a donation to support the BPEF ensuring that all Bethel Park students can continue to enjoy the same opportunities for engagement and success.**

Your tax deductible contribution can be made via any of the following methods:

- Directly from the BPEF website – [www.bethelparkfoundation.com](http://www.bethelparkfoundation.com).
- Via United Way of Southwestern PA by entering code#12998472 on your contribution form through your employer
- By mailing a check to: Bethel Park Education Foundation, 301 Church Road, Bethel Park, PA 15102

You may also wish to consider making a contribution to the BPEF through your business and receive a PA tax credit.

Thank you in advance for your support.

Bethel Park Education Foundation

### Mission

To enhance educational opportunities for our students by increasing community involvement with our schools.



You can now donate  
via the United Way:

YOU MAY DESIGNATE THE BPEF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #12998472

301 Church Rd. • Bethel Park, PA 15102 • 412-760-9614 • [bethelparkfoundation.com](http://bethelparkfoundation.com)



# WHAT IS THE BPCF?

The Bethel Park Community Foundation is a non-profit 501 (c)(3) organization that embraces a philosophy of local philanthropy. Tax-deductible contributions made to the Bethel Park Community Foundation are applied to fund local initiative and community programs in these five areas:  
 • COMMUNITY FACILITIES • EDUCATION • RECREATION • THE FINE AND PERFORMING ARTS • COMMUNITY HEALTH AND SAFETY.

Funds are made available through a grant application - visit [www.bpcf.org](http://www.bpcf.org) for more information or contact us at: PO Box 811, Bethel Park, PA 15102

## Bethel's Bounty a Success

Our annual Bethel's Bounty was another sell-out event! Over 15 local food and drink vendors highlighted their amazing offerings, and the BPHS Interact Club volunteered to help make this another successful event! Thanks to everyone who attended, we raised \$25,000 for future Community Foundation grants.



## Dean Streator Holiday Concert



It was a packed house for this year's Dean Streator Holiday Concert with featured performances by Community Band South, BPHS Top 21 and the Southminster Presbyterian Handbell Ensemble.

Thanks to all who came and donated to the BPCF!

### Did You Know that the Bethel Park Community Foundation is a Tax-Deductible Non-Profit Organization?

What better way to support BP Police, the BP Volunteer Fire Company, Tri-Community South EMS, and a wide range of community-focused activities than through a tax-deductible check to the Bethel Park Community Foundation?

Or would your family or group like to start a scholarship where you and others can make tax-deductible contributions? The Bethel Park Community Foundation, as a 501 (c)(3) organization, can help with that too!

You can also make a tax-deductible donation to Jeez our Bethel Park Police K-9 or to help with furnishings at the Bethel Park Community Center. Both have special funds with the BP Community Foundation.

And, please remember the Bethel Park Community Foundation in your estate planning.

If you have any questions or would like to speak personally with a member of the Bethel Park Community Foundation, please email us at [info@bpcf.org](mailto:info@bpcf.org) or call 412-831-6800, x740.

Since 1999, the Bethel Park Community Foundation has granted nearly \$750,000 back into the Community of Bethel Park.

*Your tax-deductible contributions at work in our community!*

### Find Us On Facebook

The Bethel Park Community Foundation is now on Facebook: Bethel Park Community Foundation. Please visit and "Like" our page for updated information from the Foundation.



### YOU CAN NOW DONATE VIA THE UNITED WAY:

UNITED WAY SUPPORT YOU MAY DESIGNATE THE BPCF AS THE RECIPIENT OF YOUR UNITED WAY DONATION.

ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #892191



*Did you know that the Bethel Park Community Foundation is a tax-deductible non-profit organization?*

### Scholarships Available for Bethel Park Students

The BPCF maintains 12 scholarships for Bethel Park students. The deadline to apply is May 1st. Please visit [www.bpcf.org/scholarships](http://www.bpcf.org/scholarships) to view individual requirements and apply.

### Foundation Grant Areas of Enrichment

- Community Facilities
- Opportunities in Education for Citizens of all Ages
- Expanded Recreational and Leisure Time Activities
- Increased Exposure to the Fine and Performing Arts
- Community Health and Safety





# Support for the Bethel Park Business Community

Local businesses are vital to our community! To provide support, the Municipality has established numerous initiatives geared towards raising awareness of all that the Bethel Park business community has to offer. We've also partnered with the Bethel Park Chamber to coordinate our efforts. As part of this, a section of Chronicles will be devoted to these efforts each issue.



## Are You a Local Business Owner?

If you're a local business owner and would like to be listed on the Municipality's 'Dine Shop Support' webpage or would like to be featured for a future local business profile, please email: [kindness@bethelpark.net](mailto:kindness@bethelpark.net).



## "Paws for Vets" Program

The Bethel Park Chamber is partnering with Animal Friends and sponsoring companion dogs for veterans. All initial expenses are covered by the Chamber. Contact the Chamber at 412-595-8361 or go to the Chamber website at [www.bpchamber.org](http://www.bpchamber.org) for the link to apply.

**The Chamber**

**PAWS FOR VETS**

Throughout 2023, Bethel Park Chamber of Commerce will be raising funds to support companion animals for veterans through our partner - Animal Friends. Did you know that the cost of a companion dog, with training, is \$350? Our goal is to raise enough money to place as many dogs as possible with veterans from our Chamber communities of Bethel Park, Castle Shannon and South Park.

**Want to Help Our Cause?**  
Please visit our website ([bethelparkchamber.org](http://bethelparkchamber.org)) to learn more about this new endeavor!

**Are you a Veteran Who Would Like a Companion Dog?**  
Please reach out to Animal Friends at ThinkingOutsideTheCage.org/Veterans and read more under their programs, Animal Friends for Veterans.

## Business Survey...We Want Your Input!

The Chamber is conducting a survey to help compile data for a new Workplace Task Force that we'll be forming. This group is going to study ways to assist our businesses with recruiting and hiring workers in 2023.

Please complete the following survey and return it to our office at 2975 South Park Rd., Bethel Park, PA 15102 or email it to: [www.bpchamber.org](http://www.bpchamber.org).

Business Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Contact Phone/Email: \_\_\_\_\_

Type of business: *(please check one of the following)*

Retail

Restaurant

Healthcare

Beauty Salon

Finance

Office

Warehouse

Driver

Fitness

Other *(please elaborate)*: \_\_\_\_\_

Current Number of Employees: \_\_\_\_\_

Staffing Levels: *(check one)* Adequately Staffed \_\_\_\_\_ Need Staff \_\_\_\_\_

Are Your Recruiting Efforts? Poor \_\_\_\_\_ Adequate \_\_\_\_\_ Good \_\_\_\_\_

What Have You Done to Recruit Staff? *(please elaborate)*: \_\_\_\_\_

Has a Lack of Staffing Affected Your Business? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, Please Elaborate: \_\_\_\_\_

Type of Positions Included in Your Business: *(please elaborate)* \_\_\_\_\_

Hours: Regular shifts \_\_\_\_\_ Flexible \_\_\_\_\_

Transportation Needed: \_\_\_\_\_

Skills/Education Requirements: *(list as needed)* \_\_\_\_\_

Previous Experience Required: Yes \_\_\_\_\_ No \_\_\_\_\_

Training Provided: Yes \_\_\_\_\_ No \_\_\_\_\_

Salary/Benefits *(Optional)*: \_\_\_\_\_

## Chamber Business News Around Town

- The GetGo at the South Park entrance closed at the end of January; the new site will be by the Market District by Rt. 19.
- Millers Hardware is closed after 40+ years. Their Peters Township store will remain open.
- First National Bank is closing their Bavarian Village Branch and will be reopening at the South Park Manor Shops.
- A tailor shop, C. Vargas, opened at 2830 South Park Road *(our former Chamber office space)*.

Several years ago, the Municipality teamed up with Outreach Teen & Family Services to provide support for community youth. As part of this partnership, Outreach will be providing regular articles in each Chronicles' issue as we move forward.

## Outreach is offering QPR Training

by: Caryn Jooste



Suicide is one of the most complex of human behaviors. It's also one of the most difficult things for people to talk about. Yet teachers, coaches, school administrators, police officers, librarians,

priests and many others may find themselves in a situation in which it's necessary to do so. In fact, it's these "front-line" personnel that may make all the difference in preventing suicide just by listening and questioning. QPR training teaches you how.

Research suggests that the survival rate of individuals experiencing a heart attack is higher in places where the general public have training in CPR (QPR Institute, 2016). That is, those who witness someone having a potentially life threatening heart attack can help save that person's life if they have been trained in CPR. It's no accident that QPR sounds similar to CPR. The founder of the QPR Institute, **Dr. Paul Quinnett**, conceived the acronym as a way to draw attention to a life-saving strategy for those contemplating suicide or those who are stressed to their limit. QPR stands for Q: Question, P: Persuade, R: Refer. The idea is that if we intervene in a mental health crisis, just like we use CPR in a physical crisis, we can save lives! Importantly, QPR is not a form of treatment or a replacement for mental health counseling. Instead, it's a strategy a gatekeeper can use to help save a life. According to QPR teaching, a gatekeeper is a person who may be in a position to identify possible warning signs that someone may be considering suicide.

You may, like so many others, be concerned that talking about suicide to

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someone may in fact cause a person to think about or consider it. This is a common myth that is simply not true. We cannot make someone think about suicide. QPR instructors like to say, "A person is either thinking about suicide, or they are not" (QPR Institute, 2016). Trained gatekeepers of the QPR method can make all the difference by allowing for time and creating a space for someone to talk about what they are feeling and experiencing without concern of judgement.

We offer QPR training through Outreach Teen & Family Services by a Certified QPR Instructor. Outreach is a community counseling agency offering services to young people (children, teens and emerging adults). We provide training to numerous institutions and organizations including schools, universities, libraries, and community centers. The training provides you with the language and tools you may need to help someone in distress and works to break down the barriers people often encounter when talking about suicide.

Please contact Outreach Program Manager **Maggie Zangara** to set up training. Call Outreach at **412-561-5405** or visit our website at [www.outreachteen.org](http://www.outreachteen.org) for more information about other services we provide.

Please note that Outreach does not offer crisis services or response and does not have evening and weekend on-call coverage.

In an emergency, please go to your local emergency room or call **RESOLVE** at **1-888-796-8226**.

“ You may, like so many  
others, be concerned that  
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a person to think about  
or consider it.  
This is a common myth  
that is simply not true. ”

## BPTV is Growing!

Bethel Park Public Access Television (BPTV) now has expanded staffing hours! We'll have a staff member available Mondays and Tuesdays after school as well as evenings to assist anyone hoping to utilize our facility after regular work hours.

If you know of a student who is interested in TV, video and/or film production, please encourage them to visit our studio after school to gain hands-on experience in front of or behind the camera.

For those who work during the day but would like to participate at our station on a public access TV project, we now have staffed hours to accommodate these professionals hoping to utilize BPTV.

BPTV will also soon begin offering reservations for our studio space. If you need a green screen, a soundproofed space to record podcasts, or a quiet space to record a presentation, please reach out to us for more information.



BPTV has also added the following programs to our long list of great original programming:

- **The Andy Allen Show** – Local talent **Andy Allen** presents a variety of musical guests and other segments for your entertainment.
- **Maria's Ideas Teaches You to Paint** – **Maria DeSimone Prascak** demonstrates painting and invites you to work along with her to prove that everyone can be an artist.
- **Veterans' Perspective** – **Tom Gelles** returns with a program that features interviews of local veterans.

If you want to be part of all of the great things going on at BPTV, please contact us at **412-831-3304** or [dcable@bethelpark.net](mailto:dcable@bethelpark.net).

**BPTV - The Pulse of Bethel Park!**

“ BPTV will also soon begin  
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our studio space. If you  
need a green screen, a  
soundproofed space to  
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presentation, please reach  
out to us for more  
information. ”



### MUNICIPAL CONTACT INFORMATION

Bethel Park Municipality has full-time staff members who perform various tasks within the Municipality. Several staff members attend Council meetings to assist in the conduct of the meeting and to answer questions from Council. Those usually in attendance are listed below: *(All numbers listed are in the 412 area code.)*

- Timothy O'Connor**  
Chief of Police  
Acting Municipal Manager .....831-6800 X100
- Lisa Lapaglia**  
Finance Director.....831-6800 X210
- Susan Dolinar**  
Public Works Director .....831-6800 x301
- David Rudolph**  
Code Enforcement Officer.....831-6800 X130
- Charles H. Stover**  
Recreation Director .....831-6800 X230

#### Other Important Municipal Numbers Include:

- Emergency (fire, police, EMS).....833-2000
- Main Municipal Office Number .....831-6800
- Receptionist .....831-6800 X0
- Bethel Park Community Center .....851-2910
- Bethel Park Public Library .....835-2207
- EMS (non-emergency).....831-3710
- Fire Department (non-emergency)
- Brightwood Station .....835-1127
- Fire Prevention Unit.....835-3473
- Recreation .....831-1328
- Public Access TV.....831-3304
- Jordan Tax Service .....835-5243

Visit Us Online at [www.bethelpark.net](http://www.bethelpark.net)

## Holiday Lighting Winners

Following are the 2022 Holiday Lighting Contest winners! We'd like to thank the judges as well as all the residents who took the time to participate and nominate displays.

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>Ward 1</li> <li>Ward 2</li> <li>Ward 3</li> <li>Ward 4</li> <li>Ward 5</li> <li>Ward 6</li> <li>Ward 7</li> <li>Ward 8</li> <li>Ward 9</li> </ul> | <ul style="list-style-type: none"> <li><b>Dennis &amp; Beth Harsh</b></li> <li><b>Thomas &amp; Irene Sumansky</b></li> <li><b>Hugh &amp; Sally McLinden</b></li> <li><b>David &amp; Carol Lucci</b></li> <li><b>Kevin &amp; Kellie Schram</b></li> <li><b>Brian &amp; Eileen Wallace</b></li> <li><b>Jeffrey &amp; Valerie Gearhart</b></li> <li><b>Robert &amp; Gail Ralicki</b></li> <li><b>Russell &amp; Stephanie Burkhard</b></li> </ul> | <ul style="list-style-type: none"> <li>5573 Fera Drive</li> <li>6159 Boxer Drive</li> <li>3219 Postgate Drive</li> <li>6650 Chapel Drive</li> <li>14 Old Ox Road</li> <li>5988 Glen Hill Drive</li> <li>206 Iroquois Road</li> <li>5173 Orchard Avenue</li> <li>6131 Brush Run Road</li> </ul> |
|--|---|--|

#### Honorable Mentions:

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li><b>Shawn &amp; Emilia Omara</b></li> <li><b>Louis &amp; Mary Ann DeAngelis</b></li> <li><b>David &amp; Catherine Motor</b></li> <li><b>Walter &amp; Tracy Kasieovich</b></li> </ul> | <ul style="list-style-type: none"> <li>360 Carlton Road</li> <li>2913 Kings Mill Road</li> <li>346 Marbury Road</li> <li>3344 Appel Road</li> </ul> |
|--|---|

## New Community Center Policy

Beginning Wednesday, March 1, the Bethel Park Community Center will begin implementing a new waiver policy requiring all Center guests using basketball courts, the walking track or exercise rooms to sign a waiver.

Currently, all individuals who take Recreation classes sign a waiver, so the new policy is simply bringing all Center users into alignment according to Community Center Director **Emily Skoczlas**. Those currently registered in Recreation programs will not need to sign a new waiver.

"Waivers will be available at the Community Center front desk for signature and should take less than a minute to sign," said Skoczlas. "Please be sure to bring proof of ID. Parents or legal guardians of children under the age of 18 will need to sign a waiver on their child's behalf."

For those who have a Center membership, waivers will only need to be signed once each year *(this also includes SilverSneakers' participants)*. Resident membership fees follow:

- Youth (13-17): \$5
- Adult (18-59): \$10
- Family: \$25
- Senior: \$5

Day pass users and member guests will need to sign a waiver or have a parent/guardian sign one *(depending on age)* each time they use the Center facilities.

Center Day Passes are \$1 and Resident Guest Passes are \$4 for five passes.

"Regular visitors may want to purchase a membership to eliminate the need to sign a waiver for each visit," said Skoczlas. "We're trying to make this new process as easy as possible for everyone who enjoys our Center!"



## BETHEL PARK MUNICIPAL COUNCIL & MAYOR



Jack T. Allen  
Mayor  
831-9923



Timothy J. Moury  
President  
WARD 8  
833-4615



Joseph A. Consolmagno  
WARD 1  
833-7993



Dr. Timothy Campbell  
WARD 2  
418-9197



John Oakes  
WARD 3  
595-7750



Todd Cenci  
WARD 4  
357-0045



Joe Janosik  
WARD 5  
328-6563



Mark J. O'Brien  
WARD 6  
831-0774



Dave Espinar  
WARD 7  
833-5254



Lindsay Flinn  
WARD 9  
568-3281

SPRING 2023

# PROGRAMS & ACTIVITIES

## SilverSneakers® at the Bethel Park Community Center!



SilverSneakers® programs are offered at the Bethel Park Community Center. The SilverSneakers® Fitness Program is the nation's leading fitness program designed exclusively for older adults. Regular participation in the program has been proven to help older adults manage their health and increase strength, balance, and endurance.

SilverSneakers® is a benefit offered to members of many Medicare plans across the U.S. If you are part of a Medicare health plan or if you are a group retiree, you may already have the SilverSneakers® benefit. There are over 5.8 million Medicare-eligible members who qualify for SilverSneakers®. There is no cost for SilverSneakers® eligible adults to become members and participate. You may already have SilverSneakers® available to you!

SilverSneakers® offers three easy ways to enroll. Simply choose one of the following options that best suits your lifestyle and begin enjoying your benefit today!

- Simply take your SilverSneakers® Member ID card to the Bethel Park Community Center.
- No SilverSneakers® card? Bring your health plan ID card with you to the Community Center. Our staff will check your eligibility.
- Visit the Community Center and our staff can check on your eligibility by using your name, address, phone number, and birth date.

The SilverSneakers® Fitness Program is an innovative and fun health/exercise program helping older adults live healthy, active lifestyles. Get fit, have fun, make new friends!

Unlock the door to greater independence and a healthier life with SilverSneakers®. Benefits will include:

Customized SilverSneakers® classes designed exclusively for older adults who want to improve their strength, flexibility, balance, and endurance.

SilverSneakers® members can take advantage of the climate controlled, elevated indoor walking track just by swiping their SilverSneakers® membership card. The 1/12-mile track features three lanes for fitness lap walking or running.

Track is open for use:

**May 1 – Oct. 31 hours of operation are:**  
**Monday – Friday, 9 a.m. - 8 p.m.**  
**Saturday, 9 a.m. - 6 p.m.**  
**Sunday, 12 - 6 p.m.**



*("SilverSneakers" cont. pg. 34)*

### BETHEL PARK RECREATION

Bethel Park Community Center  
 5151 Park Avenue, Bethel Park, PA 15102  
 Phone: 412-831-1328  
 Fax: 412-851-2915

Register online at: [www.bethelpark.net](http://www.bethelpark.net)  
 Contact us at: [recreation@bethelpark.net](mailto:recreation@bethelpark.net)  
 Office hours: Monday through Friday  
 9:00 AM - 4:30 PM

#### WHAT YOU WILL FIND INSIDE:

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**PLEASE SAVE THIS INFORMATION.  
 PROGRAMS WILL CONTINUE THROUGH JUNE 2023.**

[www.bethelpark.net](http://www.bethelpark.net)



SPRING 2023

# REGISTRATION INFORMATION

## SPECIAL NOTICE

Bethel Park Recreation reserves the right to cancel, combine or divide classes, or to make other changes that become necessary and to do so without incurring obligations. Adjustments of fees will be made when classes are canceled by the Department.

## WHEN PROGRAMS BEGIN

In almost all instances, each activity will have a schedule with a beginning date. In those cases where time or day is not available, interested individuals should call the Recreation Office.

## WHEN FEES ARE DUE

All fees must be paid at the time of registration unless special arrangements have been made at the Recreation Office. If registration is made by mail, be sure to include the activity fee and all information as required.

## INSURANCE INFORMATION

The Recreation Board does not carry health insurance to cover injuries incurred while participating in any activity. In most cases, hospitalization carried through your employer will cover these types of injuries. Participants are also responsible for their personal property. Valuables should never be left unattended.

## RETURNED CHECKS

Any check that is returned to the Recreation Office as "NSF" will be subject to a **\$35.00 replacement fee**. All "NSF" checks MUST be replaced within ten (10) working days, or the person will be withdrawn from the roster.

## RESIDENCY INFORMATION

All Bethel Park residents are given preference in registering for programs offered in this leaflet. Classes with limited enrollment will be open to non-residents only if space permits. The Recreation Board reserves the right to refuse admission to any person who misrepresents residency and will not give refunds to those individuals. Non-resident fees are set for each activity and should be paid accordingly upon registration.

## REFUNDS: Please read...

Refunds will only be given upon written request, received in the Recreation Office prior to the beginning of the second class or practice session. Phone requests will not be accepted, nor does failure to attend a class constitute notification of intent to withdraw from a class. Send your request to:

[recreation@bethelpark.net](mailto:recreation@bethelpark.net)

or by mail at:

Bethel Park Recreation  
5151 Park Avenue  
Bethel Park, PA 15102

All refunds are subject to a **service fee of \$5.00**. The Department will issue a credit letter to be applied to any non-contractual Recreation program for a 1 year period in place of the refund if the individual so desires. Exceptions for use of credit letters include contracted activities such as dog obedience or special ticket sales.

## CANCELLATION OF CLASS

Participants should check with the Recreation Office for updated program information. **Individual phone calls will not be made to verify mail registrations.** Calls will be made **ONLY** for classes that have been canceled due to a lack of registrations.

## HOW TO REGISTER

**Register at least one week prior to the start of the activity, unless otherwise stated.**

It is important to pre-register for any activity found in this leaflet because sometimes an activity may be canceled when there is insufficient registration. **Never plan to attend the first class without pre-registering.**

**You may register online for many activities! Check our website at [www.bethelpark.net](http://www.bethelpark.net) for details!** When you get to the main page, please click on Departments and then Parks/Recreation. There is a link to register online. **A non-refundable service fee will be added for each online registration.**

You may register by mail for most of the activities in this leaflet. A mail registration form is provided. The participant's name, address (*including zip code*), and telephone numbers (*home and work/cell with area codes*), should be listed. When there is a choice of session, day, or time, make sure to list your class preference and **put the appropriate activity code number on the registration form.**

Please include the name of the person who is paying the fee for the activity, **"Payment From:"**, and make check payable to: **"Bethel Park Recreation"** unless otherwise indicated. **SIGNATURE** of the participant or parent/guardian is **REQUIRED**.

Some activities will have a sign-up day, such as youth swimming lessons. For your convenience, registrations may also be dropped off at the Bethel Park Community Center front desk or mailed to Bethel Park Recreation, 5151 Park Avenue, Bethel Park, PA 15102. **Individual telephone calls will not be made confirming registration.** The only time you will be notified is if there is a change or cancellation of the class or activity.

## USE OF PHOTOS

Bethel Park Recreation provides opportunities for positive publicity by photographing / videotaping patrons at programs for use in local publications, newspapers, or television.

If you prefer that you and / or your child not be photographed for publicity purposes, please notify Bethel Park Recreation in writing upon registration.

## CLASS ATTENDANCE

Attendance at class offerings is not mandatory. The Recreation Department recommends that an attempt be made to attend as many classes as possible. Generally, the only skill testing takes place in swimming and basketball programs. All advanced classes in any area are based upon the successful completion of primary or beginning-level instruction. Entrance at an advanced level is up to the discretion of the instructor. Placement is always made with the best interests of the participant in mind.

## CONDUCT

Participants are reminded that undesirable behavior or destruction of any property are reasons to expel the offender from a class or program. Parents are asked to remind children that they should not be in other areas of any building and to respect School District and Municipal property.

## NO NEWS IS GOOD NEWS

**When you register for any of our terrific classes, don't wait by your phone or camp out by your mailbox.**

**The only time you will hear from us is:**

- \* If there is a change in the time or day for your class
- \* If the class is moved, full or cancelled

**So, if it is almost time for your class and you haven't heard from our friendly staff, that's GOOD NEWS. It means YOU ARE IN! You may call us at 412-831-1328 if you wish to confirm that we received your registration.**

## Board of Parks and Recreation

**James Gastgeb, Chairperson**  
**James Miller, Vice Chairperson**  
**Joelle Salerno, Secretary**  
**Bill Bonaccorsi - Vince Galloni**  
**Kelly Kuhn - Bob McCall**  
**Christina Murtaugh - Joseph Nagel**  
**Russ Spicuzza - Daryl Walezak**

**Department Administration**  
**Charles H. Stover, Director**  
**Emily Skoczlas, Assistant**

**Director/Community Center Director**  
**James Knight, Program Coordinator**  
**Amber Armstrong, Administrative Secretary**  
**Angelina Lacek, Recreation Clerk**

### Monthly Meetings

The Board meets on the first Wednesday of each month at 7:00 p.m. in the Community Center unless otherwise advertised.

Please contact the Recreation Office for specific meeting dates.

**Dr. James Walsh, School Superintendent**  
**Mark O'Brien, Municipal Council Liaison**  
**Dave Espinar, Municipal Council Liaison**  
**Lindsay Flinn, Municipal Council Liaison**  
**Barry Christenson, School District Liaison**  
**Timothy Moury, Recreation Board Liaison**

# Enjoy YOUR Neighborhood Parks this Spring & Summer!



## Spotlight on Pine Tree Park!

The newly renovated Pine Tree Park Playground offers hours of activity for children of all ages. Older children can practice their balancing and agility skills by navigating the Custom Hill Climbing Elements and enjoy the thrill of sliding back down to the bottom level on the Embankment Slides.

A Corocord Net Arc Tunnel at the bottom level will challenge their physical strength, and provide a place to see and be seen - a great social piece! The Play Timer at the top of the hill will ensure that each child has his or her fair share of time, or create an exciting challenge of racing through the equipment. The Play Timer attracts children of all ages with its countdown sounds and its timer pushbuttons.

Younger children will love the fun and excitement provided in the age 2-5 area, where they will find developmentally appropriate play activities, enticing them to come back over and over again! The Sherpa Tower offers a combination of climbing, swaying and sliding in one unit, while the new infant/toddler swing set offers parents an interactive way to play with their young children.

The Crazy Daisy Spring Toy and Creative Play Panel enable children to build important social skills by allowing them to cooperate with one another!

The playground also features Foreverlawn Playground Grass on the embankments giving kids a clean and fun tactile experience! The new basketball hoop with acrylic backboard will provide plenty of opportunity for kids (and adults) to compete for hours!

We hope you enjoy this upgraded facility!



### MUNICIPALITY OF BETHEL PARK PARKS AND FIELDS

Park Site	Location	Acreage	Amenities
Birch Tree Park	Ashland Drive	.75	Double decker play apparatus with 8ft. spiral tube slide, roller slider, and sky track; 3 seat rocker ride; swing set, with a toddler swing
Brookside Park	Brookside Boulevard	2.50	undeveloped
Elm Tree Park	Glen Hill Drive	3.95	play apparatus w/slide, four-seat spring toy, swing set/4 adult and 2 infant, basketball court, 5-foot high plastic climbing wall, 1 tether ball
Millennium Park	5900 Baptist Road	40	3 youth fields; play apparatus with large arch frame rope climber, rope tunnel and 3 slides; tire swing; spinning ride
Miner's Park	5480 Main Street	8.08	pavilion w/tables, play apparatus w/slides, 2 climbing apparatus, 4 adult and 2 infant swings, picnic grill, 4 seat spring toy, basketball court (lighted), 2 youth baseball/softball fields, adult softball field, basketball court, 2 batting cages, concession stand,
Mollyhill Park	259 Santa Fe Drive	6.00	play apparatus w/slide and tire swing, four-seat spring toy, swing set/4 adult and 2 infant, basketball court, inline hockey court, WWII Memorial
Oak Tree Park	Summit Street	3.04	Play apparatus with large climbing boulder, Gaga Ball Pit, disk swing & stand up glider, swing set with 3 regular, toddler swing, parent child swing, and an inclusive swing
Park Avenue Fields @ Community Center	5151 Park Avenue	11	play apparatus w/slides, swing set/2 adult and 2 infant, 2 spring toys, youth baseball/softball field, multi-purpose field (lighted), walking track, storage unit/press box, concession stand, pavilion, score board
Peter Page Park	Church Road	16.65	walking trail, arboretum
Pine Tree Park	"N" Street	1.01	pavilion w/tables, 2 play apparatus w/slides, swing set/3 adult and 1 infant, 2 spring toys, see-saw, basketball court, back-stop area
Shamrock Woods	Leprechaun Drive	4.05	undeveloped, one walk-through path
Simmons Park	1200 Clifton Road	25.50	2 pavilions w/tables, 1 picnic grill, 2 play apparatus w/slides, mini zip line, swing sets/4 adult and 4 infant, 2 spring rocking toys, kids basketball score game, see-saw, 2 basketball courts (lighted), sand volleyball court (lighted), 3 baseball/softball fields (lighted), pickleball court, 2 tennis courts (lighted), 2 batting cages, walking trail, bike rack, concession stand, restroom facilities
UPMC Field	1300 Oxford Drive	1.50	youth baseball/softball field, scoreboard, batting cage, concession stand/storage unit/press box
Village Green Park	7000 Alicia Drive	11.0	2 pavilions w/tables, play apparatus for 2-5 year olds, play apparatus for 5-12 year olds, soccer/lacrosse/football field, 2 horseshoe courts, walking trail, restroom facilities/storage unit/concession stand





# AQUATIC PROGRAMS

## WE ARE HIRING SWIM INSTRUCTORS!

The Bethel Park Swim Lessons Program is looking to hire more swim instructors to help our growing program. The only requirement needed is the desire to work with and inspire the youth in our community. This is a great opportunity for anyone 15 and older who is looking to get experience working with children. While we encourage strong swimmers to apply, it is not needed as long as you are comfortable in the water. We will teach you everything you need to know to be the best instructor you can be! For more information please email [awatterson@bethelpark.net](mailto:awatterson@bethelpark.net).

## COMMUNITY SWIM

**NO SWIMMING ON SCHOOL HOLIDAYS AND POSTED SWIM MEET DAYS.**  
Pool availability subject to change

Daily Family Pass - \$10 for up to 5 immediate family members. (Non-resident \$13)

Check in with the guard when entering the pool. Children under 14 years of age **MUST** be accompanied by at least one parent who is dressed to enter the water.

**DO NOT BRING VALUABLES TO THE POOL.**

Ages: 5 and over

**Resident Fee: \$5.00**

Non-Res Fee: \$7.00

3405.101

Dates: 02/20/2023 - 06/04/2023

Time: 6:30PM - 8:30PM

2:30PM - 4:30PM

2:30PM - 4:30PM

Fri

Sat

Sun

**Location:** BPHS Pool

**No class** Feb 25, Apr 7, Apr 8, Apr 9

## LAP SWIMMING

**NO SWIMMING ON SCHOOL HOLIDAYS AND POSTED SWIM MEET DAYS.**  
Pool availability subject to change

Swim without the crowd and do laps on your own on Monday and Wednesday evenings! Sign in and pay at the pool each evening you attend. The fee for nightly attendance is \$5.00 (non-res \$6.00).

**DO NOT BRING VALUABLES TO THE POOL**

Ages: 18 and over

**Resident Fee: \$5.00**

Non-Res Fee: \$6.00

3411.101

Dates: 02/22/2023 - 06/07/2023

Time: 7:30PM - 8:30PM

Mon, Wed

**Location:** BPHS Pool

**No class** Feb 10, Mar 27, Apr 10, May 29

## AQUACISE

Any adult (21 years of age and over) is welcome to come. You do not have to be able to swim to participate. Classes feature water exercises. Aquacise is held throughout the year on Monday and Wednesday evenings at Pathfinder School Pool.

The fee for nightly attendance is \$5.00 for a resident or \$6.00 for a non-resident. Sign in and pay at the pool each evening you attend.

Ages: 21 and over

**Resident Fee: \$5.00**

Non-Res Fee: \$6.00

3405.100

Dates: 03/13/2023 - 06/07/2023

Time: 7:30PM - 8:30PM

Mon, Wed

**Location:** Pathfinder School Pool

**No class** Apr 10, May 29

## PRIVATE SWIM LESSONS-WEEKDAY

Private Lessons on Monday / Wednesday nights from 7:30 PM to 8:30 PM during Open Community Swim Hours. These weekday private lessons are great for anyone looking to improve enough to get onto the Bethel Park Recreation Swim Team, or older Adults looking to learn how to swim. For questions, please email [awatterson@bethelpark.net](mailto:awatterson@bethelpark.net).

Register at the Bethel Park Community Center to schedule your specific time.

Ages: 6 and over

**Resident Fee: \$130.00** Non-Res Fee: \$140.00

8 session dates

3413.116

Dates: 03/29/2023 - 04/26/2023

Time: 7:30PM - 8:30PM

Mon, Wed

3413.117

Dates: 05/08/2023 - 06/05/2023

Time: 7:30PM - 8:30PM

Mon, Wed

**Location:**

**BPHS Pool**

**No class**

**Apr 10, May 29**

## PRIVATE SWIM LESSONS-SATURDAY

One on One Swim Lessons! An instructor will give your child individual swim lessons tailored to what your child needs. Our experienced and patient instructors will be in the water with your child while he or she learns at their own pace, whether it is getting accustomed to the water for the first time, learning basic water skills, or getting enough individual help to advance to the next level. These 1/2-hour private lessons will be scheduled during swim lessons.

Register at the Bethel Park Community Center to schedule your specific time.

Ages: 6 and over

**Resident Fee: \$130.00**

Non-Res Fee: \$140.00

8 session dates

3413.120

Dates: 04/15/2023 - 06/03/2023

Time: 12:00PM - 2:00PM

Sat

**Location:**

**BPHS Pool**

## PITTSBURGH ARTISTIC SWIMMING

Artistic Swimming combines the grace of dance, the agility of gymnastics and the athleticism of swimming all in one sport. Swimmers will perform a variety of individual figures and team routines which include performances of coordinated movements (similar to dance) in time to music. This exciting sport encourages confidence, creativity, strength, flexibility and teamwork. Instructors have competed in National/International Age Group, Intercollegiate and/or Masters Competitions. As the team progresses, swimmers will have the opportunity to compete or participate in a swim show for friends and family. USA Artistic Swimming safety protocols will be used. Swimmers do not need prior experience but should be able to swim 25 yards freestyle and backstroke (pool length). Swimmers will need a swimsuit, cap and nose clips. Email [pghartisticswim@gmail.com](mailto:pghartisticswim@gmail.com) for more details. Twice a week discount rate is not available with online registration.

Ages: 8 - 18

**Resident Fee: \$40.00**

Non-Res Fee: \$45.00

6 session dates

3413.173

Dates: 04/16/2023 - 05/21/2023

Time: 3:30PM - 5:00PM

Sun

3413.174

Dates: 04/11/2023 - 05/16/2023

Time: 7:30PM - 9:00PM

Tue

3413.175

Dates: 04/13/2023 - 05/18/2023

Time: 7:30PM - 9:00PM

Thu

**Location:**

**BPHS Pool**



## GUPPIES

Beginner Group (45 Minutes)

Safety is key! This group is based on the very basic fundamentals and teaching water safety. Children will learn how to ask for permission before getting into the water, learn how to enter the water safely, jump into the water safely and exit the water safely.

Guppies also focuses on teaching how to be comfortable in the water by learning front and back glides, rolling to and holding a float independently.

To move out of the group swimmers must master the following.

- Independent Jump from the wall
- Safe entry and safe exit from the water
- Independent Front Glide
- Independent Back Glide
- Front Float & Back Float
- Without assistance front glide, roll to a back float, roll to front float  
(Swim - Float - Swim)

Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process for the next group.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.102  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.108  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool

## TADPOLES

Stage 1 (45 Minutes)

Building off the skills learned in Guppies, children are going to begin learning two of the four competitive strokes, Freestyle, and Backstroke while also learning the beginning techniques for Butterfly and Breaststroke.

To move out of the group swimmers must master the following:

- Legal Dolphin Kick by USA Swimming Standards
- Legal Breaststroke Kick by USA Swimming Standards
- Unassisted Front Glide with dolphin kick
- Unassisted Back Glide with dolphin kick
- Unassisted Front Glide with dolphin kick to Freestyle - Roll to Back Float - Roll back to Freestyle. (Must swim to the instructor, then repeat back to the wall). (5 to 7 Feet = Maximum distance swimmers will swim)
- Unassisted Back Glide with dolphin kick to Backstroke to the instructor (5 to 7 Feet = Maximum distance swimmers will swim).

Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process of the next group.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.103  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.109  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool

## SEAHORSE

Stage 2 (45 Minutes)

Swimmers will be introduced to holding a streamline off the wall, side breathing in their Freestyle, and the arm techniques for Breaststroke and Butterfly. Children are going to be building on their endurance by swimming farther from the wall with the assistance of an instructor.

To move out of the group swimmers must master the following:

- Perfect Streamline
- Swimming 8 to 10 feet of freestyle with a side breath. (side breath doesn't need to be perfect)
- Swimming 8 to 10 Feet of Backstroke
- Swimming 8 to 10 feet of Butterfly (Legs need to stay together, arms need to break the surface, timing does not need to be perfect)
- Swimming 8 to 10 feet of Breaststroke (Kick and arms need to be legal timing does not need to be perfect)

Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process of the next group.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.104  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.110  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool

## TURTLES

Stage 3 (45 Minutes)

Swimmers are now consistently moving building distance for all four strokes by swimming half the length of the pool 15 feet with very little to no assistance from the instructor. Swimmers will be learning how to perfect their side breathing, the timing of their Butterfly, and their Breaststroke to the best of their abilities.

To move out of the group swimmers must master the following. Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process of the next group.

- Swimming 15 Feet unassisted from the instructor legally of all four strokes

Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process of the next group.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.105  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.111  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool



**SATURDAY CLASSES ARE HIGHLIGHTED**

## NARWHALS

Stage 4 (45 Minutes)

Time for the deep end! Swimmers will build their endurance by working to swim the length of the pool in all four strokes. Children are going to be re-educated on water safety, specifically regarding the deep end. Learning how to properly jump/dive from the side of the pool, off the diving board, and swim back to the wall safely as well as learning how to tread water and go into a float.

To move out of the group swimmers must master the following:

- Jumping independently from the diving board
- Jumping from the diving board and independently swimming to the wall
- Treading water for 1 minute, going into a float, and kicking to the wall
- Swimming a full length of the pool (25 yards) without assistance from the instructors

Upon mastery, the swimmers will receive a certificate of completion which will be used in the registration process of the next group.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.106  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.112  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool

## DOLPHINS

Stage 5 (45 Minutes)

Loving swimming? Dolphins is the perfect group to take right before your try out to join Bethel Park Recreation Swim Team. This group is going to provide you with a leg up on the competition by preparing you with everything you need to know for your first day.

Swimmers are going to continue to build on their endurance by swimming farther than 25 yards and learning how to properly do flip turns, open turns, and diving. This group is also going to educate the swimmers on appropriate terminology that is used daily in a competitive swim practice setting. This is a great group to take in addition to or before the Sharks program.

To move out of the group swimmers must master the following:

- Diving from the side of the pool
- Reading the clock
- Swimming a 50 + of each competitive stroke

Upon Completion of the Dolphins Group, swimmers will be given a certificate to bring to the coaches of the Bethel Park Recreation Swim Team to receive a Free Evaluation.

Ages: 6 and over  
Resident Fee: \$80.00 Non-Res Fee: \$85.00  
8 session dates

3413.107  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 10:00AM - 10:45AM

3413.113  
Dates: 04/15/2023 - 06/03/2023 Sat  
Time: 11:00AM - 11:45AM

Location: BPHS Pool



# YOUTH PROGRAMS



## CLASSES & WORKSHOPS

★ NEW! NEW! NEW! ★

### MENTAL HEALTH FIRST AID COURSE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support. This course is for EVERYONE, and is particularly important for those who interact with young people—parents, teachers, coaches, bus drivers, camp counselors, youth group leaders, etc. Let's make Mental Health First Aid as common as CPR. Kelly is a full-time mother of 3 with a passion for mental health awareness. As an adolescent, she was diagnosed with anxiety and an eating disorder. Her own journey has inspired her to work to battle the stigma that surrounds mental health illness, and to be part of the solution. The class will be offered in a Blended In-Person Format:

- 2 hours of pre-work that needs to be completed before training day.
- 7.5 hours of in-person training including breaks and snacks
- Mental Health First Aid manual available for an extra charge of \$18.95

Coffee, water, snacks and boxed-lunch will be provided on training day

Ages: 12 - 18  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 1 session dates

3333.100  
 Dates: 03/11/2023 Sat  
 Time: 9:30AM - 5:00PM

3333.101  
 Dates: 04/22/2023 Sat  
 Time: 9:30AM - 5:00PM

3333.102  
 Dates: 05/13/2023 Sat  
 Time: 9:30AM - 5:00PM

**Location: Bethel Park Community Center**

### DRIVER EDUCATION

The course is conducted by Kennedy School of Driving through Bethel Park Recreation. Upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate is given that is accepted by most insurance companies for an insurance rate discount. If you are a BPHS student, this class features the option of taking your driving test with our instructor. This counts as 1 hour of your behind-the-wheel instruction. You must complete the test prior to your high school graduation in order to take the test with our instructor.

The \$45 (*non-resident \$50*) NON-REFUNDABLE AND NON-TRANSFERRABLE fee payable to Bethel Park Recreation will secure your space in the class. The fee of \$499 must be paid to Kennedy School of Driving on the first night of class. Class size is limited to 36 students.

Ages: 15 and over  
**Resident Fee: \$45.00** Non-Res Fee: \$50.00  
 10 session dates

3311.100  
 Dates: 03/07/2023 - 04/06/2023 Tue, Thu  
 Time: 5:00PM - 8:00PM

**Location: Bethel Park Community Center**



### BRIXOLOGY

In Brixology, students will use unique Mad Science designed LEGO kits to build a different engineering-themed project in every class! They will use critical thinking, cooperation, and creative problem-solving to test and improve your creations! Each class will revolve around a different engineering theme—including mechanical, structural, and nautical engineering. Brixology sets the foundation for our next generation of makers!

Ages: 5 - 12  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 4 session dates

3860.100  
 Dates: 03/01/2023 - 03/22/2023 Wed  
 Time: 6:00PM - 7:00PM

**Location: Bethel Park Community Center**

### YOUTH THEATER

Students/actors will enjoy playing creative drama games to improve character development and improvisation skills, voice projection and enunciation skills. Theater terms and staging will also be a part of this class. Students will focus on performing in skits/a short play to perfect their new skills. A performance will be held on the last class for family and friends.

Instructor: Adam Winter  
 Ages: 6 - 12  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
 6 session dates

3875.100  
 Dates: 03/01/2023 - 04/05/2023 Wed  
 Time: 6:00PM - 7:00PM

3875.102  
 Dates: 04/19/2023 - 05/24/2023 Wed  
 Time: 6:00PM - 7:00PM

**Location: Bethel Park Community Center**

★ NEW! NEW! NEW! ★

### YOUTH THEATER

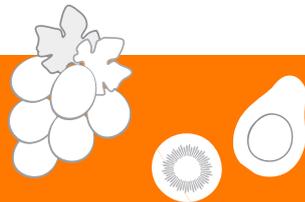
Lights, Curtain, Act!  
 Teen troop sponsored by the Heritage Players. Learn the inner workings of a production. Learn makeup techniques, stage management tips, directing tips, and improve your acting skills through a monologue and scene workshops. Also, we'll throw in a few theater games and an audition for a show! You will be ready to be a star on and off stage. Come join the Heritage Players for unforgettable experience!

Instructor: Adam Winter  
 Ages: 13 - 18  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
 6 session dates

3875.101  
 Dates: 03/01/2023 - 04/05/2023 Wed  
 Time: 7:00PM - 8:00PM

3875.103  
 Dates: 04/19/2023 - 05/24/2023 Wed  
 Time: 7:00PM - 8:00PM

**Location: Bethel Park Community Center**



**The Farmers' Market  
 begins on  
 May 2 at the  
 South Park Ice Rink on  
 Corrigan Drive!  
 See details on pg. 35.**

**SATURDAY CLASSES ARE  
 HIGHLIGHTED**

### PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start!  
 Programs not meeting the minimum number of students will be canceled.  
 Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

**ARTS & CRAFTS**

**CANVAS CRAZINESS**

Students will start and complete their own canvas with different themes each session. **DRESS TO GET MESSY!** Must register at least 24 hours prior to class.

Instructor: Karen Hartman  
 Ages: 6 - 14  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
 1 session dates

3805.100 **St. Patrick's Day Leprechaun**  
 Dates: 03/16/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.101 **Easter Egg Explosion**  
 Dates: 03/23/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.102 **Ducks With Umbrellas**  
 Dates: 04/13/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.103 **Super Celestial Sun & Moon**  
 Dates: 04/20/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.104 **It's Raining Cats & Dogs**  
 Dates: 04/27/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.105 **Cinco de Mayo Fun**  
 Dates: 05/04/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.106 **Silly Smelly Skunk & Flowers**  
 Dates: 05/11/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.107 **Cool Campground Critters**  
 Dates: 05/18/2023 Thu  
 Time: 6:15PM - 7:15PM

3805.108 **Super Fun Swimming Pools**  
 Dates: 05/25/2023 Thu  
 Time: 6:15PM - 7:15PM

**Location: Bethel Park Community Center**

**CARTOONING WORKSHOP**

Cartooning/drawing classes with a new fun theme for each class! Students will learn the foundation of cartooning in this very fun, relaxed class atmosphere. Students and instructor tell jokes, stories and share their creations. Students end class with 4 fun drawings/cartoons complete with speech bubbles. Bring your imagination for lots of fun! Must register at least 24 hours prior to class.

Instructor: Karen Hartman  
 Ages: 6 - 14  
**Resident Fee: \$18.00** Non-Res Fee: \$23.00  
 1 session dates

3805.109 **St. Patrick's Day Leprechaun**  
 Dates: 03/16/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.110 **Easter Egg Explosion**  
 Dates: 03/23/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.111 **Ducks With Umbrellas**  
 Dates: 04/13/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.112 **Super Celestial Sun & Moon**  
 Dates: 04/20/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.113 **It's Raining Cats & Dogs**  
 Dates: 04/27/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.114 **Cinco de Mayo Fun**  
 Dates: 05/04/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.115 **Silly Smelly Skunk & Flowers**  
 Dates: 05/11/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.116 **Cool Campground Critters**  
 Dates: 05/18/2023 Thu  
 Time: 7:20PM - 8:20PM

3805.117 **Super Fun Swimming Pools**  
 Dates: 05/25/2023 Thu  
 Time: 7:20PM - 8:20PM

**Location: Bethel Park Community Center**



**PRIVATE/SEMI-PRIVATE DRAWING CLASS**

Instructor Karen Hartman will hold 60 minute private or semi-private drawing instruction for students from beginner to advanced level. Lesson can be customized to the student's likes and needs while exploring foundation. Portfolio customization offered for High School Students. Student may bring their own supplies; instructor will also have sanitized supplies on hand at each lesson. Please bring a 5x7 or larger sketch book. **Register at the Bethel Park Community Center for individual 1-hour lessons, 4-5pm or 5-6pm.**

Instructor: Karen Hartman  
 Ages: 6 - 16  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
 1 session dates

TBD 4:00PM or 5:00PM

3805.118 Dates: 03/16/2023 Thu

3805.119 Dates: 03/23/2023 Thu

3805.120 Dates: 04/13/2023 Thu

3805.121 Dates: 04/20/2023 Thu

3805.122 Dates: 04/27/2023 Thu

3805.123 Dates: 05/04/2023 Thu

3805.124 Dates: 05/11/2023 Thu

3805.125 Dates: 05/18/2023 Thu

3805.126 Dates: 05/25/2023 Thu

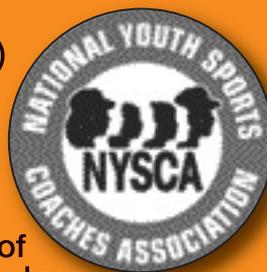
**Location: Bethel Park Community Center**

**ARE YOU A YOUTH SPORT VOLUNTEER COACH?**

The *National Youth Sports Coaches Association (NYSCA)* is a membership organization and the most widely used volunteer coach training program in the nation, having trained more than 3 million coaches since 1981.

The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the NYSCA Coaches' Code of Ethics Pledge.

The NYSCA Introduction to Coaching Youth Sports website is one of the most comprehensive resources for volunteer coaches, no matter what sport you're coaching. The website is designed to improve your understanding in all the important areas of youth coaching. Coaches who are trained and educated on the many different aspects involved with coaching kids are best prepared to provide participants with a fun-filled, safe, and rewarding experience. Please consider completing this valuable online training at [www.nays.org](http://www.nays.org).



**SATURDAY CLASSES ARE HIGHLIGHTED**

### ART EXPLOSION - ENJOYING SPRING

Join us for a fun 6 week session exploring the wonderful season of Spring, letting it inspire our artwork. Children will learn about artist Joan Mitchell, letting her abstract flower paintings inspire our spring paintings. We'll collect nature items incorporating what treasures we find into our nature collage and creating a still life drawing of them. Children will use a variety of materials like markers, paints, colored pencils, pastels, and watercolors to name a few. All materials are included, and children will take home their masterpiece at the end of every class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston  
 Ages: 4 - 7  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3805.130  
 Dates: 03/06/2023 - 04/17/2023 Mon  
 Time: 5:15PM - 6:15PM

**Location: Bethel Park Community Center**  
**No class Apr 10**

### ART EXPLOSION - CELEBRATING SPRING

Join us for a fun 6 week session where children will explore what is happening in nature during this amazing season letting it drive our artwork. We'll learn about artists like **Ansel Adams, Paul Cezanne** and **Joan Mitchell** letting her abstract flower paintings inspire our spring painting. Children will enjoy a nature collection incorporating their findings, collected items into our spring nature still life, sculpture and collage. We will use a variety of materials like tempera paint, pastels, markers, colored pencils and watercolors to name a few and all are included. Children will take home the artwork they create after every class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston  
 Ages: 6 - 13  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3805.131  
 Dates: 03/06/2023 - 04/17/2023 Mon  
 Time: 6:30PM - 7:30PM

**Location: Bethel Park Community Center**  
**No class Apr 10**

## FITNESS & EXERCISE

### FIT KIDS

Ignore the cold weather outside and come inside to play! Make new friends while playing fun games, running races, bouncing, skipping, hopping, and jumping away. Play and laugh our way to being a fit kid! Bring a friend or 2 and get ready for lots of fun!

Instructor: Cortney Sweeney  
 Ages: 5 - 8  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
 6 session dates

3815.100  
 Dates: 03/06/2023 - 04/10/2023 Mon  
 Time: 6:00PM - 6:45PM

3815.101  
 Dates: 04/24/2023 - 06/05/2023 Mon  
 Time: 6:00PM - 6:45PM

**Location: Bethel Park Community Center**  
**No class May 29**

**SATURDAY CLASSES  
 ARE HIGHLIGHTED**

## DANCE

### BALLET/TAP COMBO

This class will serve as an intro to ballet, while incorporating other fun dance/movement techniques that will enhance balance, body control and the natural sense of rhythm. Simple jazz-type and tap movements will be introduced and proper stretching (set to song and nursery rhymes) will be taught. This is a very informal & fun approach to beginning dance. Standard dance attire, (leotard or tank top with tights) or stretchy, tight (fitness/dance) shorts worn over tights. Tap and Ballet shoes are needed. Please contact the instructor, Tammy Lentz at 412-851-9142 if you have any questions about the class or where to purchase shoes.

Instructor: Tammy Lentz  
 Ages: 3 - 5  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 6 session dates

3818.100  
 Dates: 03/7/2023 - 04/11/2023 Tue  
 Time: 9:45AM - 10:30AM

3818.105  
 Dates: 03/07/2023 - 04/11/2023 Tue  
 Time: 4:30PM - 5:15PM

**Location: Bethel Park Community Center**



### MOVE AND GROOVE WITH 2'S

Help your child discover movement and expression while networking with other parents through a structure that blends dance, music, and imagination. Parent and child will follow along with the instructor who will guide the parent/tot team in a way that makes discovering movement, balance, and listening skills easy and fun. This class is an excellent first group activity. Please wear comfortable clothing.

Instructor: Tammy Lentz  
 Ages: 16 months - 3  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 6 session dates

3818.101  
 Dates: 03/7/2023 - 04/11/2023 Tue  
 Time: 10:45AM - 11:15AM

**Location: Bethel Park Community Center**

### PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start!  
 Programs not meeting the minimum number of students will be canceled.  
 Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

### BEGINNER JAZZ/HIP HOP COMBO

This one-hour class allows students to learn and enjoy fundamental dance styles. Class allows students to explore leaping and turning with jazz and learn some street funk with hip hop. The high energy class is a solid foundation of dance and sure to be a favorite. Students should have Jazz shoes (preferred but not required) or sneakers for class. Please wear comfortable clothing. Please contact the instructor, Tammy Lentz at 412-851-9142 if you have any questions about the class or where to purchase shoes.

Ages: 5 - 12  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 6 session dates

3818.102  
 Dates: 03/7/2023 - 04/11/2023 Tue  
 Time: 6:45PM - 7:30PM

**Location: Bethel Park Community Center**



### BEGINNER/INTERMEDIATE BATON TWIRLING

This is a fun-filled class for the beginner twirler and intermediate twirler. Class is a low cost, no pressure introduction for the first-time twirlers who want to get their first taste of baton. Students will learn basic twirls and tosses and will also have fun learning how to march and twirl to music. Students that have already completed the beginner class will continue to build knowledge and baton twirling skills. They will learn more difficult tricks and tosses, using skills previously learned in class. Twirling promotes development of good hand/eye coordination. This class is a great start for any future little majorette. Students should wear comfortable clothing and must have their own baton. Please contact the instructor, Tammy Lentz, at 412-851-9142 if you have questions about the class or where to purchase a baton. Tammy is a former Upper St. Clair Majorette with over 30 years of teaching experience training girls to be majorettes throughout the many high schools in the South Hills areas and is currently the majorette/ auxiliary instructor at Upper St. Clair High School.

Ages: 5 and over  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 6 session dates

3818.103  
 Dates: 03/7/2023 - 04/11/2023 Tue  
 Time: 6:00PM - 6:45PM

**Location: Bethel Park Community Center**



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 Recreation & Community  
 Center

**ADVANCED BATON**

This class is for the twirlers who have had beginner and/or intermediate instruction or by instructor recommendation. Students will focus on 2 baton tricks, exchanges, and ribbon instruction. This class is for girls who are headed in the direction of becoming a High School Majorette. Students do not need to purchase a second baton or ribbon. The instructor will provide additional batons and ribbons. Tammy is a former Upper St. Clair Majorette with over 30 years of teaching experience training girls to be majorettes throughout the many high schools in the South Hills areas and is currently the majorette/ auxiliary instructor at Upper St. Clair High School.

Ages: 8 and over  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 6 session dates

3818.104  
 Dates: 03/7/2023 - 04/11/2023 Tue  
 Time: 5:15PM - 6:00PM

**Location: Bethel Park Community Center**

**SOUTH HILLS STARS SPECIAL NEEDS COLOR GUARD**

South Hills Stars is a Color Guard group for individuals with special needs. Students will be learning the technique of spinning flags, pom-poms, ribbons, dance, and more. South Hills Stars will be meeting once a week as a color guard group to train with volunteer instructor Emily Columbus. The group will perform at a parent show and possibly some additional events! Anyone with a disability can be a part of this group. We are also looking for volunteers to help with this group. We expect lots of fun for everyone and we would love for you to join us! For more information or questions email Emily at [SouthHillsStars@gmail.com](mailto:SouthHillsStars@gmail.com). There are now 2 convenient times to pick from, please only sign up for 1 time slot.

Ages: 10 and over  
**Resident Fee: \$45.00** Non-Res Fee: \$50.00  
 12 session dates

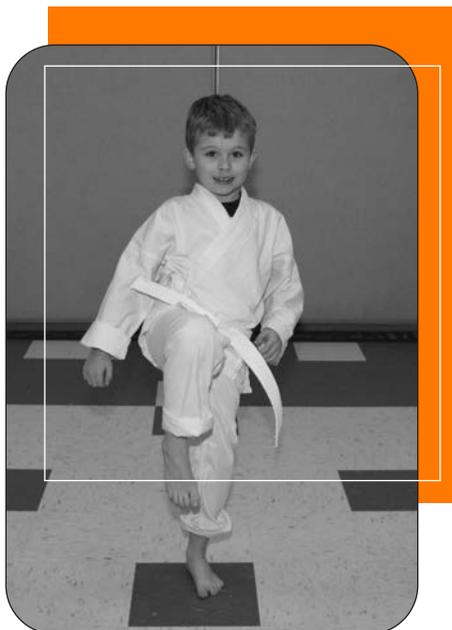
3818.125  
 Dates: 03/06/2023 - 06/05/2023 Mon  
 Time: 6:00PM - 6:45PM

3818.126  
 Dates: 03/06/2023 - 06/05/2023 Mon  
 Time: 6:45PM - 7:30PM

**Location: Bethel Park Community Center**  
**No class Apr 10, May 29**



**SATURDAY CLASSES  
 ARE HIGHLIGHTED**

**BEGINNER KARATE - TANG SOO DO**

Students will learn Tang Soo Do, the traditional Korean martial art from instructors with CS Kim Karate. Instructors will teach students the basics of martial arts while also incorporating important life skills. Balance, flexibility and overall improved physical fitness will be cornerstones as well as building confidence, concentration, discipline and respect. \* Uniform fee of \$35 due to instructor at first class\*

Instructor: Master Bruno/  
 C.S. Kim Karate Instructor  
 Ages: 6 and over  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3825.100  
 Dates: 02/28/2023 - 04/04/2023 Tue  
 Time: 6:00PM - 7:00PM

3825.101  
 Dates: 04/18/2023 - 05/23/2023 Tue  
 Time: 6:00PM - 7:00PM

**Location: Bethel Park Community Center**

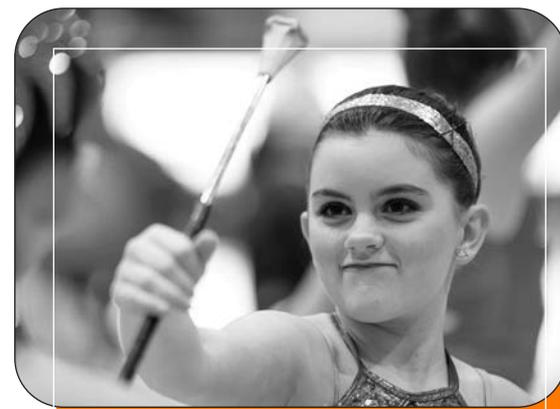
**PASSION COMBO COMPETITIVE TWIRL AND POM TINY TEAM**

Skill- based baton twirling techniques taught to form a creative, unpredictable routine that exemplifies both the sport and art of twirling. Combined with a non-cheer, team pom performance with instruction on how to use poms with precision and grace. Using dance steps, changing floor patterns, and group design to bring everything together. Instructors, Tina Tomlins and LeAnn Chamberlin, were both former solo/strut National Champions and members of the World Champion Modernettes and are currently the directors of The 2019 PA State Beginner Tiny Tot Dance Twirl Champions and The 2019 PA State Junior Halftime Team Champions! Advancement into competitive Twirl and Pom Teams is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Poms will be provided. Contact us for more information and questions as to where to purchase a baton at [tomlinst1@hotmail.com](mailto:tomlinst1@hotmail.com) or [annietwirl@gmail.com](mailto:annietwirl@gmail.com).

Ages: 4 - 10  
**Resident Fee: \$52.00** Non-Res Fee: \$57.00  
 8 session dates

3819.102  
 Dates: 04/13/2023 - 06/01/2023 Thu  
 Time: 6:00PM - 7:30PM

**Location: Ben Franklin Elementary**

**PASSION COMBO COMPETITIVE TWIRL & POM TEAM**

Instructor selected competition team, by invitation only. Participant's skill level must be reviewed by our instructors to determine eligibility for Competitive Teams. Additional fees are charged for competition participation. Online registration is not available for the teams.

Ages: 4 - 18  
**Resident Fee: \$80.00** Non-Res Fee: \$85.00  
 8 session dates

3819.103  
 Dates: 04/13/2023 - 06/01/2023 Thu  
 Time: 7:30PM - 9:00PM

**Location: Ben Franklin Elementary**

**SPORTS****YOUTH VOLLEYBALL CO-ED**

Come learn the fundamentals of volleyball! Girls and boys in grades 4-6 will learn the basic skills including passing, setting, serving, hitting and rotation as well as the gross motor skills associated with the sport, such as jumping, footwork, and hand eye coordination. The skills will be introduced through a variety of games and drills. No prior experience needed. Emily Sarneso is a former college volleyball player and club volleyball coach.

Grades: 4-6  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3815.315  
 Dates: 03/08/2023 - 04/19/2023 Wed  
 Time: 6:45PM - 7:45PM

**Location: Bethel Park Community Center**  
**No class Apr 12**





### MIGHTY KICKS SOCCER

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. No equipment of any kind is required. Just sign up and play! Coach Sam Bellin is a former standout college soccer player at the University of Georgia and currently highly successful Head Coach of Allerdice High School Boys' Soccer Team with 20+ years of experience coaching youth sports.

Ages: 3 - 6  
**Resident Fee: \$55.00** Non-Res Fee: \$60.00  
 6 session dates

3815.108  
 Dates: 03/03/2023 - 04/14/2023 Fri  
 Time: 10:00AM - 10:30AM

3815.118  
 Dates: 04/28/2023 - 06/02/2023 Fri  
 Time: 10:00AM - 10:30AM

**Location: Bethel Park Community Center**  
**No class Apr 7**



### MIGHTY KICKS SOCCER - OUTDOORS!

Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. No equipment of any kind is required. Just sign up and play Coaching - All of your classes will be led by Coach Sam, well-respected for his 20+ years of relentlessly positive, high-energy, child-centered, and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program that helps children develop character and confidence on and off the field.

**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3815.105  
 Dates: 04/30/2023 - 06/04/2023 Sun  
 Time: 12:00PM - 12:45PM  
 Ages: 3 - 4

3815.115  
 Dates: 04/30/2023 - 06/04/2023 Sun  
 Time: 1:00PM - 1:45PM  
 Ages: 5 - 8

**Location: Village Green Park**

**SATURDAY CLASSES ARE HIGHLIGHTED**

### RIFLE - BEGINNER

Olympic style target shooting, beginner level. Student must be at least 12 years old. Each class limited to 10 students. Classes will be held once a week, on Wednesdays. All materials and supplies are provided. Attendance at the first class is mandatory.

Ages: 12 and over  
**Resident Fee: \$50.00** Non-Res Fee: \$55.00  
 6 session dates

3853.100  
 Dates: 04/05/2023 - 05/10/2023 Wed  
 Time: 6:30PM - 7:30PM

**Location: BPHS Rifle Range**

### INTERMEDIATE\* RIFLE

Olympic style target shooting, intermediate level, shooting the standard ten bull target. Student must be at least 12 years old and \*must have taken the beginner rifle class. Classes will be held once a week, on Wednesdays. All materials and supplies are provided.

Ages: 12 and over  
**Resident Fee: \$50.00** Non-Res Fee: \$55.00  
 6 session dates

3853.101  
 Dates: 04/05/2023 - 05/10/2023 Wed  
 Time: 7:45PM - 8:45PM

**Location: BPHS Rifle Range**

### MIGHTY KICKS PARENT/CHILD SOCCER CLASS

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. Additionally, parents will be able to play alongside and assist their youngsters as they get their first taste of soccer fun! No equipment of any kind is required. Just sign up and play!

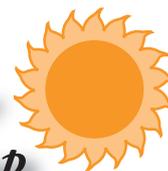
Ages: 2 - 3  
**Resident Fee: \$55.00** Non-Res Fee: \$60.00  
 6 session dates

3815.104  
 Dates: 03/04/2023 - 04/15/2023 Sat  
 Time: 10:00AM - 10:45AM

3815.114  
 Dates: 04/29/2023 - 06/03/2023 Sat  
 Time: 10:00AM - 10:45AM

**Location: Bethel Park Community Center**  
**No class Apr 8**

Looking for Summer Camp information?



See pg. 29

### PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled.

Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).



## Coaches and Volunteers Need Clearances!

Interested in coaching? (basketball, flag football)  
 Interested in volunteering as a chaperone? (NAMS Jam)

Pennsylvania state law requires all individuals who have direct contact with children to have three clearances. They are the Pennsylvania Child Abuse History Clearance, Pennsylvania State Police Criminal Record Check, and the FBI Federal Criminal History Record. The clearances take approximately two to three weeks for processing.

Please contact Recreation Program Coordinator James Knight about getting your clearances. You will not be able to coach or volunteer without them. [jknight@bethelpark.net](mailto:jknight@bethelpark.net) or 412-831-6800 x224.

**BEGINNER/INTERMEDIATE FOIL FENCING**

Experience and enjoy the fun and challenging Olympic sport of foil fencing. The introductory and intermediate level instruction progressively establishes fundamental skills needed for successful fencing and great fitness. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable pants, non-marking athletic shoes, and a glove (*official protective fencing gloves are not required but available at class for \$10*) Shorts or jeans are not permitted.

Ages: 7 and over  
**Resident Fee: \$52.00** Non-Res Fee: \$57.00  
 6 session dates

3840.100  
 Dates: 03/02/2023 - 04/06/2023 Thu  
 Time: 6:00PM - 7:00PM

3840.110  
 Dates: 04/20/2023 - 05/25/2023 Thu  
 Time: 6:00PM - 7:00PM

**Location: Bethel Park Community Center**

**ADVANCED FENCING**

Take your fencing to a new level! This instructional class focuses on techniques, fitness, and a winning strategy to help the dedicated fencer succeed at an advanced competitive level in this martial art. Sessions include instruction and practice bouts. Prerequisites include a minimum of 1 year of fencing experience and approval of the instructors. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable pants, non-marking athletic shoes. Shorts or jeans are not permitted. \* Register for additional Monday Bouting Practice for extra practice and take your fencing skills to a higher level.

Ages: 11 and over  
**Resident Fee: \$75.00** Non-Res Fee: \$80.00  
 6 session dates

3840.101  
 Dates: 03/02/2023 - 04/06/2023 Thu  
 Time: 7:00PM - 9:00PM

3840.111  
 Dates: 04/20/2023 - 05/25/2023 Thu  
 Time: 7:00PM - 9:00PM

**Location: Bethel Park Community Center**

**FENCING - BOUTING PRACTICE**

Prerequisite: Open only to students enrolled in Advanced Fencing class.

Looking for some extra practice time. This night is an extra night for open bouting. This is for fencers who need more practice time to hone their skills and practice what they have learned in class and/or in their lessons. Only available to students in the Advanced Fencing class to get more fencing time during the week. A coach will be present to supervise and help direct and critique, but this is about getting in as much bouting time as possible. Expect stretching and a formal warm up to begin the class followed by open bouting for the remainder of the time.

Bethel Park Community Center  
 Ages: 11 and over  
**Resident Fee: \$45.00** Non-Res Fee: \$50.00  
 6 session dates

3840.120  
 Dates: 02/27/2023 - 04/03/2023 Mon  
 Time: 7:00PM - 8:30PM

3840.121  
 Dates: 04/17/2023 - 05/22/2023 Mon  
 Time: 7:00PM - 8:30PM

**Location: Bethel Park Community Center**

**FENCING - PRIVATE LESSONS**

Sign up for an in-depth training lesson to practice specific techniques, tactics for competition, training regimens, and to push your form and skills farther than before. Each lesson is for 20 minutes, between 12:30PM - 1:40PM, be prepared to work hard during that time. Fencers need to have their own gear and be ready to go at the start of lesson time, there will not be a formal warm up like there is with the fencing class. Multiple blocks can be reserved if you like or just one lesson as needed. The focus of these lessons is to mesh between what the fencer wants to work on and improve as well as what the coach feels is necessary to increase the fencer's skills.

Register at the Bethel Park Community Center to schedule your specific time. 12:30pm, 12:55pm, or 1:20pm

Ages: 11 and over  
**Resident Fee: \$55.00** Non-Res Fee: \$60.00  
 1 session dates

3840.102  
 Dates: 03/04/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.103  
 Dates: 03/11/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.104  
 Dates: 03/18/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.105  
 Dates: 03/25/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.106  
 Dates: 04/01/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.107  
 Dates: 04/15/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.108  
 Dates: 04/22/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.109  
 Dates: 04/29/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.112  
 Dates: 05/06/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.113  
 Dates: 05/13/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.114  
 Dates: 05/20/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.115  
 Dates: 05/27/2023 Sat  
 Time: 12:30PM - 2:00PM

3840.116  
 Dates: 06/03/2023 Sat  
 Time: 12:30PM - 2:00PM

**Location: Bethel Park Community Center**

**NAMS JAM**

NAMS Jam provides a fun, safe and supervised "night out" for any 5th and 6th grade resident of Bethel Park. Activities at each NAMS Jam include the following: basketball, crafts, movies, games, and a snack bar (*additional fees*). "Extra" activities are featured on a rotating basis throughout the year. They may include: Inflatables, airbrush tattoos, video gaming, karaoke, balloon artists, sport competitions, GIANT Twister, volleyball, and much, much more! There's something for EVERYONE and each event is UNIQUE!

**DATE**

April 14

**FEATURED ACTIVITIES**

Movie, Bingo, Crafts, Games,  
 Open Gym, Basketball

**NAMS Jam admission is \$5 per student**, payable at the door. **Doors DO NOT open until 7 p.m.** and no student is permitted to leave before 9:00 pm unless accompanied by a parent or guardian. **Please note that these events end PROMPTLY at 9:00pm.**

**Chaperones\* are ALWAYS needed for each NAMS Jam.** Please contact **James Knight**, NAMS Jam coordinator, at **412-831-6800, x224** to volunteer or for additional information. Leave your name and telephone number if you wish to chaperone.

- The Recreation Department **MUST** have a copy of your up to date clearances on file before you can volunteer at a NAMS Jam event. We must keep our own record of clearances, **therefore, your school issued ID will not work at NAMS Jam events.**

Future NAMS Jam dates may be found in our upcoming brochure.

Grades: 5 & 6 Open to all **Bethel Park 5th & 6th Graders**  
**Resident Fee: \$5.00**  
 Time: 7:00 PM - 9:00 PM  
 Dates: 4/14/2023 Fri

**Location: Neil Armstrong Gym**





# Day Camp 2023

## Plan Ahead! Register Now!

June 12 - Aug. 4

8 Weekly Sessions!

Open to Children Ages 6 - 11

The Recreation Summer Day Camp Program for children ages 6-11 will provide interesting experiences to spice up your child's summer! Day Camp is divided into week-long sessions with activities developed around a different central theme each week.

You have the choice of your child attending **morning only**, **afternoon only** or **all day!**

### CAMP HOURS

- All-Day Program: 9 a.m. - 3:30 p.m.
- Morning Program: 9 a.m. - 12 p.m. with an optional early drop-off at 7 a.m.
- Afternoon Program: 12:30 - 3:30 p.m. with an optional late pickup time of no later than 6 p.m.

There will be many activities in the areas of arts, crafts, sports, combined camp activities like the camp carnival, and weekly field trips.

### No Camp July 4

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.

*\*Starting dates are subject to change based upon the school calendar.*



**YOUTH SUMMER DAY CAMP 2022**

**AGES 6 - 11**

Location: Independence Middle School Cafeteria

Activities: Sports, arts, and social projects. Themes and activities will vary each week. The cost of field trips is included in the registration fee. Informational letters, packets, and additional forms must be returned with the registration form. Parents are evaluated at the Bethel Park Community Center or can be downloaded and printed from the Recreation page on the Bethel Park website.

**NO CAMP WEEKEND, JULY 4. CAMP MUST BE 6 YEARS OLD OR OLDER IN THE MORNING THROUGH FRIDAY. NO CAMP WEEKEND, JULY 4. CAMP MUST BE 6 YEARS OLD OR OLDER IN THE MORNING THROUGH FRIDAY. NO CAMP WEEKEND, JULY 4. CAMP MUST BE 6 YEARS OLD OR OLDER IN THE MORNING THROUGH FRIDAY.**

**MORNING SESSION: 9:00 AM - 12:00 PM. FEE: \$100 per week (for 4 total 1st day) Nonresident add \$20 per child per week. After-schoolers must also bring a lunch daily.**

**AFTERNOON SESSION: 12:30 - 3:30 PM. FEE: \$100 per week (for 4 total 1st day) Nonresident add \$20 per child per week. After-schoolers must also bring a lunch daily.**

**ALL DAY SESSION: 9:00 AM - 3:30 PM. FEE: \$190 per week (for 4 total 1st day) Nonresident add \$20 per child per week. After-schoolers must also bring a lunch daily.**

Early drop-off (7:00 AM) in the pickup (5:00 PM) services will be available for \$20.00 each per week. One week, all day (7:00 AM - 5:00 PM) will also be available for \$200.00 per week. Please use the attached Youth Summer Day Camp Registration Form to register your child for the program. Use the form for \$100.00. Make checks payable to Bethel Park Recreation and return with all completed forms to 5115 Park Avenue, Bethel Park, PA 15005.

SESSIONS	1 week	2 weeks	4 weeks	8 weeks
MORNING	\$100	\$200	\$400	\$800
AFTERNOON	\$100	\$200	\$400	\$800
ALL DAY	\$190	\$380	\$760	\$1520

Space is limited. **THESE ARE NO REFUNDS FOR DAY CAMP.** Questions? Call the Recreation Office 412-831-1328.

One child per form. Please print name clearly.

**YOUTH SUMMER DAY CAMP**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: Home ( ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Please mark (X) EACH WEEK DATES

WEEK DATES

#1 6/13 - 6/17

#2 6/20 - 6/24

#3 6/27 - 7/1

#4 7/4 - 7/8

#5 7/11 - 7/15

#6 7/18 - 7/22

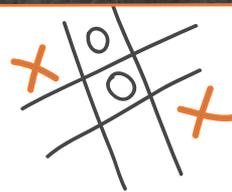
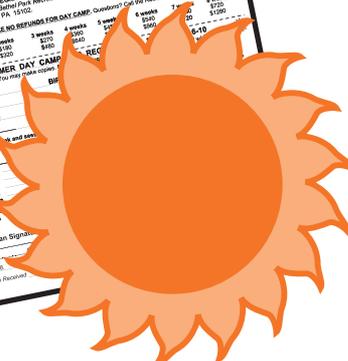
#7 7/25 - 7/29

#8 8/1 - 8/5

Parent/Guardian Signature \_\_\_\_\_

Address 74128

Medical Form Received \_\_\_\_\_



## OTHER YOUTH PROGRAMS



### BETHEL PARK JUNIOR FOOTBALL

#### 2023 Registration

61 YEARS OF TRADITION MEETING EXCELLENCE

Registration is open now!

Visit our website [www.bpjf.org](http://www.bpjf.org)

Bethel Park Junior Football will have three divisions for players:

Termite for K-2nd grade, Junior Varsity for 3rd and 4th Grade, Varsity for 5th and 6th Grade

Note: For any issues or questions regarding online registration please contact:

[bpjfboard@gmail.com](mailto:bpjfboard@gmail.com)

### BETHEL PARK JUNIOR CHEERLEADERS

#### 2023 Registration

Registration for the 2023 BP Jr. Cheerleaders will be online for all interested girls entering Kindergarten – 6th grade in the fall of 2023. Participants will cheer for BP Jr. Football (BPJF) games and other community events.

Registration will be available through Blue Sombrero on the cheerleading website with payments of \$175.

Registration will be accepted between March 1, 2023 and April 23, 2023. Details will be posted to the website <https://sports.bluesombrero.com/Default.aspx?tabid=769583>

Email: [bpjrcheerleading@gmail.com](mailto:bpjrcheerleading@gmail.com)

Follow us on Facebook: BP Jr Cheerleaders



Bethel Park Baseball is BP's premier youth rec baseball league for ages 4 to 18. We offer recreation winter training to help your child prepare for the upcoming season.

We also offer spring recreation baseball from T-Ball to Legion for everyone in Bethel Park.

Rec Winter Training will take place in February and March. Spring Rec Baseball registration opens on December 1st and will close on March 1st.

The Rec Spring season will start April 1st and end in mid-June.

Find out more by visiting our website at [www.bethelparkbaseball.org](http://www.bethelparkbaseball.org). Create an account to receive our email blasts providing updates throughout the year. If you have any questions, please contact us at [bethelparkbaseballinfo@gmail.com](mailto:bethelparkbaseballinfo@gmail.com)

### PACER TRACK CLUB

Track and Field is a great way to challenge yourself mentally and physically. You will improve your body by getting faster and stronger with practice. You will also develop mental toughness. Learn the techniques required to develop the skills and conditioning to be a better runner. Train to be a champion and strive to improve your personal record. You will make new friends and have fun!

EVERYONE can participate in USATF sanctioned track meets. No experience is necessary. A well-fitting pair of RUNNING shoes is advisable. Boys and girls are both welcome! **Ages: 8yrs to 18yrs (and parents too)**. To become a member, please see our website for registration information. Parents must accompany their children to our first day of practice and informational meeting.

The first practice and parent meeting will be held at the beginning of April at the Park Avenue Track behind the Community Center at 6 p.m.

Runner's practices will be held on Mondays, Tuesdays, and Thursdays from 6:00-7:30 PM. Runners will practice at the Park Avenue Track.

Call Damon Rhodes at 412-475-7206 or Steve Meddings at 724-301-8101 for further information. CHECK OUR WEBSITE FOR MORE INFORMATION [www.pacertrackclub.com](http://www.pacertrackclub.com).

### TENNIS

Tennis is through the Upper St. Clair Tennis Development Program. Dates are as follows:

#### Junior clinics:

Level 3.0 and up- January 16 - April 23, 2023 (13 weeks)

Level 1 & 2 - Feb. 13 - April 23, 2023 (9 weeks)

#### Adult clinics:

Level 1 - 4: Feb. 13 - April 23, 2023 (8 weeks)

Call to register and direct questions to 412-831-2630 or email: [tennis@usctdp.com](mailto:tennis@usctdp.com)



The Award Winning Bethel Park High School "Black Hawk" Marching Band, Concert Band, Symphonic Band, Jazz Ensemble, Chamber Orchestra, String Orchestra, Top 21 and Music Boosters would like to say "THANK YOU" to the Community for your continued support of our hoagie sales.

The dates for hoagie sales this year are

**Saturdays:**

**March 4**

**April 15**

Stay up to date and bookmark our Music Department website – [bpsdmusic.weebly.com](http://bpsdmusic.weebly.com) and the Music Booster website – [bpmusicboosters.com](http://bpmusicboosters.com).



# ADULT PROGRAMS

## DAYTIME PICKUP BASKETBALL & VOLLEYBALL

FREE!!!

Have some daytime hours free and looking for some exercise and socializing? Drop-in pickup basketball and volleyball might be just what you need! No reservations necessary, just show up when you want in comfy athletic clothes and shoes. We provide the space and the volleyballs or basketballs.

### Basketball

Wednesdays 9:00AM – 10:30AM  
Fridays 10:30AM – 12:00PM

### Volleyball

Thursdays 12:00PM – 2:00PM

**Location:** Bethel Park Community Center  
**No programs:** April 7, 8, 9, 10, 11, 12



## PERFECT PIEROGI WORKSHOP

Have you always wanted to learn how to make your own pierogis? Store bought are good, but homemade are the best! Students will be provided recipes, and hands on instruction in rolling and pinching dough, cooking and of course, tasting. You will have your newfound skill in time to make homemade pierogis for your Easter dinner. Feel free to BYOB your favorite adult beverage and really make this a festive class! Students should bring a rolling pin (if possible) and apron.

**Instructor:** Dianne Nicholson  
**Ages:** 18 and over  
**Resident Fee:** \$25.00 Non-Res Fee: \$30.00  
1 session date

3905.110  
**Dates:** 03/03/2023 Fri  
**Time:** 6:30PM - 8:30PM

**Location:** Bethel Park Community Center

## POWER YOGA

This is a great class for students with no previous yoga experience. Power Yoga is designed for all levels in mind. You may go at whatever speed suits you! Challenge yourself with a blend of Pilates and Yoga, leaning more on the Yoga side. Stretching, energizing yoga poses and relaxation are the focus for this class. Instructor has over 15 years of Yoga and Pilates teaching experience. Students should bring mat, water and small towel to class.

**Instructor:** Christi Fredrick  
**Ages:** 18 and over  
**Resident Fee:** \$35.00 Non-Res Fee: \$40.00  
6 session dates

3990.106  
**Dates:** 03/08/2023 - 04/19/2023 Wed  
**Time:** 6:00PM - 7:00PM

**Location:** Bethel Park Community Center  
**No class** Apr 12



## ADVANCED POWER YOGA

This class is a continuation of Power Yoga. Still a "blend" of Yoga & Pilates stretches and poses, with an emphasis on taking your practice to the next level! It is recommended to start with at least one session of Power Yoga before signing up for Advanced. Students should bring mat, water, and small towel to class.

**Instructor:** Christi Fredrick  
**Ages:** 18 and over  
**Resident Fee:** \$35.00 Non-Res Fee: \$40.00  
6 session dates

3990.107  
**Dates:** 03/08/2023 - 04/19/2023 Wed  
**Time:** 7:00PM - 8:00PM

**Location:** Bethel Park Community Center  
**No class** Apr 12



## PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start!  
Programs not meeting the minimum number of students will be canceled.

Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

## CLASSES & WORKSHOPS



## PYSANKY EGG MAKING

Join us for a creative class of making colorful Ukrainian Easter eggs. This is a hands on class and YOU will be completing one egg by the end of the class. Pysanky is a beautiful tradition dating back to the ancient times and is a fun family craft. Pysanky were given as gifts, placed inside homes to scare off evil spirits and even used as greetings because of their symbolism. Today the tradition is kept alive in many families. Instructor Sasha Williams has a Masters degree in Fine Art and over 20 years of painting and decorative arts experience. She learned this tradition from her Grandmother and is delighted to be able to pass it onto you. Class is not appropriate for young children because the process involves hot wax and raw eggs, but they are welcome to watch.

\*A supply fee of \$10 is payable to the instructor at class.

**Ages:** 13 and over  
**Resident Fee:** \$30.00 Non-Res Fee: \$35.00  
1 session dates

3905.111  
**Dates:** 03/25/2023 - 03/25/2023 Sat  
**Time:** 9:30AM - 12:00PM

**Location:** Bethel Park Community Center



Like us on Facebook!

Search Bethel Park Recreation & Community Center

## PHOTO PRESERVATION & ORGANIZATION

Come and join us for an educational presentation on how to Calm the Chaos of your printed and digital photo collections! Do you have print photos in drawers, frames, albums and digital photos on phones, computer, memory sticks, etc.? Learn how to organize and clean up the mess as we cover topics on scanning, media conversion, phone photos, temporary solutions and permanent solutions, metadata, cloud services, and celebrating your memories. Lisa Webster of Grand Scale Video Productions has been helping families for over six years to organize, preserve, share, and celebrate their memories. She will give you the information needed to make informed decisions and will help you create a photo plan for generations.

**Instructor:** Lisa Webster  
**Ages:** 18 and over  
**Resident Fee:** \$12.00 Non-Res Fee: \$17.00  
1 session dates

3970.102  
**Dates:** 04/04/2023 - 04/04/2023 Tue  
**Time:** 6:00PM - 8:00PM

**Location:** Bethel Park Community Center

## FITNESS & EXERCISE

### TOTAL BODY BOOT CAMP

Total Body Boot Camp is an intense boot camp style class designed for men and women of all ages and all fitness levels. This class will work your entire body through resistance training, body weight exercises, balance and stability moves, core work, and cardio. Students just getting back to workouts will be shown appropriate modifications to make their workout safe but just as effective! Every class will be a new workout that will leave you feeling strong and energized! Get ready to work hard and sweat it out with Cortney!

**Instructor:** Cortney Sweeney  
**Ages:** 18 and over  
**Resident Fee:** \$35.00 Non-Res Fee: \$40.00  
6 session dates

3920.100  
**Dates:** 03/06/2023 - 04/10/2023 Mon  
**Time:** 7:00PM - 8:00PM

3920.101  
**Dates:** 04/24/2023 - 06/05/2023 Mon  
**Time:** 7:00PM - 8:00PM

**Location:** Bethel Park Community Center  
**No class** May 29

**SATURDAY CLASSES ARE HIGHLIGHTED**

**QIGONG**

Qigong, an ancient practice originating in China, is comprised of simple, efficient, and effective movements to help manage and reduce stress, heal physical and emotional pain, and enhance quality of life. Qi means "energy" and Gong means "to work with" so simply put Qigong means working with the body's energy. Qigong has movements similar to tai chi movements, yet simpler. Anyone regardless of age, ability or fitness level can practice Qigong and become healthier and happier. Some benefits of practicing include increase in oxygen uptake for stronger muscles, soothes the nervous system, improves metabolism and digestion, helps clear the mind for greater mental clarity and promotes greater flexibility. No special equipment is required, please wear loose, comfortable clothing. It is recommended that you NOT wear earrings. Instructor Vince has been practicing Spring Forest Qigong (SFQ) for over 10 years and is a certified SFQ Professional. Twice a week rate not available with online registration.

Ages: 18 and over  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
**Twice a Week: \$55.00** Non-Res Fee: \$60.00  
 6 session dates

3990.100  
 Dates: 03/06/2023 - 04/10/2023 Mon  
 Time: 11:45AM - 12:30PM

3990.101  
 Dates: 03/08/2023 - 04/12/2023 Wed  
 Time: 6:00PM - 6:45PM

3990.102  
 Dates: 03/11/2023 - 04/22/2023 Sat  
 Time: 11:45AM - 12:30PM

3990.103  
 Dates: 04/24/2023 - 06/05/2023 Mon  
 Time: 11:45AM - 12:30PM

3990.104  
 Dates: 04/26/2023 - 05/31/2023 Wed  
 Time: 6:00PM - 6:45PM

3990.105  
 Dates: 04/29/2023 - 06/03/2023 Sat  
 Time: 11:45AM - 12:30PM

**Location: Bethel Park Community Center**  
**No class Apr 8, May 29**

**T'AI-CHI BEGINNER**

This traditional T'ai-Chi Chuan class is for the beginning student as well as the student that wants to work on the first 1/3 of the form. The difference between Tai-Chi and other martial arts is "CHI". In this class you will develop better balance, coordination and posture which is "the way" to move more efficiently and beneficial for your health. T'ai Chi is suitable for anyone looking to improve overall health. No prior experience required. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark  
 Ages: 18 and over  
**Resident Fee: \$56.00** Non-Res Fee: \$61.00  
 6 session dates

3932.100  
 Dates: 03/07/2023 - 04/18/2023 Tue  
 Time: 6:00PM - 7:00PM

3932.101  
 Dates: 03/08/2023 - 04/19/2023 Wed  
 Time: 9:55AM - 10:55AM

3932.102  
 Dates: 03/08/2023 - 04/19/2023 Wed  
 Time: 10:55AM - 11:55AM

3932.103  
 Dates: 05/02/2023 - 06/06/2023 Tue  
 Time: 6:00PM - 7:00PM

3932.104  
 Dates: 05/03/2023 - 06/07/2023 Wed  
 Time: 9:55AM - 10:55AM

3932.105  
 Dates: 05/03/2023 - 06/07/2023 Wed  
 Time: 10:55AM - 11:55AM

**Location: Bethel Park Community Center**  
**No class Apr 11, 12**

**ZUMBA® GOLD**

Why Zumba® Gold?

It's fun. The more you enjoy your exercise routine, the more likely you are to stick with it.

- Great for weight loss.
- Tones your entire body.
- Boosts your heart health.
- Helps you de-stress.
- Improves coordination.
- Makes you happy.
- Sign up today!

Sign up for twice a week at a discounted rate!  
 Twice a week rate is not available with online registration.

Instructor: Kathy Raeder  
 Ages: 18 and over  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
 6 session dates

3930.100  
 Dates: 02/28/2023 - 04/04/2023 Tue  
 Time: 7:00PM - 8:00PM

3930.101  
 Dates: 03/01/2023 - 04/05/2023 Wed  
 Time: 9:30AM - 10:30AM

3930.102  
 Dates: 03/02/2023 - 04/06/2023 Thu  
 Time: 6:00PM - 7:00PM

3930.110  
 Dates: 04/18/2023 - 05/23/2023 Tue  
 Time: 7:00PM - 8:00PM

3930.111  
 Dates: 04/19/2023 - 05/24/2023 Wed  
 Time: 9:30AM - 10:30AM

3930.112  
 Dates: 04/20/2023 - 05/25/2023 Thu  
 Time: 6:00PM - 7:00PM

**ZUMBA® GOLD FOR ACTIVE SENIOR/BEGINNER**

It's fun. The more you enjoy your exercise routine, the more likely you are to stick with it.

- Great for weight loss.
- Tones your entire body.
- Boosts your heart health.
- Helps you de-stress.
- Improves coordination.
- Makes you happy.
- Done at a lower intensity. Twice a week rate is not available with online registration.

Instructor: Kathy Raeder  
 Ages: 18 and over  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
 6 session dates

3930.103  
 Dates: 02/27/2023 - 04/03/2023 Mon  
 Time: 10:35AM - 11:15AM

3930.104  
 Dates: 03/01/2023 - 04/05/2023 Wed  
 Time: 10:35AM - 11:15AM

3930.113  
 Dates: 04/17/2023 - 05/22/2023 Mon  
 Time: 10:35AM - 11:15AM

3930.114  
 Dates: 04/19/2023 - 05/24/2023 Wed  
 Time: 10:35AM - 11:15AM

**COUCH POTATO BASKETBALL**

Men play on Wednesday evenings. Limited spots are available. Everyone MUST register and prepay to participate.

Ages: 18 and over  
**Resident Fee: \$36.00** Non-Res Fee: \$41.00  
 6 session dates

3907.107  
 Dates: 03/08/2023 - 04/19/2023 Wed  
 Time: 7:30PM - 9:30PM

3907.117  
 Dates: 05/03/2023 - 06/07/2023 Wed  
 Time: 30PM - 9:30PM

**Location: Neil Armstrong Middle School**  
**No class Apr 5**

**SPORTS****PICKLEBALL**

Men and women, boys and girls ages 13 and over may REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton, and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is helpful. No experience is required to play, but players must be able to bend to pick up balls and move forward and backward to play. This is not an instructional class. Call **412-851-2910** for more information. Players must wear masks to enter/exit center and while waiting to play. Masks do not need to be worn while actively playing. **REGISTRATION INFO: Registration open to RESIDENTS ONLY February 20-22. Non-residents may begin registering on February 23. Players may register for a maximum of two days per week.**

Ages: 13 and over  
**Resident Fee: \$24.00** Non-Res Fee: \$29.00  
 6 session dates

3901.101  
 Dates: 03/06/2023 - 04/17/2023 Mon  
 Time: 12:00PM - 2:10PM

3901.102  
 Dates: 03/08/2023 - 04/19/2023 Wed  
 Time: 12:00PM - 2:10PM

3901.103  
 Dates: 03/10/2023 - 04/21/2023 Fri  
 Time: 12:00PM - 2:10PM

3901.111  
 Dates: 04/24/2023 - 06/05/2023 Mon  
 Time: 12:00PM - 2:10PM

3901.112  
 Dates: 04/26/2023 - 05/31/2023 Wed  
 Time: 12:00PM - 2:10PM

3901.113  
 Dates: 04/28/2023 - 06/02/2023 Fri  
 Time: 12:00PM - 2:10PM

**Location: Bethel Park Community Center**  
**No class May 30**

**BASKETBALL**

Men play on Thursday evenings. Limited spots are available. Everyone MUST register and prepay to participate.

Ages: 18 and over  
**Resident Fee: \$36.00** Non-Res Fee: \$41.00  
 6 session dates

3907.100  
 Dates: 03/09/2023 - 04/20/2023 Thu  
 Time: 8:00PM - 10:00PM

3907.101  
 Dates: 05/04/2023 - 06/08/2023 Thu  
 Time: 8:00PM - 10:00PM

**Location: Neil Armstrong Middle School**  
**No class Apr 6**

**MEN'S VOLLEYBALL**

Men play on Wednesday nights. Pick-up Men's Volleyball. Prior experience not necessary but players are expected to follow official USA indoor volleyball rules. Everyone must register and prepay to participate.

Ages: 18 and over  
**Resident Fee: \$48.00** Non-Res Fee: \$53.00  
 8 session dates

3909.100  
 Dates: 04/19/2023 - 06/07/2023 Wed  
 Time: 7:00PM - 9:00PM

**Location: Bethel Park Community Center**

**LADIES VOLLEYBALL**

This is a NON-TEACHING recreational program that plays according to PIAA high school rules. Players should have knowledge of volleyball rules and skills at either intermediate or advanced level. If you can only attend occasionally, there is a nightly drop-in fee.

Ages: 18 and over  
**Resident Fee: \$29.00** Non-Res Fee: \$34.00  
 6 session dates

3909.101  
 Dates: 03/06/2023 - 04/17/2023 Mon  
 Time: 7:30PM - 9:00PM

3909.102  
 Dates: 04/24/2023 - 06/05/2023 Mon  
 Time: 7:30PM - 9:00PM

**Location: Bethel Park Community Center**  
**No class Apr 10**



## SILVERSNEAKERS

(cont. from pg. 19)

Nov. 1- April 30 hours of operation are:  
 Monday - Saturday, 9 a.m. - 9 p.m.  
 Sunday, 12 - 6 p.m.

### What are SilverSneakers® classes?

SilverSneakers® classes are Total-Body Conditioning Classes designed to increase muscular strength, endurance, range of movement, flexibility, balance, agility, and coordination. The classes are anywhere from 45 to 60 minutes. Classes typically involve the use of hand-held weights, elastic tubing with handles, and a small exercise ball. A chair may be used for seating or additional support.

### Who teaches the classes?

SilverSneakers® classes are taught by credentialed instructors who are specially trained in leading fitness programs for aging



### SilverSneakers® CLASSIC

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a SilverSneakers® ball are offered for resistance. A chair is used for seated and/or standing support.

### SilverSneakers® Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

### SilverSneakers® Boom Move - designed for the Active Senior

Gain stamina and strength as you break a sweat and HAVE FUN! A higher intensity dance workout class that improves cardio endurance and burns calories. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout. No dance experience is required.

### SilverSneakers® Boom Muscle - designed for the Active Senior

Students will move through multiple "blocks", which are groups of exercise that focus on different muscle groups. Class incorporates athletic-based exercises that improve upper body conditioning, toning muscles and building overall strength.

### SilverSneakers® Circuit designed for the Active Senior

This Circuit workout offers standing, low-impact choreography alternated with upper body strength work. Students use hand-held weights, elastic tubing w/handles & other equipment while utilizing all parts of the body without too much stress. Build muscle, flexibility, cardio & tone.

### Mindful Movements

Class includes a combination of stretch, muscle work, balance, & flowing movements. Experience a workout for your minds, body & spirit.

### Strength & Stability designed for the Active Senior

Movements taught in class focus on specific exercises to improve strength and power around ankle, knee & hip joints while improving your reaction time. Become stronger and improve balance to prevent falls.

### SilverSneakers® Boom Mind

This is a mind & body fusion class format. The experience will include Yoga, Pilates, and functional movements for fall prevention. All exercises are a gentler approach to fitness through Pilates, core exercises, yoga and stretch to improve mindfulness and cognition.



### SilverSneakers® Beginner Line Dancing

Dance your way into wellness. You will learn basic line dances plus wedding and party dances, while improving your strength, balance, and coordination. No equipment needed.



Visit [bethelpark.net](http://bethelpark.net) or the Bethel Park Community Center for monthly schedules

# FARMERS' MARKET 2023



Market Season is back! The highly anticipated Bethel Park Recreation Farmers' Market will return in spring 2023 at the South Park Ice Rink on Corrigan Drive. The Market has been nominated by multiple local publications as one of the top TWO Farmers' Markets in the area! We are excited to bring back many of your favorite vendors, food trucks, and to introduce new vendors, events, and more!

We are so thankful to have the BEST customers and supporters! Mark your calendars so you don't miss a day! The Market opens **Tuesday, May 2nd** and runs each **Tuesday through Sept. 26th** from 3 - 7 p.m. rain or shine. We are expecting a fantastic 2023 season!

Want to be the first to learn about promotions, special events and vendors throughout market season? Visit [www.bethelparkfarmersmarket.com](http://www.bethelparkfarmersmarket.com) and sign up for our weekly emails and newsletter!





# BETHEL PARK COMMUNITY CENTER

5151 PARK AVENUE



The Bethel Park Community Center continues to be the center of activity in the community. Frequently reserved for social and professional functions, the facility is well known throughout the South Hills. The Community Center, with 40,495 sq. ft. of space, includes areas for special events and meetings, a gymnasium and locker area, an exercise/dance studio, walking track and a separate classroom. The large multi-purpose room has seating to accommodate 245 and is capable of being divided into three separate rooms. The Community Center also includes a lounge, catering-style kitchen & stage. Walking trails, playground equipment, and a lighted multi-purpose field are situated on the center's grounds.

Call 412-851-2910 for room reservations or other information.

**IN ORDER TO ENSURE SAFETY FOR ALL  
COMMUNITY CENTER USERS,  
CHILDREN UNDER 13 MUST BE UNDER  
DIRECT SUPERVISION OF AN ADULT AT ALL TIMES.**

**MAY 1 – OCT. 31 HOURS OF OPERATION:**  
**MONDAY – FRIDAY: 9 a.m. - 8 p.m.**  
**SATURDAY: 9 a.m. - 6 p.m.**  
**SUNDAY: 12 - 6 p.m.**

**NOV. 1 - APRIL 30 HOURS OF OPERATION:**  
**MONDAY – SATURDAY: 9 a.m. - 6 p.m.**  
**SUNDAY: 12 - 6 p.m.**

**THE OPEN GYM SCHEDULE IS POSTED MONTHLY ON THE BETHEL PARK MUNICIPALITY WEBSITE AND IS AVAILABLE AT THE FRONT DESK.**



## RENTAL PROCEDURES

Reserving a room at the Bethel Park Community Center for your next event is a simple, straightforward process and may be done up to a year in advance. However, it is recommended that you reserve your space early as dates fill up quickly!

- Requests for rentals must be submitted in writing and should include the following information:  
Renters' name, address, phone numbers, date requested, time requested, specific room(s) requested (*if known*), purpose of rental and approximate number of guests expected. Requests may be returned to the Community Center in person or via email to [communitycenter@bethelpark.net](mailto:communitycenter@bethelpark.net).
- Within a week, you'll receive written notification if your requested space is available or not.
- If available, we'll send you a Reservation Permit along with rental Terms & Conditions and additional rental information to complete.

### Payment Schedule

- Fifty percent of total rental fees is due with the signed Rental Contract.
- The remaining 50% is due 30 days prior to your event.
- A refundable security deposit and room layout is due seven days prior to your event.

Please note that while we want your event to be a success, failure to meet any payment deadlines may result in rental cancellation. Fees paid will not be refunded.

### Cancellation Policy/Fees

If you need to cancel your event, your request **MUST** be submitted in writing to the Community Center Director. Cancellation fees follow:

- Cancellations received in writing more than 60 days prior to the scheduled date will receive a refund of 50% of initial rental payment, less a \$5 processing fee.
- No refund will be issued if written cancellation is received less than 60 days prior to event.

### Other Rental Notes

- Any use of the Community Center which requires Municipal staff to stay after the scheduled closing time shall be charged an additional \$40 per hour for any portion of an hour that may be needed.
- Should your event need an alcohol permit for 150 persons or more, as a requirement, there will be additional security personnel fee.
- Rental rate includes the set-up of tables and chairs.
- Renters will be responsible to visit the Community Center one week in advance of their event to sign-off on all seating/room arrangements. The security/damage deposit should also be paid at this time. Rate: \$100 per area rented.

## Membership Fees & Renewals

A membership card is required to use the Bethel Park Community Center *Gymnasium and Walking Track*. Both residents and non-residents can purchase 12-month memberships at the Community Center during normal business hours.

All that's needed to purchase a membership is completion of a simple membership application and photo identification (*such as a drivers license*) to prove residency; once payment is received, an identification photo will be kept on file for each member – a process expected to take less than 10 minutes. New members will receive both a wallet size member card as well as a small key tag card.

Individual memberships will include five complimentary guest passes, and Family memberships will include 15 complimentary guest passes.

### CHILDREN UNDER 13 MUST BE UNDER DIRECT SUPERVISION OF AN ADULT AT ALL TIMES

Annual Membership/Renewal:	Resident	Non-resident
Youth (13 - 17 years old)	\$ 5.00	\$ 125.00
Adult (18 - 59 years old)	\$ 10.00	\$ 150.00
Family	\$ 25.00	\$ 250.00
Senior Adult (60+)	\$ 5.00	\$ 80.00
Additional Guest Passes – 5	\$ 4.00	\$ 45.00
Day pass: Individual	\$ 1.00	\$ 10.00

To purchase a day pass, you must provide photo ID to prove residency.

### MEMBERSHIP RENEWAL

All Gym memberships expire 12 months after they were issued. Please remember to renew your membership by stopping at the Community Center Desk to update your information and pay the renewal fee.

## ROOM RENTAL FEES

RENTAL RATES LISTED ARE FOR BETHEL PARK RESIDENTS. NON-RESIDENTS OR ORGANIZATIONS NOT LOCATED IN BETHEL PARK MUST CALL CENTER AT 412-851-2910 FOR RENTAL RATES

AREA	RATE	CAPACITY
Area A	\$25 per hour	49
Area B	\$50 per hour	148
Area C	\$25 per hour	49
CLASSROOM	\$25 per hour	49
A, B, & C	\$75 per hour	245
Catering Kitchen	\$100 per event	
Stage	\$50 per event	(With Area B only)
Alcohol Permit	*\$50 per room	

Room Rental fees listed are per hour. **Keep in mind that rental hours must include the entire time that you need access to the rental space beginning with set-up, including event time and through clean-up.**

All rentals require a minimum 4 hour reservation.

**RENTAL INFORMATION SUBJECT TO CHANGE.**

\*\*If event w/alcohol has 150 persons or more, security personnel fee will be a minimum charge of \$240.00.

## COMMUNITY CENTER ADULT AND YOUTH CLUBS

### Vintage Radio Players

Players meet the **2nd and 4th Monday of the month** from **1 - 2:30 p.m.** Membership is open to all interested adults 18 and over. This group rehearses and presents re-enactments of the radio shows from the 1940's and 50's, complete with sound effects and commercials. For additional information contact **Jeanne Miller** at **412-600-9092**.

### Bethel Artist Guild

Membership is open to Bethel Park Artists of any medium. Club members' work is displayed at the Center throughout the year. Monthly meetings are held on the **first Thursday of the month in February, March, April, May, September, October, and December at 12:30 p.m.** Call the Artist Guild at **412-835-7379** for additional information.

Call the Bethel Park Community Center at **412-851-2910** for information on all our activities. If you have a special interest and would be interested in helping to form a new club or activity group, contact the Community Center.



## Community Center Facilities

**Multipurpose Room** This exceptional room can be divided into three separate sections to accommodate small and medium groups. With dividers open, the room can accommodate large group functions. The Multipurpose Room is perfect for wedding receptions, showers, banquets, parties, meetings or other special events.

**Catering Kitchen** Add this room to your rental when meals will be served at your event. Kitchen includes commercial ovens, grill, refrigerator, freezer, coffee makers, microwave and dishwasher.

**Theatrical Stage** Does your event need a stage? The Stage may be rented in conjunction with the rental of Room B.

**Lobby** Bookshelves are located in the lobby, across from the main desk containing a lending library of puzzles and books available for residents of all ages to borrow.

**Lounge** Equipped with a kitchenette, chairs, TV, magazines and game tables, the lounge provides a comfortable atmosphere to relax, read, enjoy a card game with friends or watch television. An adult or guardian must accompany guests under age 13.

**Classroom** This room includes couches, TV, sink and counter area, restroom, along with tables and chairs. The Classroom may be used for small group rentals, youth and adult Recreation classes or meetings.

**Gymnasium** Includes one full-length and one ½ basketball court; can also be converted to three ½ sized courts. It has a total of eight basketball hoops. Also features three ½ size volleyball courts.

**Exercise Studio** A bright and open mirrored area to accommodate a variety of fitness and dance classes.

**Elevated Walking Track** Features a 1/12 mile cushioned walking track that overlooks the gymnasium.

**Day Lockers** May be used during your visit to the Community Center. No locks are permitted to remain overnight.



## Attention Business Owners/Managers

# FIELD BANNER SPONSOR OPPORTUNITY

We have an exciting opportunity for your business or agency to sponsor a banner that will be displayed at PARK AVENUE FIELD, VILLAGE GREEN, SIMMONS PARK, or MILLENNIUM PARK.

Your 4' X 6' banner will be displayed during the spring, summer and fall sports seasons.

Please contact **Chuck Stover** at 412-831-6800, x230 for more information.



## SPECIAL INTEREST

### Pavilion Permits

Fee \$30.00

We will begin taking reservations Feb. 6 2023.

Any resident of Bethel Park may reserve selected picnic areas at **Simmons Park** or **Village Green Park**. These areas include a shelter and several picnic tables. The permits are available from the Recreation Office, and should be requested in written form at least two weeks prior to the date requested.

### Please provide the following information:

**Name**

**Address**

**Phone number**

**Park pavilion requested**

**Date**

**Beginning and ending time**

**Purpose of the rental**

**Approximate number of people attending**

All Park and Municipal rules must be followed. **NO ALCOHOLIC BEVERAGES** are permitted in any of the parks. The permit gives restricted use for the picnic area only. The tennis courts, sand volleyball court and ball fields are **NOT** included on the permit. Water and restrooms are available in both parks.

**THERE IS A NON-REFUNDABLE, NON-TRANSFERABLE \$30.00 CHARGE FOR A PAVILION PERMIT.**

We rent pavilions from May through the end of October.

## NO COOK TUESDAYS!

Begins March 7  
4-7 p.m.

Community Center Playground Parking Lot



**NO COOK TUESDAYS** returns to the Bethel Park Community Center playground parking lot on March 7! This weekly event makes a triumphant return after a very successful run last year. Follow some of your favorite vendors that participate in our Farmers' Market and many new vendors as well.

Each Tuesday, two or more local food trucks will sell delicious dinner "to go" meals from 4 – 7 p.m. Vendors will rotate weekly to provide customers a variety of vendors and food to choose from. Expect to find Mexican, BBQ, Vegan, Pizza, Hibachi, Greek, Chili, and sandwiches among the many selections!

Each Tuesday, two or more local food trucks will sell delicious dinner "to go" meals from 4 – 7 p.m. Vendors will rotate weekly to provide customers a variety of vendors and food to choose from. Expect to find Mexican, BBQ, Vegan, Pizza, Hibachi, Greek, Chili, and sandwiches among the many selections!

Please follow us on Facebook "Bethel Park Recreation Farmers'" (<https://www.facebook.com/BethelParkRecAndCommunityCenter>) to learn which vendors are participating each week as well as the payment methods they accept. Call 412-851-2910 or 412-831-1328 for more information.



*Let great local vendors do the cooking  
so you don't have to!*



Municipal Offices will be **CLOSED** on **Monday, Feb. 20** and **Monday, May 29**

The Community Center will be **CLOSED** for annual maintenance **April 7 - 9**



The Community Center will also be **CLOSED** on **President's Day, Monday, Feb. 20**



**LOOKING TO REACH MORE CUSTOMERS  
OR PUBLICIZE YOUR EVENT?**

Reserve space now in the **May 8th** issue of Bethel Park Chronicles if you'd like to reach over 15,000 Bethel Park resident homes and businesses! The ad deadline for the May issue is April 5th.

For more information or an ad kit, please call **Carla Ballone 412-831-6800, x204.**

**Bethel Park Recreation  
ACTIVITY REGISTRATION FORM**

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.

(PARTICIPANT)  
FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ BP Resident? Yes / No

PHONE: home ( ) \_\_\_\_\_ cell ( ) \_\_\_\_\_

BIRTH DATE: m \_\_\_\_ / d \_\_\_\_ / y \_\_\_\_ Current Grade: \_\_\_\_\_ Male / Female (circle)

Email address: \_\_\_\_\_

Please include any special needs: \_\_\_\_\_

Shirt size (where applicable): \_\_\_\_\_

1. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_

Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_

Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

2. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_

Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_

Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

**PLEASE CONTINUE AND SIGN THE WAIVER BELOW:**

Make check payable to: BETHEL PARK RECREATION Total amount enclosed \$ \_\_\_\_\_

Payment is from (print name) \_\_\_\_\_ cash \_\_\_\_\_ check # \_\_\_\_\_

Mail or drop off to: Bethel Park Community Center, 5151 Park Avenue, Bethel Park, PA 15102

I, \_\_\_\_\_ (Parent/guardian or participant - print name), understand the rules, regulations, and risks associated with the activity for which I have registered myself, or have registered my child. By my signature, I agree to release and hold harmless and blameless the Municipality of Bethel Park, Bethel Park School District, and any employee thereof as to and regarding any liability, claims, damages, or loss whatsoever resulting from any accident or injury to me or my child or any damage to our personal property which I or those under my supervision or care might receive while participating in the above Recreation program(s).

I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the Image of my child, in this manner without any further compensation to me.

I understand that if I do not agree to the use of my Image or the Image of my child, I must notify Bethel Park Recreation in writing upon registration.

SIGNATURE: \_\_\_\_\_  
(Participant, or parent/guardian, if participant is under 18 years of age)

Please call the Recreation Office at 412-831-1328 if you have any question regarding this registration.

**The Recreation Office does not contact participant to confirm registration unless there is a conflict, a change in day/date or class is full or cancelled.**

OFFICE USE ONLY \_\_\_\_\_

Amount Due \$ \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Staff \_\_\_\_\_

Cash \_\_\_\_\_ Check # \_\_\_\_\_ Credit Card \_\_\_\_\_

Account # \_\_\_\_\_ Activity Code # \_\_\_\_\_ Date received \_\_\_\_\_ Time \_\_\_\_\_



**Bethel Park Recreation  
ACTIVITY REGISTRATION FORM**

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.

(PARTICIPANT)  
FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ BP Resident? Yes / No

PHONE: home ( ) \_\_\_\_\_ cell ( ) \_\_\_\_\_

BIRTH DATE: m \_\_\_\_ / d \_\_\_\_ / y \_\_\_\_ Current Grade: \_\_\_\_\_ Male / Female (circle)

Email address: \_\_\_\_\_

Please include any special needs: \_\_\_\_\_

Shirt size (where applicable): \_\_\_\_\_

1. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_

Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_

Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

2. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_

Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_

Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

**PLEASE CONTINUE AND SIGN THE WAIVER BELOW:**

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I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the Image of my child, in this manner without any further compensation to me.

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SIGNATURE: \_\_\_\_\_  
(Participant, or parent/guardian, if participant is under 18 years of age)

Please call the Recreation Office at 412-831-1328 if you have any question regarding this registration.

**The Recreation Office does not contact participant to confirm registration unless there is a conflict, a change in day/date or class is full or cancelled.**

OFFICE USE ONLY \_\_\_\_\_

Amount Due \$ \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Staff \_\_\_\_\_

Cash \_\_\_\_\_ Check # \_\_\_\_\_ Credit Card \_\_\_\_\_

Account # \_\_\_\_\_ Activity Code # \_\_\_\_\_ Date received \_\_\_\_\_ Time \_\_\_\_\_





# SCHOOL DISTRICT CONTACT INFORMATION

MAIN NUMBER .....833-5000

### Central Administration

301 Church Road, Bethel Park 15102

Dr. James Walsh, Superintendent: .....854-8402  
 Dr. Zeb Jansante, Assistant Superintendent: .....854-8420  
 Mandi Figlioli, Coordinator of Curriculum and Instruction K-12: .....854-8420  
 Elizabeth Wells, Coordinator of Curriculum and Instruction K-12: .....854-8420  
 L. Douglas McCausland, Finance Director/Business Manager: ..854-8425  
 Sharon Kopy, Assistant Finance Director: .....854-8445  
 Dr. David Muench, Director of Student Support Services: .....854-8410  
 Dr. Sarah Shue, Supervisor of Special Education: .....854-8410  
 Anthony Piscioneri, Director of Human Resources: .....854-8413  
 Scott Ziehler, Director of Transportation: .....854-8414  
 Brett Slezak, Director of Technology: .....854-8418  
 Ryan Quinn, Director of Facilities and Services: .....854-8603  
 Chris Gawlas, Chief of Police, Bethel Park School District: .....854-8592  
 Brandon Agostinelli, Nutrition Services Director,  
 Metz Culinary Management: .....854-8754  
 Dan Sloan, Athletic Director: .....854-8548  
 Laura Grimm, Assistant Athletic Director: .....854-8548  
 James Cromie, Director of Communication and Public Relations: ....854-8438

### Bethel Park High School

309 Church Road, Bethel Park 15102

Joseph Villani, Principal .....854-8571  
 Diana Fronczek, Assistant Principal Student  
 Academics & Affairs (A-G) .....854-8518  
 Dr. Mark Korcinsky, Assistant Principal Student  
 Academics & Affairs (H-O) .....854-8516  
 James Fodse, Assistant Principal Student  
 Academics & Affairs (P-Z) .....854-8580  
 Counseling Office .....854-8595  
 Health Office .....854-8550  
 Attendance Office .....854-8572  
 Library .....854-8565  
 Records Office .....854-8584  
 Activities Office .....854-8514  
 Athletic Office .....854-8548

### Independence Middle School

2807 Bethel Church Road, Bethel Park 15102

Racquel Sutton, Principal .....854-8677  
 Dr. George Spalaris, Assistant Principal .....854-8678

### Neil Armstrong Middle School

5800 Murray Avenue, Bethel Park 15102

Kenneth Patterson, Principal .....854-8751  
 Sheryl Kremer, Assistant Principal .....854-8756

### Abraham Lincoln Elementary School

1524 Hamilton Road, Pittsburgh 15234

Jay Johnson, Principal .....854-8618

### Benjamin Franklin Elementary School

5400 Florida Avenue, Bethel Park 15102

Teresa Doumont, Principal .....854-8741

### Memorial Elementary School

3301 South Park Road, Bethel Park 15102

Eric Chalus, Principal .....854-8506

### George Washington Elementary School

515 Clifton Road, Bethel Park 15102

Fred Pearson, Principal .....854-8546

### William Penn Elementary School

110 Woodlet Lane, Bethel Park 15102

Brian Lenosky, Principal, Director for Cyber/Alternative  
 Learning Options: .....854-8522

## BOARD OF SCHOOL DIRECTORS



Barry Christenson  
President



Sharon Janosik



Kim Walsh-Turner  
Vice President



Darren McGregor



Buffie Faes



Jim Modrak



Dan Grzybek



Vince Scalzo



Gail Hoppe



## Bethel Park Adopts Its 2023-2024 School Year Calendar

In January, the Bethel Park School Board voted unanimously at its monthly voting meeting to adopt a calendar for the 2023-2024 school year.

The next school year will begin on **Thursday, Aug. 24, 2023**, and end on **Tuesday, June 5, 2024**. The outdoor graduation ceremony will be held at Black Hawk Stadium at 6:30 p.m. on **Thursday, June 6**. That ceremony could be rescheduled for **Friday, June 7** or **Saturday, June 8**, in the case of inclement weather.

Some other highlights include:

- Fall Break will run from **November 23 to 27, 2023**, with students and staff returning to school on **Tuesday, November 28**.
- Winter Break will span from Christmas Day until New Year's Day, with students and staff returning to school on **Tuesday, Jan. 2**.
- Spring Break will begin on **March 28** and end on **April 1**. That will be followed by Records Day on **Tuesday, April 2**, with classes resuming on **Wednesday, April 3, 2024**.

Other days off for students and staff include **Monday, Sept. 4, 2023 (Labor Day)**, **Monday, Feb. 19, 2024 (Presidents Day)**, and **Monday, May 27 (Memorial Day)**.

The Staff Development/In-Service Days will be held on **Aug. 21 and 22, 2023, Tuesday, Nov. 7, Monday, Jan. 15, 2024, Tuesday, Feb. 20, and Tuesday, May 14**. Records Days, which also mean no school for students, are slated for **Wednesday, Aug. 23, 2023, Monday, Oct. 30, Monday, Jan. 22, 2024; Tuesday, April 2; and Wednesday, June 5**. Additionally, there will be three scheduled Act 80 Days, which will mean two-hour delays for students for staff development. They will be held on **Wednesday, Nov. 1, 2023, Monday, Jan. 29, 2024, and Thursday, May 9**.

In the event of an unexpected day off, the make-up days are slated for, in no particular order, **Jan. 15, 2024, Feb. 20, June 5, and June 6**. Bethel Park will also continue to consider its remote learning options in an unforeseen emergency.

VISIT US ONLINE @ [www.bpsd.org](http://www.bpsd.org)

# ADMINISTRATION



## A Message From... DR. JAMES WALSH Superintendent

*"There are far better things ahead than any we leave behind."*

- C.S. Lewis.

I can't think of a better way to express the prevailing theme to our five-year Strategic Plan and the productive year we have had working its goals. For Bethel Park, there are far better things ahead. Here are some highlights.

The Facilities and Infrastructure of the district will be "far better" in the next few years, securely positioning our buildings for the next 25 years thanks to major facilities getting much-needed attention. The Independence Middle School renovation project is moving into Phase II. The bus garage project is finished. The installation of restrooms at the practice fields is on schedule for this summer. Plans for the new elementary school are progressing very well. If you have not yet looked at the plans and architectural renderings, visit our microsite <https://bpsdbestinclass.org/> to see the latest. With only a few more months of design work left, the project should be out to bid in the fall and will likely break ground by the end of this calendar year.

Here's some more great news about the **elementary project**. The School District has partnered with the Pittsburgh Children's Museum. We are excited about the possibilities they will provide to enrich the building design with educational experiences. It is through this partnership, we believe the building itself will be a "far better" learning tool.

Beyond the physical infrastructure, we continue to make progress on other important parts of our strategic plan, including from the **curriculum and instruction** category. After three full days of in-service, I am pleased to say our massive curriculum alignment project is going really well. This has produced some very productive, long-overdue discussions among teachers about our curriculum sequence, scope and priorities.

From the **student experience** category, we have directed new personnel and resources as well as offered professional development to reinforce our student support services. We recognize with concern the many challenges and pressures our students face that detract from their social and emotional health. We want our schools and our staff to be a safe, supportive place, their go-to for support and academic success.

While we are pleased and proud of this progress, and we are seeing the positive changes in Bethel Park, it is worth saying again that these goals are seismic shifts in our system. This takes time to accomplish, and it takes even more time for it to produce the long-term growth we seek in becoming "best in class." I close by extending my appreciation for your support, your commitment and your patience and the same from our faculty and administrators doing this heavy lifting. There are far better things ahead...

## A Message From... BARRY CHRISTENSON School Board President



Dear Bethel Park Families,

January was School Board Recognition Month and I would be remiss if I didn't take this opportunity to thank my friends and peers on the Bethel Park school board, past and present, for dedicating countless hours, and lending their perspectives to leading our schools for the betterment of the community.

A little more than two years ago, in the middle of the pandemic, we made a commitment to the community to evaluate every aspect of the school district and the ways we could improve our students' experience. We looked at our staff and curriculum, as well as the various ways we could best deliver education. And, of course, we also carefully studied the state of our facilities and ways to improve them to ensure that our students are receiving a 21st Century education.

The result of that effort, working with stakeholders across our community, was our 5-year strategic plan. This plan addresses six key areas related to delivering effective, engaging and efficient 21st century education for our students. These six pillars of our plan include: Curriculum & Instruction, Budget & Finance, Human Resources, Student Experience, Facilities & Infrastructure Equity & Diversity. You can find the details of this plan on our website under the "QUICK LINKS" button.

I've talked about elements of this plan in previous issues of this Chronicles publication. The point I wanted to highlight now is how we use this plan. It's easy and exciting to engage in brainstorming and discussion to create an initial plan. Once the plan is completed, it's also easy to shift attention to urgent issues and forget about making steady and predictable progress towards our goals.

Our board and administration have taken a very different approach to actively manage and report on the progress of our goals. Every month our superintendent, Dr Walsh, provides an update on one goal of our strategic plan in our public board meeting. Over the course of a year, we provide two updates per goal. We do this to hold ourselves accountable in reaching the goals that we developed with many of you from our community. I encourage you all to review the status updates of our goals which are found in the same location as our strategic plan that I mentioned earlier. We welcome any comments or questions regarding the activities and statuses we've highlighted in these progress report cards.

Finally, I wish to encourage everyone to continue to stay engaged as we work our way through the next steps of our vision. I am very excited to see what the future holds for Bethel Park schools and I hope that you share in that excitement and will join us as we continue on this journey.





## More Than 100 Bethel Park Residents Participate in Elementary School Town Hall Meeting at Neil Armstrong Middle School

In January, Bethel Park School District hosted a Town Hall-type meeting at Neil Armstrong Middle School to update the community on the status of the K-5 elementary school project, which is scheduled to break ground by the end of this calendar year and open in the fall of 2026.

Representatives from the building's designers, DRAW Collective, shared their vision for the facility and solicited feedback from community members on their priorities for the new learning center.

The meeting presented an opportunity for the public to learn more about the opportunities the new state-of-the-art facility will offer the children of the community in an environment specifically designed for 21st-century learning and with modern-day safety measures in mind. The attendees' questions ran the gamut and ranged from travel-related concerns and transportation logistics to school design questions and

even potential neighborhood impacts.

The session was recorded and has been posted on [www.bpsdbestinclass.org](http://www.bpsdbestinclass.org), a site that keeps community members fully informed of the district's various capital projects.



## Homeless Education Information for Parents/Guardians: 2022-2023

In compliance with the federal McKinney-Vento Homeless Assistance Act, the Bethel Park School District is attempting to identify all children within the district that may be experiencing homelessness.

The term homeless children and youth is defined as individuals who lack a fixed, regular and adequate nighttime residence. This includes individuals who are:

- Sharing the housing of other persons due to loss of housing, economic hardship or a similar reason.
- Living in a hotel, motel, trailer park, or campground due to the lack of alternative adequate accommodations.
- Living in emergency or transitional shelters.
- Living in cars, parks, public places, abandoned buildings, bus or train stations, or similar settings.
- Living in substandard housing (*no running water or working utilities, infestations, etc.*).
- Unaccompanied homeless youth meaning any child who is not in the physical custody of a parent/guardian.

Children who are experiencing homelessness may qualify for enrollment in free breakfast and lunch programs, access to appropriate instructional and social emotional learning supports, and transportation so they can remain in their school of origin.

If you believe your child/children may qualify for these services or if your living situation changes during the school year and your children become homeless, please contact Dr. David Muench via email at [muench.david@bphawks.org](mailto:muench.david@bphawks.org). The district will work with any parent/guardian so that your child/children's education suffers as little disruption as possible.

Dr. David Muench, Homeless Education Liaison, Bethel Park School District Student Support Services Department, 412-854-8410.

## Senior Citizens Passes

Bethel Park School District is once again offering FREE general admission to community senior citizens with the Senior Citizen Pass.

The pass grants Bethel Park residents, age 62 and older, entry into nearly all school-sponsored events, including all regular-season home athletic events as well as all choral and band concerts. You are also eligible for discounted tickets to select school plays and musicals.

To obtain your senior citizen pass, go to the Administration Building [301 Church Street, Bethel Park, PA 15102] during normal business hours and show your identification. We'll provide you with your Senior Citizen Pass, which you'll be able to present at the gate of nearly any school-sponsored event for your FREE entry during the 2022-2023 school year.



## IMS Yearbook Looking for Photograph Submissions

The IMS Yearbook would love for you to share your images of middle school life. They are looking for photographs from athletics, extracurricular activities, or other community events to potentially use in the 2023 book. If you are willing to share any of your photographs throughout the school year, you can simply upload them to either [yearbookforever.com](http://yearbookforever.com) or download the Yearbook SNAP app on your phone. The access code to submit images is Hawks.

## Mon Mania Gifts Adaptive Sled to Bethel Park Family

Over the holidays, Mon Mania, an organization that raises funds to support the Muscular Dystrophy Association, surprised **Sam** and **Emily Osleger**, students at Neil Armstrong Middle School and Washington Elementary School, respectively, with an adaptive sled that offers more stability and support for the rider. The belts and the safety straps are beneficial for maintaining control. There's also a place for adults to stand behind the special riders.

Dr. Sarah Shue, the district's Supervisor of Special Education, and Ms. Janell Cosnotti, a teacher at NAMS, nominated the Osleger family for the award.



## FCC Announces Affordable Connectivity Program

The Affordable Connectivity Program is a Federal Communications Commission program that helps connect families and households struggling to afford internet service. This new benefit provides a discount of up to \$30 per month toward broadband service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers.

Eligible households can enroll through a participating broadband provider or directly with the Universal Service Administrative Company (USAC) using an online or mail in application.

You can learn more about the benefit, including eligibility and enrollment information, by visiting [www.fcc.gov/ACP](http://www.fcc.gov/ACP), or by calling 877-384-2575.

## Understanding the Difference Between Remote Instruction and a Snow Day

Wintertime in Western Pennsylvania often means snowy weather and hazardous driving conditions. That can sometimes lead to instances where Bethel Park's schools are delayed or even closed.

When schools are closed, the district has two basic options at its disposal. It can either declare a Remote Instructional Day or an Emergency School Closure, more commonly known as a "snow day." It is important that everyone understands the differences between the two and how the school district arrives at its school delay and closure-related decisions, so that district families and staff can prepare adequately when those days do arise.

Remote Instructional Days (RIDs) were initially implemented through the Pennsylvania Department of Education at the pandemic's start as a vehicle for schools to continue to educate their students when in-person education wasn't possible. They will remain an option for PA schools through at least the end of the 2022-2023 school year. They can be used for COVID-19-related reasons and other non-pandemic-related reasons as well.

During RIDs, students attend school virtually, where they may be required to follow their regular daily class schedule in real-time (*synchronously*) or be permitted to complete their work at their own pace (*asynchronously*). The school district alerts families ahead of time which approach students and staff should follow.

Bethel Park School District does not provide transportation or special in-person services during a Remote Instructional Day, and district schools are closed to everyone except authorized personnel.

Teachers are expected to review and clearly articulate the assignments and class expectations on any day that requires remote instruction.

An Emergency School Closure (*snow day*), on the other hand, is pretty straight forward. When Bethel Park School District declares a snow day, no students or staff are to report to the building and no coursework will be assigned for that day. Unlike RIDs, however, snow days are often made up later in the year. This year's remaining make-up dates are April 6 and 10 and June 7 and 8.

That brings us to the very important question of what criteria does the district use to arrive at its decision to declare a Remote Instructional Day or a snow day?

If the district determines in advance that inclement weather is very likely or imminent, a Remote Instructional Day could be declared along with detailed instructions on the teachers' expectations and procedures. A snow day is more likely to be announced when the inclement weather is unexpected or much more voluminous or treacherous than expected. No classwork will be assigned during a snow day.

Please contact your child's building principal for any additional questions you might have regarding Remote Instructional Days and Emergency School Closures.

11.5+ MILLION HOUSEHOLDS CONNECTED

# 10 WAYS TO SPREAD THE WORD

- 01 HELP YOUR COMMUNITY ENROLL**

Sign up as an enrollment partner today at [fcc.gov/ACP](http://fcc.gov/ACP).
- 02 SPREAD THE WORD**

Are you organizing school packet pick-ups or a local food drive? Download and print ACP flyers to include in pick-up materials. [fcc.gov/ACP-toolkit](http://fcc.gov/ACP-toolkit).
- 03 REQUEST PRINTED MATERIALS**

Printed versions of FCC ACP Outreach Toolkit materials are available. Send an email to [ACPinfo@fcc.gov](mailto:ACPinfo@fcc.gov) and provide details on what you need.
- 04 CONNECT WITH LOCAL INSTITUTIONS**

Ensure schools, libraries, health clinics, and community centers know about the ACP and have info to help eligible students and patrons enroll.
- 05 INVOLVE YOUR LOCAL GOVERNMENT**

Does your local employment assistance or social services office have ACP information? Put Outreach Toolkit materials in helping hands.
- 06 SHARE ACP INFO ON YOUR WEBSITES AND SOCIAL MEDIA**

The FCC has ready-to-post graphics, videos, and PSAs available for you to share with your network in the ACP Outreach Toolkit.
- 07 REQUEST A SPEAKER FOR AN EVENT**

Have a local event coming up? Want to train your members to serve as ACP ambassadors? Send a speaker request to [ACPSpeakers@fcc.gov](mailto:ACPSpeakers@fcc.gov).
- 08 HELP CONNECT THE UNCONNECTED**

Download and print application forms, worksheets and instructions in English or Spanish at [AffordableConnectivity.gov](http://AffordableConnectivity.gov).
- 09 FIND LOCAL PROVIDERS**

Browse listings by state or territory at [fcc.gov/ACP-providers-by-state](http://fcc.gov/ACP-providers-by-state).
- 10 LET EVERYONE KNOW**

Spread the word about ACP on community bulletin boards, both online and around town!

**AFFORDABLE CONNECTIVITY PROGRAM**  
[AffordableConnectivity.gov](http://AffordableConnectivity.gov)

## WBK's Turnbull is BPSD's New School Solicitor

During its December reorganization meeting, Bethel Park's board of school directors unanimously reappointed Weiss Burkardt Kramer, LLC (WBK) as the District's chief legal counsel.

There was, however, one significant change. **Megan M. Turnbull**, an equity partner in the firm now serves as the district's solicitor. She replaces **Aimee Rankin Zundel**, who had been the district's solicitor but left her post in the fall.

Turnbull is an experienced attorney who regularly works with municipalities, school districts and nonprofits in the role of Solicitor, Labor Counsel and Special Counsel. Additionally, she manages and oversees WBK's Tax Assessment and Tax Collection practice groups. In addition to Bethel Park, she also assists with Ambridge Area School District and AW Beattie Career and Technical Center.

Megan represents public schools in all aspects of governance, operation and finance. She specializes in managing the labor and employment matters of these clients, and she serves as special counsel for investigative and reporting purposes.

"This is a very exciting time to be working with Bethel Park because there are so many wonderful things

happening here and because the commitment to success is so evident amongst the school board, administrators, teachers and the community," she said.

According to its website, WBK serves more than 20 area school districts and career centers, which, Turnbull insists, is a phenomenal asset.

"We serve so many different area schools and they are all different and have their own unique set of challenges and opportunities," she said. "That becomes a major advantage when you come across a particularly complicated or thorny issue, because that cross pollination from other areas and other school districts can really add context to our discussions."

Turnbull, a Philadelphia native, lives in Franklin Park with her husband, **Amitava**, and their three children. She was recently named a 2023 Pennsylvania Super Lawyer. In May 2022, Megan was elected as the Chairwoman of the Pennsylvania Bar Association's Municipal Law Section, which connects municipal solicitors across the Commonwealth. She is also the (W-2) Sectional Director for the Pennsylvania School Board Solicitors Association (PSBSA).





## School Board Retains Structure, Announces 2023 Meeting Calendar at Annual Reorganization Meeting

The Bethel Park School Board held its annual December reorganization meeting, during which it announced no changes to its nine-member composition to its leadership structure.

The newly re-seated board unanimously re-elected **Barry Christenson** and **Kimberly Walsh-Turner** as board president and vice president respectively, along with the reappointment of Weiss Burkardt Kramer, LLC (WBK) as the District's chief legal counsel.

School board meetings begin at 7 p.m., and are held in the Dr. Thomas A. Knight Memorial Community Room in the Bethel Park Administration Building unless otherwise noted. There are no school board meetings scheduled for July. All school board meetings will be live-streamed through the school district's YouTube channel, unless otherwise specified. Meeting dates and times are also available on the school district's website.

If a Special Meeting is called, a notice will be placed on the door of the District Administration Building and will be in the newspaper. Information concerning Special Meetings may be obtained by calling L. Douglas McCausland at 412-854-8425 or by emailing [mccausland.doug@bphawks.org](mailto:mccausland.doug@bphawks.org).

## Bethel Park Takes the Polar Plunge

In February, Bethel Park participated in its first-ever Cool Schools Polar Plunge at Acrisure Stadium on the North Shore where it raised approximately \$2,500 for Special Olympics Pennsylvania (SOPA).

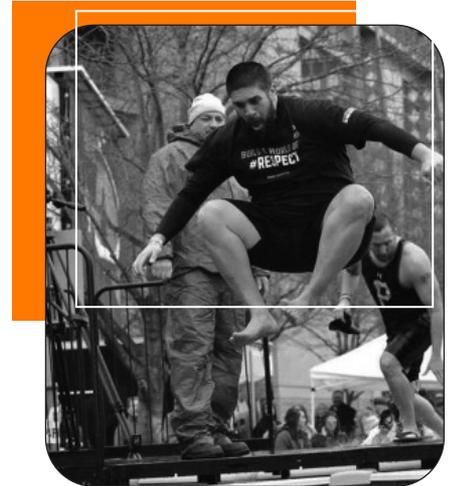
The school was invited to participate in the frozen fundraiser in part because its newest athletic program, Unified Indoor Bocce, a sport that features students with intellectual and developmental disabilities, including autism, together with students without disabilities on Interscholastic Unified Sports teams. The members proudly represent their school like any other PIAA sports team, practicing and competing as equal peers.

Unified Champion Schools (UCS), part of SOPA, oversees the program and helps fund it by paying for team uniforms, court equipment, and all training for coaches and sponsors.

Special Education teacher **Julie Hernandez** is Bethel Park's Unified Indoor Bocce team liaison. She helped to organize the school's participation in the Polar Plunge event.

"Special Olympics PA is always looking to grow its unified sports offerings, and events like this are a big help," she said. "We are honored to support their mission of helping to create an inclusive and welcoming world for all."

According to SOPA officials, the various Polar Plunge events held throughout the commonwealth each winter benefit its more than 13,000 student-athletes. SOPA holds more than 250 competition and training events per year, with the proceeds raised funding nearly all of them.



## 2023 School Board Meeting Calendar



### FACILITIES MEETINGS

- January 10
- February 14
- March 14
- April 11
- May 9
- June 13

### COMMITTEE MEETINGS

- January 17
- February 21
- March 21
- April 18
- May 9
- June 20
- ^August 1
- September 19
- October 17

### VOTING MEETINGS

- January 24
- February 28
- March 28
- April 25
- May 23
- June 27
- August 22
- September 26
- October 24
- ^November 14
- \*December 5
- ^December 12

\*Combined Committee and Voting Meeting  
\*Reorganization Meeting

## Neil Armstrong Middle School Raises More than \$11,000 for Charity

The Neil Armstrong Middle School students and staff raised an astounding \$11,211.09 during the annual charity carnival held on the afternoon of Dec. 22, 2022. The proceeds from the festival were then divided equally between Children's Hospital of Pittsburgh, St. Jude Medical Research Hospital, and South Hills Pet Rescue.

**Wendy Hirzel**, a teacher at the school who helped organize the event, said it was indeed a school-wide effort. "We just want to thank to all local businesses, parent and student volunteers; as well as the Neil Armstrong students and their families, the NAMS faculty and staff, and the Neil Armstrong PTO for supporting this event," she said.



## Hunter and Hartman Recognized as Students of the Month

Each month, the Bethel Park Rotary Club hosts a luncheon at The Garden Restaurant on Gardenville Road, where it honors Students of the Month. Honorees receive a certificate acknowledging their contribution to their community and the opportunity to pick the brains of some local civic-minded business leaders.

December's Student of the Month was Bethel Park High School senior **Haiden Hunter** and the January Student of the Month was **Jack Hartman**.

Hunter has participated in several global awareness-type activities. Most notably, last summer, he was the only high school student to intern at Lehigh University's Global Village, an international business development program with approximately 50 students from nearly 30 different countries. There, he developed and conducted a research study on the effects of multicultural experiences in relation to how students ranked the value of specific critical business skills and mindsets. He was later invited to make that same presentation to the program's program.

Hunter has a strong interest in computer science and has built several computers. He intends to study computer science or software engineering in college. He is also the president and co-founder of Bethel Park's Esports Club, a member of the Principal's Advisory Council of Students (PACS), and he competes on the boys tennis team. His true passion, however, lies in entrepreneurship.

"I just love coming up with an idea for how to do something different or better than what is being done now and seeing it through to completion," he said. "It's a fascinating challenge."

Hunter acknowledges that while not all of his businesses have been successful, they have each proved valuable. "One of the most rewarding

aspects of starting any new venture is taking some of the lessons you've learned from previous projects and applying them to your newest effort," he said.

Haiden's most recent endeavor is a small embroidery company he founded to help small startups and non-profit organizations. "I work with young up-and-coming bands or other groups, and we help them develop a design to help get their name out there," he said, adding that he is currently working with the high school's Environmental Club on a similar project.

Hartman carries a weighted GPA of 4.11 and is a member of the Bethel Park High School chapter of the National Honor Society. He also competes for the Hawks boys volleyball team and is a member of the Interact club.

Jack has a strong interest in marketing and has been a member of the school's DECA club since his freshman year. Hartman has won his District III event all four years. Last year, he placed third in the statewide competition and competed in the international competition at Mercedes Benz Stadium in Atlanta in April.

"DECA was the best decision I've ever made, and I honestly don't know where I'd be without it," said Hartman. "It has played a major role in my high school career and has also been a factor in my college search."

Hartman intends to major in Supply Chain Management at Penn State's University Park campus.

"I'm just really interested in learning how a product needed in, say, Pittsburgh gets there from halfway around the world in China," he said. "I just find the whole process to be completely fascinating."

Students are nominated for Bethel Park Rotary Student of the Month by administrators, teachers, students, or community members. They are chosen based on academics, scholastic, extracurricular, civic honors and awards, organization



Jack Hartman and Bethel Park Rotary President Roger Angelelli

## Five Bethel Park Teachers Among 15 Area Educators Selected for TransformED Fellowships

Five Bethel Park teachers have been selected for this year's transformED Teacher Innovation Fellowship, which aims to convene 15 of the area's top teacher leaders interested in instructional innovation to incubate new approaches to teaching and learning. The fellows each meet a few times in person, and they'll each receive a mini-grant of \$1,500 to experiment within their classrooms.

- **Katelynn Heider** (*Learning Support/Autistic Support*): Focusing on opportunities to create a classroom for students who would benefit from a curriculum focused on being active participants in ADL skills and having sensory-driven learning experiences.
- **Jess Mahoney** (*Autistic Support*): Focusing on Diversity, Equity, and Inclusion pre-packaged lesson kits/cases to use in any classroom.
- **Lynne Surrena** (*Speech Language*): Looking at more community-based instruction activities within the school setting to support more functional communication skills.
- **Melissa Toth** (*Life Skills*) & **Jenine Wessel** (*Speech Language*): Utilizing Speech Language games and activities to socialize students with speech language needs and skills supports. All students would be learning/practicing a skill from the week in ELA while playing a game to include and practice social skills. All students would be learning/practicing a skill from the week in ELA while playing a game to include and practice social skills.

The fellowship will allow them to focus more on their problem of practice/big idea to ultimately determine how to utilize their mini-grant funding.



From left; Katelynn Heider, Lynne Surrena, Melissa Toth, Jenine Wessel and Jess Mahoney



## William Penn Pair Advance to State Hoop Shoot Final



William Penn Elementary School students **Cara Schuster** (Girls 8-9) and **Jaxon Vuchenich** (Boys 8-9), each won their respective classifications at the 2023 Elks District Hoop Shoot free throw contest for children ages 8-13, held recently at Robert Morris. They have each advanced to the state competition on March 4 at Penn State.

The duo advanced to the regional competition after first besting children from throughout Bethel Park and neighboring communities in the Elks South Hills Pittsburgh Lodge #2213 Hoop Shoot free throw contest at the Bethel Park Community Center.

Shoot free throw contest at the Bethel Park Community Center.

Other top performers included:

- **Landon Johnston** (Washington) and **Dylan Baier** (Penn), finished in second and fourth place respectively in the Boys 8-9 division.
- **Violet Henderson** (Franklin) and **Lexie Sarneso** (Washington) finished in third and fourth place, respectively in the Girls 8-9 division.
- **Elliott Betz** (Penn), **Liam Volkert** (Franklin), **Parker Danley** (Washington) and **Jai'ven Harris** (Franklin) came in second through fifth respectively in the Boys 10-11 division.
- **Addy Owen** (NAMS), **Kelly Felicetti** (Franklin), **Gianna Pusateri** (Penn), **Ava Edwards** (Memorial), and **Ruby Vignoli** (Washington) came in second through fifth, respectively in the Girls 10-11 division.
- **Parker Benjamin** (NAMS) and **Cameron Betz** (NAMS) took second and third, respectively in the Boys 12-13 division.
- **Ella Carbone** (NAMS) took second in the Girls 12-13 division.

## Kindergarten Registration Now Open for 2023-2024 School Year

If your child will be old enough to start kindergarten in September, now is the time to register them for school in the Bethel Park School District.

Online registration is now available by visiting the school district's website, [www.bpsd.org](http://www.bpsd.org). There, under the Enrolling tab on the left-hand side of the landing page, you can begin the process of enrolling your child in Bethel Park Schools right from the comfort of your own home.

You will need to complete and submit the following documents to register your student for Kindergarten at Bethel Park:

- **Proof of Child's Age** – That can include a birth certificate, baptismal certificate, etc.
  1. Please see BPSD Policy 200 on our website for additional information
- **Proof of Residency** - One from each category is required:
  1. A deed, current mortgage statement or a current lease agreement
  2. A current utility bill, current credit card bill, property tax bill, vehicle registration, driver's license, or Dept. of Transportation-issued identification card

The website will also have downloadable documents that must be completed and submitted either by uploading them into the New Student Registration Online Portal system, by US Mail or by dropping them off in person at the school your child will attend. Those documents include:

- Health History
- Dental Form
- Speech/Language Form
- Lead Testing
- Physical Exam (includes immunization history)
- Parental Registration Form
- Earned Income Tax Form (this requirement only applies to families without children already enrolled in Bethel Park Schools)

The Dental Form, Lead Testing Form, and Physical Exam must be signed by a medical/dental professional/health care provider before you may register your student for Kindergarten in Bethel Park Schools.

In Pennsylvania, children must be five years old by Sept. 1 to enroll in kindergarten. If your child will turn five between Sept. 1 and Sept. 30, 2023, and you wish to enroll them in Bethel Park School District, please see Bethel Park School Board Policy 201 for more information regarding a waiver of age attendance requirements.

For any questions, parents are encouraged to contact the school their child will be attending.

## Bethel Park Hosts Successful Blood Drive

In January, Bethel Park High School School's National Honor Society partnered with Vitalant – Pittsburgh to hold its annual winter blood drive. The event was the school's second blood drive of the year. The students, staff and community members who participated in the event, have donated more than 90 units of blood that could support life for as many as 250 hospital patients.

Every donation helps save lives and generates scholarship funds for Bethel Park High School students. BPHS has an additional blood drive scheduled for April 20, 2023.



**SIGN UP FOR OUR WEEKLY**

# EMAIL NEWSLETTER

Send an email along with your name, relationship to the school district, and your email address to: [cromie.james@bphawks.org](mailto:cromie.james@bphawks.org).

- Please put *Email Newsletter* in the subject line

STAY CONNECTED WITH US ON

## Social Media

@BETHEL PARK SCHOOL DISTRICT

@BPSDINFO

@BETHEL\_PARK\_SCHOOL\_DISTRICT



## Bethel Park to Present 'The Addams Family,' March 15-18

This spring, Bethel Park High School will stage a musical that's a little creepy and kooky, mysterious and spooky, and altogether ooky, when it presents "The Addams Family," March 15-18, at 7 p.m. each night. Tickets are \$10 per ticket, plus fees, and will be sold exclusively through the school district's website starting on March 1.

In the upside-down world of the Addams Family, to be sad is to be happy, to feel pain is to feel joy, and death and suffering are the stuff of their dreams. Nonetheless, this quirky family still has to deal with many of the same challenges any other family faces and the spookiest nightmare faced by every family: the Addams children are growing up!

The Addamses have lived by their unique values for hundreds of years, and Gomez and Morticia, the patriarch and matriarch of the clan, would be only too happy to continue living that way. However, their dark, macabre, beloved daughter Wednesday is now a young woman ready for her own life. She has fallen in love with Lucas Beineke, a sweet, smart boy from a typical, respectable Ohio family — the most un-Addams-sounding person one could be!

And to make matters worse, she has invited the Beinekés to their home for dinner. In one fateful, hilarious night, secrets are disclosed, relationships are tested, and the Addams family must face up to the one horrible thing they've managed to avoid for generations: change.

Todd Kuczawa, the show's producer and vocal director, said he chose "The Addams Family" because it was time for a true comedy and how well it suited his students.

"We like to alternate genres from year-to-year just to keep the students engaged," he said. "Last year was a Rodgers and Hammerstein production ('Cinderella'), and those shows are amazing; but after you do a show like that, it's important to mix it up and come up with something a little less traditional."

"This show is definitely kooky; it's also a lot of fun."

Another benefit of "The Addams Family," according to Kuczawa, is that it is nostalgic for older audiences and timely for younger performance goers.

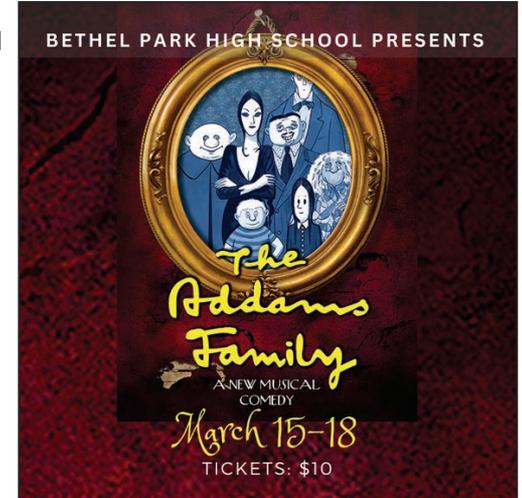
"Netflix has a show called 'Wednesday,' and a lot of our students have seen it and instantly understand the premise of this show very well," he said. "It is also very dark, adding to the students' fun."

The chorus and ensemble parts all play deceased ancestors of the Addams Family, and they help guide the family through their struggles.

"The show is hilarious and silly, but it also has some timeless and wonderful messages for the audience," said Kuczawa.

As has long been the case at Bethel Park, "The Addams Family" will have two casts. Junior Noah Stiglich and senior Nick Dell will play Gomez Addams. Juniors Clara McGough and Alea Taylor will each play his beautiful wife, Morticia. Seniors Anthony Hughes and Dylan Finnell will be Uncle Fester. Wednesday Addams will be portrayed by junior Meghan DeHaven and senior Elizabeth Robinson, respectively.

The dance captains are seniors Alayna Banks and Aubrey Manion, while the student directors are seniors AnnaMarie Lorenzi and



### Tickets:

Bethel Park is partnering with Homestead-based eServices Technology, which has developed a more convenient way for guests to purchase tickets to the school district's live events. All seating for The Addams Family is reserved at \$10 per ticket, plus fees, and will be sold electronically through the school district's website starting on March 1.

No physical tickets will be sold in advance or at the door.

The district already employs the electronic ticketing system for its varsity sporting events. It has also used the electronic ticketing system for the Independence Middle School musical in December and multiple other district events.

Should you have any questions, please contact Mrs. Tracy Celletti at 412-854-8514; or by email at [celletti.tracy@bphawks.org](mailto:celletti.tracy@bphawks.org).

## Bethel Park Orchestra Students Perform in PMEA District 1 Event



In January, Eleven Bethel Park High School students performed at the 2023 PMEA Senior High District 1 Festival at Heinz Hall.

The students included seniors Leah Armstrong (*viola*), Rebekah Tupper (*horn*), and Samantha Wolf (*violin*); juniors Bryce Clancy (*bass*), Caleb Jones (*trumpet*), Clara McGough (*violin*), Sam Pellis (*violin*) and Katie Peterson (*violin*); and sophomores Ethan Alberter (*trombone*), Felix Kammerer (*trombone*) and Brady McKiernan (*horn*).

"We are very proud of all of our student-musicians, and we were excited to see some of our best players perform with some of the top student-musicians in Western Pennsylvania," said the high school's orchestra director, Mrs. Stephanie Glover.

District 1 includes over 550 school and private music teachers from Allegheny, Fayette, Greene, Washington, and Westmoreland counties. District 1 sponsors high school and junior high orchestra, band, and chorus festivals for members' students who are selected either by tryouts or director recommendation and school size quotas. An honors string orchestra, honors band, and honors chorus are offered to student-musicians by competitive audition. District 1 festival musicians may advance to Region and All-State groups and beyond.

Alberter, Armstrong, Peterson, Tupper, and Wolf have each advanced to the PMEA Western Region

## Steel Center CTE's January Students of the Month

Five Bethel Park High School students were recognized as the January Students of the Month in their respective programs by the Steel Center for Career and Technical Education.

The honorees included juniors Nicholas Grady (*Automotive Technology*) and Kamden Miller (*Automotive Technology*); and sophomores Landon Bateman (*Building Trades*), Hannah Stepke (*Veterinary Assistance*) and Matthew Yee (*Computer Technology*).

Each month, Steel Center's very best students are recognized for their consistently high achievement and outstanding overall performance. The recognition is meant to acknowledge the students' unwavering commitment to their career and technical education as demonstrated by their outstanding achievement.





## BETHEL PARK SCHOOL DISTRICT ANNUAL PUBLIC NOTICE — 2022-2023

The Bethel Park School District uses the following procedures for locating, identifying, and evaluating specified needs of school-aged students requiring special programs or services. These procedures are described in this notice as required by law.

The District, as prescribed by Section 1402 of the School Code, routinely conducts screenings of a child's hearing acuity in grades Kindergarten, 1, 2, 3, 7, and 11. Visual acuity is screened in all grades annually. Speech and language skills are screened in Kindergarten and on a referral basis. New students are initially screened the year of admission. Gross motor and fine motor skills, academic skills, and social-emotional skills are assessed by classroom teachers on an on-going basis. Other screening activities include but are not limited to the review of cumulative group-based achievement and ability data; health and attendance records; grades; and information shared by the parents. Specified needs from all of these screening sources are noted within the child's official file.

School records are always open and available to parents, and only to school officials who have a legitimate "need to know" information about the student. Information from the records is released to other persons or agencies only with appropriate authorization that involves written signed permission by parents.

Parents with concerns regarding their child may contact building principals at any time to request a screening or evaluation of their child, or by contacting the Student Support Services. (*Names and phone numbers of the appropriate contacts are listed at the end of this notice.*) Communication with parents and eligible students shall be in English or the native language of the parents.

Screening information will be used by the Intervention Team or Student Assistance Team within the student's school to meet his or her specific needs, or to document the need for further evaluation. Student Assistance/Intervention Team services are provided to students in grades kindergarten through 12. The pre-referral process identifies those students at-risk for academic or behavioral needs and includes parental involvement in making determinations as to whether a student may benefit from intervention services. Individual student plans are developed and monitoring of specific goals with data to determine student progress and efficacy of interventions are put into place. If a student is not making sufficient progress, a referral for evaluation may be issued by the school district or a parent may request a multi-disciplinary evaluation at any time.

The Multidisciplinary Team consists of parents, teachers, a certified school psychologist, other related service personnel, and persons familiar with the student's educational experience and cultural background. The evaluations conducted by the Team must be sufficient in scope and depth to provide information about the student's academic functioning, adaptive and social behavior, learning problems, strengths, information obtained by the Intervention Team or Student Assistance Team, and information from the parents. After all evaluations are completed, an Evaluation Report (*ER*) will be compiled and include specific recommendations for the types of interventions necessary to meet the student's specific needs. This evaluation will be completed and a report sent to the parents within **60 calendar days**. Parents are then invited to participate in a meeting where the results of the evaluation will be discussed.

If the student meets criteria for the presence of a disability and need for specially designed instruction, an Individualized Education Program (*IEP*) will then be developed for specially designed instruction for the student within 30 calendar days. The IEP team must consist of: the student's parent(s), special education teacher, regular education teacher(s), and local education agency representative (*LEA*). Students of transition age, or younger if determined, must be invited to participate. The building principal, Director of Student Support Services, or Supervisor of Special Education will serve as the chair/LEA, and

a district psychologist, other specialists as needed, and other administrative staff when appropriate may attend.

Prior to the initiation of services, parents will be presented with a Notice of Recommended Educational Placement, which explains the services and educational placement recommendations. Parental consent must be obtained before providing initial special education and related services. The Procedural Safeguards Notice describes the parents' rights and options if they disagree with the individualized program presented.

### Services for Students Who Are Mentally Gifted

When screening results suggest a student may be eligible for Gifted Education, the school district seeks parental consent to conduct a multidisciplinary evaluation. Additionally, a parent may request a multidisciplinary evaluation at any time. The initial evaluation based on a multiple criteria approach is summarized in the Gifted Written Report (*GWR*) and used by the Gifted Individualized Education Program (*GIEP*) team to develop the GIEP. After the initial evaluation, students identified as mentally gifted are reevaluated before a change in educational placement is recommended or under recommendation of the GIEP team. The Notice of Recommended Assignment (*NORA*), signed by the parent, gives the school district permission to provide services. Parents can obtain further information by contacting their child's school principal or the District's Student Support Services at **412-854-8410**.

### Services for Eligible School-Age Students

The Bethel Park School District provides a free, appropriate, public education to eligible students. To qualify as an eligible student, the child must be of school age, in need of specially-designed instruction, and meet eligibility criteria for one or more of the following physical or mental disabilities, as set forth in the Individuals with Disabilities Education Improvement Act and Pennsylvania State Regulations: Autism, Deaf-Blindness, Deafness, Emotional Disturbance, Hearing Impairment, Intellectual Disability, Multiple Disabilities, Orthopedic Impairment, Other Health Impairment, Specific Learning Disability, Speech or Language Impairment, Traumatic Brain Injury, or Visual Impairment including Blindness.

The Bethel Park School District provides a full range of placement options and services to eligible students. Options in the district range from supportive intervention in the regular classroom to itinerant, supplemental, or full-time levels of intervention, depending on the student's individual needs. Inclusive intervention practices of the general education curriculum and classroom with supplementary aids and services are the first step in the continuum of placement options. Other placement options to meet the student's needs may include, but are not limited to services secured from the Intermediate Unit, another school district, an approved private school, or a private licensed academic school program. Placement options provide for a free and appropriate public education (*FAPE*) for all eligible students. The District also provides related services such as, but not limited to: transportation, speech and language therapy, physical therapy, occupational therapy, nursing services, psychological services, social worker services, paraeducator support, and personal care assistant services.

The following programs are currently provided within the District: Learning Support, Life Skills Support, Emotional Support, Autistic Support, Blind or Visually Impaired Support, Deaf and Hearing Impaired Support, Physical Support, Speech and Language Support, and Gifted Support. As evidence of the full continuum of services, educational placements outside of the District have included, but are not limited to: Emotional Support at Pace School, Wesley School Programs; Learning Support at ACLD Tillotson School; Life Skills Support at Mon Valley School, Pathfinder School, Education Center at the Watson Institute, and the Children's Institute; Blind or

Visually Impaired Support at Western Pennsylvania School for the Blind; Deaf and Hearing Impaired Support at the Western Pennsylvania School for the Deaf and the DePaul School for Hearing and Speech; Autistic Support at Wesley School Programs, Pathfinder School, Mon Valley School, Pressley Ridge Day School for Autism; and Multiple Disabilities Support at the Children's Institute and Pathfinder School.

### Services for Students Who are English Learners

The education of students whose dominant language is not English is the responsibility of every school district/charter school in Pennsylvania. English learners must be enrolled upon presentation of a local address and proof of immunization. The Home Language Survey (*HLS*) is administered for all students and retained in the student's permanent record. For those students whose primary home language is other than English (*PHLOTE*), the district must also determine the student's English language proficiency and, if appropriate, English as a Second Language instruction will be provided following all regulations, policies, and procedures. Parents can obtain further information by contacting their child's school principal or the District's Student Support Services at **412-854-8410**.

### Services for Students Identified as Homeless and/or Foster Care

The Bethel Park School District follows all protections outlined in the McKinney Vento Act related to ensuring that any child identified as homeless or in foster care has equal access to the same free, appropriate public education as provided to other children. The District implements child find activities for other students in addition to those identified as homeless or in foster care such as wards of the state, highly mobile children, and migrant children in order to provide equal access to evaluations and services. Further information may be obtained by contacting the District's Student Support Services at **412-854-8410**.

### Services for Students in Nonpublic Schools

Parents of non-public school students who suspect that their child has a disability and is in need of special education may request a multidisciplinary evaluation through a written request to the District's Student Support Services. Parents can obtain further information by contacting their child's school principal or the District's Student Support Services at **412-854-8410**.

### Services for Preschool Age Children

Act 212, the Early Intervention System Act, entitles all preschool age children with disabilities to appropriate early intervention services. Young children experiencing developmental delays or physical or mental disabilities are eligible for early intervention services including screening, evaluation, individualized education program planning, and provision of appropriate programs and services.

The Pennsylvania Department of Public Welfare is responsible for providing services to infants and toddlers, defined as children from birth through two years of age. Contact the Alliance for Infants and Toddlers at 2801 Custer Avenue, 2nd Floor, Pittsburgh, PA 15227, **412-885-6000**, or on the internet at <http://www.aift.org>.

The Pennsylvania Department of Education is responsible for providing services to preschool age children from three to five years of age. Contact Project DART of the Allegheny Intermediate Unit at 475 E. Waterfront Drive, Homestead, PA 15120, **412-394-5736**, or on the internet at <http://www.aiu3.net>.

Bethel Park School District ensures that all students transitioning from early intervention programs to kindergarten or first grade programs within the District are transitioned without disruption of services. Parents of children entering school age programs are notified of the District's transition activities, which occur before kindergarten registration of each year. The District follows the federal and state regulations pertaining to the evaluation process and based on identified needs, subsequent documentation and provision of special education and related services.

## PUBLIC NOTICE

(cont. from pg. 48)

### Information Regarding Signs of Developmental Delays and Other Risk Factors for Parents to Look for that May Indicate the Possibility of a Disability

If your child is less than the age of beginners (*age 5 before September 1*) and at least 3 years of age, your child may be considered to have a developmental delay when difficulties exist in the areas of cognitive, communicative, physical, social/emotional and self-help development where a delay in comparison to typical development is present. Parents who have questions about their child's development or possible presence of a disability may talk with their family physician or health care provider or contact the Allegheny County Health Department at **412-687-2243**.

If you have questions regarding difficulties your child may be experiencing, please contact the Student Support Services at **412-854-8410**.

Potential signs of developmental delay and other risk factors that could indicate the presence of a disability may include:

By the age of 3: Not saying many words; not using 2-3 word phrases and sentences; not walking; awkward gait (*walking*); excessive salivation; not answering "show" or "what" questions; and/or not using utensils to feed self.

By the age of 4 (*all of the above included*): Not toilet trained; difficulty with directional words (*in, on, under, out*); not playing with other children; not able to draw a circle, cross or imitate a vertical line; not able to understand the child's speech most of the time; and/or difficulty following simple two-step directions.

By the age of 5 (*all of the above included*): unable to answer "where" questions; unable to recall details from a story; not drawing a person with at least 6 parts; immature speech patterns (*"me" instead of "I"*); and not able to hop forward on one foot without support.

Other warning signs at any age: Little to no eye contact; over/under sensitivities to pain, light, noise; hand flapping; no awareness of space (*always bumping into other people or things*); awkward hand or foot positioning; won't touch or eat certain textures; child no longer can do things he/she used to do; developed normally, then stopped; echoes what is said; and/or plays with toys inappropriately (*watches wheels spin on a car toy, but does not play with the car*).

Additional information and fact sheets on child development from the Center for Disease Control and Prevention, National Dissemination Center for Children with Disabilities (*NICHCY*), and other resources may be found on the Student Support Services webpage located at [www.bpsd.org/SpecialServices.aspx](http://www.bpsd.org/SpecialServices.aspx).

### Protected Handicapped Students/Chapter 15

The Bethel Park School District, in compliance with state and federal law, Section 504 of the Rehabilitation Act of 1973, and Chapter 15 of the Pennsylvania Public School Code, will provide to each protected handicapped student without discrimination or cost to the student or family, those related aids, services, or accommodations which are needed to provide the student equal opportunity to participate in and obtain the benefits of the school program and extracurricular activities to the maximum extent appropriate to the student's abilities. In order to qualify as a protected handicapped student, the child must be of school age with a physical or mental disability or diagnosis, which substantially limits or prohibits participation in or access to an aspect of the school program. These services and protections for "protected handicapped students" are distinct from those applicable to all eligible or exceptional students enrolled (*or seeking enrollment*) in special education programs.

For further information on the evaluation procedures and provisions of services to protected handicapped students, contact the Student Support Services at **412-854-8410**.

### Confidentiality of Student Records

Bethel Park School District and its employees are required by Federal Law and State and Federal Rules and Regulations to protect the rights of students including confidentiality of personally identifiable information for all students in accordance with state and federal law and the District's student records policy. The foundation of these rights comes from

Federal legislation entitled, Family Educational Rights and Privacy Act of 1974 (also known as the Buckley Amendments). There are State Rules and Regulations dealing with regular and special education students' rights and privacy. All students are covered by the State Regulations contained in Chapter 12 known as Students' Rights and Responsibilities.

The basic premise of the above-mentioned laws, rules, and regulations is that information about students cannot be disclosed without written parental consent. There are different categories of information: Educational Records, Personally Identifiable Information, and Directory Information. Educational Records consist of information directly related to students which are maintained by the educational agency. Personally Identifiable Information includes the student's name, the name of the parent or other family members, a personal identifier or a list of personal characteristics that would make the student's identity easily traceable.

Education Records and Personally Identifiable Information cannot be disclosed or released without written parent consent, or if a student is over 18, without student permission.

There is certain information that can be released without consent, which is called Directory Information. Directory Information means information contained in an educational record of a student which would not generally be considered harmful or an invasion of privacy if disclosed. The School District designates what information is labeled as Directory Information. It shall include the following: the student's name, address, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received, and the most recent previous educational agency or institution attended by the student.

Disclosure of information means to permit access to or the release, transfer, or other communication of education records, or the personally identifiable information contained in these records, to any party, by any means, including oral, written, or electronic means. This means that information about a student cannot even be shared in conversation without permission. This also applies to other Bethel Park personnel who do not have an educationally relevant reason to possess knowledge of a student.

Written parental consent is necessary for disclosure of Personally Identifiable Information and Educational Records. The consent must: (1) specify the records that may be disclosed; (2) state the purpose of the disclosure; (3) identify the party or class of parties to whom the disclosure may be made. Furthermore, the Bethel Park School District must maintain a written record of disclosure for the parents to inspect in case information has been released.

In accordance with 34 CFR §300.624, please be advised of the following retention/destruction schedule for the Pennsylvania Alternate System of Assessment (*PASA*), Pennsylvania System of School Assessment (*PSSA*), and Keystone Exam related materials:

- PSSA, Keystone Exam, and PASA test booklets will be destroyed one year after student reports are delivered for the administration associated with the test booklets.
- PSSA and Keystone Exam answer booklets and PASA media recordings will be destroyed three years after the completion of the assessment.

A parent may file a written complaint alleging that the rights described in this notice were not provided to: Pennsylvania Department of Education, Bureau of Special Education, Division of Compliance, 333 Market Street, Harrisburg, PA 17126-0333.

The Department of Education will investigate the matter and issue a report of findings and necessary corrective action within 60 days. The Department will take necessary action to ensure compliance is achieved. Complaints alleging failures of the school district with regard to confidentiality of personally identifiable information may also be filed with: Family Policy Compliance Office, U.S. Department of Education, 400 Maryland Avenue SW, Washington, DC 20202-4605.

### Non-Discrimination Policy

The Bethel Park School District will not discriminate in its education programs, activities, or employment practice, based on race, color, national origin, sex, sexual preference, disability, age, religion, ancestry, union membership, or any other legally protected classification. Announcement of this policy is in accordance with state and federal laws, including Title IX of the Education Amendments of 1972, and Sections 503 and 504 of the Rehabilitation Act of 1973.

Employees and participants who have an inquiry or complaint of harassment or discrimination, or who need information about accommodations for persons with disabilities, should contact: Office of the Superintendent, 301 Church Road, Bethel Park, PA 15102, **412-854-8402**; or the Director of the Office of Civil Rights, Department of Health, Education, and Welfare, 400 Maryland Avenue, S.W., Washington, D.C. 20202-1100.



**Benjamin Franklin Elementary School (K-4)**  
5400 Florida Avenue  
**Teresa Doumont, Principal**  
412-854-8741

**Bethel Memorial Elementary School (K-4)**  
3301 South Park Road  
**Eric Chalus, Principal**  
412-854-8506

**William Penn Elementary School (K-4)**  
110 Woodlet Lane  
**Brian Lenosky, Principal & Director for Cyber Education**  
412-854-8522

**Independence Middle School (7-8)**  
2807 Bethel Church Road  
**Mrs. Racquel Sutton, Principal**  
**Dr. George Spalaris, Assistant Principal**  
412-854-8677

**Abraham Lincoln Elementary School (K-4)**  
1524 Hamilton Road  
**Jay Johnson, Principal**  
412-854-8618

**George Washington Elementary School (K-4)**  
515 Clifton Road  
**Fred Pearson, Principal**  
412-854-8546

**Neil Armstrong Middle School (5-6)**  
5800 Murray Avenue  
**Kenneth Patterson, Principal**  
**Sheryl Kremer, Assistant Principal**  
412-854-8751

**Bethel Park High School (9-12)**  
309 Church Road  
**Joe Villani, Principal**  
**Diana Fronczek, Assistant Principal**  
412-854-8518  
**Dr. Mark Korcinsky, Assistant Principal**  
412-854-8516  
**Jim Fodse, Assistant Principal**  
412-854-8581

**Student Support Services**  
Bethel Park School District  
301 Church Road  
**Dr. David Muench, Director of Student Support Services**  
**Dr. Sarah Shue, Supervisor of Special Education**  
412-854-8410



## Electrify Your Strings Delights Audiences and Student-Musicians

In January, Electric Cellist **Greg Byers** and more than 100 student-musicians from Bethel Park High School and Independence Middle School quite literally lit up the auditorium with some classic rock songs with a classical twist at their 2023 “Electrify Your Strings,” concert.

Byers, an instructor with the nonprofit educational organization of the same name, conducted the proceedings and prepared the students geared up for what basically a high-energy rock concert.

“The whole idea is to make it fun for the audience but that requires work on our end and these students were ready to work,” he said. “I was very impressed at how well they handled everything we threw at them, and that’s what made the show such a thrilling experience for everyone.”



The set list was designed by the students themselves even though all of songs performed were written decades before any of them were even born. Still, for those in attendance, selections from the Beatles, Led Zeppelin, Guns N’ Roses and many others were Classic Rock staples.

Electrify Your Strings – which is now officially known as Electrify Your Symphony (*EYS*) – was created by international recording artist, electric violinist, and music education advocate **Mark Wood**, of Trans-Siberian Orchestra fame. The music education phenomenon energizes students, teachers, and local communities by injecting a high-voltage dose of energy and much-needed funding into a school’s music education program. This intensive experience boosts student self-esteem and motivation, increases school-wide, family and community engagement, and helps raise money for participating schools.

The concert also afforded the younger musicians the rare chance to perform alongside their older counterparts.

“The music is obviously a blast to play, but what I love most about it is the sense of community and togetherness it brings to our students. Everyone has a role and everyone gets involved,” high school orchestra director **Stephanie Glover** said prior to the show. “We had elementary kids collecting some of the tickets, and the middle schoolers were able to play on a few songs!”

The Bethel Park Music Boosters group provided support for the program by hosting Byers during his visit. They also held extra events to help fundraise for the program. And Bethel Park business Pasta Too fed the students on the day of the performance.

Byers also had some tricks up his sleeve by introducing versions of instruments built specifically for amplification and featuring some distinctive design features. The students also surprised the crowd through a number of fun things like throwing their bows in the air, flipping their cellos around as well as dancing and marching to some songs.

“We don’t get to do this every year,” said Glover, noting that the last time Bethel Park hosted an EYS event was pre-pandemic. “That just makes you appreciate it all the more and it made me determined to have as much fun with it as possible and our students seemed to take that approach as well.”

## A Message From... DR. JAMES WALSH Superintendent



### Measuring and Reporting Growth

It's coming up on testing season again. PSSA, Keystone, and AP tests are administered throughout the spring. Bethel Park is aiming for 100% participation in this year’s assessments.

The PSSA exams are criterion-referenced tests administered this time every year in Pennsylvania to students in 3rd through 8th grade. The purpose is much like your annual trip to the doctor's office for a physical. The doctor checks your height, weight, eyes, reflexes and all sorts of other body systems to assess how well you have grown since your last appointment. The state assessments measure how much a student has "grown," cognitively speaking, in comparison to a pre-determined set of criteria over the last year. With regular attendance, conscious and consistent effort, robust standards-aligned curriculum, and engaging instruction, students should achieve as much success as last year, considering the assessment covers new material.

Keystone exams are end-of-course tests for students in Algebra, Literature and Biology. These are not PSSAs; these are more like final, end-of-course exams. The state requires a passing score to graduate. Without a passing score, students must demonstrate proficiency in the course through other measures or pathways.

AP tests are exams to measure the achievement of students who are completing an AP course. Designed by the College Board, Advanced Placement (*AP*) courses and exams are designed to measure college-level material for students taking a college course while still in high school. Many colleges will award a student credit for earning a qualifying score on the AP test.

We are always proud of our students' efforts on these assessments, and we appreciate how seriously students take them. That conscientious participation helps us be sure we have reliable information to keep tabs on individual student growth as well as benchmark any problematic areas for which we should be adjusting.

## Santoro's Design Chosen for Steel Center Holiday Card



Bethel Park senior **Daniela Santoro**, an advertising and design student at Steel Center CTE who designed the holiday greeting card the school sent out to its more than 300 educational, community and business partners.

Daniela was recently certified in Adobe Illustrator's Professional Graphic Design & Illustration program.

## Six BPHS Students Recognized on Parkway West CTC's First Quarter Director's List of Honor Students

Six Bethel Park High School students were recognized on the Director's List of Honors Students for the first quarter in their respective programs by the Parkway West Career and Technology Center.

The honorees included seniors **Zavier Pagano** (*Electrical Systems Technology*), **Ava Strutt** (*Cosmetology*) and **Michelle Zamborsky** (*Cosmetology*); and juniors **Owen Eder** (*Carpentry*), **Leilani Gadson** (*Cosmetology*) and **Aubrey Walenchok** (*Health Assistant*).

To qualify for the Director's List of Honors Students, Parkway students must have an A in their subject area, fewer than five absences and no discipline-related issues.



## Computer Integrated Manufacturing Class Benefits from Harbor Freight's Educational Grant Program

Students in **Mr. Brad Kszastowski's** Computer Integrated Manufacturing (*CIM*) class used a digital torque adaptor purchased thanks to a generous donation from Harbor Freight as part of its Tools for Schools program. The adapter measured the relative strength of wrenches designed by the students on software called Fusion 360 and created through the school's Creadity Ender 3D Printer.



## Introduction to Transportation Class

Students in **Mr. Art Smock's** Introduction to Transportation class recently designed, built, and tested the aerodynamics of cars they created out of wedge-shaped wood blocks. According to Smock, the designs were as creative as they were innovative and included a tank, a French fry car, a BPSD school bus, and a pink eraser, among others.

"I have taught this unit for a long time, and this is the most dedicated group of students I've ever had," said Smock. "They all worked very hard on their designs, and you could tell."



## Human Anatomy Class Dissects Sheep's Eyeball to Better Understand How Human Vision

Students in **Mrs. Megan Farren's** Anatomy and Physiology class at Bethel Park High School recently dissected sheep eyeballs as part of a comparative anatomy unit in which the students compare the structure and functionality of a sheep's eyeball to that of a human's eyeball.

The students have also dissected a sheep's brain and how it impacts the sheep's central nervous system and will soon dissect a sheep's heart.



**CORRECTION:** In the December edition of Chronicles, in the article titled "BPHS Music Boosters Celebrates 50 Years of Hoagie Sales," **Bob Doman** was incorrectly identified as vice president of the Bethel Park Music Boosters. Mr. Doman is the chairman of the publicity subcommittee. **Jon Lloyd** is the BPMB's vice president.

**BETHEL PARK SCHOOL DISTRICT**

**FULL-TIME SCHOOL BUS DRIVERS NEEDED**  
**BETHEL PARK SCHOOL DISTRICT**

FULL MEDICAL BENEFITS \* EXCELLENT  
HEALTH INSURANCE \* PA STATE RETIREMENT  
SYSTEM \* DISTRICT PROVIDED TRAINING

VISIT OUR WEBSITE  
[BPSD.ORG/EMPLOYMENT](http://BPSD.ORG/EMPLOYMENT)



## Bethel Park Athletic Hall of Fame Welcomes Newest Members

The Bethel Park Athletic Hall of Fame, sponsored by Allegheny Health Network, has welcomed six former Bethel Park sports standouts.

The induction ceremony was held in the Bethel Park High School cafeteria and later at halftime of the Hawks boys basketball game versus Canon-McMillan. It included **Glenn Nordstrom** (football and basketball) '45 and his son **Carl** (baseball and football) '83.

The Nordstroms are just the second father-son combination to be selected for the BPAHOF. The other honorees included **Eric Morrison** (baseball and soccer) '04, **Kellie Schmitt** (tennis) '05, and **Megan Marecic** (basketball) '14.

**James Moore**, the founder of the boys basketball and football programs, was posthumously given the Distinguished Contribution Award.

More about this year's inductees:

• **James Moore** was recognized for Outstanding Contributions and Remarkable Service to Bethel Park Athletics for creating both the Bethel Park Boys' Basketball program (1927) and the Bethel Park Football program (1929). He served as the boys' varsity basketball coach from the 1928-1933 seasons, but it was on the gridiron where he made his most significant contribution as a coach. He served as the head varsity football coach from 1929-1940, amassing a career record of 46-41-8, which still positions him at number 3 on our football program's all-time wins list. His Bethel Bees finished in second place in the conference three times (1932, 1937, 1939), guiding them to a conference title in 1934, earning them an opportunity to play in the 1934 WPIAL Championship Game, where Bethel earned the silver medal. James Moore is the recipient of the 2022 Distinguished Contribution Award for his contributions to the football and basketball programs.



• **Glenn Nordstrom '45** – The athletes from the 1930s, 40s & 50s, were the pioneers of Bethel Park athletics. They are the ones who laid the foundation and paved the way for future Black Hawks, and Glenn was one of those pioneers. A four-year member of the varsity football team (1941-1944), and a three-year member of the varsity basketball team (1943-1945). Glenn Nordstrom was one of the most prolific linemen of the 1940s, helping the Bees to a 6-1-1 season in 1943. However, perhaps his best sport was basketball, where Glenn helped the Bees chalk up 33 wins in his three varsity seasons, including serving as team captain and leading scorer on the 1945 squad. Glenn played Division I basketball at the University of Pittsburgh.

• **Carl Nordstrom '83** – A three-year member of the varsity baseball team (1981-1983) and two-year member of the varsity football team (1981-1982), he helped guide the Black Hawks to a section crown in baseball in 1982. He emerged as one of the supreme pitchers in the South Hills in 1983, when he fanned 50 batters while hitting at a .443 clip as a middle infielder. He was drafted by the Cincinnati Reds in 1987, and spent the next three seasons in their system, where he earned 14 wins on the mound, struck out nearly 200 batters, and helped the Cedar Rapids Reds capture the Midwest League Championship.

• **Eric Morrison '04** – A two-year varsity letterman in baseball (2003-2004), and three-year varsity letterman in soccer (2001-2003), Eric Morrison steered the Black Hawks baseball team to the 2003 state championship game. He was a member of the 2004 Post-Gazette All-WPIAL Team, 2X member of the Post-Gazette All-South Area Team (2003 & 2004), 2X member of the Almanac Diamond Dozen (2003 & 2004), 2X All-Section Selection (2003 & 2004), as well as being named the 2003 Post-Gazette All-South Player of the Year. He went on to play collegiately at Division I Duquesne University, where he was a four-year starter in centerfield, played professionally in the Independent Continental Baseball League, and was inducted into the Semi-Pro Baseball Hall of Fame in 2018.

• **Kellie Schmitt '05** – Three-Year Varsity Letter Winner on the Girls' Tennis Team, who anchored the #1 Singles Position (2001-2003). She was the first tennis player in school history to capture a WPIAL singles championship, which she did so in 2002. She also added a WPIAL Bronze Medal (2001) and three Section Championships to her hardware collection. The 2002 Almanac Player of the Year played her college tennis at Division I Marshall University (2005-2009), where she rewrote the record book. Kellie concluded her career with the Thundering Herd as the All-Time leader in Career Wins (236), Singles Wins in a Career (127), Single Season Wins (35), Singles Win% (.779), and 2nd All-Time in Doubles Wins (109). She was a 3X NCAA Singles Tournament Qualifier, the 2008 ITA East Regional Singles Silver Medalist & Doubles Champion, and a 2X Recipient of the Dot Hicks Award (2008 & 2009), which is awarded to Marshall's Female Athlete of the Year. Additionally, she was a 5X All-Conference 1st Team Selection, 3X Conference USA Player of the Year (2007-2009), 2X Conference USA Doubles Champion (2006 & 2007), and in 2020 was inducted into the Marshall University Athletic Hall of Fame.

• **Megan Marecic '14** – A three-year varsity starter on the Girls' Basketball Team (2011-2013), where she was an offensive catalyst, amassing 1,063 career points, and guided the Lady Hawks to their only WPIAL Championship (2013) in school history. Her decorated high school career includes being a 3X All-Section Selection, a 3X Almanac All-Star & Observer-Reporter Elite 11, a 2X member of the Post-Gazette All-WPIAL Team (2012-2013), a member 2013 Post-Gazette All-South Area Fab 5, and honored as a 2013 PIAA 2nd Team All-State Selection. She went on to play collegiately at Division I Drexel University (2015-2018), directing the Lady Dragons to the conference finals while leading the team in three-point field goals and free throw percentage in 2018. She wrapped up her illustrious career at Seton Hill University in 2019, setting the school single-season record for three-pointers (96) and foul shot percentage (92.2%). She was selected 1st Team All-PSAC and an NCAA Division II All-American.

## Danchik Collecting for Homeless

**George Danchick** is working towards Eagle Scout status in a project with Red Door Ministries, which provides necessities for the area's homeless.

The Bethel Park sophomore is looking for travel-size shampoo, soap bars, conditioner, body wash, razors, and deodorant for the cause. Look for donation boxes at the following locations:

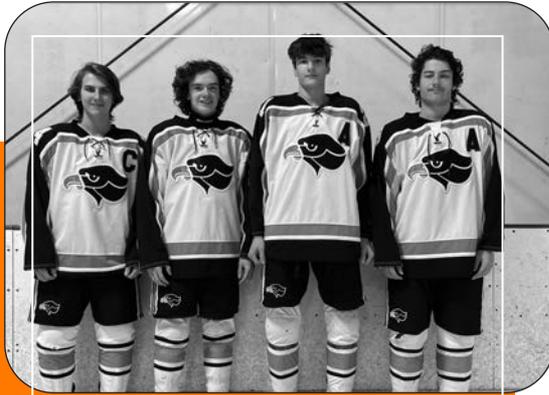
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5100 W Library Road,  
Bethel Park, PA 15102
- **Evey True Value Hardware**  
5779 Library Road, Bethel  
Park, PA 15102
- **Yoga Innovations**  
102 Broughton Road,  
Bethel Park, PA 15102
- **Valentine's Hair Salon**  
3400 South Park Road #2,  
Bethel Park, PA 15102
- **Judy's Java Joint**  
3400 South Park Road,  
Bethel Park, PA 15102
- **Salt of the Earth**  
504 Valley Brook Road,  
McMurray, PA 15317
- **Chinese Acupuncture and  
Herb Center**  
20 Cedar Blvd, #301, Pittsburgh, PA 15228
- **Natural Wellness Chiropractic Center**  
167 E Pike Street, Canonsburg, PA 15317
- **Liberty Boro Veterans Administration**  
2701 C Street, McKeesport, PA 15133

For more information or to make a cash donation to my project, please call or text them at 412-849-9744. [Venmo@Toni-Danchik-1](mailto:Venmo@Toni-Danchik-1)



## Four Hawks Named to PIHL All-Star Team

In January, four Bethel Park hockey players – all seniors – were selected to participate in the 2023 Class 3A PIHL All-Star Game at Robert Morris University's Island Sports Center. Forwards **Aaron All**, **Colin Nebel** and **Christian Strang** were joined by defenseman **Luke Henderson**.



From left: Christian Strang, Colin Nebel, Luke Henderson and Aaron All

All centers the team's first line

with Strang on his left side and Nebel roaming the right-wing.

After a very slow start, the talented but banged up Hawks team (5-7-1) that had been ravaged by the flu bug, had begun to find its footing at press time and was in contention for a playoff berth after shutting out Mt. Lebanon, 2-0.

Strang, the team's captain, was named the Class 3A November Player of the Month. His coach, Mike Schall credits his captain's leadership as a big reason for the turnaround.

"Christian is hard working, strong on the puck and has a great compete level," said Schall. "We have a lot of good players and we just needed to get healthy and compete a little harder and the positive results have come with that."

## Moul Named All-State Football Player

Bethel Park senior **Gavin Moul** (6-1/217) had an outstanding senior season for the Hawks football team. The intense and rugged two-way player led Bethel Park to a 10-2 season and an appearance in the WPIAL Class 5A semifinals.

As a running back, Moul rushed for 649 yards on 113 attempts and caught 18 passes. He also scored eight touchdowns.

It was on the defensive side, however, that he made his most significant impact. The Delaware linebacker recruit was a force on defense with 45 unassisted tackles and 16 tackles for loss. At the end of the season, Moul was named to the Pittsburgh Post-Gazette's prestigious Fabulous 22 All-Star Team and was also an All-State football selection. He was also named to the Almanac's Football All-Star Team.



Some other accolades for Fall Sports student-athletes included:

- Joining Moul on the Almanac's Football All-Star team were **Austin Caye** (running back), **Dinari Clacks** (defensive back), **Braedon Del Duca** (offensive lineman), **Ryan Petras** (athlete), and **Aidan Currie** (linebacker).
- Senior **Coby Goelz** (football) was named an Academic All-American by the Great American Rivalry Series website. Coby has a 4.56 GPA and is an active member of the National Honor Society. He has lettered on both the football and two-time state championship baseball teams. Following graduation, Coby plans to study molecular biology and continue to medical school to become an orthopedic surgeon.
- The 2022 WPIAL boys soccer all-section teams were announced. Bethel Park had three representatives: Seniors **Miles Jackson** (forward/midfielder) and **Jaycob Zeminski** (midfielder); and junior **Henry Gaston** (midfielder/defense).
- Girls soccer standout **Eva Blatz** was an All-WPIAL selection. She was also first-team all-Big 56 and was also a Coaches Association first-team selection. Blatz will play collegiately at Buffalo.
- Girls volleyball players **Grace Lejeck** (outside hitter) and **Sophie Puzausky** (right-side hitter) were each chosen as second-team all-WPIAL and first-team all-section selections.

## Peckich to Replace DeLallo as Bethel Park Football Coach

In January, **Phil Peckich** became the 15th head football coach in Bethel Park history and just the program's third coach in the past three decades. Peckich succeeds **Brian DeLallo**, who surprised everyone in December by retiring as coach just days after the team's 10-2 season came to a heartbreaking end in a monsoon in the WPIAL Class 5A semifinals against Upper St. Clair.

This is the first head coaching job for the 31 year-old Montour High School alum, but he already has eight years of coaching experience, including the past three as an offensive assistant at Bethel Park. This past season, Peckich served as the offensive coordinator for a team that averaged nearly 25 points per game and earned the top seed in the WPIAL Class 5A playoffs for the first time in school history.

Peckich will not work in the district in any capacity besides as head football coach. Still, he said he already feels well acquainted with the community.



"There is a clear alignment from the administration down all the way through the community," he said. "Friday nights are community events, and football matters here, and that means a lot to me."

DeLallo, who also teaches at the school and is not retiring from that position, was a longtime assistant coach before taking over the program reins in March 2019. In four seasons as the Hawks' head coach, DeLallo's teams had a record of 22-19 overall and went 13-9 in league play.

This year, just two seasons removed from a winless pandemic-shortened 2020 campaign, Bethel Park shocked many WPIAL fans and writers with a 10-2 record en route to a section championship and a WPIAL Class 5A semifinals appearance.

Under DeLallo, 19 Bethel Park football players earned First Team All-Conference honors. He was also named the 2022 Allegheny Six Coach of the Year in a vote of his coaching peers.

The football team also made national headlines last winter when DeLallo tweeted out to his players to eschew that day's scheduled weight-training session to shovel the neighbors' sidewalks and driveways instead. That simple gesture, and his players' fantastic response to it, landed Bethel Park in the spotlight as an example of good people doing good things for others. The story appeared on the Today Show, Inside Edition, the Washington Post, and Fox & Friends, among others.

Athletic director **Dan Sloan** said maintaining continuity played a significant role in the school's decision to elevate Peckich.

Sloan explained that the football program had been trending in the right direction for a few years on and off the field, and he was gratified to see it pay off this past season in the form of wins. That's why he was so disappointed in December when DeLallo informed him of his decision to retire to focus on his health.

"We were all shocked and disappointed when Coach DeLallo announced his retirement," said Sloan. "But we also care much more about Brian, the person, than Brian, the coach, and we fully support his decision."

Sloan said his subsequent conversations with DeLallo, his staff, and the student-athletes factored heavily into the school's decision to hire Peckich.

"As the process evolved, it became clear to everyone involved that Phil Peckich was the best choice to usher in the next era of Black Hawks football," he said.



## Bethel Park's Carter Among the 15-Member 2023 WPIAL Hall of Fame Class

In a January press conference held at the Senator John Heinz History Center and Western Pennsylvania Sports Museum, the Western Pennsylvania Interscholastic Athletic League (WPIAL) introduced its 2023 Hall of Fame class, which featured 15 inductees across seven different categories, including two with strong ties to Bethel Park athletics.

**Emily Carter '01** was a standout swimmer for the Hawks. She won seven WPIAL and five PIAA gold medals during her illustrious career. She also led Bethel Park to three WPIAL titles from 1998 to 2000 and back-to-back PIAA crowns in 1998 and 1999 under legendary coach **Bill Kennedy**. Carter earned 11 All-American nods over her high school career and set WPIAL records in the 200 medley relay and 100 breaststroke, as well as the PIAA record in the 200 medley relay. Her WPIAL record in the 100 breaststroke stood for 15 years. She was inducted into the Bethel Park Athletic Hall of Fame in 2007.

Carter was also an outstanding student, a three-time Scholastic All-American, and a member of the National Honor Society who graduated from high school with a 4.3 GPA.

She would go on to swim collegiately at Stanford University, one of the nation's most prestigious universities and one of her sport's most elite programs.

Carter gives credit to her old coach, Bill Kennedy, for being instrumental in helping her to achieve her athletic goals and to get recognized by the top NCAA Division 1 swimming program in the country.

According to Carter, after competing in the Olympic Trials the summer after her junior year at Bethel Park, she returned home and told her coach that she wanted to swim at Stanford, a wildly ambitious goal for anyone, much less a young lady from Western Pennsylvania. "He immediately picked up the phone and called them and really talked me up to them," she said. "Before I knew it, I was on their radar and eventually went on to gain a swimming scholarship to the program."

Emily began swimming competitively as an eight year-old in the old Bethel Park swimming pool and says the sport was a significant part of her early life.

"I really feel like I've had two lives – my swimming life and my post-swimming life," she said. "There's no question, however, that many of the lessons I learned in the pool – being dedicated and persistently working towards my goals – have helped to launch me into where I am today."

Since graduating from college, Carter has remained in the Bay area. She now lives in San Francisco, where she is the Senior Director of People Analytics & Workforce Strategy for Visa. Despite remaining in California for more than 20 years now, Carter insists that she is a Pittsburgh girl at heart, and she's looking forward to coming home for the induction ceremony.

"Western Pennsylvania has an incredible athletic tradition and has produced many legendary athletes and coaches," she said. "It is an amazing honor to be a part of that legacy and recognized among them."

Carter is not the only Bethel Park connection to this year's induction class. Assistant athletic director **Laura Grimm** is also among this year's honorees.

The 2006 Serra Catholic alumna compiled career marks of 1,940 points, 497 assists, 391 steals, and 283 three-pointers over her varsity career, leading the Eagles girls basketball team to an incredible 103-12 record in her four seasons at the school. The Maroon and Gold made four consecutive WPIAL Championship Games appearances, winning in 2003 and 2005. They also won the 2005 PIAA championship. The slick shooting southpaw was named the Associated Press Pennsylvania State Player of the Year in 2005. She also collected Player of the Year



Emily Carter '01, an All-American swimmer at Bethel Park, is now an executive with Visa.



Laura Grimm, a standout girls basketball player at Serra Catholic, is now Bethel Park's assistant athletic director.



accolades from the Pittsburgh Post-Gazette and Pittsburgh Tribune-Review in 2005 and 2006 respectively and was named All-State First Team in those seasons. Grimm played collegiately at Colgate University.

"It's an incredibly humbling honor to be included in this group with so many WPIAL legends," said Grimm. "I am sincerely at a loss for words to describe my emotions at this recognition."

Grimm is especially thankful to be joined in this honor by her former coach and athletic director, **Bill Cleary**. "Bill meant so much to my development as a player, and he has continued to mentor me in my career as an athletic administrator," she said. "I cannot tell you how much pride it gives me to receive this honor and share it with someone I hold so dear to my heart."

Carter and Grimm were among the three female student-athletes inducted. The other female student-athlete inductee was **Sarah Riske McGlamery**, a tennis standout from Peters Township.

The other inductees were:

- **Ray Brinzer** (Athlete, Wrestling), North Allegheny
- **Virginia Fronk** (Courage, Girls Soccer), Seneca Valley
- **Jonathan Hayes** (Athlete, Football), South Fayette
- **Greg Meisner** (Athlete, Football, Wrestling, Track & Field, Basketball), Valley
- **James "Lash" Nesser** (Heritage, Basketball), Uniontown
- **Bob Osleger** (Official, Softball, Basketball), Ringgold
- **Bill Palermo** (Coach, Softball, Girls Basketball), Sto-Rox
- **Tom Pipkins** (Athlete, Boys Basketball), Valley
- **Don Rebel** (Contributor)
- 1981-82 Monaca Boys' Basketball Team
- 2000-01 Oakland Catholic Girls' Basketball Team

Now in its 16th year, the WPIAL Hall of Fame was organized as a means of recognizing, preserving, and promoting the heritage of interscholastic sports in Western Pennsylvania. Many individuals have made extraordinary contributions and have achieved superb accomplishments in high school sports. The WPIAL Hall of Fame honors the contributions and accomplishments of these individuals who are worthy of recognition as examples for others to emulate.

The annual WPIAL Hall of Fame induction banquet will be held on Friday, June 2, 2023, at the DoubleTree Hotel in Green Tree (500 Mansfield Ave., Pittsburgh, PA 15205).

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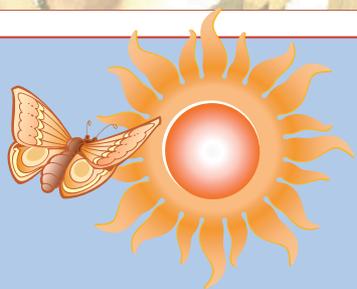
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## Look inside for information on these programs and so much more!



### "Live Well Bethel Park"

See pg. 3 for our final spring programs including one for your pets!

### New Movie Release Tuesdays at the Library

Enjoy movies Tuesdays at 10 a.m. (pg. 6)

### Adult Game Day!

Visit the Library for two adult trivia and board game days and get ready for some fun! (See pg. 6)

### Learn About Pysanky - Ukranian Easter Eggs

Event will also include a demonstration. (pg. 6)

### Party in the Park!

A fundraiser for the Library, Bethel Park Community Foundation and South Park Theatre featuring live music, beer, wine & hors d'oeuvres at South Park Theatre. (pg. 7)

### Join Crime Watch

Features monthly meetings, guest speakers and more. (pg. 11)

### Paws for Vets

Are you a veteran who'd like a companion dog, or do you know of someone who would, see pg. 16 to find out more about the Chamber's "Paws for Vets" program.

### Youth Theater

If your 13-18 year old child is interested in theater, sign them up for this new Recreation class that even includes an audition! (pg. 24)

### Summer Recreation Day Camp Registration Now Open!

Turn to pg. 30 to find out all the details and register your child today!

### Perfect Pierogi Workshop

Ever wanted to learn how to make a pierogi? Now's your chance! See pg. 32 and enroll in this festive class.

### Farmers' Market 2023

The Market opens May 2nd! See pg. 35 for complete info!

### No Cook Tuesdays

Starting March 7, you can grab 'to go' dinners and more at this much-anticipated program. See pg. 38 for full details.



**National Library Week**  
April 23-29  
See pgs. 5-8 for program offerings  
this quarter!

